

November 2022 Issue 411

Quartet The Parish Magazine

For Higham, Stratford St Mary, Raydon and Holton St Mary

Hadleigh Choral Society

Come along for an evening of breathtakingly beautiful choral music, as the Hadleigh Choral Society performs music by Ludwig van Beethoven and Johann Nepomuk Hummel. 1807/1808. Written in Beethoven's Mass in C and Hummel's Mass in D Major include stirring fugues and counterpoint melodies, and range in mood from pensive and reflective to uplifting and iovous. We will be joined by professional soloists Zoe Brookshaw, Laura Smith, Richard Symons and Owain Browne, as well as the Symphony Colchester Orchestra. Conducting the evening's events will be Christopher Phelps.

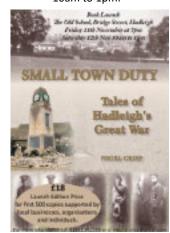
The concert will be on Saturday, 19th November, 7.30pm, at St Mary's Church, Hadleigh. Tickets are £15, free for those in full-time education, and are available through www.hadleighchoralsociety.org.uk, members of the choir, or The Idler bookshop in Hadleigh.

07886 416 034

Hadleigh During World War One

SMALL TOWN DUTY Tales of Hadleigh's Great War

Book Launch on 11th Nov 7pm at the Old School, Bridge St Sales desk also open Sat 12th Nov 10am to 1pm.



SHOP LOCAL

Help us with our campaign!

If you know any merchant or service provider living in one of our four villages, please let us know by emailing quarteteditor@hotmail.co.uk. We will contact them and see if they would like a **free listing** in the Quartet

Small Ads Pin Board

No charge for non-commercial ads placed for one month only, space permitting. Email quarteteditor@hotmail.co.uk

Quartet Diary

Details of events can be found within the magazine.

November

- 1 Raydon Fair Trade Coffee Morning
- 2 Raydon Club
- 4 FFOTM Lunch Club Holton HSM Bonfire Night SSM Chapel Children and Youth Clubs
- 5 Raydon Bonfire Night Green Gym - Holton SSM Fireworks
- 9 HSM Parish Council Meeting Raydon Club
- 11 Social Club Holton SSM Chapel Children and Youth Clubs
- 14 SSM Parish Council Meeting
- 15 SSM Village Life Meeting
- 16 Raydon Club
- 17 Slow Stitch Holton Higham Village Meeting
- 18 Social Club Holton SSM Chapel Children and Youth Clubs
- 19 Raydon Bric a Brac Sale
- 23 Raydon Club
- 24 R&GDC Social Evening/AGM Higham PCC meeting

- 25 Raydon England V USA live stream Social Club - Holton SSM Chapel Children and Youth Clubs
- 26 SSM Christmas Big Breakfast Quiz & Curry Evening, HIgham
- 29 Raydon Fair Trade Coffee Morning Raydon England V Wales Live stream
- 30 Raydon Club

December

- 2 Quiz Night, SSM Christmas First Friday Lunch
- 3 Christmas Coffee & Shopping Morning, HSM Wreath Making Course, HSM
- 7 Raydon Club
- 9 Social Club, Holton
- 10 Christmas Concert, Raydon Wreath Making Course & Diamond Painting Tree Decorations. HSM
- 14 Raydon Lunch Club Raydon Club
- 16 Social Club Holton
- 17 Fresh Table Centre Decoration,& Christmas Cockatil & Tasting HSM
- 20 Community Carol Singing, SSM
- 31 HSM New Year's Eve Party

Editors Corner

Rev'd Manette Writes

The beautiful picture on the front cover this month was taken by a reader out dog walking somewhere in our villages - can you guess where? Why don't you send us in a photo from somewhere you know locally and we'll see how many of you go out for walks!

The November edition is jam packed with news, events and some special articles about our late Queen that we didn't have room for in the October edition. We hope you will appreciate the contributions made by our readers on pages 21 and 28.

Christmas is definitely just round the corner now, and after you've digested the information about all the bonfire night celebrations, start filling your diaries with a host of special Christmas events happening in all our parishes. It's difficult to single out things from such a range of activities, but I think the Warm Space initiative in Raydon deserves a mention. See page 19 for details

Please let us know if your regular event is postponed or changed over the Christmas period - we like to try and keep all the local events, one off's and regulars, listed in the diary, but rely on you telling us if things change.

Happy reading

Anne and Jane.

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



Copy deadline for next edition: 19th November 2022

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Dear friends,

Despite the unseasonably warm weather there is no doubt that summer is long gone and we see reminders of autumn all around us. Raking piles of leaves that are being blown about in the wind has now become a daily task in the Rectory. We have celebrated Harvest Festivals in all four villages. Our churches were beautifully decorated with harvest produce and many generous donations of nonperishable gifts were received for the local foodbanks. Our grateful thanks go to all those who helped and all who donated.

When we were experiencing the long months of Covid restrictions with all the associated fear, isolation and, for many, illness and loss. I am sure we all thought that life would go back to some kind of "normality" at the end of it. Little did we know... The world we face today is still concerned about rising Covid levels and we wonder whether this winter will bring another wave of infections. We have to acknowledge that the pandemic has affected us all in different ways and we need to respect that some people still suffer as a result. And for the past 8 months we have been anxiously following the news about the war in Ukraine. Our hearts go out to all who are suffering in Ukraine. Russia and neighbouring countries because of the terrible atrocities which are being committed. The world is now more unstable and at risk than it has been since the Cold War. In our own country, we face political instability the rising cost of living. The Suffolk County

Council website has information on what help is available if households are struggling, and local churches and many other organisations offer help, too. Some churches have signed up to the 'Warm Spaces' initiative. The church in Raydon is offering a 'Community warm space and social' in the Pavillion. The dates for November are 10th and 24th, from 12noon - 2pm and soup, rolls, coffee and cake will be on offer. We are grateful to Raydon Parish Council and the Pavilion for sponsoring this initiative. We also have various lunches and coffee mornings in the benefice which are advertised elsewhere. November is also the month of remembrance. On 6th November we will hold an All Souls' Day service at 5pm in Holton to remember our loved ones who have died. And on Remembrance Sunday. services will be held in all four churches. beginning at 10.50am. More information in the coloured insert. With these special commemorations, our service pattern will be slightly different this month so please check when and where services are being

If anyone is struggling or you need help, please talk to me or to someone in our churches – please don't suffer in silence. In the words from St. Paul's Letter to the Galatians: "Carry each other's burdens, and in this way you will fulfil the law of Christ.

