



September 2022
Issue 409

Quartet

The Parish Magazine

For Higham, Stratford St Mary, Raydon and Holton St Mary

Quartet Diary



Free to a good home - three piece sound system suitable for a PC or laptop. Still boxed. Plugs into PC via Audio sound jack.

Call Anne on 07941 781489



For Sale Cuisine Systeme 3000

Hardly used
Large capacity Magimix with mini processor.
speed controlled automatically
quiet commercial grade induction motor.
complete with many attachments, mostly
unused.

£60 to Fabric Fund, St Mary's Raydon
Contact 07703 498508



Help us with our campaign!

If you know any merchant or service provider living in one of our four villages, please let us know by emailing quarteteditor@hotmail.co.uk. We will contact them and see if they would like a **free listing** in the Quartet

Small Ads Pin Board

No charge for non-commercial ads placed for one month only, space permitting. Email quarteteditor@hotmail.co.uk

Details of events can be found within the magazine.

September

- 2 FFOTMLC, Holton St Mary
- 3 Green Gym - Holton
- 4 Teas at Raydon Church
- 6 Raydon Fair Trade
Coffee Morning
SSM Coffee Pot
- 7 Raydon Club
- 9 Social Club - Holton
- 10 Suffolk Historic Churches
sponsored ride, drive and stride
- 12 SSM Parish Council Meeting
- 13 Raydon Parish Council Meeting
SSM Coffee Pot
- 14 HSM Parsih Council Meeting
Raydon Club
- 15 Slow Stitch - Holton
- 16 Raydon Quiz Night
Holton Social Club
- 18 Raydon Village BBQ and Raffle
- 20 SSM Coffee Pot
- 21 Raydon Club
- 22 R&GDC Meeting
- 23 Raydon - England V Italy Live

- Social Club - Holton
- 27 SSM Coffee Pot

October

- 1 Green Gym, Holton
- 2 Teas at Raydon Church
- 4 Raydon Fair Trade
Coffee Morning
SSM Coffee Pot
- 5 Raydon Club
- 7 Social Club Holton
FFOTM Lunch Club Holton
- 8 HSM Quiz Night
- 11 Raydon Parish Council Meeting
SSM Coffee Pot
- 12 Raydon Club
- 14 Social Club, Holton
- 18 SSM Coffee Pot
- 19 Raydon Club
- 20 Slow Stitch Holton
- 21 Social Club Holton
- 25 SSM Coffee Pot
- 26 Coffee Morning SSM
Raydon Club
- 27 R&GDC Meeting
- 28 Social Club, Holton

Editors Corner

I don't know if you remember the race showing on the front cover this month? It was a few years ago now that we welcomed a leg of this ladies national event in Holton St Mary (I'm struggling to remember which one!). It's on the front cover by way of interest and also of contrast to the big cycle event coming up this month - yes, you've guessed it, it's the Historic Churches Sponsored Cycle Ride this month. It's a great event to take part in, with so many of our local 'National Treasures' open to have a look around, and quite a lot supplying tea and cakes too! Take a look in your village section to find an organiser close to you.

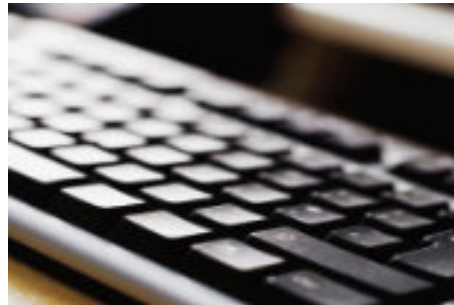
There's a huge amount going on this month - more than we can begin to mention, so we'll leave you to flick through the pages and discover what's hot and what's not where you are.

Don't forget, if you're starting up a local event, or have been running one for some time, advertising in the Quartet is free of charge for non profit making organisations, so you're always welcome to email us and we'll be glad to spread the news about your event too!

Happy reading

Anne and Jane.

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



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Rev'd Manette Writes

Dear friends,

On 14th August, four of our young people were confirmed in a beautiful service presided over by Bishop Mike. The Bishop preached a thought-provoking sermon and it was a wonderful occasion all around. We can be very proud of our confident candidates, Agatha, Evelyn, Arthur and Oliver who embrace their journey of faith was so much enthusiasm. During our Higham Hangout sessions, we explored questions of faith in preparation for their confirmation and I very much enjoy our lively discussions. They all stood their ground very well in a conversation with Bishop Mike before the service. The smiles and the glow on their faces after they received the sacrament of Holy Communion for the first time showed that this was a very special milestone. Warm congratulations to all of you, I look forward to our next Hangout session when we meet in October.

I hope that many more of you from around the benefice will be able to join us for our next confirmation service on 18th September. We hold Lottie, Caspar and Caroline in our prayers as they prepare for their special day over the next few weeks.

You may remember that we had Julian and Kristen Crisp with us in early May when they spoke about their charity work in Guatemala. Herewith an update from Julian which I would like to share with you as it gives us so much to reflect on:
"We are doing a roof repair for the house

(hut) these kids live in. It is a house made of tree limbs, tin and plastic sheeting, no floor just dirt.

Every time I see this kind of home (which is daily) I am grateful for so much. For the walls, roof, and floor in my home. For running water. For a bed, not a hammock or a grubby mattress on dirt. For security, not a sad, mean, dog tied to a tree that barks 24/7 to protect my broken tin gate that is strung up with rotten barbed wire. I am grateful. We take so much for granted. Then I spend time with these kids who live there. They are ALWAYS smiling and giggly. Yesterday after some kids played in the back of the truck, someone dropped a barrette. Kristen gave it to the oldest girl in the house who would have thought she gave her the moon. She put it on two of her siblings' heads (she has 8 more!) and insisted she take pics of them all. When we showed them the photos, they literally could barely control their laughter. They don't know that their situation is as bad as it is. It is their normal.

I ask today for you to pray that they have successful lives and can break free from poverty. I ask today that you give God thanks for so many things we take for granted. I ask you to have the humility of a child. I ask you to laugh and be grateful."

Lots to reflect on. Let's be grateful for all our blessings and hold Julian, Kristen and the people they support in our prayers.

