

**Stratford  
St Mary**

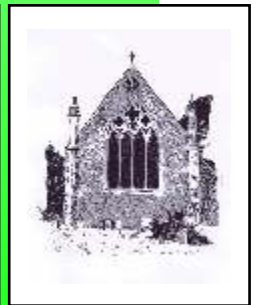
**Higham**

**Holton  
St Mary**

**Raydon**

# Quartet

The Parish Magazine



**June 2016**

Issue 334



**IGNITION Youth Club  
Stratford Chapel  
Every Friday night  
7.30 to 9.30**

Age 11 - 16

contact Beckie.w@live.com

**07842 207598**

**FRENCH HOLIDAY HOME TO  
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restoration project, anything  
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Graham (local resident ) on  
01206 322557

You can place items for sale or wanted on the Small Ads Pin Board for free.  
Just email [quarteteditor@hotmail.co.uk](mailto:quarteteditor@hotmail.co.uk) with your advert.  
We will place it for one month space permitting.

# Small Ads pin board

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# Welcome



Dear friends,

I talked last month about Rogation days being used to 'beat the bounds' between

parishes and to ask for God's protection on people, animals and crops as one did so. Well, in the week of 9 May we did three one-and-a-half hour prayer walks around our parishes: on Monday 9th I did a solitary walk from St Mary's Raydon, around the golf course and then back into the village; on Tuesday 10th Frances Torrington kindly led me around the back fields of Wenham and Holton in the pouring rain with her two wonderful little dogs; and then on Thursday 12th Geoff Horrex led Nicola Tindall and me around the remoter fields of Higham, Langham and Stratford to a good pub lunch at the Swan in SSM (thank you, Jane!). On each walk we started and ended with the Lord's Prayer and along the way we thanked God for the beauty of our countryside and asked his blessing on all who contribute to making it so wonderful for us to share and enjoy.

As a result, I thought it might be a nice idea to continue these prayer walks over the summer months instead of doing Silent Prayer on Mondays. So have a look in the centrefold to see if you might be able to join us - it will keep you fit, as well as being good for you spiritually! Having said which, you don't need to be a Christian or a pray-er to come with us; you just need to enjoy walking for about an hour at a time, and on the first Wednesday of the month (starting on 1 June) perhaps coming on the walk that will end with lunch at a pub in SSM (this will replace the former monthly pub lunches that

we used to have after the midweek Communion). Dogs are most welcome to join us.

As I am writing this, I am thinking about dear Ed Swift, whose funeral on 20 May I am in the middle of preparing as I write. He lived in Raydon for many years and died in April; he loved the countryside that he and his family used to farm for many years near Wrabness.

I would also like to thank those who came to Lynda Wells' memorial service in Mistley on 27 April and gave such a show of support to Terry (my predecessor-but-one); he was very grateful to see so many familiar faces.

May God bless you all.

Rosalind Paul  
Rector



# The Quartet Diary



## June

- 1 Stour Valley Men's Probus Meeting
- 5 Homemade Teas, Raydon
- 6 SSM Rambling Club
- 11 Celebrations for 90<sup>th</sup> birthday of HM The Queen  
Brantham's Annual Mega Charity Garage Sale  
Summer Concert, Raydon
- 12 Queen's Birthday Service, Higham
- 13 SSM Rambling Club
- 15 Stour Valley Men's Probus Meeting
- 17 Clive Paine Talk, Nayland  
Stour Valley U3A Coffee Morning
- 18 SSM Rambling Club
- 21 Raydon Fair Trade Coffee Morning
- 24 SSM Rambling Club
- 26 R&DGC Outing to Woburn Abbey
- 29 Headway Garden Party, Otley Hall

30 SSM Rambling Club

## July

- 1 HSM Lunch Club HM Queen's 90th Birthday
- 3 Homemade Teas, Raydon
- 6 Stour Valley Men's Probus Meeting
- 9 Tendring Show
- 10 SSM Rambling Club
- 11 SSM Parish Council Meeting
- 13 Stour Valley U3A Meeting
- 16 SSM Rambling Club
- 17 Stour Valley Men's Probus Lunch  
Nayland Street Fayre
- 19 Raydon Fair Trade Coffee Morning
- 20 Stour Valley Men's Probus Meeting
- 22 HSM Social Club Golf Day  
SSM Rambling Club
- 28 R&DGC local Garden viewing
- 31 Higham Village Party  
SSM Rambling Club

# Editors Corner

It's going to be an interesting month I think, don't you? There's a lot of things going on all over the country as well as in our villages. This is the month when we have to vote on our feelings about Europe and our part in it - or not. I'm sure there are lots of differing views on that!

I think, however, for many of us we will be turning much of our attention to the Queen's Birthday. For a lot of people in our villages, the Queen has been the only monarch they have known, so this really is a special occasion. This is most definitely reflected in the Quartet this month, as we see different birthday celebrations happening in all the villages. Have a read through, and don't forget to take part in an event near you!

We would also like to bring to your attention this month a couple of articles asking for specific volunteers - namely Community First responders. Stratford and East Bergholt (serving Holton St Mary) are both asking for more people to join their teams. Do think if you can help out, the more people involved in such important organisations such as these, the easier it is on everyone, and the more likely the service will be there when you need it!

One final plug for a regular September event, the Suffolk Churches Sponsored Bike Ride. Adverts can be found in Stratford and Holton this month, and Raydon soon, I'm sure. A very popular event and worth spending time to support.

Happy reading

Anne and Jane,

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



Copy deadline for next edition:  
**19<sup>th</sup> June 2016**

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# Stratford St Mary

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## **COMMUNITY SPEEDWATCH SCHEME**

This has been in operation since 2013 and is run by village residents giving their time in order to make our village safer for residents of all age groups by encouraging motorists to drive through our village at no more than the legal limit of 30mph.

We would, however, welcome a few more volunteers into the scheme so if you could spare just 1 or 2 hours per month please consider joining us.

Please contact  
Bill Davies, 3 Spanbys Road,  
tel 01206 322990 for more details.

## **Transport to medical appointments.**

If you live in Stratford St Mary and have difficulty in getting to and from medical appointments our friendly team are happy to help.

We can also help with transport to visit people in hospital.

Please give us as much notice as you can.

**ring:. Charlie Ablitt on 01206 322684  
Lynn Badcock on 01206 323788**

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## **STRATFORD St. MARY PARISH ROOM**

letting fees are as follows:

1 session - £17.00.

2 consecutive sessions - £30.00.  
all day - £38.00.

A session is 5 hours i.e. morning -  
afternoon- evening

Special rates for regular bookings.

Heating and lighting are included

For booking please see or ring  
Don Umfreville at Christmas Cottage,  
Upper Street.  
Tel : 322 626.



## **A note for Everyone**

Just a reminder for house names/numbers to be visible. If an emergency vehicle needs to find your house at night, will it find it easily? Lots of names/numbers are hidden behind bushes - it would only take a few minutes to clear it but those few minutes might make a huge difference if the emergency vehicle finds your house first time.

