

**Stratford
St Mary**

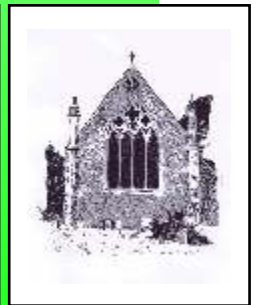
Higham

**Holton
St Mary**

Raydon

Quartet

The Parish Magazine



March 2016

Issue 331



**IGNITION Youth Club
Stratford Chapel
Every Friday night
7.30 to 9.30**

Age 11 - 16
contact Beckie.w@live.com
07842 207598

For sale

Forever roller skates, purple and white, size 5. Only worn once

Cost £60 will accept £40 OnoContact:
01206 230024



Colin the fishmonger has his fresh fish van in the lay-by at the bottom of Church Hill in Stratford every

Thursday morning from
10.30am to 1.30pm

**Five number Fence
Panels 5ft x 6ft S/H
(very sound)**

Sold singly £12.50 each
or
£50.00 for a job lot

Sorry Collection only
M/B 07583413996
Please leave message to
return any calls.

You can place items for sale or wanted on the Small Ads Pin Board for free.
Just email quarteteditor@hotmail.co.uk with your advert.
We will place it for one month space permitting.

Small Ads pin board

Welcome



Dear friends,

As I write this, we seem to be plunging into a belated winter, with freezing

temperatures, and even a glimpse of some snow in Raydon. My beloved cat 'Baby' (very Freudian) is not amused and has been snuggling up on my bed at nights, with his head on my pillow for warmth and comfort (for us both)!

This year Easter is coming early - Easter Sunday is on 27 March, and I do hope the cold will not persist, as we have lots of outdoor activities to offer you, from our annual Good Friday walk, to the Easter Vigil at Higham on Holy Saturday, to an Easter egg hunt for the young 'uns after our Easter morning services.

As usual, Geoff Horrex has been planning interesting routes for our walk on Good Friday, which will start at St Mary's Raydon with a very short opening act of worship at 9 a.m. We shall then walk to Holton, where we shall enact the 2nd part of the great drama of 'the Passion' - the story of Jesus' arrest and crucifixion. Then we shall go down to Higham, where, after the 3rd part of the drama we shall be greeted with soup, bread and cheese for our lunch, and then finally we shall head off to Stratford St Mary, where we shall have the final part of the drama and some short prayers to end the day by 3 p.m. If you are planning to join us, the easiest thing is to find someone else who is coming, and one set leave their car at Raydon and the other at Stratford, so that you can get back home easily afterwards.

The Easter Vigil on Saturday starts with a bonfire in the churchyard at Higham, at which the Paschal (Easter) candles for all 4 of our churches are lit, followed by some short readings and prayers inside the church. The candles are then taken back to the churches by our Churchwardens, and are used at our Easter services and at baptisms for the next year.

Both our Easter morning services - at Holton St Mary and Stratford St Mary - will be at 10 a.m. and will be specially aimed at families, so do come and bring your children, grandchildren, nephews, nieces, etc etc. And, speaking of families, please don't forget to come to our special family service at Stratford St Mary for Mothering Sunday at 10 a.m. on 6 March, led by the Youth Team from Hadleigh. It should be fun!

Finally, for those of you who are wondering what we are doing about the roof at Stratford St Mary church, we are continuing to fundraise, and are about to submit an application to a governmental fund. If we are successful at the latter, we shall not receive their contribution until July, so until then we shall keep the tarpaulin up. However, I can now report that, if we are permitted by the Diocese to do so, the PCC has decided to replace the stolen lead with Terne-coated steel so that we do not become subject to yet another lead-theft. Thank you to all who have donated so far.

God bless you all in this time of Lent as we lead up to the joyful celebration of Jesus' resurrection on Easter Day.

Rosalind Paul, Rector

The Quartet Diary



March

- 1 Raydon Fair Trade Coffee Morning Big Brew
- 2 Stour Valley Men's Probus Club
- 7 SSM Rambling club
- 9 Stour Valley U3A
- 12 Heartwatch Race Night
- 13 HSM Sunday Lunch
Fairtrade Breakfast, Higham Church
- 14 SSM Parish Council Meeting
- 16 Stour Valley Men's Probus Club
HMQ90 Planning Meeting SSM
- 19 SSM Rambling club
Hadleigh Choral Society
- 24 R&DGC Meeting
- 25 Good Friday Walk, Higham Church
- 29 Raydon Fair Trade Coffee Morning
- 30 SSM Rambling Club

April

- 2 Suffolk Church Singers, SSM
RDGC Spring Show
Barbara's Bonanza Sale, SSM
- 10 SSM Rambling Club
SESAW Spring Sale, Long Melford
- 13-16 Dedham Players "The Dresser"
- 20 AGM HSM Millenium Green Trust
- 24 HSM Social Club St George's Day Lunch
- 22 SSM Rambling Club
Orchard Barns Open Day
- 23 Passover Demonstration, SSM
- 25 Annual Parish Meeting, SSM
- 26 Raydon Fair Trade Coffee Morning
- 28 RDGC Meeting

May

- 9 SSM Parish Council Meeting
- 20 Great British Fish and Chip Supper
- 24 Raydon Fair Trade Coffee Morning

Editors Corner

Well, we've got a packed Quartet for you this month, with two more pages of news and events than last month!

At this time of year we have our Quartet AGM. Jane, Anne, Dave, Jenny and Rosalind if she can make it, all meet together and look at how things have gone during the past year and look to the future so we can keep the Quartet fresh and up to date. Well, we've decided there will be no major changes this year, just a few 'tweaks'. Firstly, we've pushed the Directory to the other side of the centrefold - it had crept over by a page quite a while ago. Our advertising revenue is still adequate to cover printing and delivery costs, so we've taken out a few blank spaces and given you extra things to read about. Just as well, as there's a lot going on!

Another outcome of the meeting was the decision to leave advertising rates the same this year. This keeps the Quartet as one of the best value for money places for local businesses to advertise and place special vouchers for you, our readers (this month we have a great offer from the Place for Plants - see page 10).

We have also noted increase in the number of people requesting a copy of the Quartet by email. Everyone is welcome to an electronic copy, just email us at quarteteditor@hotmail.co.uk and ask to be put on the list. This is particularly useful for people just outside the area or residents who have moved away or even those who just can't remember where they put it down!