Yours in Christ.

Manette

Stratford St Mary



In Stratford

Hall Farm Shop Cafe and Restaurant www.hallfarmshop.com

The mobile pizza co - 07982 427483

ABC Preschool - 01206 322466

Kate Baines, Virtual Assistant - 07799 391343

Orwell Electrical - 01206 322969

Andy Smith Roofing - 01206 322882

Jackson Plumbing and Heating - 01206 322063

Nigel Bruce Electrician - 01206 322751

Penrose and Partners - Vets. 01206 323414

Finest Gardens - 07756 364560

John Burrell Bespoke Bedrooms - 07734700507

Nexus Creative Print Production - gill@nexuscpp.co.uk

tim germain - furniture designermaker. www.germain.co.uk

Gary Moye, plasterer - 07807 314911

Parish Room

We are open for business, subject to any government restrictions of course.

Please contact John Taylor on 01206 323908 for details and to book.

Coffee Morning

We have recommenced the monthly coffee mornings which take place on the fourth Wednesday of every month.

10.30 am in the Parish Room Do come along and socialise - £2.00pp. Money raised to date has contributed to the purchase of chairs and garden furniture for the Parish Room

STRATFORD ST MARY INSTITUTE HALL

Please note that requests should be made through the bookings email address: ssminstitute.bookings@gmail.com Information supplied to book should include a name with contact detials and the nature of the event.

This results in a natural queuing system which ensures that first come is first served. I check this address every day and will respond accordingly.

Steve Kite 42 Strickmere Stratford St Mary, CO7 6YG

SUFFOLK HISTORIC CHURCHES TRUST ANNUAL BIKE RIDE/STRIDE – SAT 10TH SEPTEMBER 2022

Money from sponsors has now been collected and the total achieved by bikers and donations this year was £1377.00. Half of that sum will go to St Mary's Church and the other half will be held in a central fund, from which churches can bid for help with projects and repairs.

William Bill D achieved visits to 37 churches, covering 90 miles in the alloted time.

Once again, thank you to the bikers and financial sponsors and helpers in the church. Your support is much appreciated.

David Isaac

Parish Maintenance

The Stratford St Mary Parish Council are seeking the services of someone to undertake general maintenance work around the Parish, as and when required. The work could include: footpath clearance; cutting back vegetation; repair and preservation of infrastructure items (e.g. benches, bus shelters and fences) and the occasional installation/ relocation of waste bins.

The current hourly rate is £15.00. (Cost of required materials reimbursed)
Applications should be sent to

parishcouncil@stratfordstmary.org.uk





Saturday 5th November 2022

Stratford St Mary Primary School (Playing Field)

Gates open at 6pm

Online Tickets now available from www.ssmfireworks.co.uk



(Please note that due to popularity and restriction on numbers this is a ticket only event so please purchase in advance to avoid disappointment)



Do you enjoy singing?

Do you like to socialise with like-minded people?

Then come and join the Constable Singers every Thursday from 7pm to 9pm at East Bergholt Congregational Church. First session free then £2.50p per week. No need to read music. All ages welcome and we particularly need men and altos. We sing along to backing tracks covering many different genres of music

AND WE HAVE FUN!!

Contact Terri 07891785969 We look forward to meeting you.

SSM Parish Council Meetings

14 November

LITTLE SPARKS

(Mums and Tots) at Stratford St Mary Chapel

9am - 11am every Wedneday (Term Time)

Donation Request: £1 per family

Contact Beckie for more information at sparksandignition@gmail.com

"Pylons – Underground, Overground, Under the Sea?

It was great to see so many people at last month's meeting about the National Grid's proposed pylons scheme "East Anglia Green", very kindly arranged by our Parish Council. It was very informative and the disturbing thing was, how little we know about the impact this project will have and how it is moving forward. I know I'm not alone at being shocked at some of the things I heard. A group of us have since got together to try and raise awareness of the project so others will understand its effects on both SSM and the wider community. We will also try to make sense of the many other issues raised, including the potential offshore option. We hope this will allow people to make informed judgements about the pros and cons of the scheme and to decide whether or not to get involved.

We know that there are many other local and regional groups looking at this and while we are focused on the immediate effects on our village we will also remain aware of the bigger picture.

Watch this space and if anyone would like more information do feel free to give me a call.

Julie Alexander, SSM

07989639583"



Your help is urgently required in assisting in the running of the Parish Room.

If you can help in any way then, please phone Don Umfreville on 01206 322 626.



Stratford St Mary Community Trust

The Trust's function is to manage certain properties bequeathed to the Parish, with the objective that any surplus income be used to provide short term financial help to Parish residents who may find themselves in temporary financial difficulty for whatever reason. This remit includes a particular focus on situations where individuals might require assistance to get into paid employment or transition to new skills.

If you are resident in the Parish of Stratford St Mary and find yourself in such difficulty, or you become aware of someone else who is, remember the Trust and contact us on:

Telephone:07850668064

E-mail: trust@stratford-st-mary.org

We may be able to help.

All such contact will be in strictest confidence.

Board of Trustees Stratford St Mary Community Trust (SsMCT)



STRATFORD ST MARY RAMBLING CLUB

Invite you to join them on their walks.
Distances vary from 4 to 5 miles with
shorter evening walks in the summer. Do
join us on our walks

For more information, please phone Don Umfreville 01206 322626



Winners of SSM 100 Club

The winners of the 100 club draw are

£50 Linda Paiolo (No 5) £10 Graham Cork (No 104)

For just £1 per month be in with a chance of winning £50.

All surplus funds go towards the upkeep of the Institute Hall. Each member can hire the hall for free once a year.

Contact either Norman Woodard on Norman.woodard@fatbloaters.com or Phil Brown on philipbrown123@hotmail.co.uk for details

Stratford Chapel

Upper Street, Stratford St. Mary

Pastor: Mr. Adrian Gates

Youth and Children's Pastors: Jamie & Beckie Wyncoll

We are an independent mainstream Evangelical Church of around 60 people encompassing and providing for all age groups. We particularly specialise in the areas of Children's and Youth work, Bible Teaching and Evangelism.

Services and Groups:

Every Sunday:

- 10.30am Morning Worship and Junior Church
- 6.30pm Church Prayer Meeting
- 8.00pm Bible Teaching Group (currently on Zoom)

Monday: 8.00pm House Group (on Zoom)

Tuesday: 7.30pm Discipleship Group (at the Chapel)

8.00pm House Group (on Zoom)

Friday: 5.00pm "Sparks" Children's Club for ages 7 – 11 (at the Chapel)

7.30pm "Ignition" Youth Club for ages 12 – 16 (at the Chapel)

Other activities will be re-commenced shortly.