## HISTORIC CHURCHES TRUST CYCLE RIDE – SATURDAY 10 SEPTEMBER 2016

**10 Sep** - a date for your diaries.

I will pass on sponsorship forms for the annual Suffolk Churches bike ride to those who have taken part in previous years when I receive them. Newcomers are very welcome to take part, to support any church of your choice, and can contact me on 322259, call into Rosebank, Lower Street, or the Post Office Upper St, to collect a sponsorship form.

It is not too early to start finding sponsors to support your efforts.

Judi Isaac



### 100 Club Winners - May

T. Nixon £40.00

J. Shanks £10.00

R. Barrell £5.00

## Stratford St Mary Parish Council Emergency Team

Stratford St Mary Parish Council website has now been updated. Please pop over to [www.stratfordstmary.onesuffolk.net](http://www.stratfordstmary.onesuffolk.net) and let us know what you think. If you would like your event advertised on the website as well as in the Quartet, whatever it may be, please let the parish clerk know on [parishcouncil@stratfordstmary.org.uk](mailto:parishcouncil@stratfordstmary.org.uk)

If an emergency does arise, please contact one of the following team members:

### Hilary Cairns – Emergency Team Leader

6 Mors End 01206 323417

07712 591379

[hilcairns@tiscali.co.uk](mailto:hilcairns@tiscali.co.uk)

### Norman Woodard

12 Swaynes 01206 323015

[Norman.woodard@fatbloaters.com](mailto:Norman.woodard@fatbloaters.com)

### Chris Griffin

Brook Farm, School Lane 01206

337363/07885 807567

[chrisbrookfarm@gmail.com](mailto:chrisbrookfarm@gmail.com)

### Steve Kite

42 Strickmere 01206 322482

07958 515573

### Bill Davies

3 Spanbies 01206 322990

[billdav@hotmail.com](mailto:billdav@hotmail.com)

Please note the following dates for the Parish Council meetings:

July 11th 7.30pm

September 12th 7.30pm

November 14th 7.30pm

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# SSM Rambling Club

## Future Events

Saturday 28 May –  
*Gipping Valley* (about 4.5 miles)  
Monday 6 June – *Halstead* (about 4.5 miles)  
Monday 13 June  
– *Polstead* (about 3.5 miles) **6pm**  
Saturday 18 June  
– *Dedham, Lambs Corner* (about 4.5 miles)  
Friday 24 June  
– *Great Bromley* (about 3 miles) **6pm**  
Thursday 30 June  
– *Woodham Walter* (about 4.5 miles)  
Sunday 10 July  
– *Rendlesham/Hollesley* (about 4.5 miles)  
Saturday 16 July  
– *Dedham* (about 3 miles) **6pm**  
Friday 22 July  
– *Newbourne/Waldringfield* (about 5 miles)  
Sunday 31 July  
– *Lawford/Manningtree* (about 4 miles)  
**picnic**

Main contact is the chairman, Don Umfreville on 01206 322626. Unless stated otherwise, we meet up at 09:45 at the Parish Room, Upper Street, Stratford St Mary.

Dave George 01206 322297



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## Hands up for free childcare



We are offering all new children 2 free sessions at our 'Outstanding' preschool (Ofsted, July 2015).



Simply get in touch quoting the Quartet:

**T: 01206 322466 E: [abc.preschool@tesco.net](mailto:abc.preschool@tesco.net)**  
[www.abcpreschoolstratford.co.uk](http://www.abcpreschoolstratford.co.uk)



## MUMS & TOTS



Every Tuesday 9.15 – 11.30 a.m.  
Stratford Chapel, Upper Street  
Stratford St. Mary CO7 6JH

Join us every Tuesday morning at Mums & Tots. A great way to meet other mums, dads, grandparents & carers while the little ones get creative and play.

£1.00 per session  
Drinks & snacks provided  
For more details call Becky on (01206) 323095



Community  
First Responders

Interested in becoming a CFR?

Why not find out what it is about?

Look at the CFR link on the East of England Ambulance Services website. You can even apply on line!

If you watch the training video - do not be alarmed - you are never expected to do mouth to mouth.

For further information, please contact your local co-ordinator.

## STRATFORD ST. MARY CHRISTIAN FELLOWSHIP

(known also as "Stratford Chapel")  
Upper Street, Stratford St. Mary CO7 6JH

We are an evangelical/charismatic and community based Church attended by all age groups

### Sunday Services:

10 a.m. Morning Praise & Worship  
followed by refreshments

10.15 a.m. - 11.15 a.m. "Sparks on Sunday" for children aged 5 – 11 years  
and Youth Group for ages 12-16 years.

6.30 p.m. Prayer and Praise

### Mid-Week Groups:

Tuesdays 9.30 am – 11.30 am - Mums & Tots (during term time)

Tuesday 7.30 am - 9.30 am - Men's

Recreational Evening (2<sup>nd</sup> Tues every month)

Wednesday 7.30 pm – 9.30 pm - Bible

Discussion and Fellowship Evening

Friday 5 pm – 6.30pm – "Sparks on Friday" for Children ages 7 – 11 years

Friday 7.30pm – 9.30pm - "Ignition" Youth Club for teens ages 11 – 16 yrs

### For further information:

Telephone: Phil (01473) 310728

Email : [philipwynncoll@btinternet.com](mailto:philipwynncoll@btinternet.com)

<http://www.stratfordstmarychapel.com>



Colin the fishmonger has his fresh fish van in the lay-by at the bottom of Church Hill in Stratford every Thursday morning from 10.30am to 1.30pm

# SSM Village Life

**DON'T FORGET TO GET YOUR TICKETS  
FOR  
Stratford St Mary's celebration  
of Her Majesty Queen Elizabeth II's 90th Birthday**



**Saturday 11<sup>th</sup> June 2016  
Stratford St Mary School Playing Field  
12:30 to 18:30  
Magna Games and Birthday Tea.**

Tickets £3.00 each (14 years and under free).

Tickets are available now, from the School, the Post Office, the VillageLife web-site or by calling one of the telephone numbers below.

Alternatively, you can use the leaflet delivered with May's edition of Quartet to order tickets, enter the Magna-Games; take part in our photo-competition or sign-up for the Book-of-Memories project.

**Please book now to avoid being disappointed.**

*Please note, although there will be a licensed bar, snacks and ice-cream available during the afternoon before tea is served, more substantial food options will not be available at the field.*

**For more information or to order  
tickets, please call**

**Brenda/ Brian: 323091; Celia/ Chris: 337363;**

**David: 322259; Norman: 323015**

**[www.stratford-st-mary.org](http://www.stratford-st-mary.org)**

**VillageLife – be part of it!**



## PLEASE CAN YOU HELP

Most of Stratford St Mary residents will know Terry Clark who's lived in the village for most of his life. Sadly he has had to go into a care home. This means his beloved cat Poppy needs a loving quiet home where she's the only cat (she loves small dogs).

Poppy is the sweetest gentle Tortie who will just love you and your home. Will you please consider this.

