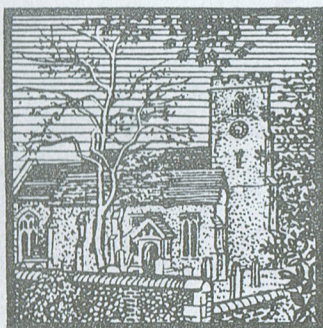


# QUARTET

the  
PARISH MAGAZINE  
of Higham, Holton St. Mary,  
Stratford St. Mary & Raydon.



NOVEMBER 1988



**Bybass**  
NURSERIES  
Growing better for you

**Bybass**  
NURSERIES  
Growing better for you

**Bybass**  
NURSERIES  
Growing better for you

Buy the Best at By-Pass  
London Road, Capel St. Mary  
Tel. Gt. Wenham 310604

**VALE GARAGE**  
**Stratford St. Mary**

Oil, Petrol & Tyres  
Spares & Repairs  
Regular Servicing  
M.O.T.

Proprietor  
**PETER G. DEBENHAM**  
Phone: Col (91) 323103  
*for your appointment*

**Post Office Stores**  
**RAYDON**

MON - FRI 9-1PM 2-5.30PM • HALF DAY WED. AND SAT.  
*General groceries, tobaccos, confectionery, cards.*  
GT. WENHAM 311379

**ARMOUR ENGINEERING**  
**Hut 76, Raydon Airfield...**

CHRIS ARMOUR. Home Tel. Gt Wenham 310642  
*Light Engineering and Metalwork • Manufacture or  
repair of anything in metal considered • From Domestic  
items to large quantities*

QUARTET  
No.3

NOVEMBER 1988.

### REMEMBER .

Remembrance Sunday will be observed at the usual morning service time in all of our four parishes. I believe that it is important.

Not only do we look back with gratitude for the service of men and women in two World Wars and in the Falklands and in Northern Ireland. Because of their sacrifice, even of life itself, we stand in a freedom that would not be otherwise. But we remember too what in their best moments (and ours) the fight was all about. And in remembering, we can and should dedicate ourselves to service in the future. Each of us, if only in small ways, contributes to the output of goodness. We too stand for principles and justice and fair dealing.

For Christians, Jesus showed the way supremely. Indeed, he called himself the Way. He died that we might be forgiven. And in that sacrifice he showed us by example that all the best things cost.

Are you and I willing to be spent for him?

Your sincere friend and rector,

MICHAEL HAMILTON SHARP.

The Gift Day at STRATFORD ST.MARY had realised £462, October 1st was a lovely day, and I sat outside the Post Office through the morning. A constant succession of villagers came and chatted. The experience was worth while in itself. Thank you for this demonstration of your affection for the parish church.

MMHS

"That to which the heart clings and entrusts itself is really your god"

Martin Luther.



2.

Carol Singing & Handbell Ringing at STRATFORD ST MARY. We hope that you will all like to come to the Carol Singing and Handbell Ringing this Christmas, arranged on similar lines to last year. Dates decided so far are as follows. More details in December Quartett- Dec, 21st at The Valley House - in aid of East Bergholt & District Association for the Blind. Mrs E Young says that with the money collected last year the Association has been able to set up a monthly club for members, with a speaker and refreshments, which they greatly enjoy.

December 23rd, Round the Village sign in STRATFORD ST MARY.

THE GARDEN TEA held at Valley House STRATFORD ST MARY on 2nd October raised over £100 for church funds. Many thanks to Ian and Elizabeth for a most enjoyable afternoon½

SUFFOLK ACCIDENT RESCUE SERVICE benefitted by the sum of £84.20 as a result of the Michaelmas Fayre held in the Parish Room on 14th September

CHRISTMAS TREES IN STRATFORD ST MARY: Available again this year from Pat & Charlie Ablitt, Lowlands. Telephone Col.323130 Pruxw £4.50 each with or without roots. In aid of St Elizabeth Hospice.

FOR SALE: Hermes 700 EL Electric typewriter, Long carriage. Price £50; Apply Welford. Higham 240.

-----  
FOR YOUR PLUMBING REPAIRS & INSTALLATIONS CONTACT  
C.H. & P.ABLITT, builders, LOWLANDS, STRATFORD ST MARY.  
Telephone Colchester 323130.