God bless, Manette

Stratford St Mary



In Stratford

Hall Farm Shop Cafe and Restaurant
www.hallfarmshop.com

The mobile pizza co - 07982 427483

ABC Preschool - 01206 322466

Kate Baines, Virtual Assistant - 07799 391343

Orwell Electrical - 01206 322969

Andy Smith Roofing - 01206 322882

Jackson Plumbing and Heating -
01206 322063

Nigel Bruce Electrician - 01206 322751

Penrose and Partners - Vets. 01206 323414

Finest Gardens - 07756 364560

John Burrell Bespoke Bedrooms -
07734700507

Nexus Creative Print Production -
gill@nexuscpp.co.uk

tim germain - furniture designer-
maker. www.germain.co.uk

Gary Moye, plasterer - 07807 314911

Parish Room

We are open for business, subject to any government restrictions of course.

Please contact John Taylor on 01206 323908 for details and to book.

Coffee Morning

We have recommenced the monthly coffee mornings which take place on the fourth Wednesday of every month.

10.30 am in the Parish Room Do come along and socialise - £2.00pp. Money raised to date has contributed to the purchase of chairs and garden furniture for the Parish Room

STRATFORD ST MARY INSTITUTE HALL

Please note that requests should be made through the bookings email address: ssminstitute.bookings@gmail.com Information supplied to book should include a name with contact details and the nature of the event.

This results in a natural queuing system which ensures that first come is first served. I check this address every day and will respond accordingly.

Steve Kite
42 Strickmere
Stratford St Mary, CO7 6YG

Stratford St Mary Jubilee Planning Group.

Following the success of the Jubilee weekend celebrations in the village, we have received wonderful feedback. There has been a unanimous agreement that people would like more of these village events. The planning committee has teamed up the Village life executive to create a new group of people willing to organise and coordinate events for all to enjoy. If you would like to take part we will be holding a meeting in the Parish room on Tuesday 6th September at 7.30 pm, to discuss ideas for future events. We would love to see as many of you as possible with any ideas you may have.

Many thanks,

Sarah Brass

SUFFOLK HISTORIC CHURCHES TRUST (SHCT) CYCLE RIDE/STRIDE/ WALK SATURDAY 10 SEPTEMBER 2022

10 Sep - a date for your diaries.

SHCT, in its normal format, will take place 09:00-17:00 on 10 Sep 22. You can walk or ride, to raise money for the church/chapel of your choice.

I have passed sponsorship forms to those who have taken part in previous years. If you would like to take part, you can contact me on 322259 and I will deliver a sponsorship form to you or you can visit Rosebank, Lower Street, to collect a form.

David Isaac

Stratford Chapel

Upper Street, Stratford St. Mary

Pastor: Mr. Adrian Gates

Youth and Children's Pastors: Jamie & Beckie Wyncoll

We are an independent mainstream Evangelical Church of around 60 people encompassing and providing for all age groups. We particularly specialise in the areas of Children's and Youth work, Bible Teaching and Evangelism.

Services and Groups:

Every Sunday:

10.30am Morning Worship and Junior Church

6.30pm Church Prayer Meeting

8.00pm Bible Teaching Group (currently on Zoom)

Monday: 8.00pm House Group (on Zoom)

Tuesday: 7.30pm Discipleship Group (at the Chapel)

8.00pm House Group (on Zoom)

Friday: 5.00pm "Sparks" Children's Club for ages 7 – 11 (at the Chapel)

7.30pm "Ignition" Youth Club for ages 12 – 16 (at the Chapel)

Other activities will be re-commenced shortly.

Web-site: stratfordstmarychapel.com

Enquiries: Children's & Youth: Jamie & Beckie (01206 323095) email: Beckie.w@live.com

General enquiries: Maggie Chapman (01473 311436)

THE DEDHAM EDUCATIONAL FOUNDATION

The Trustees invite applications from residents in the Parishes of Ardleigh, Bradfield, Dedham, Great Bromley and Stratford St. Mary for financial grants that are available in the following categories:

Secondary Schools & Sixth Form

Colleges Applicants must be at least 12 years old on the 1st August in the year of application.

Universities & Colleges of Further Education

Applicants must have lived in one, or more, of the five Parishes for at least 2 years prior to the application date. For an application form, or further details, please contact the Clerk to the Foundation, Mrs. Claire Arculus, at dedhamefclerk@gmail.com or 07752201441.

Closing date for applications:- 31st October 2022.

SSM Parish Council Meetings

12 September
14 November

Your invitation to:

“THE COFFEE POT”

at Stratford St. Mary Chapel on Tuesday mornings between 9.45AM - 11 AM

All are welcome to come for FREE Coffee or Tea and Cake and enjoy a time of fellowship.

Have you considered joining the Community Speedwatch Team? We are still looking for volunteers who can spare an hour or so a week?



Speeding is a general problem. In Stratford St Mary we reported 519 vehicles speeding in the first 6 months of this year

In Dedham, the Speedwatch Team reported 1,453 drivers at speeds up to 65mph in the 30mph limits for the same period

In June alone, 3 families had to deal with the loss of a loved one on Essex roads and a further 70 families are having to adjust their lives to deal with a serious injuries.

Speeding is the biggest single cause of road traffic accidents and our rural roads have the highest level of serious accidents.

Please call the Scheme Co-ordinator Bill Davies on 01206 322990 or email billdav@hotmail.com to discuss further

HELP !

Your help is urgently required in assisting in the running of the Parish Room.

If you can help in any way then, please phone Don Umfreville on 01206 322 626.



Stratford St Mary Community Trust

The Trust's function is to manage certain properties bequeathed to the Parish, with the objective that any surplus income be used to provide short term financial help to Parish residents who may find themselves in temporary financial difficulty for whatever reason. This remit includes a particular focus on situations where individuals might require assistance to get into paid employment or transition to new skills.

If you are resident in the Parish of Stratford St Mary and find yourself in such difficulty, or you become aware of someone else who is, remember the Trust and contact us on:

Telephone: 07850668064

E-mail: trust@stratford-st-mary.org

We may be able to help.