I love her but have too many cats for her to cope with. If you would like to know more about Poppy, please call Tricia on 323 441 or call in to 14 Tally Ho if you would like to meet her.

Thank you. Time is getting short

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## Are you interested in local History?

Stratford St Mary is looking for a new Archivist. This will be someone who is responsible for collecting and ensuring the care of historic journals, letters, photographs and other works relating to Stratford St Mary. The Parish Council currently have the present information stored, but if the right person is able to keep to documents safely and securely at home this would be an advantage but not absolutely necessary. Also if anyone is interested or has experience in converting documents to electronic format this would also be a bonus. Please contact a member of the Parish Council or the Clerk on [parishcouncil@stratfordstmary.org.uk](mailto:parishcouncil@stratfordstmary.org.uk).

## Nayland Street Fayre: Sunday 17th July 2016, 11am-4pm

After nearly a year of planning the Community Council Street Fayre Committee have created a fun family day out to celebrate 50 years of the Nayland with Wissington Community Council. The 1960s themed event will start at 11am. Throughout the day there will be scheduled performances in Nayland High Street from various performers including the Village Players, Nayland Choir and 1960s band, The Caverners

The street will be alive with activities for you all to enjoy: vintage car rides to Stoke by Nayland, a shooting range, children's roundabout, face painting, community art project, photo booth, plant/produce stalls, Pimms bar, jewellery/upholstery stalls, table tennis, quizzes, punch and Judy, refreshments stalls and much, much more. There will be a dress the doll competition and a 60s themed fancy dress competition, with prizes in the fancy dress in the following categories; under 7 years, 8-11 years, 12-17 years, adult and the best group entry which could be a family or stall entry.

The church will be open to house an art exhibition and a display the 50 year history of the Community Council. There will also be an opportunity to win a spectacular flower display.

This is an event not to be missed. Due to a generous Community Council grant, entry is free, so put the date in your diary and come along and enjoy this village family day out.

More information:

[www.naylandcommunitycouncil.org.uk](http://www.naylandcommunitycouncil.org.uk)

## The Institute hall

can be hired at reasonable rates for a wide range of social activities. For more information please contact our booking secretary, Norman Woodard on 01206 323015, his email is [ssminstitute.bookings@gmail.com](mailto:ssminstitute.bookings@gmail.com) and his home address is 12 Swaynes, Stratford St Mary.

Many thanks to all our 100 Club subscribers for your continued support in helping us to maintain your village hall. Membership costs only £1 per month and you could win £40 first prize in our monthly draw. Contact Sue or Eddie Lawrence on 01206 322066 if you wish to join.

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## STRATFORD ST MARY PARISH COUNCIL

### Notice of Vacancy

Notice is hereby given that there is a vacancy on Stratford St Mary Parish Council. The vacancy has previously been advertised, and no election has been requested. The Council is now able to fill the vacancy by co-option.

Application should be made in writing to the Chairman to the Council and delivered or posted to **3 Spanbies Road, Stratford St Mary, Suffolk CO7 6YH**  
**EMAIL [billdav@hotmail.com](mailto:billdav@hotmail.com)**

Applicants are asked to give brief reasons for offering their services to the Council. Any elector interested in applying is welcome to contact the Chairman for further details. The successful applicant will be chosen following consideration by the Parish Council.

## Village Life - A Book of Memories



Collaboration is underway between VillageLife and the Church Fabric Fund to create a book of stories/anecdotes and photographs covering all aspects of village life with particular reference to changes over time (i.e. the history behind village names such as 'Gooseacre'; the various shops we've had, petrol stations, tea rooms, the doctors and the morgue etc.) as well as tales about village characters such as the one about the church warden pinching wood for the church boiler from Tilly's fish drying operation in Church Cottage.

The project will be officially launched at HMQ 90 in June and we will be looking for volunteers to help with the gathering of information as well as contributions from villagers who have memories they would like to share. The information gathering will be undertaken in various ways, involving coffee mornings; wine & cheese evenings etc. to help stimulate everybody's memory process. We also plan to devote one of VillageLife's Stories by the Fire evenings at the Swan next winter, to readings from the collection, as part of the final selection process.

**If you would like to 'be part of it', call Julie on 0798 963 9583 or Brian on 01206 323 091**

**VillageLife – be part of it!**



## **Fair Trade Coffee Morning**

April 26<sup>th</sup>, you'd expect the weather to be quite nice now for our coffee morning today, well

not so! It was very cold with sleet showers but thankfully we seem to be a hardy bunch and had a good turn out for this month's event. It was a little sombre though as sadly two of our regulars had passed away, with one of the funeral's being after our coffee morning.

Arrangements for our Fashion show were top of the talk today, still looking for a couple of models to show the Edinburgh Woollen Mills clothes off, but with a couple of names still to contact I'm sure we'll find some willing (or maybe pressganged) participants. It's the first time there's been a show like this in the village so hopefully it will be a fun and successful fundraising evening.

Our knitters for Haiti are busy with more squares arriving, but we do need more double knitting wool so if you know of anyone who might have some to spare put in a request for us please.

Our next Fair Trade Coffee Morning will have been held before the Quartet is distributed, so June 21<sup>st</sup> is the date for your diary, midsummer day so perhaps we can have an "El Fresco" coffee morning in lovely sunshine!

Whatever the weather a warm welcome will await you, so thanks for your support and see you on June 21<sup>st</sup>.

Wendy Mumford 312123

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I write to you as a parishioner of Raydon and a regular walker around the footpaths which surround our village.

The footpaths are reasonably maintained and offer a great deal of pleasure to the residents and also the visitors to our fine county.

The footpaths also offer people the ideal opportunity to walk their dogs but unfortunately we still have a prevalence of a small number of people leaving dog waste on our paths.

We all recognize the unhygienic nature of this practice particularly to children and I know that we all accept that dog walkers should abide by the rule of the countryside and either use the bin provided at the Noaks Road end of the footpath or take it home to be disposed of in a hygienic way.

May I politely ask the people concerned to refrain from this undesirable practice and think of their fellow walkers.

Happy Walking

Jim Lowe

## RAYDON PARISH COUNCIL NEEDS YOU!

Raydon Parish Council should have nine Parish Councillors - at the moment we have only five. We wish to fill the four vacancies in order to be able to represent you as effectively as possible. In particular, we are keen to recruit people from Lower Raydon as the existing Councillors are all from the upper part of the village.

The job of a Parish Councillor is to represent the interest of the village as a whole. As a Parish Councillor you will represent the electors of Raydon in raising and discussing those issues on which the Parish Council is empowered to act. You will be expected to attend the regular Council meetings, which are held monthly on a Thursday. Membership of the Council is open to electors whose residence is in Raydon or within 3 miles of Raydon, or whose principal place of work is Raydon. Training is available through SALC (Suffolk Association of Local Councils).