Happy reading

Anne and Jane,

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



Copy deadline for next edition:
19th March 2016

Contact details: Email:
quarteteditor@hotmail.co.uk

Editors:
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Stratford St Mary. CO7 6JQ

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07930390517

Invoicing: Jenny Leach
quartet.advertising@gmail.com

Stratford St Mary

SSM 100 Club Organiser

Our current Organiser, Eddie Lawrence of 35 Strickmere, is having to stand down owing to business and family commitments so we are looking for someone in the village to take over the administration of this useful fund raising scheme on behalf of the Institute Committee. The duties consist of collating the monies brought to you by the collectors, banking it and conducting the monthly draw. If anyone is prepared to volunteer for this position please contact Eddie at the above address or telephone him on 322066.

Thank you

Transport to medical appointments.

If you live in Stratford St Mary and have difficulty in getting to and from medical appointments our friendly team are happy to help.

We can also help with transport to visit people in hospital.

Please give us as much notice as you can.

ring:. **Charlie Ablitt on 01206 322684**
Lynn Badcock on 01206 323788

Please note the following dates for the Parish Council meetings:

March 14th 7.30pm
May 9th 7.30pm
July 11th 7.30pm
September 12th 7.30pm
November 7th 7.30pm

Annual Parish Meeting at Village Institute

Being held on 25th April, we will also be having a guest speaker Andrew Ravasio who is from the Patient Participation Group for the Constable Country Medical Practice, who will be attending, to inform and update villagers on how the Practice has changed and improved since they were put into special measures last year. We would like as many people to come to the meeting to hear what he has to say and ask him any questions they may have.

SSM First Responders

AGM will be held at 8pm on Tuesday 26th April 2016 in the Parish Rooms. Please feel free to come along and hear what we have done over the last year. Refreshments available. All welcome.

STRATFORD St. MARY PARISH ROOM

letting fees are as follows:

1 session - £17.00.

2 consecutive sessions - £30.00.

all day - £38.00.

A session is 5 hours i.e. morning -
afternoon- evening

Special rates for regular bookings.

Heating and lighting are included

For booking please see or ring

Don Umfreville at Christmas Cottage,
Upper Street.

STRATFORD ST MARY CHURCH



On **Saturday 2nd April**
at 7.30pm

We are really lucky to have The
Suffolk Church Singers from Bury St
Edmunds to entertain us.

They are a group of Singers who aid
Suffolk Churches which are in need
of finance. We really hope you will
support our roof fund on this
occasion and support this group of
singers who are prepared to travel
from Bury St Edmunds to help us
raise money for our new roof.

Tickets will cost £7 and there will be
an opportunity to buy refreshments
on the night.

For tickets or more information
please contact Christine Cousins on
322530.

Stratford St Mary Parish Council website
has now been updated. Please pop over to
www.stratfordstmary.onesuffolk.net and let
us know what you think. If you would like
your event advertised on the website as
well as in the Quartet, whatever it may be,
please let the parish clerk know on
parishcouncil@stratfordstmary.org.uk

Stratford St Mary Parish Council Emergency Team

If an emergency does arise, please
contact one of the following team
members:

Hilary Cairns – Emergency Team Leader

6 Mors End 01206 323417

07712 591379

hilcairns@tiscali.co.uk

Norman Woodard

12 Swaynes 01206 323015

Norman.woodard@fatbloaters.com

Chris Griffin

Brook Farm, School Lane 01206

337363/07885 807567

chrisbrookfarm@gmail.com

Steve Kite

42 Strickmere 01206 322482

07958 515573

Bill Davies

3 Spanbies 01206 322990

billdav@hotmail.com

SSM Rambling Club

Future Events

Monday 7 March – *Great Bromley* (about 5.5 miles)

Saturday 19 March – *Dovercourt* (about 5 miles)

Wednesday 30 March – *Copford Green* (about 4.5 miles)

Sunday 10 April – *Wivenhoe* (about 4 miles)

Friday 22 April – *Wrabness* (about 4.5 miles)

Main contact is the chairman, Don Umfreville on 01206 322626. Unless stated otherwise, we meet up at 09:45 at the Parish Room, Upper Street, Stratford St Mary.

Dave George 01206 322297



NEWS FROM ORCHARD BARNs KINDERGARTEN

Last year Orchard Barns Kindergarten celebrated fifteen years of 'Outstanding' nursery provision by hosting a tea party for the senior residents of Stratford St. Mary. We are pleased to announce that following a recent inspection by Ofsted we have retained our 'Outstanding' grade. Proprietors, staff and parents are, needless to say, delighted with the outcome.

We would like to share our success so will be holding an Open Day on Tuesday 22nd March from 9.00 am to 3.00 pm. All welcome. Parents and children will be able to enjoy a typical day at the nursery and proprietors and staff will be available to answer any questions.

We will be visiting Milsoms on 24th March for our annual Easter Egg decorating morning. This is a very popular event with our children and parents and concludes with an Easter Egg hunt in the grounds.

We would like to take this opportunity to wish all our parents, neighbours and friends in Stratford St. Mary a very Happy Easter.

STRATFORD ST MARY PARISH COUNCIL

Notice of Vacancy

Notice is hereby given that there is a vacancy on Stratford St Mary Parish Council. The vacancy has previously been advertised, and no election has been requested. The Council is now able to fill the vacancy by co-optation.

Application should be made in writing to the Chairman to the Council and delivered or posted to **3 Spanbies Road, Stratford St Mary, Suffolk CO7 6YH**
EMAIL billdav@hotmail.com

MUMS & TOTS



Every Tuesday 9.15 – 11.30 a.m.
Stratford Chapel, Upper Street
Stratford St. Mary CO7 6JH

Join us every Tuesday morning at Mums & Tots. A great way to meet other mums, dads, grandparents & carers while the little ones get creative and play.

£1.00 per session
Drinks & snacks provided
For more details call Becky on (01206) 323095



Community First Responders

Interested in becoming a CFR?

Why not find out what it is about?

Look at the CFR link on the East of England Ambulance Services website. You can even apply on line!

If you watch the training video - do not be alarmed - you are never expected to do mouth to mouth.

For further information, please contact your local co-ordinator.

Have you ever wondered what the connection between Holy Communion and the Jewish Feast of Passover is? Understood and Participate with us in a

Passover Demonstration

Passover, Israel's spring festival, is a time when Jews remember their historical flight from Egyptian slavery. The focal point of their thanksgiving is a family meal (Seder) celebrated in the home. The eating of certain foods and the participation in various rituals reminds them not only of the events of that first Exodus nearly 5,500 years ago, but encourages each Jew to look forward to God's promise, Messiah.