Web-site: stratfordstmarychapel.com

Enquiries: Children's & Youth: Jamie & Beckie (01206 323095) email: Beckie.w@live.com

General enquiries: Maggie Chapman (01473 311436)



Following the amalgamation of Village Life with the Jubilee planning group, we will be moving forward under the Village Life banner and will aim to keep the village community (and others!) up to date with plans and ideas for future events.

Dates for your diary!

- Friday 2nd December 7.30pm Village Quiz Night at the Institute Hall [teams of 6 or join a team on the night]
- Tuesday 20th December 6pm -Community Carol Singing - on The Millennium Green Looking ahead to next year...
- 'Joseph and his Technicolour Dreamcoat' - sing-along event (details to follow)
- Village Ball at The Talbooth (Black Tie) Friday 26th May (provisional date)
 Summer Fair / village picnic
- Saturday July 15th including games / evening party / BBQ / karaoke Interested in getting involved? email us at: villagelife@stratford-st-mary.org and/or come along to our next planning meeting on Tuesday 15th November at 7.30 pm in the Parish Room.

Christmas Big Breakfast

26th November 2022 8-11am The Parish Room

Our Big Breakfast is back, this year all the money raised will be donated to Dig Deep (Africa) and will be doubled as part of their Christmas campaign.

So join us for breakfast, there's something for all tastes.

No booking necessary!

Higham

SHOP LOCAL

In Higham

Brett Valley installations - Oil boiler servicer - 01206 337316

HC Smith Builders - 07468 456772

Derek Allen Fresh Fish (Thursdays) 07967 755771

Rmk Chisnall - mower repairs 07557 771721

BERGHOLT BRIDGE CLUB

We are a friendly relaxed club and are looking for new members.

No need to bring a playing partner we can provide you with one!

We meet at

THE LAMBE SCHOOL

Gaston Street

EAST BERGHOLT.

Monday evening at 7pm.

Want to know more? Call Jayne: 07887767478.

Higham Curry and Quiz Evening

Enjoy the challenge of a quiz and a curry to stimulate the brain cells and taste buds!



Saturday 26th November 7.00pm St Mary's Church, Higham

To reserve your place please email: ninafinbow@gmail.com or text: 07831 180229 (pref by 16 November for catering purposes).

Tickets £15.00 each to include a curry buffet. Please BYOB; glasses, plates & cutlery will be provided.

All proceeds to Higham Church

Max team size=6; let us know your team name. If you would like to join us and be put into a team, please let us know.

Silent auction for Richard Dack's painting of Sheringham Beach. All welcome.

We look forward to seeing you there!

Raydon



In Raydon

Blackwell Barn Holiday Let - www.cottages.com

Phil Avery Electrician 01473 311261

Ashley Short Carpentry 01473 311226

Gordon Short Decorator 01473 313053

SW Stiff Builders - 07811 005241

Earth&Turf Garden Services - 07922078241

DIY Livery - 07710 540926

Infusion Grill - 07584 573474

Swift Garden Services - 07947 322429

Rheal Coatings - 07539 377740

Franklyn Nevard - Architect 07515 351894

Fresh Eggs - Roadside stall Fox Farm

Katie's Little Beauty Box - 07802 847628

Tarbins Bakes and Cakes - 07922 129825



Fair Trade coffee morning

How fortunate we were to have yet another mild

and mostly sunny day for our October 4th Fair Trade coffee morning, which again we held outside.

It was lovely to welcome back those who had been on holiday or in hospital and also some holiday makers staying nearby. They plan their stay in Raydon to coincide with Church Teas and our coffee morning, and will be back in June next year !! Our "Frinton Friends" were back with us again and loaded with wonderful cheese scones and Victoria sandwich, we are thoroughly spoilt by them and thank them very much.

We had a big jigsaw swapping session today, some of our regulars donated jigsaws to sell on the stall, so we "swapped" with some that needed checking to make sure they were complete. They will bring these back another time to be sold on the stall and we'll do the same thing again. So, if you have jigsaws and want to take part in a swap bring them along to our next Fair Trade coffee morning on November 1st.

Look forward to seeing you, the Library Van and Love Refills will be here as usual.

Many thanks Wendy Mumford 01473 312123

*Raydon Community Lunch Club *

Lunch club is for Everyone who wants to enjoy, good food and good company If anyone needs transport, The Community bus,can pick you up from your front door,and bring you and take you home again.

To book your journey ring 01473 826242, pre booking is essential.

Lunch is held at
Holton St Mary village Hall
Hadliegh Road
CO76NW
To book Lunch ring Faith on
07999018048
2 course Lunch with tea and cake £4.00
Lunch is served at 12.30pm
Doors open at 11.30am

Next Lunch is 9th November 2022 We look forward to seeing you.

Due to a resignation, Raydon Parish Council has a **vacancy for a councillor**.

The PC meets 10 times a year (no meetings in August and December), usually on the second Tuesday of the month. Meetings are held in the KGF Pavilion at 7.30pm.

No previous experience is necessary – however, we would particularly welcome an application from a parishioner who would be prepared to co-ordinate our village Speedwatch campaign.

If you are interested in applying to join the Parish Council, please email the Parish Clerk, Jane Cryer, at raydonpc@gmail.com, or phone 07920 713940.

Closing date for applications Wednesday 30 November 2022

<u>Sale</u>

<u>of</u>

Books, Bric a Brac Toys and Games

uiso

OTHER LARGE ITEMS

Inside Raydon Church

Sat 19th November

10AM-12noon

Coffee/tea and biscuits available

CHRISTMAS CONCERT

with music by

PHOENIX BRASS BAND

ST MARY'S CHURCH RAYDON

SATURDAY 10 DECEMBER AT 7.30PM

TICKETS £7.50 PER ADULT, £20 PER FAMILY OF 2 ADULTS AND 2 CHILDREN

LIGHT SUPPER AND WINE OR SOFT DRINK INCLUDED

TICKETS AVAILABLE NOW ON

<u>01473 310320</u>

IN AID OF ST MARY'S CHURCH



NEWS FROM KING GEORGE'S FIELD TRUSTEES

The recent weeks have been a busy time for KGF Trustees as the annual bonfire event approaches. Although we have organised this event for many years there is always a considerable amount of planning required before we get to the point of setting up. Once we reach this stage, we are very grateful to the many who volunteer to help the Trustees build the bonfire, lay out the field or run the bar, barbecue and other activities on the night. Without this support we wouldn't have an event!