\*\*\*\*\*

"The Holy Spirit always works in tranquility"

Von Hugel.

"The Now in which we live us the Vertical of Eternity  
intersecting the Horizontal of time"

\*\*\*\*\*

3.

SERVICES AT HIGHAM ST MARY CHURCH On Friday 30th September children attending Stratford school came to Higham church for their Harvest Service. Escorted by their headmaster and other members of staff, the children walked across the fields bearing their harvest gifts. These, along with produce from Higham's own harvest festival, were warmly received by St. Helena Hospice. The service itself was a pleasing mixture of singing and speaking backed by lively music and a constantly changing display of imaginative posters. It all reflected a great credit on the school as a whole.

HIGHAM HARVEST FESTIVAL .This service was held on Sunday 2nd October and was followed by supper in the church. Some 77 persons made up of clergy choir and members of the congregation attended. The Rev. Robert Poston preached the sermon. As is always the case on these occasions, our thanks go to the ladies who cleaned the church, arranged the flowers and most generously produced a delightful supper. Our friends, The Constable Choir kindly sang for us.

CONFIRMATION SERVICE AT HIGHAM ; On Sunday 9th October, after a lapse of who knows how many years, there was a moving Baptism and Confirmation service, conducted by the Bishop of St Edmundsbury and Ipswich. Candidates came from three parishes - Greta Mason from Raydon, four young people from Higham - Nick and Lucy Drake, and Fiona and Tammy Smith, and Clair Grootendorst, who was baptised prior to her confirmation. Do remember them all in your prayers.

For this special service Stratford choir were as usual most welcome, and the large congregation drawn from all the parishes filled the church.

E.SUFFOLK ASSOCIATION FOR THE BLIND (EAST BERGHOLT BRANCH) ARE are holding their Christmas Sale at Stutton Village Hall on Wednesday 9th November 10.30 - 12 noon. Please support this event. Items for the stalls - gifts, cakes, Bring & Buy, will be gratefully accepted beforehand by Mrs Gough, Veyses End, Stratford, or Mrs Young, Valley House, Stratford.



THE PEACE (111) SOME OBJECTIONS: We have been thinking about that part of our Modern Communion Service which we call The PEACE where the congregation shake hands or kiss each other. Here are some common objections.

Its too matey, worship should be mysterious: But are not our neighbours a part of that mystery? They too are made in God's image.

It's too intimate, kissing is for the family. Is not our faith about sharing? How can Good News not be shared? That means getting to know people. The Peace may be the first step - we can shake hands!

It interrupts Worship. Then let us experiment with different positions. Historically this was done. Might The Peace be better at the beginning or at the end of a service?

It's un-English. But that's a matter of culture. In the Korean liturgy worshippers can bow. We can shake hands or hold both hands of another person. Do we need to be less inhibited?

Why is it wrong to be excited in church about the most exciting thing in the world . . . God's salvation?

I just don't like it. But shouldn't we try for the sake of the congregation? It helps some.

It's just a trendy innovation. I hope this short series will have enabled you all to answer that one.

Incidentally, a useful booklet, to which I am indebted here, is "The Kiss of Peace" by Colin Buchanan - Grove Booklets No. 80 85 pence.

GM.

\*\*\* ON 9th SEPTEMBER about 70 people from Stratford St Mary and district gathered at Lowlands, the home of Mr & Mrs C Ablitt to say goodbye to Mr & Mrs Pearce and family, who are retiring to Holbrook, after running the village shop for 32 years. Mr & Mrs Pearce were presented with a watercolour of the village painted by Mr F Harris, garden tokens, a plant and a cheque. Mr Douglas, Steward, Parish Council Chairman made the presentation. Mr Pearce said he has every intention of keeping in touch with Stratford in retirement. His successors Mr & Mrs Bailey were warmly welcomed.

\*\*\* Above was held over from last month.

ELDERS IN OUR PARISHES: On Sunday 27th November at 6.30 pm in Holton St Mary church there will be a service for the Commissioning and re-Commissioning of Elders. Chris Armour, Tony Handscombe and Denzil Reeves will begin a new 3 year period and Carol Ellingham will be commencing her work as an Elder. The Bishop's Licence allows Elders to read morning and evening prayer, to administer the chalice and to read the Gospel or Epistle at the Eucharist and to assist with pastoral work. The Diocese has recently decided to allow Elders to wear a small medallion as an indication of their office.