As observant Jews, Jesus and his disciples would have been regular faces at such a meal. So join with us in our commemoration of Passover and see the significance of this feast for the Christian Believer.

Saturday 23rd April 2016

At

Stratford St Mary Institute Hall

Time

6.45pm for 7pm Start

Limited number of tickets (£5 donation towards cost).
Further information and dietary requirements: 01206 322588

Cleaner needed for Institute Hall

We are looking for someone who is prepared to carry out cleaning duties at the Institute for approx 1 hour per week at a modest rate of pay. The Institute Hall is a valuable facility for our village but it needs to be cleaned and maintained regularly to a high standard so if anyone feels "community minded" enough to take this job on, please contact me for further details. Thank you.

Bill Davies,
3 Spanbies Road
Tel 322990



SSM Village Life



A celebration of Her Majesty
Queen Elizabeth II's 90th Birthday
Saturday 11th June 2016
Stratford St Mary School Playing Field
12:30 to 18:30

Magna Games and Birthday Tea.
Outline programme.

- 12:30 – HM90 opens, in time for the flypast (on route to London)
- 13:00 to 14:00 – Live music, sideshows and amusements around periphery of the field.
- 14:00 to 16:00 – Magna Games on arena track (including Family Fun Run around the village)
- 16:00 to 17:00 – Traditional Birthday Tea with music and entertainments
- 17:00 to 18:30 Country dancing in central marquee

A prize will be awarded to the most patriotically dressed partygoer.

Tickets will be available from April 1st
Further information will be made available in the coming months through the pages of Quartet and the VillageLife web-site as well as by notices and posters. In the meantime, we welcome expression of interest and support. If you would like enter the Magna Games, take part in the Fun Run or offer your help on the day please call Brian on 01206 323 091 or e-mail villagelife@stratford-st-mary.org.
We look forward to hearing from you.

Come along to the HM90 village planning meeting

Wednesday 16th March 2016 at 8pm
Parish Room, Stratford St Mary.
Join us for wine, nibbles and a chat
Let us have your ideas for the day, Join in the planning,
Reserve your tickets, Offer your help.
&

This will be an early opportunity to try out a new electronic game designed and built in Stratford St Mary 'Exterminate'

WANTED

Persons of the male gender to take part in a musical entertainment at the HM90 celebration.

No musical knowledge required but a basic sense of rhythm will be helpful. Willingness to join with others in a silly activity, essential.

Tuition provided, some rehearsal will be required..

Earliest applications please, to VillageLife
c/o Brian 01206 323 091



Stratford St Mary's Playground Redevelopment



Please help Stratford St Mary
Parish Council fund a new
playground

Vote for us in-store at

TESCO
Bags of Help

Voting takes place
27 Feb - 6 March

Once we've completed the funding process
we look forward to hearing your ideas

Participating express stores: Manningtree, Brightlingsea, Great Bentley, Thorpe Le
Soken, Holland on Sea, Walton on the Naze, Clacton on Sea, Clacton

STRATFORD ST. MARY CHRISTIAN FELLOWSHIP

(known also as "Stratford Chapel")
Upper Street, Stratford St. Mary CO7 6JH

We are an evangelical/charismatic and
community based Church attended by all
age groups

Sunday Services:

10 a.m. Morning Praise & Worship
followed by refreshments

10.15 a.m. - 11.15 a.m. "Sparks on
Sunday" for children aged 5 – 11 years
and Youth Group for ages 12-16 years.

6.30 p.m. Prayer and Praise

Mid-Week Groups:

Tuesdays 9.30 am – 11.30 am - Mums &
Tots (during term time)

Tuesday 7.30 am - 9.30 am - Men's
Recreational Evening (2nd Tues every
month)

Wednesday 7.30 pm – 9.30 pm - Bible
Discussion and Fellowship Evening

Friday 5 pm – 6.30pm – "Sparks on
Friday" for Children ages 7 – 11 years

Friday 7.30pm – 9.30pm - "Ignition" Youth
Club for teens ages 11 – 16 yrs

For further information:

Telephone: Phil (01473) 310728

Email : philipwyncoll@btinternet.com

<http://www.stratfordstmarychapel.com>

The Institute hall

can be hired at reasonable rates for a wide range of social activities. Please contact our booking secretary Anna Shead on 01206 321261 or email ssminstitute.bookings@gmail.com for more information. Many thanks to all our 100 Club subscribers for your continued support in helping us to maintain your village hall. Membership costs only £1 per month and you could win £40 first prize in our monthly draw. Contact Sue or Eddie Lawrence on 01206 322066 if you wish to join.

Stratford St Mary Institute Committee



PLANT CENTRE, GARDEN & CAFE
For Specialist and Popular Plants

Quartet Offer

This voucher entitles you and a friend

to a complimentary cup of

Tea or Coffee

at The Place for Plants

**valid 1st March – 30 April
2015**

OPEN DAILY 10am-5pm
East Bergholt Place, CO7 6UP
Tel: (01206) 299 224
sales@placeforplants.co.uk
www.placeforplant.co.uk

STRATFORD ST MARY CHURCH **An update on the Roof!**

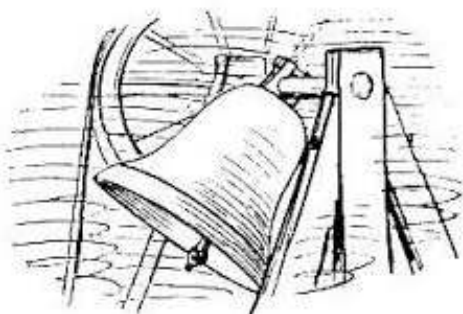
We are currently in the process of applying for a grant from the Listed Places of Worship Roof Repair Fund (an initiative from the Government) to help with the cost of a replacement roof. The deadline for the application is 26th February and we will know by early July if we have been successful.

At our recent Parochial Church Council meeting we voted in favour of replacing the roof with Terne coated steel as opposed to lead (subject of course to the relevant planning permissions). We have taken advice from our Diocesan Architect who feels this is the best course of action. Lead is still being stolen from church roofs despite an alarm being fitted! Terne coated steel has little value to thieves.

We are of course still continuing to raise money ourselves to help with the costs involved, and we are very grateful to everyone who has already made donations- a huge thank you!

We will keep you updated as and when we have further developments to report.