If you wish to support your village and are interested in becoming a Parish Councillor, please contact me

**Jane Cryer**  
**Clerk to Raydon Parish Council**  
**01473 824287 / 07920 713940**  
[raydonpc@gmail.com](mailto:raydonpc@gmail.com)

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St Mary's Church Raydon

### Fashion Show

Just to thank everyone who came and supported this fun event which raised a grand total of £281 for our Fabric Fund

## ***Homemade Teas***

***at***  
***St Mary's Church, Raydon***

***Sunday 5 June 2016***  
***Sunday 3 July 2016***  
***Sunday 7 August 2016***  
***Sunday 4 September 2016***

***Teas served from 3.00 to***  
***5.00 pm***



***In aid of our Fabric Fund.***

## **Raydon Century Club Draws:**

### **APRIL**

£25	60 Mr P Ashton
£15	30 Mrs W Mumford
£10	68 Mrs C Neckrews
£5	16 Mrs N Summers
£5	86 Jane Bridgewater
£5	112 Mrs P Palfreman
£5	125 Mrs J Lee

### **MAY**

£25	107 Mrs J West
£15	75 Mr K Whiting
£10	46 Mrs D Horrex
£5	6 Nadia Hajaig
£5	78 Mrs C Neckrews
£5	102 Mrs A Savill
£5	9 Charlie Cook

# Raydon and District Gardening Club

We are in the middle of May as I write these notes and what a wonderful month for colour both in our own gardens, and all around us in the countryside. The Suffolk bluebell woods have delivered once again that fantastic display of royal blue accompanied by wonderful perfume, hope some of you have been able to enjoy them, with dappled light coming through all the fresh green leaves (so many different shades of green in springtime) they are a joy to behold. The birds are all busy nesting and singing (sadly not as many as there used to be) but I have been lucky enough to hear the Cuckoo this year when walking in the Brett valley at Higham last week, and its great to see the House Martins, Swallows & Swifts back flying overhead.

On the 28<sup>th</sup> April Ann Tweedle (Plant Heritage) gave us a very interesting & informative talk c/w slides on the subject of pruning especially things like roses, apple trees, fruit bushes etc. These tips on how to prune are always very useful and it should help us produce better crops of flowers and fruit in the future.

Sunday June 26<sup>th</sup> annual coach outing this year to Woburn Abbey, gardens & additional Garden Show. There may be odd couple of seats available so why not phone as you may still be able to come.

**NOTE:-** Pick up points **and times** this year are 1) **Hadleigh (opp Holbrows Garage) 8.00am**, 2) **Raydon Village Hall 8.15am**, 3) **Raydon Mid street 8.25am**, 4) **Pipers Went corner 8.30am**. Drop off on return in reverse order.

We aim to be at Woburn about 10.30 ish in time for coffee etc. **Note this year** there will be a short comfort stop only on route at Cambridge Services and like wise on return. We have a change of coach company this year called "3 C's" coaches of Nedging. Look forward to a lovely day out once again.

Geoff Horrex 01473 310422.



[www.raydon-gc.org.uk](http://www.raydon-gc.org.uk)



## **SPEEDING – HELP TO MAKE RAYDON SAFER**

It is a matter of extreme concern to your Parish Council that speeding traffic in the village is becoming more prevalent by the day - and statistics show an alarming picture.

Your Parish Council is determined to try to alleviate this problem and is considering a number of speed detection devices suitable for our road conditions and effective as deterrents.

Research has involved a lengthy consultation with neighbouring parishes who have already acquired such equipment and operated it for some time. We can report that the most effective means of curbing speeding, based on our consultation, appears to be Community Speedwatch. Some parishes say that the results have been conclusive - speeding has been noticeably reduced.

However, this would require volunteers to operate the equipment. Please contact me if you would be prepared to participate, should the PC decide to go ahead with this initiative – full training would be given.

You can find out more about Community Speedwatch by visiting:

<http://www.suffolk.police.uk/safetyadvice/roadsafety/knowthelaw/speeding/communityspeedwatch.aspx>

**Jane Cryer**

**Clerk to Raydon Parish Council**

**01473 824287 / 07920 713940**

**[raydonpc@gmail.com](mailto:raydonpc@gmail.com)**

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*If you would like to see copies of the minutes of any Raydon Parish Council meetings, please contact Jane Cryer, Parish Clerk on 07920 713940, or email her at [raydonpc@gmail.com](mailto:raydonpc@gmail.com).*

## **August A Fayre**



**A**mazing family day out

**U**nbelievably good barbeque

**G**reat plant stall

**U**nusual range of bric-a-brac

**S**uperb cake stall

**T**errific teas and coffees

**A**bsolutely fabulous grand raffle

**F**antastic second hand books

**A**tempting tombola

**Y**esterday's vintage vehicles to explore

**R**ange of family games

**E**veryone's favourite hoola

**St Mary's Church,  
Raydon**

**SATURDAY 6**

**AUGUST 2016**

**10am until 4pm**



**Raydon Club** is open to residents of this parish and will in future be held on Wednesday evenings each week from 8.30 till 11 pm.

Licenced bar, pool, darts etc.

Look forward to seeing you!





# Summer Concert

## **For the Queen's Birthday**

By Hadleigh Choral Society

Raydon Church  
Saturday 11th June  
6.45pm

With pre-Concert drinks and canapés  
Tickets £7.00 from 01473 310320/312123

# Higham



**Higham Church invites you to**

**A Service of Celebration  
and Thanksgiving**

**to mark**

**HM The Queen's 90th  
Birthday**

**Sunday 12th June at 10 o'clock**

**A toast to The Queen will be  
made after the Service**

**Refreshments**

*We are also hoping to take a  
commemorative Village  
photograph.*

## **HIGHAM VILLAGE PARTY**



***Sunday 31 July  
1.30pm onwards***

**Bring family and friends  
to join the fun by the  
river, in the field by Higham  
Church:-**

***Live music, canoeing,  
boat trips, rough cricket,  
BBQ, raffle and more.***

**Tickets £15 per adult  
Under 16's £5.00**

**Available from Sara Carr 01206  
337325 Caroline 01206 337234  
email:**

**carr.kingfisher@btopenworld.com  
Raising funds for Higham  
Church South Door Project**

# Holton St Mary

## Holton St Mary Village Hall

can be hired at very reasonable rates!

Available during the day and most evenings (not Friday) from £17.00  
Saturdays from £35.00

For further information and booking please contact Rachel Eagle on 01473 310550

## The First Friday of the Month Lunch Club!



### First Friday of the Month; 1<sup>st</sup> July 2016 Birthday Tea for HM The Queen

Every first Friday of the month, a lunch club is held in the Village Hall for residents of Holton St Mary. A light lunch is served between 12.30 and 2.00 pm at a cost of £2.50 each.

The First Friday of the Month Lunch Club on the **1<sup>st</sup> of July** will be an opportunity for residents to mark HM The Queen's 90<sup>th</sup> Birthday. The lunch will take the form of a celebratory tea with sandwiches, savouries and cake, Pimms and tea/coffee.

The First Friday of the Month Lunch Club is a collaboration between some of the organised groups in the village, and is non-profit making!