All such contact will be in strictest confidence.

Board of Trustees
Stratford St Mary Community Trust (SsMCT)



STRATFORD ST MARY RAMBLING CLUB

Invite you to join them on their walks. Distances vary from 4 to 5 miles with shorter evening walks in the summer. Do join us on our walks

For more information, please phone Don Umfreville 01206 322626



Winners of SSM 100 Club

The winners of the August 100 club draw are :

£50 Emily Barrell (No 20)
£10 Sarah Brass (No 3)

For just £1 per month be in with a chance of winning £50.

All surplus funds go towards the upkeep of the Institute Hall. Each member can hire the hall for free once a year.

Contact either Norman Woodard on Norman.woodard@fatbloaters.com or Phil Brown on philipbrown123@hotmail.co.uk for details

Did you know you have Hedgehogs on your street?

Thank you for taking the time to read this leaflet. Hedgehogs need all of the help we can give them!

Did you know that rough estimates put the current Hedgehog population in England, Wales and Scotland at less than one million, compared with a staggering 30 million in the 1950s?

Hedgehogs have been spotted nearby and the fact that they can travel up to 2 miles a night means that YOU have Hedgehogs near you!

Some of the reasons for Hedgehog decline in the UK:

HEDGEHOG DECLINE... can you help?



- Loss of Hedgerows and field margins.
- Loss of habitat in Urban areas due to housing developments, car parks etc.
- New roads, fences and walls carve up suitable habitat and sometimes isolate populations which in turn prevents breeding.
- Lack of wild areas means a lack of bugs and beetles resulting in a lack of suitable food sources for the Hedgehogs. This is often a result of 'over-tidy' gardens.
- With more cars on the roads than ever before, roadkill is a big problem.
- Use of pesticides and slug pellets can poison Hedgehogs and also kill the bugs that Hedgehogs eat.

GET YOUR FREE GATEWAY FROM
NORMAN WOODARD AT 12 SWAYNES

What can you do to help? PTO!

Hedgehogs R Us
Purchase this leaflet along with many other items
to help with hedgehog conservation at:
www.hedgehogsrus.co.uk



1. **Link your garden** - Hedgehogs roam between 1-2km each night during their active season. It's therefore critical that they can access a wide range of gardens. 13 x 13cm (5 x 5") holes in walls or fences will let hedgehogs through but be too small for most pets. Why not create a feature of your highway with a Hedgehogs R Us Highway?



2. **Make Ponds / Holes / Drains safe** - Hedgehogs are adept swimmers and climbers, but they can't climb out of steep-sided ponds, pools or deep holes. Use a pile of stones, a piece of wood wrapped in chicken wire to create a simple ramp to prevent drowning in ponds. Cover up drains and holes to prevent holes getting trapped and dying of starvation.

3. **Create a Wild Corner** - Let the plants go mad in a corner of your garden, and don't cut them back in winter and hedgehogs might nest here. They'll also benefit from the abundant insects. Try adding log piles, a compost heap and bug hotels! Why not buy some seedballs from Hedgehogs R Us to help?

4. **Deal with Netting and Litter** - Hedgehogs are prone to getting tangled. Polystyrene cups, plastic, and elastic bands are all common offenders. Replace netting with a rigid structure or use a thick cordage and keep taut. Sports and garden netting should be tied up or stored inside when not in use.



5. **Put out Food and Water** - Hedgehogs really benefit from extra food, using it as a supplement to their natural diet. Meaty cat or dog food, hedgehog food and kitten biscuits are all suitable. (Avoid foods such as mealworms & peanuts). Water can also be scarce at certain times of the year and is the only thing you should give them to drink. If you are worried about the local cats and rats getting to it, why not buy a Hedgehogs R Us feeding station?

6. **Stop using Chemicals** - Lawn treatments reduce worm populations. Pesticides, insecticides and slug pellets are toxic and reduce hedgehogs' creepy crawlies prey. They are all unnecessary in a healthy, well managed garden.

7. **Check before Strimming** - Check before you cut and avoid causing horrific injuries or death. Single hedgehogs are easily moved, but use gloves! Moving a hedgehog family is more complicated and ideally they should be left undisturbed - Call your local rescue centre or for advice.

8. **Be Careful with Bonfires** - Piles of debris are irresistible to a hedgehog looking for somewhere to hibernate or nest - build it on the day of burning or move the pile on the day of burning to avoid a tragic end.



9. **Make a home for Hedgehogs** - Houses available from Hedgehogs R Us.

10. **Help hogs in need** - Hedgehogs are nocturnal animals and should therefore only come out at night. If you see a Hedgehog out during the day, not moving, moving slowly, looking sick or injured then using gloves, put it in a high-sided box. Place a hot water bottle wrapped in a towel in with the hedgehog and cover with a blanket. Offer food and water and then seek help from a rescue centre. For a list of local rescue centres call BHPS on 01584 890801. If you see a Hedgehog in the daytime moving with purpose then leave it alone as it could be a busy Mum!

Higham

Raydon

SHOP LOCAL

In Higham

Brett Valley installations - Oil boiler servicer - 01206 337316

HC Smith Builders - 07468 456772

Derek Allen Fresh Fish (Thursdays) 07967 755771

Rmk Chisnall - mower repairs 07557 771721

SUFFOLK HISTORIC CHURCHES TRUST (SHCT)

**Ride and Stride
Saturday 10th September**

Higham cyclists and walkers ... Get your cycle clips, shorts or walking boots ready.

If you would like to help raise money for the local charity SHCT which makes grants to help maintain the wonderful churches in our county, then please contact me for a sponsorship form, or collect one from the back of the church in Higham.

Any money you raise will be split between the Charity and the fabric fund of our beautiful Church.

Alternatively, (or as well!) if you have an hour, or even a half hour available on Saturday 10th September between 10a.m. and 4p.m. to help record the riders and walkers from around the County as they visit our Church, please contact me and I will prepare a rota.

The recording station will be outside the Church during the afternoon as there will be a wedding taking place.

There are notices with more details posted on the village notice board and in the Church porch.

Many thanks.