The Churchwardens and PCC Stratford St Mary Church.



We're looking for people like YOU to become School Governors

**Do you have an interest in education?
Are you concerned about young people's
development?**

**Then why not become a school governor? No prior
knowledge is required; a comprehensive range of
training and support is provided. It's an exciting
opportunity for you to:**

- ✓ acquire new skills**
- ✓ participate in teamwork**
- ✓ contribute to the community**
- ✓ make a difference to children's lives**

**For more information call 01206 323236
or email gov@stratfordstmaryprimary.co.uk**



**STRATFORD ST MARY
PRIMARY SCHOOL**



Fair Trade Coffee Morning

February 2nd saw a windy but sunny day for our Fair Trade coffee morning this month,

and it was a very mixed affair!! Mixed in that we hosted an array of meetings for various groups. Before that though it was super to welcome back one of our very first “coffee morning” supporters, so great that we saw her again and hopefully for many more visits.

Well, one of the groups involved was a reunion of the village women’s fellowship, it was sad in a way because it was to plan the winding up meeting which is to be a luncheon party later in the year. An end of an era!

Another little group was planning a potential evening programme for the Garden Club, all secret at this stage though but all will be revealed later in the year on the Garden Club page!

Here, also enjoying the good coffee and cookies is a growing group of men, they gather beside the coffee pot and put the world to rights, they seem to have a great time doing so as well if the laughter is anything to go by!

We were also treated to the most delicious cheese muffins with many thanks to our Frinton friends, and I believe at our “Big Brew” for Fair Trade Fortnight on March

1st we will have more treats to look forward to!

Many thanks for continuing to knit squares for blankets for the Haiti babies, it’s an ongoing project and I have plenty of wool if you can keep knitting!!

Well, do try and come to support the “Big Brew” for Fair Trade fortnight on March 1st, there will be lots of goods and gifts to buy as well as home made cakes and other goodies.

Looking forward to seeing you between 10am-12 noon

Thanks as ever
Wendy Mumford 312123

RAYDON PARISH COUNCIL NEEDS YOU!

Raydon Parish Council has vacancies for new councillors – if you care about your village and want to ensure it continues to be a great place to live, why not find out more about being a parish councillor?

Please contact the parish clerk for more information:

Jane Cryer
Clerk to Raydon Parish Council
01473 824287 / 07920 713940
raydonpc@gmail.com

Raydon and District Gardening Club

Here we are as I write these notes half way through February and while we have had one or two frosty nights it's still been so far a mild winter and spring is coming soon. Now that makes one feel better, as you are able to get into the garden and start to do things with a purpose once again. As the flowers and some trees and shrubs are flowering weeks ahead of what we normally expect, and the birds appear to be thinking of nest building earlier, I wonder how nature will respond in general especially if we get a very cold snap with perhaps a few snowy days in either March or worst still April (it's happened in the past.) Sometimes I think nature can adapt better than us humans but time will tell.

Our new year monthly meetings started in February and so we look forward to 24th March when Matt Long of Monks Eleigh will be our guest speaker talking on Dahlias & Bulbs, then this is quickly followed by the members only **"Spring Show"** on **Sat 2nd April**, then our next meeting on **28th April** we have a Plant Heritage Demonstration in the village hall which should be most interesting.

Advance notice:- Our annual coach outing this year will be a trip to **"Woburn Abbey"** Bedfordshire and note date will be a week later on **Sunday 26th June** (avoiding fathers day this year). Not only will you be able to see inside the Abbey and gardens, but there will also be a separate **garden show and the price will be inclusive**, so there will be lots to see and do. We will probably start our first pick up in Hadleigh at 8.00am to enable us to get to Woburn Abbey for 10.30am in time for coffee. Will have a comfort only stop

on route this year. This will give us approximately 6 hours at Woburn to enjoy the Abbey, gardens and garden show instead of the usual 4hrs. Will hold a raffle on coach before we leave for home as usual. Please make your bookings with Daphne as soon as possible. Payment can be made then or at latest by May 21st. Will be having a change of coach company this year, it will be 3c's coaches of Nedging Tyne.

Look forward to seeing you at all our events and meetings this year and reminder to all members try and bring a guest (only £2.00 entrance on the day) and this is waived if they join the club as a full member on the day. More club members means more finance = better quality speakers as these costs go up year on year.

Enjoy the year ahead.

Geoff Horrex. 310422.



www.raydon-gc.org.uk

Daily Papers

Thanks to our paperboy, Ben, and Capel Convenience Store (01473 311112) we are again getting weekday deliveries of newspapers in the village. To make this a worthwhile service for the Store, it would be advantageous to have more people on the paper round. If you have had a delivery in the past and would like to return to it, please contact the Store to get yourself this regular delivery.

If you would like to see copies of the minutes of any Raydon Parish Council meetings, please contact Jane Cryer, Parish Clerk on 07920 713940, or email her at raydonpc@gmail.com.

Please Come to our Big Brew

MARCH 1ST

Raydon Church 10.15-12.00

Coffee and cakes

Wide variety of goods to buy

Supporting

Fair Trade Farmers.



Would you like a EASTER Walk of witness??

It will be on the wild side, mostly off road to enjoy Early SPRING Nature and good company. What will you see ? or hear ?

Why not join us on **GOOD FRIDAY 25th MARCH, Starting at 9.30am**

Raydon Church, then Holton, onto Higham 12.30pm (a small charge for Lent lunch) and ending at Stratford St Mary Church 3.00pm.

Good walking boots needed especially if wet as parts may be muddy. **Dogs on lead** made welcome. Car parking available at both ends. Start or finish where you wish.

Note:- Muddy in parts + may be 1 or 2 stiles.

Contact Geoff Horrex. 01473 310422 / 07810086143. This would help with food requirements, Thank you.

HELP US MAKE RAYDON TIDY!

Raydon Parish Council would like to instigate an annual "Spring Clean" – maybe followed by a BBQ on the playing field.

We're looking for a volunteer to help organise this, so if you're interested, please contact Jane Cryer, Parish Clerk, on 07920 713940 – or email her at raydonpc@gmail.com.



Raydon Club is open to residents of this parish and will in future be held on Wednesday evenings each week from 8.30 till 11 pm.

Licenced bar, pool, darts etc.
Look forward to seeing you!

NEW WEBSITE GOES LIVE!

The new Raydon website is now live - please visit www.raydonpc.org and 'contact us' let us know what you think.