Any surplus funds are reinvested.

To reserve a place, please contact Frances Torrington (01473 312046/ [familytorrington@btinternet.com](mailto:familytorrington@btinternet.com)) or Sally Pearce 01473 311572 / [pearces8@hotmail.com](mailto:pearces8@hotmail.com) at least a week beforehand for catering purposes.

## R.I.P.

Villagers of Holton St. Mary will be sad to learn of the death of Tony Handscombe at his home in Norfolk. A long time resident, Tony was for many years an assiduous and caring Churchwarden with a love for our church. I have the address for his wife, Cynthia, if anyone wishes to contact her.

Jean Styles

## Holton St Mary Social Club

Whist – Last Friday of the Month

Golf Day – 22<sup>nd</sup> July – See John Partridge for details

Quiz Night – 15<sup>th</sup> October



A donation has been made so that residents of Holton St Mary may receive training in the use of the Community Public Access Defibrillator. To express an interest in training please give contact details to the Parish Clerk via email: [hsmparishclerk@yahoo.co.uk](mailto:hsmparishclerk@yahoo.co.uk) or 01473 824388

## SUFFOLK HISTORIC CHURCHES TRUST

### Sponsored Bike Ride and Walk

Saturday 10th Sept 2016, 9am – 5pm

Cyclists and walkers of all ages are invited to take part in the annual Bike Ride and Walk.

If you enjoy cycling and/or walking, why not take part this year and cycle or walk around the Suffolk countryside and raise money for Holton St Mary Church?

Apart from discovering the beauty of our countryside, churches and chapels, you will find it is a challenge and a good day out.

If you do not wish to cycle or walk, you can still take part by being one of those who welcome and sign in visiting cyclists.

For more details and sponsor forms please contact:

Caroline Favell

tel: 01473 310268

**Are you recycling your old clothes and textiles?**

If you need a council textile bag ring:  
**0845 603 9412**  
or email: [textiles@suffolk.gov.uk](mailto:textiles@suffolk.gov.uk)  
or collect from council offices and libraries

**Seal the bag and put INSIDE your recycling bin!**

Please continue to donate to charity shops and textile banks

 [www.suffolkrecycling.org.uk](http://www.suffolkrecycling.org.uk)

**Clive Paine**, known to many for his fascinating talks on Suffolk churches, will be at Nayland on Friday 17th June for another of his "Let Loose" talks on St James' Church. The talk starts at 7.00pm (just time for an early supper at the Crown, Stoke by Nayland!) and is in aid of Suffolk Historic Churches Trust. The latter are making a huge difference to churches with significant lead roofs, by grant-aiding the installation of roof alarms on those threaten, throughout Suffolk.

## Additional support for Suffolk's young people



More online resources are now available to support the emotional health and wellbeing of young people in Suffolk.

These resources are being highlighted during Mental Health Awareness Week (16 – 22 May) and follow the recent workshops with young people in Suffolk secondary schools who said they wanted to use technology and social media to access professional help and support.

Today (Tuesday 17 May) sees the official launch of a brand new online chat support service, *Ask the 4YP Expert*, with experienced youth workers from Suffolk charity 4YP offering confidential advice every Tuesday, Wednesday and Thursday from 5 – 7 p.m. until the end of summer. Anyone aged 12 – 25 years can go online and ask a 4YP expert about any issue that is affecting them.

The Suffolk-focused website *The Source* has been refreshed and is an invaluable guide for young people to help them with issues that matter to them, including anxiety, depression, self-harm and eating disorders. The site has been developed to provide clear explanations to address what concerns young people and signposts them to support and further help.

These additional support services for young people form an integral part of the county's five-year Children and Young People's Emotional Wellbeing Plan. This plan has been created by service users and their families, Suffolk County Council, NHS Ipswich and East Suffolk and NHS West Suffolk clinical commissioning groups and voluntary and community sector groups. The plan aims to deliver joined-up, family focused emotional wellbeing services which result in earlier help and better outcomes.

Ask the 4YP expert at

[www.thesource.me.uk/home/ask-an-expert](http://www.thesource.me.uk/home/ask-an-expert)  
Visit The Source website at  
[www.thesource.me.uk](http://www.thesource.me.uk) and 4YP at  
[www.4yp.org.uk](http://www.4yp.org.uk)

### CAN YOU HELP?

Do you have some spare time to help with leading the ponies or sidewalking the riders for Ipswich RDA?

Our sessions are as follows:

Adults on Tuesdays 10 – 11.30 a.m.

Children on Thursdays 1 – 2.30 p.m.  
term time only.

You do not need to do a session every week - just as often as you like!

If you would like to know more or come along to visit during a session at Bentley Riding School please contact

**Frances Torrington on 01473  
312046/07711080658**

You will receive a very warm welcome, make new friends and be involved in something that is very rewarding!

Previous experience with horses helpful but most certainly not essential.

One form to fill in and an Advanced DBS check required unless you have had an Advanced DBS check with another organisation within the last six months.

**BRANTHAM'S  
ANNUAL MEGA  
CHARITY**

**GARAGE SALE**

**Saturday 11th June  
2016**

**9.30 a.m. to 4.30 p.m.**

Open garages throughout the village will be selling a treasure trove of household items needing a new home, all at bargain prices. Look for the balloons & signs throughout Brantham on the A137

The Village Hall will host a TABLE TOP SALE with WI Refreshments, Handicrafts, Preserves and Plants.

There will be a BBQ, Tombola, Ice Cream Van and much much more...

**WHY NOT MAKE A DAY OF IT, GRAB A BARGAIN AND HELP THE CHARITIES**

More information from: Ronnie Dawson on 01206 395557 or Yvonne Amoss 01206 392296

Last year's grand total was £6000, half going to St Elizabeth Hospice (Carla Dawson's Tribute Fund) and the other half split between Clic Sargent, Lego Therapy at Brooklands School, the Maisie Hayward Charity and Woolverstone Wish at Ipswich Hospital.

Over the last 12 years we've raised over £36,400 for charity, but this year may be our last event unless we get more volunteers to help organise it.

Come along and help us make it a huge success .



## **Constable Singers**

Constable singers have had some very good pre Christmas concerts/ events at Flatford, Wivenhoe, Hare and Hounds E. Bergholt and at Claydon and Capel .

We meet at East Bergholt Lamb School each Thursday at 7pm apart from the second Thursday when we are at Holton Village Hall to sing from the musicals and popular music. We would welcome new members so come and have a free session .No need to be able to read music and we sing along to cd's or guitar.

For further details contact Yvonne 01206298428 or Mel 01206298628

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## **EAST BERGHOLT CONGREGATIONAL CHURCH**

Cemetery Lane, East Bergholt,  
CO7 6RZ

Pastor -Mrs Maralyn Bambridge

**Services** - Each Sunday morning at 10.30 led by the pastor unless otherwise stated

**Coffee Mornings** - Each Thursday 9.30 to 11.30 am

Church Secretary – John Jeffreys  
Tel 01206 298737

Email [j.jeffreys.eb@btinternet.com](mailto:j.jeffreys.eb@btinternet.com)

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## Dedham Community Farm urgently seeks volunteers

Do you love ANIMALS and have a few hours a week to spare.