Martyn Carr Kingfisher Cottage Lower Street 01206 337325,
martyn.kingfisher@btinternet.com

RIDE+STRIDES



SHOP LOCAL

In Raydon

Blackwell Barn Holiday Let - www.cottages.com

Phil Avery Electrician 01473 311261

Ashley Short Carpentry 01473 311226

Gordon Short Decorator 01473 313053

SW Stiff Builders - 07811 005241

Earth&Turf Garden Services - 07922078241

DIY Livery - 07710 540926

Infusion Grill - 07584 573474

Swift Garden Services - 07947 322429

Rheal Coatings - 07539 377740

Franklyn Nevard - Architect 07515 351894

Fresh Eggs - Roadside stall Fox Farm

Katie's Little Beauty Box - 07802 847628

Tarbins Bakes and Cakes - 07922 129825

St Mary's Church, Raydon



Teas, Teas, Teas
Here comes Summer!

Sunday 4th September
Sunday 2nd October

St Mary's Church Raydon
3.00 – 5.00
Come and join us!

Don't forget

that the exercise bike team will be taking part in the Suffolk Historic Churches Trust sponsored ride. The team of 4 are taking part again in loving memory of Margaret Hammond, who herself did hundreds of miles and raised thousands of pounds for the Trust and St Mary's Church Raydon.

They completed 81 miles last year which was the age Margaret was when she passed away, will they aim for 82 this year?

Please sponsor them if you can, and many many thanks to Cindy and her team for taking on the challenge again.
for more information contact Wendy Mumford 01473 312123



***Raydon Community Lunch Club ***

Summer is here, A wonderful time to get out and about and socialize.

We meet once a month for a good Lunch and lots of laughter, we cater for all ages,.

If you have a small appetite , you can have a small plate. children eat for Free.

Or Just pop in for a Free cuppa.

Lunch club is here for the whole Community

Our aim is to bring us altogether, and plan for future community events.

We are currently planning a kids club, if you are interested give us a call.

2 course lunch with drinks and cake £5.00

Small plate £2.50 Drinks Free Cake £1.00

Children eat Free with their Grown up

King George V Field, Raydon IP75LT

raydonlunch@gmail.com Telephone 07818813061

LIVE SCREENING OF SPORTING EVENTS AT RAYDON PAVILION

Following successful trials, Raydon Pavilion is planning to host regular sporting evenings with live broadcasts of selected matches.

The bar will be open from 7:00pm offering a draught ale, in addition to the usual range of bottled / canned beers, wines and spirits. Entry is free for Raydon Sports & Social Club members (membership open to village residents).

Other planned events this year will include England's matches in the Football World Cup and next year we hope to broaden things out to show 6 Nations Rugby, FA Cup Football and Wimbledon Tennis.

UEFA NATIONS LEAGUE



ITALY v ENGLAND

FRIDAY, 23RD SEPTEMBER AT 19:45

SCREENING LIVE IN THE PAVILION

BAR OPEN FROM 19:00



QUIZ NIGHT

Friday 16th September

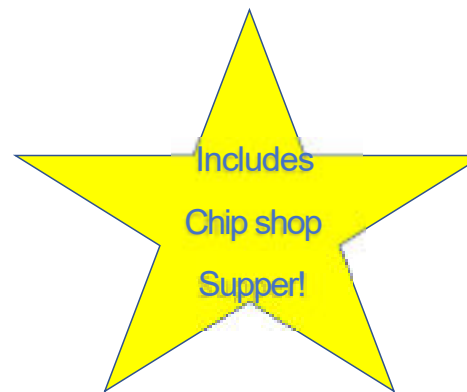
Raydon Sports & Social Club

The Pavilion, King George's Field

Teams of 4 (or get together on the night!)

£12.50 per person

Non Members Welcome



Includes

Chip shop

Supper!

Bar opens 7.30pm

**Email
raydonclub@gmail.com**

Raydon and District Garden Club

September can be another mostly very enjoyable month in the gardens at least till the autumn equinox arrives (middle of month) when we tend to get gales and rain for a few days. Talking of rain as I write these notes (17th August) we are still hoping for some rain as hardly any measurable amounts for at least 2 months here in Raydon. It's been a hot, or very hot, and most certainly dry couple of months and it's almost impossible to keep everything alive. Our vegetable garden as well as flower gardens have taken a hit along with everybody else, the flowers scorched and colours faded, blooms not lasting as long, veggies not growing to their full potential and in some cases not growing. Looking at some of the trees and shrubs dead leaves abound and falling at least 7-8 weeks early. Hopefully they are not dying but guess very stressed and will need many inches of rainfall to help them recover and survive and produce new leaves next spring. As gardeners of course we like a challenge and next year will bring this to the fore as we do not know what to expect. Change what plants we grow? Don't think so (at least not yet), but change how we grow possible. Our heavy clay soil was very wet in March & April this year, then it started to dry out quickly, not a good fine tilth possible then it ended up very cloddy and set like concrete with large deep cracks appearing from June onwards. What started out full of promise has become only average, but hey ho there is always next year and a new challenge.

August 13th was our club summer flower & produce show. I think all the committee members were wondering what sort of show we could put on. Many questions were discussed, like how many entries, will there be enough for the show to go ahead, some shows were cancelled but we were

determined to go ahead. Do we have too many judges booked? to name just a few. But this is Raydon & District Garden Club, and you members did not let us down. We had 27 members entering, (last show 32). We received 195 entries, (last show 310 in 2019) No shows 2020 & 2021 due to covid. These numbers show the impact of hot dry weather which impacted on less entries in both flowers & veggies. All the other classes supported well, including the under 8 yrs children section. Sadly none received from 8 -14 yrs section yet again. We cancelled only one judge by mutual agreement, considering the petrol cost and time for just a few entries in one section.

May I on behalf of your committee say a big THANK YOU to all of you who made the effort to support the club flower & produce show, making for a very good event considering all the difficulties leading up to the show day. We had a good number of visitors during the afternoon, our President Mrs Diana Hunt presented the prizes to all the winners and followed this by some very kind words of encouragement to all. What a great ambassador for our club for which we are so grateful. Well done and congratulations to all the prize winners and I hope you all enjoyed taking part.