In addition to preparing for bonfire night the Trustees have also been busy over the last few weeks visiting other community buildings in the area hoping to develop ideas of what Raydon might achieve as we look to rebuild. Talking to trustees in other villages, who have recently been through the process of raising funds and managing a similar project, has proved very useful as we embark on this journey ourselves.

We have also been in correspondence with the Parish Council about the possibility of providing the financial support which will enable us to employ an architect to create initial concept drawings for a new building. This will then allow us to present some tangible ideas to the village and start a process of consultation with existing tenants and potential future users of a new building.

Regrettably, dog fouling continues to be a problem on the playing field despite the provision of an additional waste bin. Further action will be taken to identify offenders if this matter persists. Please clear up after your dogs!

Ideal for your special event

The Raydon Pavilion is for hire

Fully carpeted room for up to 80 people Kitchen and preparation room Easy parking

Available morning, afternoon and evening

For details, contact Mark Smout Tel 07748 842750 or email markrsmout@gmail.com



Manette is here displaying the latest way to walk the Dog, as Jangles comes to Sunday Teas!

Raydon and District Garden Club

Writing these notes in advance due to pending holiday, as I look out of the window at a wet (7mm recorded last night) and misty autumn garden thinking yet again how quickly each season seems to go nowadays.

Autumn comes in quickly and it's time to stop and remember wet feet before marching straight into the house. Since April it's been so dry and you didn't have to think about taking in mud and leaves which was great. Also as the temperture drops it's time for that coat which has hung on the peg for the last almost 6 months unused.

All those lovely dry days and months of summer when possibly we complained it's hot or even too hot, all those trips to the water butt for cans of water to try and just keep plants, trees, shrubs alive. That's all passed by now and in the midst of autumn with all the fantastic colours around to be enjoyed for a few short weeks before wind and frost force the leaves to drop. Plenty of leaves to collect and store away to make much needed free leaf mould for next year's garden. Great for digging in or mulching around plants. As the year moves towards winter have you noticed the birds are eating more and fattening up, plus squirrells are hiding nuts and acorns ready for later, summer bird migration is in full swing and our winter visitors will soon, if not alread.v arrive such as Redwing. Fieldfare, and just noticed influx of Blackbirds.

Another fascinating aspect of winter is once the leaves have fallen you can see the skeletal shape of trees, birds easier to spot, and of course distance views open up.

Jobs to do in the garden if not already started such as dahlia tubers to be dug up,

dried and stored away until next springtime, clear runner beans and weed leeks, perhaps plant garlic bulbs, clear away straw and any died off rhubarb leaves and stems to leave crowns exposed. Ensure the soil is pulled away from crowns so slightly sloping downwards to allow water to run away. Re-cover crowns around Boxing Day with farmyard or own compost but leave gap around crowns. Then cover with about 12" – 24 " of straw, lay a few pea sticks on top to stop wind blowing away straw. Look forward to fresh rhubarb to eat in say mid March onwards.

This period of the year is a good time to plant trees or move shrubs around the garden if necessary. Another job to do is cut roses down by half to help stop wind rock, final pruning next spring. November is of course the best time to plant tulip bulbs for that wonderful Spring showing of many colours.

Because of printing deadlines and holidays, hopefully all you members came along to the October meeting which was all about Roses. Peter Beales Roses are one of the best growers of Roses and I am sure all of you who had rose questions



made good use of the evening to get answers to your problems. More on this meeting in December.

Thursday 24th November is of course our yearly AGM night, but this only takes up half hour, followed by a social evening together. Firstly on entry a glass of wine is served, then as you take a seat we normally enjoy a table top quiz or two. followed at 8.00pm sharp the club official business (AGM). This allows you club members to choose a new or exsisting committee if prepared to stand again to continue running the club into next vear 2023. All members are invited to attend and you can bring along any possible new members to join on the night. Once the official business is concluded we then tuck into a cold buffet provided by members, if anybody would like to contribute please speak to Wendy Mumford or committee members so we know what's coming and to avoid duplication. More wine or soft drinks available (donations for wine), time to finish the fun quiz, results, and then we hold a grand raffle to finish off the evening. This is the end of our 2022 club year meetings and on the night we invite you members to renew your membership for the 2023 gardening year. This helps the committee know what funds we have available for paving for quest speakers. and in turn enables us to get the subjects most requested for and hopefully the most interesting and informative slide and talk presentations.

As I have mentioned before all members are asked to put forward to the committee sugestions on subject matter and of course if you happen to know of a good speaker as well that will be most helpful. As you can imagine after 42 years it's almost impossible for your committee to get completely new subjects, however we can re-cycle (in buzz word) both speakers and subjects especially if not been dealt with for several years so there's plenty to choose from.

Hope you have all enjoyed this gardening year which has brought up many challenges (not least the dry weather) and hope you have had time to enjoy the gardens (your own or others).

For those of you not aware or new to the village Raydon & District Garden Club closes down for a winter break of December and January. Like your gardens it's time for a well earned rest. We re-open with our first meeting in February 2023, that's only 12 weeks away. In the mean time your committee will be busy with next year's programme and 2 x garden shows to arrange and hopefully be able to arrange a coach outing for next June.

Enjoy those winter walks and we look forward to meeting you all again for another great gardening year starting on Thursday 23rd February 2023 (our 43rd year).

Geoff Horrex, 310422 or 07810086143



Suffolk Historic Churches ride, stride and drive.

A huge thank you to everyone for taking part in this fundraising event again this year. Your sponsors were very generous and here in Raydon raised a magnificent total of £1,365 which we share with the trust. Another "thank you" to everyone who took a turn in the Church to record the visiting riders. All very much appreciated, thank you and hope we can do it again next year!!