If so, we urgently need help with Animal Welfare, Maintenance and Land Management. We are a not for profit community farm which stands on 14 acres in the beautiful Dedham Countryside. Run by Volunteers and Occupational Therapists we aim to bring the pleasure and therapeutic value of the human-animal bond to people with disabilities and learning difficulties.

Please contact either Cath on 07825 952 560 or Debbie on 07788 718 817 for more information.

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### Headway Suffolk - Future Events

Join us on a (hopefully) sunny day on **Wednesday 29 June** for a **Garden Party** in the stunning 10-acre gardens of 16th Century **Otley Hall** near Ipswich from 11.00am to 5.00pm.

Our **Sponsored Walk** returns for a second year on **Saturday 3 September** at 11.00am after a successful inaugural event that saw 60 participants and £3,000 raised.

An incredible 800 people are attending our **2<sup>nd</sup> Neuro conference** on **Wednesday 5 October** at two venues - **Adastral Park** in **Martlesham** and **Conference Centre** in **Kesgrave** [www.headwaysuffolk.org.uk/events](http://www.headwaysuffolk.org.uk/events)

for further details  
Enquire by contacting Helen on 01473 712225 or email - [info@headwaysuffolk.org.uk](mailto:info@headwaysuffolk.org.uk)



## Stour Valley Men's Probud Club

On Wednesday 4th May our speaker is yet to be confirmed and on Wednesday 18th May Harry Parsons gave a most interesting talk to us about "The Building of the Millennium Tower at Bury St Edmunds". On 1st June John Field will talk to us on "Giles, The Cartoonist, and his adopted town" and on 15th June John Tingey will talk about the great work undertaken by the RNLI. On 6 July Lewis Tyler will talk about "The River Gipping Trust" and David Brown will talk on "The Land of the Dragon" on 20 July. Our popular Summer Lunch takes place at the Venture Centre on Sunday 17 July.

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB. Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probud Club, we meet on the first and third Wednesday of each month in Manningtree at 10.30am. Please contact Secretary Brian Rolfe on 01206 393665 for further details.

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## Tendring Show

**SATURDAY 9TH JULY 2016**

at Lawford House Park, Near Manningtree, Essex • Show starts at 9.00am

**[WWW.TENDRINGSHOW.CO.UK](http://WWW.TENDRINGSHOW.CO.UK)**



## Waste & Recycling Collection Schedule 2016

June 2016						
Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

  Recycling this week

  Rubbish collected  
this week

**Bank Holiday week, everybody's collection  
will be a day later**

### Stour Valley U3A



On Wednesday 11th May Dr Roger Simpson BFA Calgary, MA Victoria & PhD Essex Universities, talked on "John Constable - Man in a Landscape". He asked that having seen The Hay Wain so often do we no longer see it at all? He also confirmed that Constable was one of the greatest religious painters that this country has ever produced..

Members and potential new members are invited to join us at the Constable Hall on Friday 17th June 2016 at 10.00am. The benefits of joining our U3A will be explained together with details of the many activities of the Interest Groups. The Committee and Interest Group Leaders will be present to answer your queries and light refreshments will be provided.

On Wednesday 13 July Brian Cornell, a former Thames lighterman on the River Thames, will talk on "The Thames Watermen & Lightermen". This promises to be an interesting first-hand account of the operating practices of the Port of London in the post-war era

We don't have a speaker meeting in August but hold our popular Summer Dinner on Friday 5 August at the Constable Hall.

On Wednesday 14 September Dr John Ashdown-Hill FSA, FRHistS, historian, writer & lecturer will talk on "Mythology of Richard III". He will explore the traditional mythology & modern myths which have emerged since the discovery of his remains in 2012. Was he a usurper? How many did he kill? Who was really responsible for finding his remains?

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 230 members and 21 groups. For further information please visit [www.stourvalleyu3a.org.uk](http://www.stourvalleyu3a.org.uk) where membership secretary Val Pretty may be contacted.

Remember It's never too late to learn! Join the 361,477 members across 969 U3As throughout the UK today!



## Volunteers Urgently Needed!

We are very grateful for the current support that we receive from East Bergholt and surrounding areas. However, we are extremely concerned that we cannot maintain the level of service we want to provide and that the area needs, due to a shortage of responders. So once again, we are asking for your help.

We need more people to join East Bergholt Heartwatch. You may not wish or be able to volunteer yourself, but you may know people who can help and may like to join the Heartwatch team. Volunteers must be over 18 years of age and able to drive. They will receive full first responder training from the East of England Ambulance Service - providing critical life skills, the ability to support people in the most challenging of situations and enabling a vital response to be given to patients awaiting an ambulance or paramedic care. After initial training, regular refresher and update trainings continue and support is always available.

The level of commitment you give is entirely up to you, to fit in with your lifestyle – from a few hours a week to regular days or night cover. If you are interested, or even just thinking about it, please call Anne Chapman on 01206 298553 in the first instance for an informal chat. For more information visit the village's website [www.eastbergholt.org.uk](http://www.eastbergholt.org.uk).

***Your support could really make a difference!***

East Bergholt Heartwatch Committee

## Why it's Vital to Secure Your Bins

Households and businesses collectively produce an incredible 180 million tonnes of rubbish a year in England alone. Add to this fact that you are never too far away from a rat – or any pest for that matter – if you don't secure your bins properly, you put your home at risk of attracting unwanted visitors such as rodents, seagulls, squirrels, cockroaches and wasps. If waste is not put into bins, or the bins are overflowing, then it's not long before this food source is exploited.

### So What's the Solution?

If you have a rat or bin pest problem, the best thing to do is to call on the experts to treat your infestation and offer advice on proofing.

Here are three common pests that are attracted to unsecured bins:

**Rats** – Once they spot a food source, such as overflowing bin stores and bags of rubbish being regularly left out the street, rats will harbour as near as possible to it, which can be in a hedge or in a house.

**Mice** – Like rats, they live where humans do and are attracted by a ready food source. As they can get through gaps as small as 25 mm they can be a real menace. Kitchen hygiene and proper waste disposal is vital to keep these rodents at bay.

**Seagulls** – Unsecured bins or bags of rubbish left open are a target for gulls who can raid bins and rip open bin bags, scattering your waste across the street. It is advisable to put household bags out on the day of collection and invest in a lidded bin, if you haven't been supplied with a wheelie bin.