Thank you all who gave prizes for the raffle and to those who purchased tickets, and of course our thanks to all who helped in any way supporting your club committee, whether it was refreshments both supplying and serving, running the raffle, setting up the show, clearing all away on Sunday 14th with cleaning the hall and putting all items away in storage. A fantastic effort in very trying hot conditions.

Next meeting in the pavilion will be Thursday 22nd September starting at 7.30pm, with guest speaker Jan Michalak with his subject Call of the Wild (Plants related,) Jan has of course been to us before and I am sure it will be another interesting, informative & fascinating evening for all members to enjoy. Your committee looks forward to meeting you all once again. Don't forget to bring family and friends along as guests, also if you can sell the club to possible new members then they will be welcome to attend. Remember more members more funds, better quality speakers who cost on average £85.00 - £110.00 per evening.

Subjects for 2023 speakers if you have any particular ones please tell your committee before November as we need to get these booked a.s.a.p.

Geoff Horrex. 310422 / 07810086143



Suffolk Historic Churches Trust.

Just to remind everyone that the sponsored ride, stride and drive fundraising event is taking place on September 10th, this year:

* We need people to be in the Church to check in the riders who visit and to sign their forms.

- * To offer drinks and other refreshments
- * We need volunteers to make or help to provide refreshments i.e. cakes, biscuits, fruit or sweets.
- * To sponsor our riders
- * Rota will be at the back of the Church for you to add your name to for help on the day, an hour or so is a great help.
- * Come to our Fair Trade coffee morning on August 9th to collect some sponsors or to sign up to help

Thank you very much, look forward to seeing you

Wendy Mumford
01473 312123

RAYDON PARISH COUNCIL

Parish Clerk Jane Cryer	01473 824287
raydonpc@gmail.com	
Chairman Sue Newton	07587 243678
Councillor Faith Backhouse	07999 018049
Councillor Keith Lovering	07939 075143
Councillor Jim Lowe	01473 313094
or 07923 546669	
Councillor Amanda Pyall	07925 108373
Councillor Trevor Sayer	07747 610317
Councillor Jayne Tann	01473 828283
or 07887 767478	
Councillor Jo Brothers	07875 329901
Councillor Colin Chapman	07731 477971

RAYDON PARISH COUNCIL

SCHEDULE OF MEETINGS 2022
(all at 7.30pm in the KGF Pavilion)

Please refer to website below

NB: if you would like to see copies of the minutes of any Raydon Parish Council meetings, please visit www.raydonpc.org, or contact Jane Cryer, Parish Clerk.

VILLAGE

BBQ

& RAFFLE

with music from

JAZZ GALORE



St Mary's Church, Raydon
Sunday 18th September 2022
12 noon to 2.30pm



**BEER AND PIMMS SERVED
AT THE BAR**



**Fair Trade
coffee morning**

It was another extremely hot day for our August Fair Trade coffee morning when we had a special guest appearance of Rev'd Manette's horse, Oriente, well he brought her along as well!! We managed to find some shade under the trees and again had "Two" coffee mornings. One inside and one outside. There was a lovely selection of sweet and savoury items, including the delicious "Frinton" cheese scones and the fantastic sausage rolls, and of course apples for Oriente. Such a lovely relaxing and social gathering so thanks for everyone for supporting this community event.

Cindy took the opportunity to collect sponsors for her team's epic exercise bike ride in memory of Margaret, they are planning to do 82 miles this year, so if you haven't pledged a donation yet you have a final chance at the next Fair Trade coffee morning on September 6th. We also have a team of rides swapping their horse saddles for cycle saddles. The Suffolk Historic Churches Trust event is on September 10th. when we wish all participants a safe journey. Many thanks again

Wendy Mumford
01473 312123

Ideal for your special event

The Raydon Pavillion is for hire

Fully carpeted room for up to 80 people
Kitchen and preparation room
Easy parking

Available morning, afternoon, and evening.

For Details Contact Mark Smout
Tel 07748 842750 or email
marksmout@gmail.com



Holton St Mary

SHOP LOCAL In Holton

Love Refills mobile shop -
www.loverefills.co.uk

Ann Mason Care - 01206
233372

Freshen Up Decorating -
07900 242 141

First Friday of the Month Lunch Club



On the first Friday of every month (except August) there is a Lunch Club in the Village Hall for past and present residents of the village of Holton St Mary. All ages welcome!

A Light Lunch will be served between
12.30 - 2.00 pm
at a cost of £3.50 per head.

NEXT LUNCH 2ND SEPTEMBER

If you would like to join us for lunch please contact
Frances Torrington: 312046/
familytorrington@btinternet.com
or
Sally Thurlow: 312080/
salthurlow@gmail.com

We are also looking for volunteers to help run the lunches and help on the day.

Holton St Mary Village Hall

The Hall is back in use and taking bookings again. Please contact Tanya Kunz on 01473 311570

Holton St Mary Social Club Update

It has been a busy few months for the Holton St Mary Social Club with a very successful Platinum Jubilee celebration held on the 4th June on the millennium green. The bulk of the costs were covered by the Holton St Mary Social Club and it was wonderful to see so many of the village turn out to celebrate. There was also the progressive dinner held on 9th July throughout the village. A huge thank you to everyone that took part in these events to make them a huge success.

For anyone that would like to become a member, it is free for those in the village, and all are welcome. Come to the club on a Friday evening and let the barman know or contact Bob Holmes on 07966 266293 or bobholmes55@icloud.com to sign up.

As a reminder, the Holton St Mary Social Club open the bar in the village hall on a Friday evening from 17:30 to 22:00 and everyone is welcome to come and chat and catch up on village life.

There are a number of events planned for the rest of the year, but the committee are very open for ideas on events to run, so please don't be shy, let Louise Dolan know on 07446 870025 or louise.dolan@me.com and we will try an accommodate suggestions.