Wendy Mumford



OCTOBER 2022					NOVEMBER 2022							DECEMBER 2022								
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30	31					0.00	1000			•										

■ OPEN 10-4

W:raydonagricultural.co.uk

E : christmas@raydonagricultural.co.uk

M: 07515472742

· ODEN o 4

A : Blackstump Cottage, Woodlands Road,

Raydon, IP7 5QD

Near Raydon Railway Walk

RAYDON PARISH COUNCIL SUMMARY OF OCTOBER 2022 MEETING

KGF Pavilion

There was a presentation from the KGF Trustees. Stephen Coe explained that King George's Field was a registered charity with six Trustees; the charity managed and maintained the Playing Field, the car park and the Pavilion. Funding came from events held - eg the Farmers' Markets and the annual Fireworks Display – as well as from 'tenants' hiring the facilities. The Pavilion had been erected in 2000 and the Trustees were aware that the kitchen and toilet and changing facilities were in urgent need of upgrading and had asked a chartered surveyor to carry out a survey of the whole building. He had found corrosion in the main structure and estimated that the building would fail within the next ten to fifteen years. For this reason, the Trustees were considering a new, permanent structure which would be a community centre for all parishioners. The Trustees had been talking to the Village Hall Committee about the possibility of using the funds from the sale of the hall and were currently waiting for a meeting to be confirmed. They had approached Babergh about CIL funding and were also talking to Sport England. The next step would be to commission some concept drawings and engage with all stakeholders. The Trustees had asked the PC to consider making a contribution from CIL funding.

Babergh DC

Cllr Ward said Babegh would welcome applications for ClL funding – the maximum amount available for individual projects was £100,000.

Suffolk CC

With regard to speeding through the village, Cllr Hall confirmed that SCC recommended two speed surveys be carried out; more road markings were also recommended. A decision on whether to go ahead with the surveys would be made at the November meeting. In response to a question concerning the ANPR trial, Cllr

Hall said Raydon had not been chosen as one of the trial villages, but was on the list for the roll-out of the scheme.

Casual Vacancy

The Notice of Vacancy had been displayed for the statutory period; no request for an election had been received and Babergh had confirmed the PC was now able to proceed with co-option. An advert would be drafted for insertion in Quartet; it would also be displayed on the noticeboards, the website and circulated via social media. It was agreed to invite applications from people with a particular interest in leading the Community Speedwatch intiative, which the PC hoped to relaunch in the near future.

Warm Space

St Mary's Church would be taking part in the national Warm Space initiative from November 2022 to February 2023, offering a warm space, free lunch, entertainment and company for a few hours every fortnight. It was agreed in principle to make a donation towards the catering costs.

CIL expenditure

As agreed at the last meeting, the Clerk had written to the Trustees suggesting CIL money might be used for new play equipment and fencing on the playing field, and towards a consultant's report for possible replacement of the Pavilion; the Trustees had responded positively to these suggestions; this would be discussed further at the November meeting.

War Memorial

The Clerk had obtained two quotes for cleaning the War Memorial, both of which were higher than anticipated. After discussion it was agreed that a team of volunteers would carry out the work in time for Remembrance Day.

Clerk's resignation

The Clerk was resigning as Clerk/RFO after almost ten years in the post; and would leave at the end of December. A working party would discuss the job description and terms of employment and would bring recommendations to the November meeting.



Raydon Pavilion will be screening live selected matches from the FIFA World Cup starting with England's game against USA on Friday 25th November. This will be followed by England v Wales on Tuesday 29th November.

The bar will be open to members and guests from 18:00 with both games scheduled to kick off at 19:00.

Further games will be scheduled as the competition progresses to the knockout phase.



ST MARY'S CHURCH, RAYDON

COMMUNITY WARM
SPACE

Join us at The Pavilion from 12 noon until 2.00pm 10th and 24th November 2022 for

SOUP & SOCIAL

Sponsored by Raydon Parish Council and The Pavilion

RAYDON PARISH COUNCIL

Parish Clerk Jane Cryer 01473 824287 raydonpc@gmail.com Chairman Sue Newton 07587 243678 Councillor Faith Backhouse 07999 018049 Councillor Keith Lovering 07939 075143 Councillor Jim Lowe 01473 313094 or 07923 546669 Councillor Amanda Pyall 07925 108373 Councillor Jayne Tann 01473 828283 or 07887 767478

Councillor Jo Brothers

Councillor Colin Chapman 07731 477971

RAYDON PARISH COUNCIL

07875 329901

SCHEDULE OF MEETINGS 2022 (all at 7.30pm in the KGF Pavilion)

Please refer to website below

NB: if you would like to see copies of the minutes of any Raydon Parish Council meetings, please visit www.raydonpc.org, or contact Jane Cryer, Parish Clerk.



Holton St Mary



In Holton

Love Refills mobile shop - www.loverefills.co.uk

Ann Mason Care - 01206 233372

Freshen Up Decorating - 07900 242 141

Christmas Coffee and Shopping Morning

Saturday 3rd December 2022 Holton St Mary Village Hall 9.30 am to 12 noon

Stalls will include

- Roger Shipley's Carved Wooden Products
- Tombola
- Made in Holton Stall
 - Mouse Craft
- Christmas Crafts and Gifts
- Lucky Dip for children

plus Coffee, Cakes and Chatter

Proceeds to St Mary's Church, Holton St. Mary

For further information please contact Frances Torrington 01473 312046 or familytorrington@btinternet.com

First Friday of the Month Lunch Club

December 2022 and January 2023

The Christmas First Friday Lunch will take place on Friday 2nd December. The cost for this lunch will be £5 per head.

From January 2023 the cost of lunch will increase from £3.50 to £4.00 per head.

All ages including children are welcome at all lunches. Lunch will be served from 12.30 – 2.00 pm.

If you would like to join us please contact Frances Torrington:
312046/familytorrington@btinternet.com or Sally Thurlow:
312080/salthurlow@gmail.com

We are also looking for volunteers to help run the lunches and help on the day.

May we make one request – if you have signed yourself up for lunch and then find yourself unable to attend please can you inform the lunch organisers well in advance. Margins are tight these days and we have run at a loss for the last few lunches!

Holton St Mary Village Hall

The Hall is back in use and taking bookings again. Please contact Tanya Kunz on 01473 311570

Royal Connections with Holton St Mary

Brenda Naylor

Brenda used to frequently visit her parents, Jim and Hilda Clark, who used to live at 1 Rose Acre, Holton St Mary, until her mother died in 1990 and Brenda inherited the house.

Brenda originally trained in drawing at St Martin's School of Art and her long career spanned sketching, design, photography and, probably her greatest love, sculpture.

From 1943 to 1953 Brenda worked with Norman Hartwell, one of the most famous dress designers of his day, and Brenda did the sketches for his designs. For the wedding of Princess Elizabeth in 1947 Brenda stood in as Hartnell's model for the Princess' train and, when Hartnell was commissioned to design the dresses for Queen Elizabeth's Coronation in 1953, she did the sketches for the Queen's dresses as well as those for the dresses worn by many of the guests.