The Parish Council has always been impressed by the footpaths surrounding Raydon. Our footpaths offer great scenic value and provide the opportunity to indulge in rewarding exercise whilst enjoying the beautiful Suffolk landscape.

The footpaths also allow people to walk their dogs in a safe environment - but unfortunately, of late, this particular pastime has encountered a problem due to the increasing occasions on which dog owners allow their dogs to foul the footpaths. The area most affected seems to be the Noaks Road end of footpath no 55. Raydon Parish Council would like to politely request that dog owners use the bin provided.

We know you will all wish to keep our footpaths clear and remain a joy for all our fellow parishioners.

Thank you.

Raydon Century Club Draws:

JANUARY

£25 102 Mrs A Savill
£15 75 Mr K Whiting
£10 116 Pat Simonet
£5 148 Ms R Gooch
£5 147 Mr & Mrs Bancroft
£5 20 Mr K Hyland
£5 72 Monica Hammond

FEBRUARY

£25 58 Mr D Lugger
£15 125 Mrs J Lee
£10 39 Mrs E Nunn
£5 100 Mr Gregson
£5 74 Miss J Hammond
£5 28 Mr G Cook
£5 102 Mrs A Savill

Save time and money: Buy your heating oil through a community bulk buying scheme

Community Action Suffolk (CAS) can save domestic households an average yearly saving of £74 on heating oil, and higher volume users such as community groups and rural businesses, an average yearly saving of £181. The heating oil is purchased in bulk twice a month (once in December) and deliveries are planned to provide an environmental benefit, with one tanker making a single trip to several customers in a village on the same day. Individual orders can also be made if a bulk deadline is missed. The scheme provides a hassle free process and membership is open to all, starting at just £20 per year with the option to place orders online, by email, by post or by phone.

Visit www.communitybuying.org.uk or call 01473 345400 for details

Higham

Sunday 13th March 10am

HIGHAM CHURCH

following the service
please join us for a



FAIRTRADE BREAKFAST

"sit down for breakfast
stand up for farmers"

As part of the
**GOOD FRIDAY WALK 25th
March**

a Soup Lunch will be served in

HIGHAM CHURCH

12.30pm

Cost - **£5** towards the work of

CHRISTIAN AID

all welcome walkers and non-
walkers alike



Contact UK Power Networks

0800 783 8838 (24 hours a day) or from
a mobile 0333 202 2021

Text POWER and your postcode to 80876

ukpowernetworks.co.uk



Holton St Mary

Holton St Mary Social Club

Whist – Last Friday each month -
£1 entry – 8 pm start

St Georges Day Lunch – 24th April -
£25 per person includes coach from
Holton to Stoke Golf Club – See Erik
at Club

Holton St Mary Sunday Lunch in Village Hall

13th March 2016
12.30 or 1pm -on
Cost £14 adults, £10 aged 5-18

***Reservations: Sally Thurlow on
312080 or salthurlow@gmail.com***

The Church Fundraising group is once again organising one of our most popular events; the Annual Sunday Lunch.

Once again, we will be asking you if you prefer to be part of the 12.45 sitting or the 13.15 sitting - this is so that your table all sit down together and the vegetables are still hot and to stagger the queues for drinks and meat, which are served to order.

When you respond please be ready to tell me who is in your party, what time you prefer, whether you can contribute. Several volunteers already cook some vegetables (we deliver) or donate desserts, or help with setting up or clearing up. We normally focus on roast pork or beef but do cook chicken and vegetarian options, where there is demand - so please say if you are not a pork or beef eater.



Holton St Mary Millennium Green

The Annual General Meeting of the Millennium Green Trust will be held on Wednesday 20th April 2016 at 7.45pm in the Village Hall. This is just ahead of the Annual Parish Meeting.

Subscriptions for the Century Club are now almost complete but if you would like to take part and have not been approached by a Trustee please let me know. The cost is £12 per year and the monthly prizes are £25, £15, £10 and 2 x £5. The income generated by the Century Club pays for the upkeep of the Green and the Public Liability Insurance.

Marjorie Haste, Secretary 01473
311615

Holton St Mary Village Hall

can be hired at very reasonable rates!

Available during the day and most evenings (not Friday) from £17.00
Saturdays from £35.00

For further information and booking please contact Rachel Eagle on
01473 310550

First Friday of the Month



Every first Friday of the month, a lunch club is held in the Village Hall for residents of Holton St Mary.

A light lunch is served between 12.30 and 2.00 pm at a cost of £2.50 each.

The First Friday of the Month Lunch Club is a collaboration between some of the organised groups in the village, and is non-profit making!

Any surplus funds are reinvested.

To reserve a place, please contact Frances Torrington (01473 312046/ familytorrington@btinternet.com), Sally Thurlow (01473 312080 / salthurlow@gmail.com) or

Jinny Hay (07717 867583 / jinnyhay200@icloud.com)

at least a week beforehand for catering purposes.

Welcome to this month's Police news item.

Since the New Year there has been an increase in the number of particular crimes within the 39 villages within the Babergh East area. These crimes have occurred in the following villages, Hintlesham, Chattisham, Wenham, Burstall, Elmsett, Washbrook, Freston and Layham

Burglaries – Other Buildings, These relate to sheds, garages or outbuildings where items such as ride on mowers, power tools, bicycles and hand tools are stolen.

*Protect your **Shed & Garage** by following these simple steps...*

- Fit a strong hasp and staple secured to the door and frame with coach bolts reinforced on the inside with washers.
- Use a good quality closed shackle padlock, (some have an integral alarm built in)
- Door hinges should also be secured with coach bolts reinforced on the inside with washers.
- Windows can be secured and obscured by fitting internal bars or grille and net curtains.
- Keep doors and windows locked.
- Fit additional locks to up and over garage doors. Anchoring and garage defenders.
- A battery operated audible alarm can be used to deter intruders.
- Security mark items of value with your postcode and house number or name. Do not leave valuable equipment unattended.
- Install external lighting with Dusk to Dawn automatic sensors.
- Expensive items should be chained to a ground anchor or post securely fitted to the floor.
- Photographs of expensive items, a record of their model and serial number will assist in their recovery if stolen.

Mandy, PCSO 3108 Coleman

On Wednesday 10 February Brian Barker, of E J Barker & Sons spoke on "Farming with Wildlife in Mind". It was a most interesting presentation showing how a commercial farm can maximise wildlife diversity. The speaker's farm won the FWAG Silver Lapwing award in 2009 and in 2010 P and B Barker were named Countryside Farmer of the Year by Farmers Weekly.