Hold The Date(s)

- 9th September - HSM Friday Disco in the village hall where Keith Jeffreys will be spinning his decks from 6-9pm, the event is free to attend so please do come along
- 8th October - HSM Quiz Night in the village hall where Vaughan Vanniekerk will be quiz master, as with previous events there will be a fish and chip supper and further details will be available shortly
- 4th November – Bonfire Night on the millennium green
- 31st December – New Year's Eve Party in the village hall

One final reminder, there are two party tents available to hire from the Holton St Mary Social Club, for those in the village, these are free to hire, but we do ask that they are returned clean and in good order.

Please do keep an eye on the Quartet and the Holton St Mary Facebook group for updates on the events above.

We hope to see you at an event or in the village hall soon.

The Holton St Mary Social Committee

Holton St Mary Parish Council -

The next meeting of Holton St Mary Parish Council is to be held on the 14th of September at 8pm in Holton St Mary Village Hall. Members of the public are welcome to attend. There is an opportunity to ask questions in the Public Forum Section of the meeting.

Dates for Meetings

Parish Council Meeting 2023	November 9th
Parish Council Meeting	January 11th
Parish Council Meeting	March 8th
Annual Parish Meeting	April 12th
Parish Council AGM	May 10th

Holton St Mary Parish council are looking to appoint a **Footpath Warden and a Tree Warden** who will be responsible for reporting back any issues to the Parish Council. These are voluntary positions and if you would be interested then please contact the Parish clerk via email - hsmparishclerk@gmail.com

Thanks & Regards
Faye

Slow Stitch

The Slow Stitch group is meeting again on the third Thursday of the month at 2 - 4pm in the Village hall, Holton St Mary. Whether you sew, knit, crochet, embroider, or enjoy tapestry, you are all welcome to join our drop-in group. We are not providing refreshments at the moment but you are welcome to bring along a cup of tea.

The aim of the group is to take our time as we enjoy stitching and we are happy to help beginners. Thank you for all the donations of wool that the group have received this summer. This is much appreciated as we complete a number of community projects to support the Marie Curie Charity and Women's Refuge in Ipswich.

For more information contact Jeanette Appleton 07768418942

A small group of Holton St Mary residents and friends get together on Millennium Green at five o'clock every Thursday through August and on until the evenings cool, to drink a glass of something we bring ourselves, and pass the time, just for an hour or two if the weather permits.

Everyone is welcome (including those without something to drink!).

We congregate at the picnic benches

SUFFOLK HISTORIC CHURCHES TRUST

Annual Ride and Stride

**Saturday 10th Sept 2022,
9am – 5pm**

Holton St Mary

If you would like to take part in this year's Bike Ride and help to raise funds for Holton St Mary Church, please get in touch with me for details of how you can help.

I'm looking for

Keen cyclists of all ages

Sponsors for those cyclists taking part

Smiley folk to welcome cyclists from all over Suffolk who will be visiting Holton St Mary Church on Bike Ride Day

Caroline Favell

tel: 01473 310268
email: martinfavell99@gmail.com



Green Gym

I know that Christmas decorations and cards are now sprouting in many shops ... but the Green Gym is even more forward thinking...'Spring is in the air...!' This heralds the planting of daffodils and narcissi in and around the village between September and November. Consequently, if anyone would like to donate a bag of spring bulbs, or packets of wild flower seeds to the Green Gym, we would be delighted to help you plant them, or indeed plant them for you. Our next session is Saturday, 3rd September and we meet at 10.30 in Church Square. We may start some bulb-planting that day, but we will also be doing a general tidy-up around the village. All are very welcome to come and join us.



Harvest in the 4-Mary's Benefice

This year harvest will be celebrated in our villages over the first two weekends in October

Sunday 2nd October

Holton St Mary - 10am Harvest Communion
Stratford St Mary - 11am Harvest Worship followed by a simple Harvest Lunch in Church

Sunday 9th October

Raydon - 10am Harvest Communion

Higham - 11am Harvest Worship including a speaker from **TWAM** (Tools with A Mission) followed by a Harvest Lunch.

Stratford St Mary - 3pm SVAM Concert with the Kammerphilharmonie Europa – Repertoire to include works by Corelli, Bach, Elgar, Rachmaninov and Mozart.

Donations of non-perishable foods for the local foodbanks may be brought to all of our services. Collections from the services to be split 50% to Ukraine Appeal and 50% to the churches where they are held.

We hope you will be able to join us!

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We have many interest groups such as dining, walking, garden visits, pickle ball, canoeing and kayaking. Emerging new groups are badminton, Sunday lunch for singles, pubs-r-us, thinking-out-loud and art. Monthly coffee mornings on the first Friday of the month at 10am in the Lambe School East Bergholt.

Please look at our website for more information/contact details u3asites.org.uk/stourvalley

SESASW NEWS

The volunteers are wilting and the dogs have flopped down in the shade as I write this in the middle of another heatwave. Hopefully it will be cooler when we have a stall on the Green at the Cavendish Fete on 3rd September, open 1-5pm. The following week our £1 Sale will be held at the Stevenson Centre, Stevenson Approach, Gt. Cornard, CO10 0WD. Doors open at 11am on Saturday 10th September, these sales are always popular so don't miss it!

This month I am looking for a special person who could take on an old pal of mine. Paddy is a nine year old Yorkie dog suffering from heart failure. He needs someone who can give him the home he deserves on a one to one basis. They will have no other pets, an empty lap with lots of time and love for a delightful little dog. Paddy has a healthy appetite and still enjoys a game of ball, a walk, a good cuddle, and life in general. At the moment all he needs is one pill twice a day popped in his food.

If you think you can provide the foster home Paddy needs, please leave a clear message with your name and number on 01787 210888 or email info@sesaw.co.uk. Please speak slowly so anyone can hear your contact details, even a little chap like me, Kenny (the Boss) Chihuahua!