Brenda had by now become, to all intents and purposes, Hartnell's assistant and I well remember her telling me the story, not known widely if at all, of the journey they made together to Sandringham House shortly before Coronation Day to show Queen Elizabeth the designs of the dresses she would be wearing. On the way Hartnell suddenly said to Brenda that they



had forgotten to design Q u e e n Elizabeth's A nointing Gown so, whilst Hartnell carried on driving the car, B r e n d a proceeded to design the gown she had a l r e a d v

sketched. The Anointing Gown, which was all Brenda's creation, is still widely exhibited and much admired.

Richard Stone

Richard lived in Rose Cottage, Holton St Mary, from 1976 to 1978.

Although Richard had little formal training, it was soon recognised that he had a natural talent for portrait painting and he became the voundest royal painter for 200 years when, at the age of 22, he was commissioned in 1973 to paint Queen Elizabeth. The Queen Mother. Richard went on to paint the portraits of many members of the Royal Family including the portrait of Queen Elizabeth II which he painted to commemorate Colchester's 800th Charter Anniversary in 1989 and the 40th Anniversary of Queen Elizabeth's reign in 1992. The painting hangs in the Moot Hall, Colchester. My wife, Caroline, and I were fortunate to be able to



commission Richard to paint a portrait of our younger daughter whilst he was living in Holton St Mary; the portrait has been exhibited at the National Portrait Gallery and still hangs proudly in our home

Gordon Walker

Gordon was at Gordonstoun School with King Charles and Gordon's widow, Karen, has very kindly sent me the following:

"Gordon was in the school year above King Charles and in a different school house but I know their paths did cross on certain occasions. Both, I think, were members of the Sea Rescue Service, the Coastguard

and the Mountain Rescue Service, all of which were very much encouraged by the ethos of the school. (Gordon went on to serve in the Merchant Navy).

When Gordon was ill suffering from cancer he received a very kind personal letter from King Charles, I am still not sure how he knew Gordon was ill but I suspect a mutual friend who knew they had been at Gordonstoun at the same time had mentioned it to him. Gordon and I were subsequently invited to meet King Charles at one of the garden parties at Buckingham Palace; sadly Gordon passed away before we could attend and I subsequently received a personal letter of condolence.

The following year I also received an invitation from King Charles to attend one of the garden parties and meet him personally, which I did. He was very generous with his time and kind comments.

We lived in Holton St. Mary at Longacre from 1986 to 1998 and then moved across the road to Casatina from 1998 to 2003. Gordon died on 9th July 2000."

Martin Favell 16th September 2022

Holton St Mary Parish Council -

The next meeting of Holton St Mary Parish Council is to be held on the 14th of September at 8pm in Holton St Mary Village Hall. Members of the public are welcome to attend. There is an opportunity to ask questions in the Public Forum Section of the meeting.

Dates for Meetings

Parish Council Meeting November 9th 2023
Parish Council Meeting January 11th

Parish Council Meeting Annual Parish Meeting Parish Council AGM January 11th March 8th April 12th May 10th



Green Gym

We meet again on Saturday, 5th November at 10.30 in Church Square. We will be completing the planting of some more daffodils, kindly donated to us by Sally and Peter Longmate and Sheila and David Morgan. The Team will also be doing some general tidy-up work in the village. There is always work to be done and additional pairs of hands, either as a 'one-off' or on a regular basis, are most welcome. Thank you.

If you have any queries about what we do, please do let us know.
Richard Appleton 07976 010754

Holton St Mary Social Club

Friday Nov 4th 7pm



Millennium Green Holton St Mary

Burgers, bangers & beer at the Village Hall after the display Donations on the gate please

Holton St Mary Social Club (HSMSC) Update

Thank you to Keith Jeffreys for his musical entertainment on 9th September and Vaughan Vanniekerk for his quiz abilities on 8th October.

Bonfire Night is 4th November on the millennium green. The social club will be open from 5:30pm for drinks, the bonfire will be lit at 7.15pm with hot soup is available (proceeds go to the church), then burgers, bangers and beer in the village hall afterwards.

Hold The Date(s)

- 31st December New Year's Eve Party in the village hall
- 6th May Event to celebrate the coronation of King Charles III

It is free to become a member, just contact Bob Holmes on 07966 266293 / bobholmes55@icloud.com to sign up.

The Holton St Mary Social Club open the bar in the village hall on a Friday evening from 17:30 to 22:00 and everyone is welcome to come and chat and catch up on village life.

Please do keep an eye on the Quartet and the Holton St Mary Facebook group for updates on the events above.

We hope to see you at an event or in the village hall soon.

The Holton St Mary Social Committee

Holton St Mary Bonfire

Due to the extremely dry weather the Millennium Green Trustees seek to reduce the size of the bonfire for safety's sake. The Green itself needs a great deal of tidying which will provide plenty of material and therefore the Trustees and the Social

Club Committee have agreed that there will **NOT** be a collection around the village this year.

The Millennium Green Trustees Holton St Mary Social Club

A Parish council meeting for Holton St Mary

was held on the 12th of October 2022, this was initially planned for September but had to be postponed due to the mourning period following the Queen's passing. Please find below points that were discussed at this meeting:

- Planning application for a 28 bed community care, rehabilitation and respite centre at Holton Hall Farm, Holton reference DC/20/05590 was discussed. Chris Mason from Ann Mason Care was present and answered questions from the villagers and parish councillors. The parish council is encouraging people to submit comments on the planning portal and will be sending an objection letter to Babergh planning with regards to this proposal. Please visit the Holton St Mary Parish Council website for the published minutes of this meeting for further information on points raised in this matter.
- The parish council would like to promote How your council can help you with the cost of living, simple scheme to buy solar panels for Suffolk residents and raising awareness of safe battery disposal all mentioned in the District councillors report. Further information can be found at www.babergh.gov.uk
- The parish council will be organising another session of defibrillator training which will be offered to all villagers the date for this is to be confirmed.
- Stubbins Lane has now passed phase 3 and has been made a quiet lane -

there will be a new sign installed.

- Holton St Mary is still at a level where there are speeding issues according to data received and concerns raised from residents - the parish council are looking to possibly increase the signage around the village and the ANPR camera will be returning on a rotational basis.
- All road repairs have now been carried out in the village, if there are any problems then please can residents report it
- There has been a noticeable issue of dog fouling in the village and the parish council would like to encourage people to pick up their dog mess and bin it.

The next parish council meeting will be on Wednesday 9th of November at Holton St Mary village hall and everyone is welcome to attend. If you would like to raise any issues please contact the clerk via email - hsmparishclerk@gmail.com.