All our Elders have taken part in a short course of training. This included the following topics:-

- The Offices of Morning Prayer and Evening Prayer - their history and how to take them meaningfully.
- The central message of the New and Old Testaments with some background of the books.
- The history and development of the Eucharist.
- What is involved in God's call to service.
- Developing one's individual ministry

Training sessions are now beginning to run on a Deanery basis. There are two organised in November - on Visiting the Sick and Bereaved, and Helping the Depressed Person;

Please support our Elders with your prayers. It would be good to make a start by coming to the service on 27th. Book the date now!

GM.

\*\*\*\*\*

"Alpha and Omega of Chaos. Archbishop Benson once lamented, 'Oh, the wearying weariness of it all. Once the earth was without form and void; now it is full of forms and has not ceased to be void, judging by empty heads and hard chairs' "

\*\*\*\*\*

STRATFORD ST. MARY YOUTH FELLOWSHIP are holding a Coffee Morning on SATURDAY 5th NOVEMBER in the Parish Room from 10.00 to 12 noon. Proceeds will be divided equally between a charity and Youth Fellowship Funds. Please come along and support us!



TO STRATFORD & HIGHAM "QUARTET" READERS. As we are now having the magazine professionally produced, and paying accordingly, it will not be possible to include a copy of THE SIGN with each magazine. As from January 1989 this will be omitted. However, if there are sufficient people who would still like to have it and will let me know now, I will place an order. The present cost is 5 p a copy. (D.Welford - Higham 240)

STRATFORD ST MARY - ST. MARY'S GUILD. Eighteen ladies were present at the meeting on October 17th at 1 Kenyon Close. The Rector gave a really enjoyable slide show on his visits to the Holy Land. Coffee and a raffle followed and a super time was had by all. All ladies in the village are welcome to the meeting on Monday November 21st. The speaker's subject will be "The Fishmonger" with a promise of no gutting!

DO NOT FORGET NOVEMBER 5th and Stratford St Mary's bonfire party at the Rectory garden at 6.30 pm,. Tickets from Eve Burrows - fuel for the fire to the Rectory.

STRATFORD ST MARY'S HARVEST SUPPER was enjoyed by 59 people. An excellent repast followed by a light-hearted quiz master-minded by Don Umfreville and Terry Griffin. Eve Burrows and Ann Griffin thank all their many helpers and report a profit of £50 for church funds.

FRIENDS OF STRATFORD ST MARY INSTITUTE 100 CLUB DRAW. Results of the Draw held at the ANCHOR on 14th October were :-

£50 . . . Mr D Marshall

£10 ..... Mrs A Griffin

£5 each to. . . . Mrs V Halsall, Mr C Chard,  
Mr G Kitson

The next draw will be held at the SWAN on Friday 11 November at 9.00 pm

\* \* \* \* \*

A Church howler: Remember that thou keep holy the Sabbath Day; six days shalt thou labour and do no work.

\* \* \* \* \*

STRATFORD ST MARY OVER-60's : On 18th August Mr & Mrs Barbour entertained members to a GARDEN PARTY at their home in Langham. It was one of the rare sunny days and we could sit outside. Mary gave us some wonderful goodies to eat, after the usual game of Bingo.  
OUTING: On 29th September 53 members and friends left Stratford at 9.30 for Windsor; after lunching in different places everyone pleased themselves what they did. Either going to the Castle, or into St George's Chapel, round the State Apartments, into the Doll's House Museum, into Live Royal Theatre, and some, on this fine day, took a river trip, and others rode round Windsor in a horse-drawn carriage. The party arrived home at 8.30 pm after a very enjoyable day, and all wanted to go again next year, as there is so much to see.

E.Clark.



WOMEN'S INSTITUTE Following the business of the October meeting Mr G A Gunton gave a fascinating and informative talk - "The Specialist Grocer". And this he certainly is, having been in the Colchester firm for 52 years; here they roast their own coffee and serve it upstairs. Mr Gunton's special interest is in cheeses. He had brought a selection of English, Irish and European cheeses from a stock of 130 varieties and told us all about the making, tasting and selling of it. Mrs Blake thanked Mr Gunton for a talk which clearly had interested all present.  
Reminder of the Craft evenings at 34 Strickmere on 29 October and 3rd November -- everyone welcome from beginners to skilled needlewomen and knitters. Remember the mini-produce show on the 15th November meeting. Bring a home-made Christmas decoration and a greetings card. Also make the chocolate sponge cake to the recipe which may be had from Mrs Chard. November is the AGM when next year's committee is elected. Nominations still needed. Tea ladies Mesdames Umfreville Rose and Welford.