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01787 210888
www.sesaw.co.uk

Holy Family Roman Catholic Church

Ipswich Road, Brantham CO11 1TB
 Priest in Charge: Fr Bineesh Elenjikkal
 OCD. Parish Deacon (Retired); Rev Clive
 Brooks 01206 396319. The Priory, 180
 Hawthorn Drive Ipswich IP2 0QQ. Tel:
 01473 684963. www.stmarksparish.org.uk

The weekly Newsletter, with Mass times,
 is always displayed in the cabinet
 alongside the Church's front door and may
 also be read on the regularly updated
 website www.stmarksparish.org.uk
 together with other Parish news. Fr
 Bineesh Elenjikkal is the Ipswich Hospital
 Catholic Chaplain assisted by Deacon
 Rev Clive Brooks (01026 396319)

All are very welcome to attend Holy Family
 services; it is not necessary to be a
 Catholic and enquiries about the Catholic
 Faith are always welcome. Please contact
 The Priory, as above, or a local person
 whom you know is a Catholic.

Services planned for September

Sunday 4 23rd SUNDAY IN ORDINARY TIME

9am Mass

Tuesday 6
 9.20am Eucharistic Adoration
 10am Mass

Sunday 11 24th SUNDAY IN ORDINARY TIME

9am Mass

Tuesday 13
 9.20am Eucharistic Adoration
 10am Mass

Sunday 18 25th SUNDAY IN ORDINARY TIME

9am Mass

Tuesday 20
 9.20am Eucharistic Adoration
 10am Mass

Sunday 25 26th SUNDAY IN ORDINARY TIME

9am Mass

Tuesday 27
 9.20am Eucharistic Adoration
 10am Mass
 All are very welcome to attend Holy
 Family services; it is not necessary to be a
 Catholic.



Glass recycling

Please remember that glass should not be
 put into household blue or black bins, but
 should be recycled.

There are glass recycling bins in Hadleigh
 (Magdalen Road car park and Crockett
 Road recycling centre), and there is also
 one at the Playing Field in Upper Layham
 (entrance on Brett Green).

CCLL – The Helping Hand for Ukraine 2022 Christmas Program

Later this year we will be travelling to deliver our Christmas program to the
 children of Ukraine. This will include Christmas Gifts & a program of fun
 activities for the Children to relieve the stress they are currently experiencing

We will travel by Land and are looking to take as much requested Aid as
 possible; The following have been specifically requested

We are appealing urgently for;
VEGETABLE SEEDS

Required for the growing of food to support the troops on the front
 line. In particular, Tomatoes Beetroot, onions, cabbage, carrots, green
 beans, broccoli, peppers, cucumbers, gherkin but all welcome

Various drop off points in the local area or collection may be possible.
 Please call 01449 760343 or 07771 550868

Dedham Tennis Club

Dedham Tennis Club is a friendly club in a
 beautiful setting. We welcome members of
 all ages and abilities and offer the
 opportunity to play tournaments, undergo
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 emphasis on fun and inclusion.

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 improve your game, get fit or simply want
 to enjoy the community vibe, Dedham
 Tennis Club is for you.

Membership options are on the website
 now, with junior membership starting at £5.
 Go online at: [clubspark.lta.org.uk/
 dedhamlta](http://clubspark.lta.org.uk/dedhamlta) for details of memberships,
 coaching groups & how to book courts.

Why not pick up that racket & join Dedham
 Tennis Club?



CRAFT FAIR, Sunday 16th October,
 10-4pm at Whatfield Village Hall, IP7 6QU
 Wide variety of stalls. Bumper raffle with
 excellent prizes.
 Hot and cold refreshments served all day.
 All proceeds to Success After Stroke and
 Whatfield Primary School.

Bin collections

Week Commencing			
	29 th August	Refuse Week	BH Week
	5 th September	Recycling Week	
	12 th September	Refuse Week	
	19 th September	Recycling Week	
	26 th September	Refuse Week	
	3 rd October	Recycling Week	
Waste Services 0300 1234 000 (option 4) Email: recycling@babberghmidsuffolk.gov.uk Visit www.recyclenow.com to find your nearest recycling banks			



Do you want a recommendation?

Brantham Bull 01473 328248

Lucca Enoteca Manningtree 01206 390044

Oranges & Lemons East Bergholt 01206 299000

the florist in East Bergholt does lovely flowers:- www.gayedrummond.com

Sam Pritchard sam@samselectrics.co.uk 07940031776 - Sam can certify safety for insurance and landlord work too. Anyway, he's great.

There's room for more...let us know...!

Tell us your favourite local service - could be a pub or restaurant or takeaway, or other service you think would benefit getting a recommendation...If we agree, we'll print it here

The Layham Queen take out service on Fridays & Sunday Roasts - Steve and Tannith are very community minded and give a very good service

Simply Thai Manningtree - It was simply delicious! Freshly cooked, and arrived within the quoted time frame. 01206 396060. Delivers to Holton St Mary

Zaynab and **Mother Indian** at Capel. Really good and highly recommend. They don't deliver, but it's made quickly for pick-up.

Local Services

The Constable Country Medical Practice

Heath Road, East Bergholt, Colchester CO7 6RT

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Telephone 01206 298272

36 The Street, Capel St Mary, Ipswich IP9 2EE

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Fax 01473 311722

Crime prevention

<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>

PC 1347 Gilkes Pcco 3041 Cooper
babergheast@suffolk.pnn.police.uk
Telephone...101

Your District and County Councillors

District Councillor: John Ward

Leader, Babergh District Council
Phone: 07802 414981
Email: john.ward@babbergh.gov.uk

County Councillor: Georgia Hall

Email: georgia.hall@suffolk.gov.uk
Phone: 07955 434445
Both have correspondence addresses at Endeavour House, 8 Russell Road Ipswich IP1 2BX.