*There is more information about bin pests on [www.eandspestsolutions.co.uk](http://www.eandspestsolutions.co.uk) or ring 01473 328092 for further free advice.*

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# Local Services

## The Constable Country Medical Practice

The Medical Centre,  
Heath Road, East Bergholt, Colchester  
CO7 6RT

### Surgery opening hours

8.00am – 6.30pm Monday to Friday

Telephone 01206 298272

Fax 01206 299010

**36 The Street, Capel St Mary, Ipswich  
IP9 2EE**

### Surgery opening hours

**8.00am – 6.30pm Monday to Friday**

Dispensary 8.30am – 6.15pm

(closed between 1-2pm)

Telephone 01473 310203

Fax 01473 311722

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## Stratford Village PO Opening times

### SHOP:

Monday 9am to 1pm - 2pm to 5.30pm

Tues to Fri (inc) 8.30am to 1pm - 2pm to  
5.30pm Saturday 8.30am to 1pm

### POST OFFICE:

Tuesday to Saturday (inc) 9.00 am to 1pm

## MOBILE LIBRARY

### Stratford St Mary - Route 11

The bus stops every 4 weeks on  
Wednesdays

15 June, 13 July, 10 August, 7 September,  
5 October, 30 November, 28 December

Black Horse - 11.05am - 11.20am

Tally Ho! Corner - 11.25am - 11.45am

Strickmere (School Lane end) - 11.50am -  
12.10pm

### Route 14

The bus stops every 4 weeks on Tuesdays,

### Holton St Mary

Church Square - 10.00 - 10.15am

### Raydon

St Mary's Raydon - 10.20am - 11.05am

### Lower Raydon

Sulleys Hill - 11.10 - 11.25am

### Higham

The Green - 11.35 am to 11.50 am

21 June, 19 July, 16 August, 13 September,  
11 October, 8 November, 6 December

The **customer service line 01473 283838**

is staffed 9am to 5pm from Monday to Friday  
and can handle any library customer queries  
renewals and reservations to any general  
library queries. An answer phone is available  
outside of operating hours and people can  
also email [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk) .

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## Crime prevention

<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>

PC 1347 Gilkes Pcs0 3041 Cooper [babergheast@suffolk.pnn.police.uk](mailto:babergheast@suffolk.pnn.police.uk)

Telephone...101

# Local Directory

THE GATTINETTS

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MOBILE 07500 488667**

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**Old Joes Golf Club**

**Joes Road, Cornard Tye,**

**Great Cornard, Sudbury, CO10 0QB**

**Tel: 01787 374807**

**Email: [info@patrickcollinsgolf.com](mailto:info@patrickcollinsgolf.com)**

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Lunch 12noon - 2.30pm  
(3pm weekends)  
Dinner 6.30pm - 9.30pm  
(10pm weekends)

In addition to our seasonal changing a la carte menu, we have a weekly set menu and bar board available.

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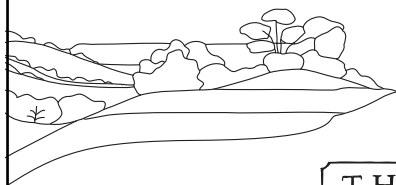
Seasonal offers, packages and corporate rates available. Picnics and cycle hire by arrangement.

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School escort to and from Stratford St Mary School

**Holiday Clubs.** All school holidays for children aged 3 – 11 years

**French Club.** Every Thursday 4.30pm – 5.30pm (term time only)

For more details about any of the above services please contact Shelley on

01206 323093 or via email [Shelley@orchardbarns.co.uk](mailto:Shelley@orchardbarns.co.uk)

Orchard Barns, 6 Higham Road, Stratford St Mary, CO7 6JU

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Stratford St Mary

01206 322466

[abc.preschool@tesco.net](mailto:abc.preschool@tesco.net)

[www.abcpreschoolstratford.co.uk](http://www.abcpreschoolstratford.co.uk)



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**email: [nickmarno@tiscali.co.uk](mailto:nickmarno@tiscali.co.uk)**

**[www.soutersholidaycottage.co.uk](http://www.soutersholidaycottage.co.uk)**




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-------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------

**Call us on 07825 069 048 / 01206 322 935**  
 countrysidetreeandgarden@hotmail.co.uk  
[www.countryside-tree-and-garden-services.co.uk](http://www.countryside-tree-and-garden-services.co.uk)



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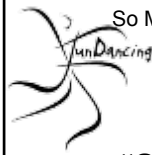
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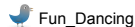
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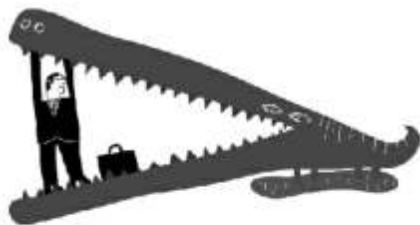
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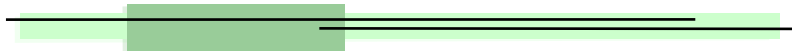
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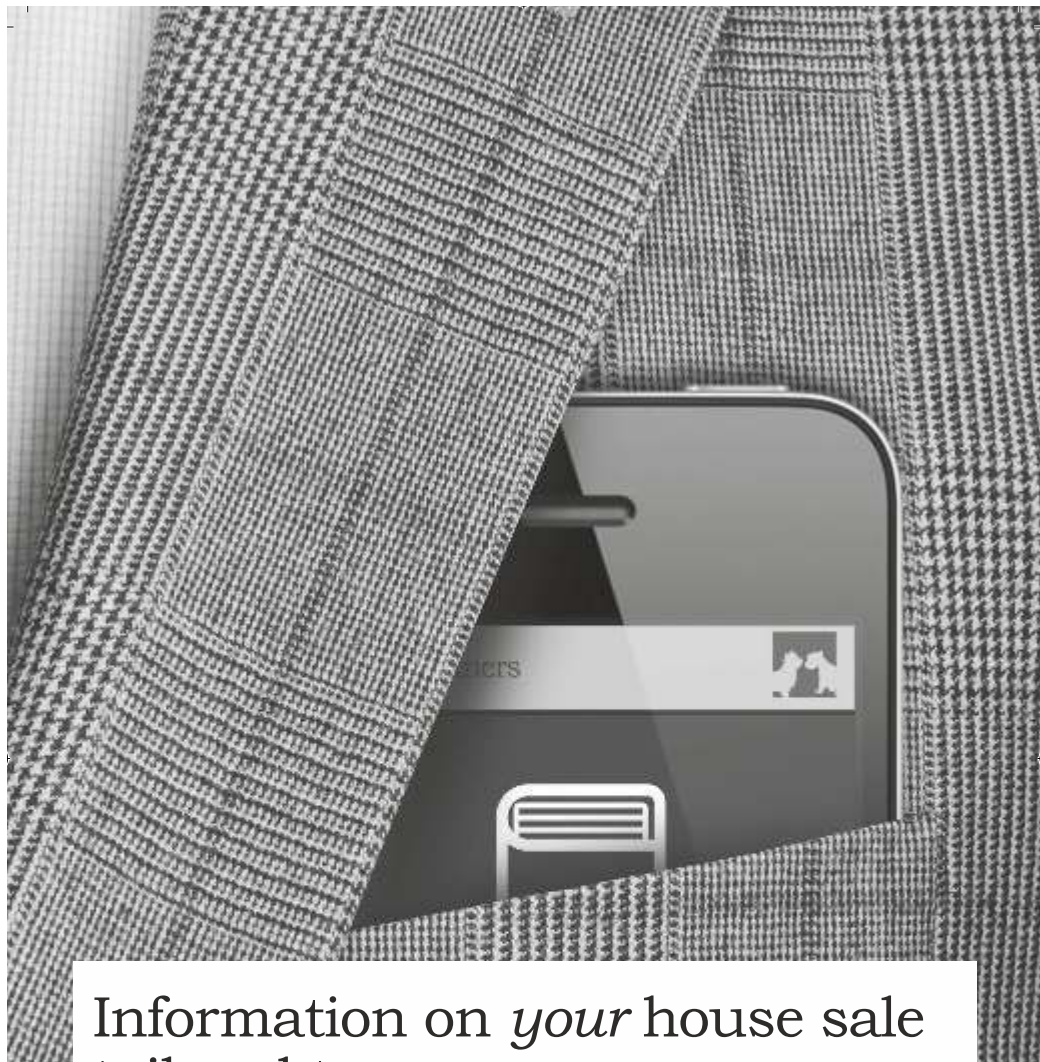