The Recipe Book is in its last stages, though there is still room for recipes for fish dishes and starters, and useful household hints. The increased subscription comes into effect this coming year.



## COME AND MEET THE CHURCH.

<u>5 November</u>	6.30 pm	Village Firework Party at the Rectory, Stratford.
<u>6 November</u>	<u>9th Sunday before Christmas</u>	
9.30 am	Holton	Matins. Preacher Rev. E. Softley of East Bergholt
10.00 am	Stratford	Village Communion in the old Prayer Book way.
11.00 am	Raydon	Holy Communion
6.30 pm	Stratford	Evensong
<u>7 November</u>	Stratford	Parochial Church Council Meeting at the Old Kennels
<u>13 November</u>	<u>Remembrance Sunday</u>	
9.30 am	Holton	Matins Two Minutes Silence.
9.45 am	Higham	Matins Two Minutes Silence
10.00 am	Stratford	Service of Remembrance The Silence outside.
11.00 am	Raydon	A Remembrance Service with The Salvation Army
6.30 pm	Stratford	Evensong
<u>17 November</u>	Raydon	Parochial Church Council meets.
<u>20 November</u>	<u>Seventh Sunday before Christmas</u>	
9.30 am	Holton	Morning Prayer
10.00 am	Stratford	The Village Communion
11.00 am	Raydon	Morning Prayer
6.30 pm	Stratford	Holy Communion (Prayer Book)
<u>27 November</u>	<u>Advent Sunday</u>	
9.45 am	Higham	Holy Communion (said)
10.00 am	Stratford	The Village Communion. Bibles presented to the Thursday Club.
11.00 am	Raydon	Matins
6.30 pm	Holton	The United Communion Service. Commissioning of Elders Stratford St Mary Choir.

(cont'd)

## COME AND MEET THE CHURCH.

<u>4 December</u>	<u>Second Sunday in Advent</u>	
9.30 am	Holton	Matins
10.00 am	Stratford	The Village Communion, in the old Prayer book way.
11.00 am	Raydon	Holy Communion
6.30 pm	Stratford	Carols with the Deaf. All Welcome.

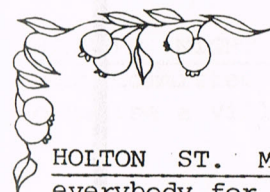
## GO AND BE THE CHURCH IN THE WORLD.

Rev. Michael Hamilton Sharp	Colchester 322128
Rev. Geoffrey Marsden	Colchester 322316
Rev. John Cohen	Gt. Wenham 310612

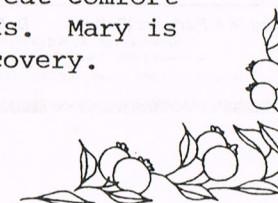
\*\*\*\*\*

LATEST DATE FOR COPY FOR DECEMBER "QUARTET" IS THURSDAY 17th November

To Mr Denzil Reeves, Church Cottage Raydon  
 Mrs Olive Britten, 10 Roseacre, Holton  
 Mrs Denise Welford, Glebe House, Stratford St Mary.



HOLTON ST. MARY. Mary and Dennis Whidborne thank everybody for all their help, good wishes, thoughts and prayers during the last two months. They have been so helpful to us both, and a great comfort during the first most difficult weeks. Mary is making excellent progress in her recovery.





RAYDON AND HOLTON ST. MARY

LITTLE ANGELS. Next meeting: 9th November at 2.15 p.m. at Raydon Rectory. Come and join us - noise no problem! Please note that our December meeting will be on Tuesday 13th December and not Wednesday 14th, as usual.

SUNDAY SCHOOL. Every Sunday, Raydon Church, 10.15 a.m. for 1 hour approximately. All children aged 3 - 8 welcome.

MONDAY CLUB. 8 - 12 year olds. We got off to a good start last month with 9 members from Holton and Raydon and we have plenty of ideas and activities in store.