On Wednesday March 9th Charlotte Harding will present "An Introduction to Warner & Sons", a talk on the 120 years of textile design and manufacture in London and Braintree, highlighting the Company's Royal connections. The speaker worked at the Braintree Museum who manage "The Warner Textile Archive".

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December and participate in any of the many groups.

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary.

We are affiliated to the ThirdAge Trust, have over 200 members and 18 groups.

For further information please visit www.stourvalleyu3a.org.uk where membership secretary Val Pretty may be contacted.

Remember It's never too late to learn! Join the 361,477 members in 969 U3As



Stour Valley Men's Probus Club

On 3 February Jessica Lewis spoke on "The History of the Cutty Sark" and two weeks later on 17 February member Dick Patterson talked on a most interesting subject "The history of and living in Sierra Leone during its last colonial days".

On 2 March Richard Walker will present a view "When Pirates ruled the Waves" and we will hold our Annual General Meeting on Wednesday 16 March when Graeme Forsyth will step down after his year as President.

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10.30am. Please contact Secretary Brian Rolfe on 01206 393665 for further details.

East Bergholt Heartwatch

Charity Race Night

12 March 2016, 6.30pm for 7pm start

**Constable Memorial Hall, Gandish
Road, East Bergholt**

Come along and join in the horse racing fun and raise funds for your village community responder charity. Free snacks will be provided, a pay bar will be open and we will be holding a raffle.
Entry is £3 per head.

Tickets are available from Fountain House Tea Rooms or from Val on 01206 298692. To sponsor a race and/or a horse please call Val on 01206 298692.

Please support us in any way you can, so we can support you.

Thanks from the Heartwatch Committee.

Constable Singers

Constable singers have had some very good pre Christmas concerts/ events at Flatford, Wivenhoe, Hare and Hounds E. Bergholt and at Claydon and Capel .

We meet at East Bergholt Lamb School each Thursday at 7pm apart from the second Thursday when we are at Holton Village Hall to sing from the musicals and popular music. We would welcome new members so come and have a free session .No need to be able to read music and we sing along to cd's or guitar.

For further details contact Yvonne 01206298428 or Mel 01206298628

Hadleigh Choral Society

St. Mary's Church Hadleigh ,

Saturday March 19th
7.30pm

Handel: Overture to the Occasional Oratorio
Dettingen Anthem
Chandos Anthem No 11 'Let God Arise '
Zadok the Priest
Dettingen Te Deum
Vivaldi ; Concerto for 2 trumpets in C major

Colchester Symphony Orchestra :
Conductor Christopher Phelps
Four Professional soloists
Three Natural Trumpets
John Cooper : Organ

Tickets :
£14, £12(con), £2(under 16)
from The Idler Bookshop Hadleigh
or on the door
www.hadleighchoralsociety.org.uk



Dedham Community Farm urgently seeks volunteers

Do you love ANIMALS and have a few hours a week to spare.

If so, we urgently need help with Animal Welfare, Maintenance and Land Management. We are a not for profit community farm which stands on 14 acres in the beautiful Dedham Countryside. Run by Volunteers and Occupational Therapists we aim to bring the pleasure and therapeutic value of the human-animal bond to people with disabilities and learning difficulties.

Please contact either Cath on 07825 952 560 or Debbie on 07788 718 817 for more information.

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Dedham - Tickets (from early
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SHAKESPEARE HOUSE
GALLERY
Dedham High Street
or Tel 03336663366 (booking
fee) or online at
www.dedhamplayers.org.uk**

SESAW NEWS

I beat Ollie to the computer this time because I'm bursting to tell you something! Mum (known to many of you as Maggie) will receive a Babergh and Mid Suffolk Community Achievement Award next month. Mum says she is only "the tip of the iceberg" because all the volunteers make everything possible. Well she's always been our hero at Sesaw, now it's official!

Seems it was dump an animal week recently. A young ginger tom turned up out of the blue and a poor old black cat died shortly after being left on our drive in a cardboard box. Next four cockerels appeared, as if by magic, in our field. Pity the human dumper didn't consider the birds' wellbeing before exposing them to the tender mercies of the local fox. Finally there was Lobby, a ten week old, worm infested kitten so named by Mum because she was lobbed over a high garden wall. The poor little mite spent two days at our vets where Simon mended her broken leg and nurse Vicki cuddled her. The patient is now being fostered by an extremely large dog and his humans. Still in the sick bay, Maisie the Springer is progressing well after complicated leg surgery. Donations to help fund her treatment costs can be made at Swayne and Partners in Long Melford, at SESAW or via our JustGiving page entitled Amazing Maisie.

For your diary: Barbara's Bonanza Sale, Parish Room, Stratford St. Mary, 10am on 2nd April. Spring Sale, 10th April, 10-3pm, the Old School Long Melford. Tables still available, call 01206 263269 or download a booking from our website.

Kenny the Boss, Chihuahua.

Suffolk and Essex Small Animal Welfare, Reg.Charity No:1124029, Open 10-1pm Thurs-Sun, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888. www.sesaw.co.uk email: info@sesaw.co.uk

Waste & Recycling

Collection Schedule 2016

March 2016						
Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

 Recycling this week

 Rubbish collected this week

Bank Holiday week, everybodys collection will be a day later



Dedham Tennis Club

"a community tennis club"



Now taking membership for 2016, the club

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- LTA registered including Wimbledon ballot
- Match play and club competitions
- Online court booking
- Free access to practice balls
- Coaching programmes
- Family friendly
- Brilliant club sessions
- Regular social events



Bonfires

We've been asked by a few people to highlight nuisance bonfires in the area. Here is an extract from the advice sheet found on the Babergh council website.

There are no specific controls, such as permitted times, over the lighting of bonfires to burn waste. If only dry waste is burnt the occasional bonfire should not cause a problem. If the bonfire is more regular, a lot of smoke and ash is being produced, or the material being burnt is potentially hazardous to health, it may become a 'statutory nuisance' and action could be taken under the Environmental Protection Act 1990.

Under the Environmental Protection Act 1990 (as amended) it is an offence for people to dispose of their domestic waste in a way likely to cause pollution of the environment or harm to human health. In practice you should not burn waste that is likely to create excessive smoke or noxious fumes. If only dry garden waste is burnt, your bonfire should not cause a problem.