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Please contact the Rector direct to talk about baptisms, confirmations, weddings, funerals, or for home visits. **Please note that her normal day off is Friday.**

### *Churchwardens*

<b>Higham</b>	Martyn Carr 01206 337325 (Elder) Hugo Parker (01206 337234)
<b>Holton</b>	Paul Torrington 01473 312046 Jean Styles 01473 828532 (Elder)
<b>Raydon</b>	Geoff Horrex 01473 310422 Simon Tennent 01473 310320
<b>Stratford</b>	Christine Cousins 01206 322530 (Elder) Jonathan and Janet Dewey (Elder) (01206 322148)

### Morning Prayer in June

This month, instead of Morning Prayer, we shall be doing a special series of Prayer Walks, meeting first at the churches. The walks - which are open to anyone (and dogs!) who would like to join us - will be as follows:

1 June	11.30 starting from SSM church and ending with lunch at a pub
6 June	11.00 starting from Raydon church
23 June	11.00 starting from Higham church
27 June	11.00 starting from Holton church

### Midweek Communion

This month's short service of Holy Communion in the Parish Room at Stratford St Mary will be at 10 a.m. on **15 June**.

## Services in June and July

	8.00 am	10.00 a.m.	6.30p.m.
5 <sup>th</sup>		SSM	Holton
12 <sup>th</sup>		Higham (Rev'd Janice White)	Raydon
19 <sup>th</sup>		Holton	SSM
26 <sup>th</sup>	Higham	Raydon SSM Family Hour	
3 <sup>rd</sup> July		SSM	Holton
10 <sup>th</sup>		Higham	Raydon
17 <sup>th</sup>		Holton	
24 <sup>th</sup>	Higham	Raydon SSM Family Hour	
31 <sup>st</sup>		<b>11am. Hadleigh Deanery Eucharist</b>	



## New Testament Readings and Collects for weekdays in June

5 June: *Trinity 2*. Faithful Creator, whose mercy never fails, deepen our faithfulness to you and to your living Word, Jesus Christ our Lord. Amen.

6<sup>th</sup> Luke 13.1-9. Ini Kopuria, Founder of the Melanesian Brotherhood, 1945

7<sup>th</sup> Luke 13.10-21

8<sup>th</sup> Luke 13.22-end. Thomas Ken, Bishop of Bath and Wells, Non-Juror, Hymn Writer, 1711

9<sup>th</sup> Luke 14.1-11. Columba, Abbot of Iona, Missionary, 597

10<sup>th</sup> Luke 14.12-24

11<sup>th</sup> Acts 4.32-end. ***Barnabas the Apostle***

12 June: *Trinity 3*. God our Saviour, look on this wounded world in pity and in power and help us to hold fast to your promises of peace won for us by your Son, our Saviour Jesus Christ. Amen.

- 13th Luke 15.1-10
- 14th Luke 15.11-end. Richard Baxter, Puritan Divine, 1691
- 15th Luke 16.1-18. Evelyn Underhill, Spiritual Writer, 1941
- 16th Luke 16.19-end. Richard, Bishop of Chichester, 1253
- 17th Luke 17.1-10. Samuel & Henrietta Barnett, Social Reformers, 1913 & 1936
- 18th Luke 17.11-19. Bernard Mizeki, Apostle of the MaShona, Martyr, 1896

19 June: *Trinity 4*. Gracious Father, by the obedience of Jesus you brought salvation to our wayward world. Draw us into harmony with your will, that we may find all things restored in him, our Saviour, Jesus Christ. Amen.

- 20th Luke 17.20-end
- 21st Luke 18.1-14
- 22nd Luke 18.15-30. Alban, First Martyr of Britain, c. 250
- 23rd Luke 18.31-end. Etheldreda, Abbess of Ely, c. 678
- 24th Luke 3.1-17. ***The Birth of John the Baptist***
- 25th Luke 19.11-27

26 June: *Trinity 5*. Almighty God, send down upon your Church the riches of your Spirit, and kindle in all who minister the gospel your countless gifts of grace, through Jesus Christ our Lord. Amen.

- 27th Luke 19.28-40. Cyril, Bishop of Alexandria, Teacher of the Faith, 444
- 28th Luke 19.41-end. Irenaeus, Bishop of Lyon, Teacher of the Faith, c. 200
- 29th Acts 11.1-18. ***Peter and Paul, Apostles***
- 30th Luke 20.9-19
- 1st Luke 20.20-26. Henry, John and Henry Venn the Younger, Priests, Evangelical Divines, 1797, 1813 & 1873
- 2nd Luke 20.27-40





### For your diaries

- |           |                                                                                    |
|-----------|------------------------------------------------------------------------------------|
| 1 June    | 11.30 a.m. SSM prayer walk starting from the church and ending with lunch at a pub |
| 5 June    | 3-5 p.m. Raydon, Tea in the Church                                                 |
| 6 June    | 11.30 a.m. Raydon, prayer walk starting from the church                            |
| 11 June   | 6.45 p.m. Raydon, Hadleigh Choral Society Concert                                  |
| 23 June   | 11.30 a.m. Higham prayer walk starting from the church                             |
|           | 7 p.m. Bishop Martin leads a service for the Deanery at St Mar's Hadleigh          |
| 27 June   | 11.30 a.m. Holton prayer walk starting from the church                             |
| 14 July   | Joint PCC meeting, SSM                                                             |
| 11 August | Open house at the Rectory from 11 a.m. to 8 p.m.                                   |



### For your prayers

- For Nicola Tindall as she continues her studies to become a Reader
- For Ross Riley and Emma Mitchell as they get married in Higham on 4 June
- For those who are ill or in need:

**Holton:** Ron Golding, Gerard Noel, the Wilsons

**Raydon:** Cliff Cooper

**SSM:** Frank and Laura Kerry, Reg Price, Trina

**Outside the Benefice:** Sarah Bilton, Helen Gregory, Nick Middleton, Cécile O'Dell