

## **BENEFICE CONTACTS, SERVICES AND EVENTS**

**Priest-in-charge:** Rev'd Manette Crossman: Tel. 07947 737789  
Email: [revmcrossman@gmail.com](mailto:revmcrossman@gmail.com)

**Curate:** Rev'd Nicola Tindall: Tel. 01787 212340  
Email: [revnictv@outlook.com](mailto:revnictv@outlook.com)

**Lay Elder:** Sandy Ranson 01206 322156  
Email: [sandyranson29@gmail.com](mailto:sandyranson29@gmail.com)

Please contact Rev'd Manette if you would like to know more about Baptisms or Weddings, or if you need to arranged a loved one's funeral.

**If you would like to receive Home Communion, please contact Rev'd Manette or Rev'd Nicola.**



Regular updates about what is going on in our parishes can be found on the Benefice Facebook page:

<https://www.facebook.com/4-Marys-Benefice-111433503828636>

**Benefice website: [www.4marys.org.uk](http://www.4marys.org.uk)**

### **Churchwardens:**

**Higham** Hugo Parker 01206 337234

**Holton** Richard Noel 01206 298276  
Paul Torrington 01473 312046

**Raydon** Geoff Horrex 01473 310422

**Stratford** Jonathan Dewey 01206 322148

### **Benefice Safeguarding Officer:**

*Currently vacant, we are hoping to make an appointment soon.  
In the meantime, please contact Manette with any queries.*

## Church Services for October

Please check our Facebook pages and the 4-Marys website for updates. If there are any significant changes, those who are on our regular email contacts list will be notified.

**Did you know that you can also receive an electronic copy of the Quartet by email? If you would like to receive this at the beginning of every month, please let Rev'd Manette know and she will add you to the distribution list.**

### Please note Harvest Services in the Benefice

**Sunday 2nd October** 11am: Harvest Service Stratford St. Mary -  
Trinity 16 followed by Harvest lunch served in the church

6pm: Harvest Evening Service Holton St Mary  
with Orwell Park Choral Society  
Come and enjoy a selection of Harvest hymns & anthems

4pm: Higham Hangout (see separate notice)

**Sunday 9th October** 10am: Harvest Service Raydon  
Trinity 17

11am: Harvest Service Higham followed by lunch  
There will be a talk by TWAM (Tools with a mission)

**Sunday 16th October** 10am: Holy Communion Holton St. Mary  
Trinity 18

**Sunday 23rd. October** 10am: Holy Communion Raydon  
Last Sunday after Trinity

10am: Family Hour in the Parish Room Stratford St Mary

### Covid prevention measures

We will still be taking some Covid protection measures in our churches as many of many in our congregations are elderly or vulnerable. Please respect that some people are worried about catching the virus. While some people only experience minor symptoms, others can become seriously ill so please understand that some wish to avoid close proximity to others or physical contact such as shaking hands.

If you feel in any way unwell, or you have a cough, a temperature, a sore throat or a runny nose, even if you don't test positive for Covid, please stay at home until you feel better.

## Family Hour in Stratford St Mary at 10am

Family Hour in the Parish Room continues with the theme of 'Light'. Do come along to our next meeting on **Sunday, 23rd. October**.

All are welcome to join us for this short family service with bible input and craft fun! Breakfast (bacon rolls / juice / tea / coffee) served **from 9.30 am**.

We look forward to welcoming you back after the summer break!  
The Family Hour Team.



## Sunday Hangout in Higham on 2<sup>nd</sup> October at 4pm

A Sunday church group, aimed primarily at children, but open to any age! The Sunday 'Hangout' is a time to reflect on our faith, to ask questions, to discuss and to learn in a fun way. We usually have some craft activities or we may go outside to explore. It's an opportunity to hang out with friends, whilst getting involved in fun activities that the whole family can enjoy. We meet for about an hour at 4pm and snacks and drinks will be provided.

**This month the Higham Hangout will be meeting on 2<sup>nd</sup> October for about an hour and we will be talking to our younger people who were confirmed by Bishop Mike in August. They will share how they experienced this big step on their journey of faith. If you want to know more about confirmation or you have any questions, to come along to our informal gathering.**

## Chat, Prayer & Coffee every 3<sup>rd</sup> Wednesday of the month

**Stratford St Mary Parish Room, on 19th October at 10am.**

*This is an informal time to chat, share news and pray together over a cup of coffee – there may even be cake and biscuits!*

## Benefice House Group

The House Group will meet this month on Thursday 27th October at the home of Jonathan and Janet Dewey: 5 Veyses End, 2.30 - 4pm

## **Benefice Churches Open**

All our churches in the benefice are open every day for private prayer / visiting

**Her Majesty Queen Elizabeth II 1926-2022  
R.I.P.**

**Gracious God we give  
thanks  
for the life of your servant  
Queen Elizabeth,  
for her faith and her dedication to duty.  
Bless our nation as we  
mourn her death  
and may her example  
continue to inspire us;  
through Jesus Christ our Lord  
Amen**

Please pray for all those who were confirmed in our Benefice in September.

We also pray for the families who are bringing children to be baptised and for the godparents and sponsors who support them.

We pray for the couples who were married in our benefice over the summer.

We pray for those who are in pain, distress and grief, among them:

**Higham:** Amanda Berry, Penny Watkins

**Stratford St. Mary:** Laura Kerry

**Holton St. Mary:**

**Outside our parishes:** Helen Gregory,

We pray for HM King Charles III and for the Royal Family as they mourn the loss of Her Majesty Queen Elizabeth II, much loved mother, grandmother and great-grandmother.

We remember those who have died, among them David Malkin, Rev'd Joyce Willis and Nicholas Maxwell Lawford. May they rest in peace and rise in glory, and may those who mourn them be comforted in their grief.

*If you wish to be added to our email mailing list to receive updates about what is going on in our benefice, please contact Rev'd Manette at:  
revmcrossman@gmail.com*