If you're the right age, free on Mondays from 6 - 7 p.m. and want to join us for some fun, fellowship and even a drink and biscuit, come to Raydon Rectory - Mondays 6 - 7 p.m. **DON'T FORGET.**

CHILDREN'S SOCIETY. The coffee morning and sponsored knit held at The Rectory, Raydon, on 4th October raised a good sum of money for the Children's Society. The coffees and bring and buy made £37 and the gallant 8 ladies who sat for 1½ hours busy clicking their needles knitted a magnificent 134 inches in the time and raised about £170. Well done! Many thanks to all who helped and supported in any way.

R.Cohen

BONFIRE NIGHT AT RAYDON. The Playing Fields Management Committee and the P.C.C. are joining together to organise a Village Bonfire. Date: 5th November

Time: 6 p.m.

Place: Raydon Playing  
Field

Please bring along your own fireworks as a contribution. Light refreshments available.

J.Cohen

IN MEMORIAM. 2nd October - Jim Warwick of Rectory Close, Raydon, formerly of Church Close, Gt. Wenham, and The Street, Capel St. Mary. Our sympathy is extended to his wife and family.



**THE COTTAGE  
CLAY LANE, HADLEIGH  
SUFFOLK. IP7 5PX**

TELEPHONE  
HADLEIGH 827320

Special Gifts for Special Occasions

*Whatlings*  
*Jewellers*

C.M.B.H.I.

M.B.W.C.M.G

For all repairs to your Jewellery  
Watches and clocks/including Antiques  
Engraving Bead Restringing  
Valuation for Insurance and Probate  
Estimates Free of Charge

MARKET PLACE, HADLEIGH  
IPSWICH, SUFFOLK  
(0473) 823039

**Laurie & Partners**

**PEST CONTROL SERVICES**

- Rats and Mice
- Flies, Wasps, Fleas, Moths, Cockroaches
- Ants, Beetles etc
- Rabbits, Squirrels
- Moles
- Bird control and Proofing
- Feral cats (RSPCA approved methods)
- Electronic Fly-traps
- Fly-proof screens made to measure
- Regular Service Contracts and Special Reporting Service

**PROPERTY MAINTENANCE**

- Woodworm treatments
- Wet and Dry Rot Control
- Damp-proofing
- Rendering and Plastering
- Condensation Control



**Laurie & Partners (Suffolk) Dr Damp**

Raydon - Ipswich - IP7 5LL  
Tel: Ipswich 310807 Clacton 861115  
Cellnet (0860) 512985 Vodaphone (0836) 261707



HARVEST FESTIVAL. The Harvest Festival at Raydon on 25th September took the form of a Family Communion Service. It was a pleasure to see so many children with their parents in church. The produce was afterwards taken to St. Helena's Hospice, Colchester.

It was full house at Paydon Village Hall on 1st October for the Raydon and Holton Harvest Supper. After partaking of a wonderful spread of turkey, ham and various salads, followed by a selection of desserts and biscuits and cheese, we were entertained by members of the Stratford St. Mary choir who gave us an amusing and entertaining selection of songs.

Patricia Reeves

RAYDON WOMEN'S FELLOWSHIP. On 21st September Molfrey French-Owen treated us all to a very entertaining evening on her subject of Face, Fashion and Figure. Her tips on exercise were wonderful as they were all done from the comfort of an arm chair. Molfrey explained we must all wear our clothes to suit us and not use other people's ideas. To change accessories such as belts, scarves and necklaces is an ideal way to make that little black dress do for years. To soften hands and feet the Molfrey way is first to coat hands with hand cream then to encase in rubber gloves. Do the same to your feet but use freezer bags instead of gloves. The next step is to pop them into hot water for 5 minutes. It works a treat SHE says! I hope our ladies won't get caught in this strange operation.

Christine Crisp

On 5th October our speaker was Mrs. Marian Whiting, who told us of her struggle to lead a normal life despite a physical disability, and also about the work of the "Wellington Centre" in Ipswich, run by the Ipswich and East Suffolk Spastics Society for those suffering from cerebral palsy as it is now known. When the centre first opened the only activity was chopping and packing wood, but the training now offered varies from office

skills to catering, and some people have started a business following their time at the centre.

Marian, who teaches knitting and crochet, also told us of her day in London as a finalist in a national "design a garment" knitting competition when she met Giles Brandreth, and showed us some of her items for sale for the benefit of the Spastics Society.