Holton St Mary Millennium Green

Winners of the last 3 Century Club Draws are:

July: £30 No 63 Marjorie Haste, £15 No 66 Samantha Evans, £10 No 76 Riet Howard, £5 No 61 Sue O'Connor

August: £30 No 116 Paul Oliver, £15 No 17 Steve & Sharon Sleigh, £10 No 10 John Holt, £5 No 108 Lee Rose

September: £30 No 20 Peter & Sally Longmate, £15 No 104 Frank Swallow, £10 No 121 Chris Gentry, £5 No 21 Debbie Wilson

Holton St Mary Christmas Preparation Sessions 2022 in aid of St. Mary's Church

Sally, Jacqui and Jan would like to extend an invitation to a series of workshop sessions in the run up to Christmas again this year. All are welcome, from complete beginners to experts. All sessions will be in the Village Hall and open to non-residents.

Saturday 3rd December 2pm. Fresh Foliage Wreath Making (1).

Whether hung on the door or a window during the Advent period, the wreath has been traditionally viewed as an invitation to the spirit of Christmas to enter the home and to bring good luck.

- 1. Materials provided include wreath ring, moss, wires, backing tape and pins (optional- to protect doors) and decorative ribbon for a bow. Bring your own choice of foliage and baubles or other adornments.
- 2. Little refreshments and a small glass of something lovely will be provided.
 3. Jan will be on hand to give tuition and support if you have never done this before or if you have but still want help. Or you may be expert but want to join others in making your wreath. Cost £15 per person

Saturday 10th December 10.30am. Diamond Painting Tree Decorations.

Diamond painting is a new craft which combines the principles of cross stitch (no sewing!) with paint by numbers. Resident crafter, Jacqui, will demonstrate and help you apply tiny resin rhinestones to a colour coded background to make 2 shimmering tree decorations. Optional card mounting will be available. All materials will be provided, along with light refreshments and a glass of something nice. **Cost £12 per person**

Saturday 10th December 2pm Fresh Wreath Making (2)

If there is sufficient demand, we will repeat the wreath making workshop.

Saturday 17th December 10.30 am Fresh table centre decoration

This date is near enough to prepare a fresh table centre decoration ready for your table on Christmas day. You will prepare a table centrepiece using the 7 principles of floral design. Jan will be on hand to demonstrate, advise and help. We will provide a floral tray, wet oasis, pot tape, a candle holder and candle (bring your own if you want a colour other than red or green). Just bring your own foliage. They are lovely made with a variety of different textured and coloured foliage. If you want to include fresh flowers on the day, we advise that you wait until three days before Xmas to add them. A glass of festive drink and nibbles will be included. Cost £15 person

Saturday 17th December, 7pm. Christmas Cocktail Making and Tasting Learn how to impress your guests with

your own cocktail making skills. Our experienced cocktail maker, Sal, will demonstrate the recipes for three popular cocktails. You will have the chance to mix and taste your own! A couple of canapes will be included in the price. All cocktail ingredients are included in the price. Cost per person £25

To book your place, please contact Sal Thurlow: salthurlow@gmail.com or 01473 312080 or me - Jan Cheng: jan.cheng53@gmail.com or text to 07906 052380, giving your name and no of places needed. Confirmation will be on receipt of the fee. Details of how to pay will be sent upon request of a place. Please book early.

Slow Stitch

We meet every third Thursday of the month in Holton St Mary, Village Hall from 2-4pm. We are a drop-in group where anyone can just pop in, whether for a chat or to bring their own project to stitch.

This month we have been asked if we can help a Duola working in London, who has family connections to our village. She needs knitted breasts to help her with her work promoting breast feeding with new mothers.

We can provide you with a pattern if you want to knit these at home, or perhaps you have some balls of wool you could donate to this project. All colours accepted.

For more information contact Jeanette Appleton 07768418942

stour valley U3A

learn, laugh, live

Make most of life once you're no longer in full time work and explore new ideas, skills and interests. Across the UK, u3a members are learning, staying active and having fun in later life. It's local, social, friendly, low-cost and open to all.

Our monthly meetings and lectures on the second Wednesday of the month at 2pm are held in Constable Hall East Bergholt.

We have many interest groups such as dining, walking, garden visits, pickle ball, canoeing and kayaking. Emerging new groups are badminton, Sunday lunch for singles, pubs-r-us, thinking-out-loud and art. Monthly coffee mornings on the first Friday of the month at 10am in the Lambe School East Bergholt.

Please look at our website for more information/contact details u3asites.org.uk/ stourvalley





Manningtree & District Photographic Society

We are a small and friendly group of photography enthusiasts who meet up on the Essex/Suffolk border. The club aims to provide a pleasant environment for members to enjoy the development of their photographic skills through a variety of activities in the company of like-minded individuals. If you are interested in photography, whether as a beginner, with some experience, or even an expert, you will be warmly welcomed at M&DPS.

Our recent 'Open Mono' digital competition once again attracted a good number of entries. We also enjoyed an interesting presentation by Damien Demolder - 'Photography as a means of communication'.

This month's image, 'Saffron Crocus' by Ann Laverock, won our recent digital 'Open Colour' competition.

We continue to run our themed Facebook challenge to keep us motivated.

Future Meetings in November

Thursday 10th November – Prints 'Open Colour' Competition – Judge: Peter Norris DPAGB, AFIAP.

Thursday 24th November – Presentation by Chrissie Hart ARPS, DPAGB – 'My journey to find my creative side'.

Our full programme can be viewed on the website.

We are always keen to welcome new members and we invite you to come along to a free club meeting. We meet at Mistley Village Hall, on the 2nd, 4th and 5th

Thursdays of the month between September and May at 7.30pm.

For further information please contact our Secretary Viv Scurrell on 01206 393751 / Email: madps@post.com

Website: https://e-voice.org.uk/ manningtreeanddistrictphotographicsociet v/



Dedham Tennis Club

Dedham Tennis Club is a friendly club in a beautiful setting. We welcome members of all ages and abilities and offer the opportunity to play tournaments, undergo coaching and meet new friends. all with an emphasis on fun and inclusion.

Whether you are looking for the chance to improve your game, get fit or simply want to enjoy the community vibe, Dedham Tennis Club is for you.

Membership options are on the website now, with junior membership starting at £5. Go online at: clubspark.lta.org.uk/dedhamltc for details of memberships, coaching groups & how to book courts.

Why not pick up that racket & join Dedham Tennis Club?