Most bonfire problems are addressed under nuisance legislation. Under the Environmental Protection Act 1990, a statutory nuisance includes "smoke, fumes or gases emitted from premises so as to be prejudicial to health or a nuisance." In practice a fire would have to be a recurrent persistent problem, interfering substantially with neighbours' well-being, comfort or enjoyment of their property.

If a bonfire of industrial or commercial waste is emitting black smoke it is dealt with under the Clean Air Act 1993 – this includes the burning of such material in your garden! Under section 34 of the Environmental Protection Act 1990 it is illegal to dispose of waste that is not from your property – for example from your workplace or from a neighbour. For example, small tradesmen must not burn waste from site at home.

The Great **FISH & CHIPS** Supper Supporting Spinal



Great British Fish and Chip Supper – Friday 20th May 2016

Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 20th May 2016 whilst raising awareness of spinal cord injury and supporting SIA's vital services.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 8 friends and asking them to donate an additional £5.00 means you will raise at least £40.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA.

Just £50 could contribute towards the support from our Peer Support Service for one hour, in a district general hospital or Major Trauma Centre.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs, and for the rest of their lives by providing services and publications which enable and encourage paralysed people to rebuild lives after spinal cord injury.

For more information or request a fundraising pack call Elizabeth Wright on 0845 071 4350 or email fundraising@siafishandchips.co.uk or visit www.siafishandchips.co.uk

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and Chip
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CO7 6RT

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8.00am – 6.30pm Monday to Friday

Telephone 01206 298272

Fax 01206 299010

**36 The Street, Capel St Mary, Ipswich
IP9 2EE**

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8.00am – 6.30pm Monday to Friday

Dispensary 8.30am – 6.15pm

(closed between 1-2pm)

Telephone 01473 310203

Fax 01473 311722

Stratford Village PO Opening times

SHOP:

Monday 9am to 1pm - 2pm to 5.30pm

Tues to Fri (inc) 8.30am to 1pm - 2pm to
5.30pm Saturday 8.30am to 1pm

POST OFFICE:

Tuesday to Saturday (inc) 9.00 am to 1pm

MOBILE LIBRARY

Stratford St Mary - Route 11

The bus stops every 4 weeks on
Wednesdays

23 March, 20 April, 18 May, 15 June, 13 July,
10 August, 7 September, 5 October, 30
November, 28 December

Black Horse - 11.05am - 11.20am

Tally Ho! Corner - 11.25am - 11.45am

Strickmere (School Lane end) - 11.50am -
12.10pm

Route 14

The bus stops every 4 weeks on Tuesdays,

Holton St Mary

Church Square - 10.00 - 10.15am

Raydon

St Mary's Raydon - 10.20am - 11.05am

Lower Raydon

Sulleys Hill - 11.10 - 11.25am

Higham

The Green - 11.35 am to 11.50 am

1 & 29 March, 26 April, 24 May, 21 June, 19
July, 16 August, 13 September, 11 October,
8 November, 6 December

The **customer service line 01473 283838**

is staffed 9am to 5pm from Monday to Friday
and can handle any library customer queries
renewals and reservations to any general
library queries. An answer phone is available
outside of operating hours and people can
also email help@suffolklibraries.co.uk .

Crime prevention

<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>

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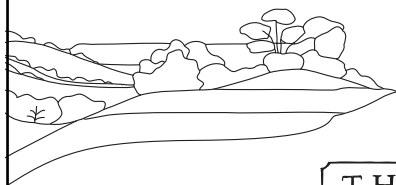
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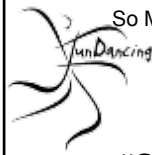
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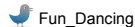
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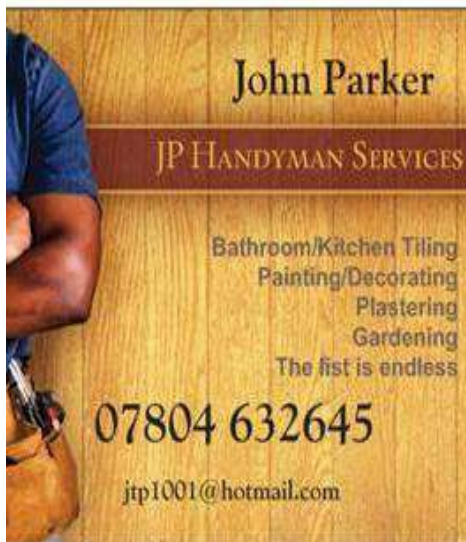
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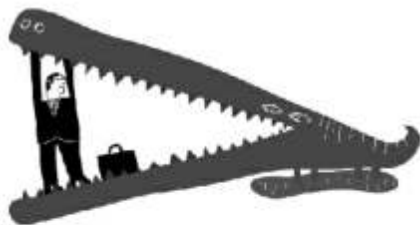
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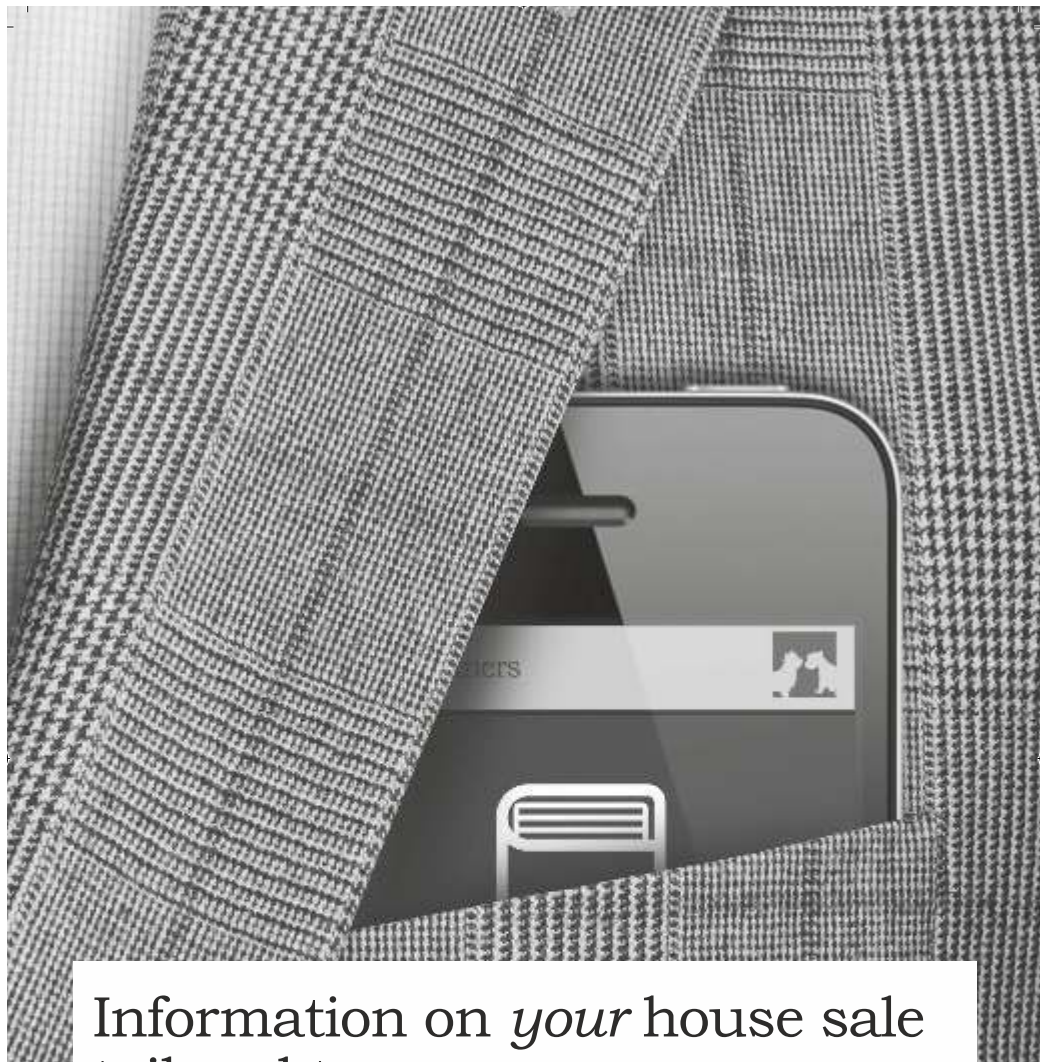
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Please contact the Rector direct to talk about baptisms, confirmations, weddings, funerals, or for home visits. **Please note that her normal day off is Friday.**