Jean Lucas

Forthcoming meetings:

Nov. 2nd Samaritans  
Nov. 16th Christmas Table Decorations  
Dec. 9th Christmas Dinner  
(Friday)

RAYDON AND SHELLEY GARDEN CLUB. A large number of members and friends came to Raydon Village Hall on 13th October to hear a delightful talk by Mrs. Natalie Finch on "Flowers for the Cottage Garden" illustrated by first class slides by Mrs. Alix Scott, an Associate Member of the Club. Mrs. Finch's blend of historical information with illustrations of modern practice, laced with humour and her innate charm, made this an evening to remember.

The Annual General Meeting will be held at Raydon Village Hall on Thursday 10th November at 7.30 p.m. Cups won at the Flower Show will be presented and there will be free refreshments in the form of cheese and wine. All members (and would-be members) should make a point of attending since this important meeting gives an opportunity for individuals to play their part in the running of the Club and to suggest improvements in the conduct of its affairs. It also gives the Treasurer a chance to collect subs for the coming year. So please come - and bring your ideas and wallet with you.

Alec Halliley

GOSH APPEAL COFFEE MORNING. The coffee morning held at Laits Barn at the end of August raised the magnificent sum of £485. Thanks to all who supported the event.

Sally Pearce



RAYDON VILLAGE HALL - COMING EVENTS. A "Village Quiz" will be held in the Hall on Friday 11th November starting at 7.30 p.m. This is NOT a fund-raising event: it is intended as a fun evening with teams of four giving written answers to questions so simple that they make "Trivial Pursuit" sound like the most profound Mastermind final. There will be good prizes and refreshments. There is still time to make up your own team of four. Tickets at £5 per team including supper: apply to Mr. and Mrs. Bennett, Timbers, Raydon (Tel. Gt. Wenham 311738). Teams from villages outside Raydon will be very welcome.

The annual Raydon Christmas Fair will be held in the Hall on Saturday, 19th November, starting at 10 a.m. Village organisations are being responsible for the various stalls and for refreshments with profits going to Village Hall funds. This will be a great opportunity to start your Christmas shopping.

Tickets for the Christmas Grand Draw are already on sale. The Draw itself will take place at the Supper and Dance on Saturday, 3rd December. Details later but First Prize is £50.00.

Alec Halliley

CENTURY CLUB DRAW.

<u>August 1988</u>	£ 25	Mrs. C. Vaughan	No. 59
	15	Mrs. S. MacDougall	81
	10	Mr. & Mrs. Vaughan-Griffiths	102
	5	Mr. & Mrs. G. Girling	96
	5	Mr. K. Buckle	115
	5	Mr. M. Hall	135
	5	Mr. G. Newton	93
<u>Sept. 1988</u>	25	Mr. R. Mason	92
	15	Mr. M.J. Burls	110
	10	Mr. & Mrs. M. Dale	11
	5	Mrs. A.J. Merewether	146
	5	Mrs. Laman-Trip	50
	5	Mr. C. Hammond	74
	5	Mrs. R. Pettingale	9

Doreen Keeble

HOLTON ST. MARY CHURCH NEWS. Advance notice of our Christmas activities in December is given for you to note in your diaries now.

The Carol Service will be on 11th December at 6.30 p.m. and will be candle-lit. Mrs. Liz Willis says that it is hoped that we will be able to form a small choir for this Service. There will be an informal get together of people who are interested on Friday, 11th November at 6.30 p.m. in the church. Auditions will not be held!

A retiring collection will be taken for St. Elizabeth's Hospice, Ipswich.

Carol singing round the village will take place on two evenings as usual starting at 6.30 p.m. on Tuesday, 20th and Wednesday, 21st December, collecting for the Church of England Children's Society.

On Christmas Eve there will be two services here - 5.15 p.m. a Family Service and 11.30 p.m. Holy Communion. Collections at both will be sent to the Wishing Well Appeal for Great Ormond Street Hospital.

Chris Armour

SPONSORED BICYCLE RIDE. A big thank you to Giles Armour, Alice Favell, the Haste family and the Smith family for taking part in the ride and raising money for our church. Thank you also to all those who kindly manned the church on the 10th September. May I ask you again next year?