MOBILE LIBRARY

Stratford St Mary - Route 11

The bus stops every 4 weeks on Wednesdays, subject to current restrictions

31 August, 28 September, 26 October, 23 November, 21 December

Black Horse - 11.05am - 11.20am
Tally Ho! Corner - 11.25am - 11.45am
Strickmere (School Lane end) - 11.50am - 12.10pm

Route 14

The bus stops every 4 weeks on Tuesdays

6 September, 4 October, 1 November, 29 November

Holton St Mary

Church Square - 9.30-9.45am

Raydon

St Mary's Raydon - 9.50-10.30am

Lower Raydon

Sulleys Hill - 11.30 - 11.45am

Higham

The Green - 11.55am to 12.10pm

The **customer service line 01473 283838**

is staffed 9am to 5pm from Monday to Friday and can handle any library customer queries renewals and reservations to any general library queries. An answer phone is available outside of operating hours and people can also email

help@suffolklibraries.co.uk

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BENEFICE CONTACTS, SERVICES AND EVENTS

Priest-in-charge: Rev'd Manette Crossman: Tel. 07947 737789
Email: revmcrossman@gmail.com

Curate: Rev'd Nicola Tindall: Tel. 01787 212340
Email: revnictv@outlook.com * *please note new email address*

Lay Elder: Sandy Ranson 01206 322156
Email: sandyranson29@gmail.com

Please contact Rev'd Manette if you would like to know more about Baptisms or Weddings, or if you need to arranged a loved one's funeral.

Bishop Mike will be leading the **Confirmation service on 18th September** in Higham. We will meet for coffee at 10am and the service will begin at 10.30am. Please pray for our confirmation candidates as they prepare for this important step on their journey of faith.

If you would like to receive Home Communion, please contact Rev'd Manette or Rev'd Nicola.



Regular updates about what is going on in our parishes can be found on the Benefice Facebook page:

<https://www.facebook.com/4-Marys-Benefice-111433503828636>

Benefice website: www.4marys.org.uk

Churchwardens:

Higham Hugo Parker 01206 337234

Holton Richard Noel 01206 298276
Paul Torrington 01473 312046

Raydon Geoff Horrex 01473 310422

Stratford Jonathan Dewey 01206 322148

Benefice Safeguarding Officer:
Currently vacant, update to follow.

Church Services for September

Please check our Facebook pages and the 4-Marys website for updates. If there are any significant changes, those who are on our regular email contacts list will be notified.

Sunday 4th September 10am: Holy Communion Stratford St. Mary - Trinity 12
Archdeacon David Jenkins presiding.
5pm: Evening Prayer (BCP) Holton St Mary

Sunday 11th September 10am: Holy Communion Holton St Mary Trinity 13
* note week swap with Higham this month.
6.30pm: Evensong Raydon.

Sunday 18th September 10am for 10.30am: Holy Communion and Confirmation Service Higham Trinity 14
Bishop Mike presiding - *Come and meet Bishop Mike and support our Confirmation candidates on this special day.*
Coffee will be served from 10am.

Sunday 25th September 10am: Holy Communion Raydon Trinity 15
10am: Family Hour in the Parish Room Stratford St Mary

- * Family Hour and our evening services return this month.
- * The Higham Hangout returns in October...

Covid is still doing the rounds in our communities and it causes serious illness in some people. It is very disruptive to the lives of all those who are affected and it can have long-time consequences, too. Being vaccinated does not offer full protection and you can still pass on the virus. When meeting in church or in other places, please observe social distancing and respect that many wish to avoid physical contact such as shaking hands. Whilst wearing masks in enclosed indoor spaces is not a legal requirement anymore, some people prefer to wear them and they offer a degree of protection.

If you feel in any way unwell, or you have a cough, a temperature, a sore throat or a runny nose, even if you don't test positive for Covid, please stay at home until you feel better.

Family Hour in Stratford St Mary at 10am

Family Hour in the Parish Room returns this month with a new theme of 'Light'. Do come along to our next meeting on **Sunday, 25th September**, when the children will be making jam jar lanterns. All are welcome to join us for this short family service with bible input and craft fun! Breakfast (bacon rolls / juice / tea / coffee) served **from 9.30 am**. We look forward to welcoming you back after the summer break!
The Family Hour Team.



Sunday Hangout in Higham

A Sunday church group, aimed primarily at children, but open to any age! Sunday Hangout is a time to create with others, a chance to reflect on our faith and to learn in a fun way. An opportunity to hang out with friends, whilst getting involved in fun activities that the whole family can enjoy. We meet for about an hour at 4pm and snacks and drinks will be provided.

The Higham Hangout will be meeting again in October – dates will be published in the next edition of the Quartet.

Chat, Prayer & Coffee every 3rd Wednesday of the month

Stratford St Mary Parish Room, on 21st. September at 10am. *This is an informal time to chat, share news and pray together over a cup of coffee – there may even be cake and biscuits!*

Benefice House Group

The House Group will resume meeting on Thursday, **29th September at 2.30pm** at 5 Veyses End, Stratford St. Mary. Please contact Jonathan for more information at: dewey57jon@gmail.com

Benefice Churches Open

All our churches in the benefice are open every day for private prayer and for visiting.

Congratulations to Arthur, Oliver, Agatha and Evelyn who were confirmed in the lovely Confirmation Service with Bishop Mike on 14th August.

Heavenly Father, by the power of your Holy Spirit
you give to your faithful people new life in the water of baptism.
Guide and strengthen us by the same Spirit,
that we who are born again may serve you in faith and love,
and grow into the full stature of your Son, Jesus Christ,
who is alive and reigns with you in the unity of the Holy Spirit,
now and forever. **Amen.**

Collect Prayer for Confirmation

Please pray for Lottie, Caspar, Caroline and other candidates from the Deanery who will be confirmed in Higham on 18th September.

We also pray for the families who are bringing children to be baptised and for the godparents and sponsors who are supporting them.

We pray for the couples who are getting married in our churches this summer.

Please pray for the Feeding Faith Charity who are doing such amazing work in Guatemala in very challenging circumstances, providing stoves, clean water and meals for children in the poorest areas.

We pray for those who are in pain, distress and grief, among them:

Higham: Amanda Berry, Penny Watkins

Stratford St. Mary: Laura Kerry

Holton St. Mary:

Outside our parishes: Helen Gregory,

We remember all those who have died, among them Rev'd Joyce Willis and Jean Stankey. May they rest in peace and rise in glory, and may those who mourn them be comforted in their grief.

Joyce's funeral will take place on Tuesday, 30th August at 2pm at St. Mary's Church in Hadleigh.

If you wish to be added to our email mailing list to receive updates about what is going on in our benefice, please contact Rev'd Manette at: revmcrossman@gmail.com