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Morning Prayer in March

This month Morning Prayer will be said at 9.45 a.m. around the Benefice as follows:

1st Raydon

22nd Holton

Apologies that this is all we can fit in because of Easter.

Midweek Communion

This month's short service of Holy Communion in the Parish Room at Stratford St Mary will be at 10 a.m. on **16 March**.

Meet the Rector at the Anchor in SSM

We won't be meeting this month for lunch together in the Anchor.

Sunday Services in March

	10.00 a.m.	5 p.m.
6 th	SSM Mothering Sunday	Holton
13 th	Higham (baptism)	Raydon
20 th	Holton Palm Sunday	SSM
27 th	SSM + Holton EASTER DAY	

Services in Easter (Holy) Week (March)

21st	SSM)	
22nd	Raydon)	6.30 p.m. Compline
23rd	Holton)	
24th	Higham		6.30 p.m. Maundy Thursday Liturgy
25th	9 a.m. Start of the Walk of Witness at Raydon, ending at SSM at 3.00pm		
26th	Higham		7.30 p.m. Easter Vigil with lighting of the Easter fire

Services in April

	8.00 am	10.00 a.m.	6.30p.m.
3 rd		SSM	Holton
10 th		Higham	Raydon
17 th		Holton	SSM
24 th	Higham	Raydon SSM Family hour	



New Testament Readings and Collects for weekdays in March

6 March: *Lent 4/Mothering Sunday*: God of love, passionate and strong, tender and careful, watch over us and hold us all the days of our life, through Jesus Christ our Lord. Amen.

7th Hebrews 9.1-14. Perpetua, Felicity and their Companions, Martyrs at Carthage, 203

8th Hebrews 9.15-end. Edward King, Bishop of Lincoln, 1910

9th Hebrews 10.1-18

10th Hebrews 10.19-25

11th Hebrews 10.26-end

12th Hebrews 11.1-16

13 March: *Lent 5*. Gracious Father, you gave up your Son out of love for the world. Lead us to ponder the mysteries of his passion, that we may know eternal peace through the shedding of our Saviour's blood, Jesus Christ our Lord. Amen.

14th Hebrews 11.17-31

15th Hebrews 11.32-12.2

16th Hebrews 12.3-13

17th Hebrews 12.14-end. Patrick, Bishop, Missionary, Patron of Ireland, c.480

18th Hebrews 13.1-16. Cyril, Bishop of Jerusalem, Teacher of the Faith, 386

19th Matthew 13.54-end. **Joseph of Nazareth**

20 March: *PALM SUNDAY*. True and humble King, hailed by the crowd as Messiah, grant us the faith to know you and love you, that we may be found beside you on the way of the cross, which is the path of glory. Amen.

21st Luke 22.1-23

22nd Luke 22.24-53

23rd Luke 22.54-end

24th Luke 23.1-25. **MAUNDY THURSDAY**

25th John chapters 18 & 19. **GOOD FRIDAY**

26th John 2.18-22. **Easter Eve**

27 March: **EASTER DAY**. God of glory, by the raising of your Son you have broken the chains of death and hell. Fill your Church with faith and hope, for a new day has dawned and the way to life stands open in our Saviour Jesus Christ. Amen.

28th 1 Corinthians 15.1-11

29th 1 Corinthians 15.12-19

30th 1 Corinthians 15.20-28
 31st 1 Corinthians 15.29-34
 1st 1 Corinthians 15.35-50
 2nd 1 Corinthians 15.51-end

For your diaries

16th March 7.30 p.m. Deanery Synod
 22nd March 7 p.m. (after Compline), Ministry Development Group, the Rectory
 2 April 7.30 p.m. Suffolk Singers Concert, SSM
 18 & 19 April John Bell of the Iona Community will be giving talks in St Mary's Hadleigh. If you have heard him on Radio 4, you will know what an inspirational speaker he is. If you wish to buy tickets for his 2 sessions on the Saturday and 1 on the Sunday, please phone Revd David Atkins on: 01473 822535



For your prayers

- For Nicola Tindall as she continues her studies to become a Reader
- For those to be married in March:
 - 10th: Jane Baylis and Ian Young
 - 19th: Louise Bruce and Kristen Johnson
- Those who are ill or in need:

Holton: Gerard Noel

Raydon: Patricia Reeves

SSM: Paul Alexander, Frank and Laura Kerry, Reg Price, Trina

Outside the Benefice: Sarah Bilton, Helen Gregory, Nick Middleton, Cécile O'Dell, Lynda Wells