Caroline Favell

COFFEE MORNING. HOLTON ST. MARY VILLAGE HALL - Saturday, 26th November - 10 a.m. - 1 p.m. Proceeds to the children's Christmas party. Contributions of books, plants, bric-a-brac (no jumble) to Mrs. Robins, Goshen, Hadleigh Road, Holton St. Mary.

If you are looking for somewhere to hold a function you need look no further than HOLTON VILLAGE HALL. For details of our reasonable rates, contact Mrs. Powell, The Cottage, Holton St. Mary. Tel: Gt. Wenham 311321.



## NEWS JUST IN

HOLTON ST. MARY. Would someone be prepared to take over responsibility of providing refreshments at Holton Church Family Services? If so, please ring Lorna Smith, Gt. Wenham 310529.

STRATFORD ST. MARY.

SPONSORED BICYCLE RIDE. Once again a big thank you to all who took part in this year's ride which, for a change, was on a nice sunny day. To those who rode, walked or manned the church, it was a splendid effort which so far has raised nearly £500, with some more to come in. 50% of the total will be paid to our church.

The highest amount raised was £200 by the Rector, who looked pretty shattered when I saw him in Ipswich, and my sympathy goes to Mr. Thomson who suffered not one, but two, punctures and still raised £89.50. It was a very enjoyable and rewarding, but tiring, day.

Don Umfreville

STRATFORD ST. MARY PARISH ROOM. We are seeking a cleaner for just a couple of hours a week. Please ring Don Umfreville, Colchester 322713.

---oOo---

To all who are weary and seek rest;  
To all who mourn and long for comfort;  
To all who struggle and desire victory;  
To all who sin and need a Saviour;  
To all who are idle and lack for service;  
To all who are strangers and want fellowship;  
To all who hunger and thirst after righteousness;  
And to all those who will come

This church opens wide her doors and in the name  
of Jesus Christ her Lord

says

W E L C O M E

---oOo---

## Smith Apple Shop

LOWER RAYDON

*Self Service of bagged  
Apples*

*Prices from 50p to £1*

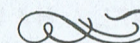
*Many Seasonal Varieties*

OPEN FROM AUGUST UNTIL MARCH

Phone IPS 828059

## LAIT ROOFING

*Specialists in Tiling,  
Slating & Re-Roofing,  
and Repairs*



BECKYS FARM, RAYDON

IPSWICH. IP7 5QD

TEL: 822154

## P.A. KEEBLE & SON LTD.

*Housebuilders  
Repairs & Alterations*

CROSSWINDS, WEARY HILL, RAYDON, IPSWICH IP7 5LG. Tel Gt Wenham 310491

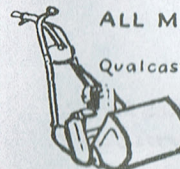
11A, INKERMANN TERRACE, HADLEIGH, IPSWICH IP7 5BL Tel. Hadleigh 822053

## Lawnmower Service & Repairs..

ALL MAKES OF MOWERS, ROTOVATORS, STRIMMERS ETC.

(Collection by arrangement)

Qualcast, Suffolk, other spares and lubricants in stock....



J. R. C. CONGDON.

Hill House, Pound Lane (A12 Corner)  
CAPEL ST. MARY, IPSWICH. Tel. Gt Wenham 310269

NEW & USED MACHINES ALWAYS IN STOCK.



*Strawberries,  
Plums. Currants,  
Raspberries,  
Gooseberries,  
Apples & Pears.*



SQUIRRELS HALL  
FRUIT FARM



STRATFORD ST. MARY.  
Nr. COLCHESTER.  
Tel: Colchester 298276

EAST BERGHOLT

**Village  
Barber**

GENTS HAIRDRESSER

LAMBE SCHOOL

*Thursday's  
& Friday's  
All Day*

## BRETT VALLEY GARDEN SERVICES



'DANO' LOWER RAYDON HADLEIGH IPSWICH IP7 5QL

Tel: HADLEIGH 828296

*For all your gardening needs • D. GILL (N.C.H) P. Taylor (N.C.H)*

## Paul Smith

Dip F.P.M (Hons) D.M.S. L.C.G.I. A.I.W.Sc.

*Craftsmen Furniture Makers, Designers & Restorers  
of Modern, Reproduction and Antique Furniture.*

*Furniture repairs and repolishing, fitted furniture designed  
and made for bedroom, kitchen, office, etc.*

Tel. Gr Wenham 311332 (Work) 310529 (Home).