Elizabeth Regina



Individuals, the country, commonwealth and the world have mourned the death of Queen Elizabeth II. Tens of thousands personally paid their respects as she Lavin-State in Westminster Hall and during her funeral and committal and many funeral. millions watched her Newsreaders and commentators repeatedly remarked on this public response, asking the question, "Why?" Another frequently-asked question was: "What will be her legacy?" The most common answers to both questions focused on her long and exemplary reign which began at a time when many were beginning to question the purpose and role of a monarchy in a post-world war and rapidly-modernising Britain. There is no doubt that in her seventy-year reign she has highlighted its purpose and expanding role, thereby addressing many of the stings and barbs of the anti-royalists. Her behaviour and actions will also have strengthened its future work which will be important as King Charles III begins his inevitably different reign. Other answers focused on her unifying effect on the commonwealth, her respected 'statesmanship' throughout the world and her immeasurable hard work as patron of many charities, including the 'Mothers' Union', 'Cancer Research UK' and 'Step One'. I think she has given us another legacy, one based on her character which she demonstrated throughout her reign including her 'annus horribilis' and the COVID pandemic; love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control. Many will recognise the origin of these human characteristics (Galatians 5: 22).

Her Christian faith inspired dedicated, humble service and love; love for her family, her people and her country. Irrespective of one's opinion on the principle of a monarchy, one can only admire and respect her practice and faithful enactment of her oath and promise on the day of her Coronation. I would suggest that this was only possible because of a strong and unshakeable belief in a faithful and living God.

I was always awe-struck by the way she conducted herself in her unique and supreme office. Respect is not automatic with an office, whatever that office might be. Respect comes with the honest, dedicated and conscientious behaviour shown by the person that holds the office. Today's society shows us numerous examples where there is a clear discordance between the two in which the office is regarded simply as a badge, label or desire for self-recognition. Elizabeth R fulfilled her office as though her life depended on it.

Privileged but not arrogant; powerful but humble; private yet personal; she never demanded or even asked what her people could do for her as the country's sovereign, but what she could do for her people. Unlike in the nursery rhyme, 'Sing a song of sixpence', she was neither in the 'counting house counting out her money' nor 'in the parlour eating bread and honey'. She came down from what many perceived as an ivory tower to the many mud huts on the plain below. She came not be served, but to serve and I am sure that

many will recognise how this resonates with someone else's principle.

Role models are often cited as being important in our lives and the spotlight immediately falls on royalty as well as celebrities. For royalty, the spotlight is never dimmed or extinguished. As a role model, our Queen showed us how to love and serve others. Even without faith in a living God, surely we should try to adopt this approach? In the late 1990s, a book was published which comprised of dozens of quotations from the rich and famous on what they considered was: 'The Meaning of Life'. Most wrote on 'being happy' or on 'self' 'or me' and only a significant minority focused on 'others'.

Elizabeth R was clearly an exemplar of the latter. Her life was given to others and this had been recognised and appreciated by this nation and the world well before her death. As she insightfully said in a speech during the D-Day commemorations in June 2014: "The true measure of all our actions is how long the good in them lasts". As the weeks and months pass the emotionallycharged reactions to her death, Lying-in-State and funeral will inevitably fade as we necessarily re-focus on what demands our attention in our day-to-day lives, both in our own but also other countries. This will test us physically, emotionally and spiritually. In our testing we should always remember our Queen's example and try to apply some of her love and service to, and faithfulness for one another, and not just for those whom we like (and those who like us), but for everyone. This is particularly important as 'self-entitlement' is now an almost accepted social pandemic. We should therefore ask ourselves: 'What is the purpose of our life; to serve only me or to serve others?' This is Elizabeth R's legacy.

Richard Appleton

Holy Family Roman Catholic Church

Ipswich Road, Brantham CO11 1TB Priest in Charge: Fr Bineesh Elenjikkal OCD. Parish Deacon (Retired): Rev Clive Brooks 01206 396319. The Priory, 180 Hawthorn Drive Ipswich IP2 0QQ. Tel: 01473 684963. www.stmarksparish.org.uk

The weekly Newsletter, with Mass times, is always displayed in the cabinet alongside the Church's front door and may also be read on the regularly updated website www.stmarksparish.org.uk together with other Parish news. Fr Bineesh Elanjikkal is the Ipswich Hospital Catholic Chaplain assisted by Deacon Rev Clive Brooks (01026 396319)

All are very welcome to attend Holy Family services; it is not necessary to be a Catholic and enquiries about the Catholic Faith are always welcome. Please contact The Priory, as above, or a local person whom you know is a Catholic.

All are very welcome to attend Holy Family services; it is not necessary to be a Catholic.



SESAW NEWS

That silly chihuahua gave me the best laugh I've had in ages! He was boasting about 'writing' Kenny's SESAW News since 2012. That's a decade to you and me – but he never admits to being more than eight years old! He can't even get up on time since the clocks went back so here's my cat's eye view of our news, starting with our first Christmas Fair since 2019. Our volunteers have organised lots of gifts, crafts and bargains plus Jeanette's Terrific Tombola and refreshments served all day. Open 10am to 3pm on Sunday 20th at the Old School, Long Melford, CO10 9DX.

SESAW takes in not only domestic animals but also wildlife casualties including sick or injured hedgehogs found wandering during the day. This year the prolonged dry weather delayed their release into supported sites so two hedgehogs passed the time by helping increase their numbers to eight! All are now living in suitable areas where our volunteers oversee their welfare.

Hedgehogs numbers are falling but humans can help by supplying drinking water and cat or dog food to eat, never bread and milk. They need gaps under fences to move between gardens and a pile of leaves and twigs to hide under please check for 'Spike' before you build a . British Hedgehog bonfire. The Preservation Society (www.britishhedgehogs.org.uk) People's Trust for Endangered Species (www.ptes.org) provide very detailed help and advice on what you can do.

The evenings are drawing in and it's too cold to stay out but I always grumble when Mother scoops me up to go indoors each night. Anyone who thinks I'm a pushover doesn't know me,

Ollie (the Black) Cat!

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, C06 4PP. Tel: 01787 210888

Spotting Modern Slavery

With approximately 5,000 live Modern Slavery investigations ongoing across the UK at an one time, it's something that is known to be present in all communities. Modern Slavery is difficult to spot. In cities, when streets are full of people and activity, it can be hidden amongst the hustle and bustle. In rural areas, it is often hidden in remote locations, off the beaten track.

Modern Slavery is rural areas is often underreported, we need more information. Suffolk Police are keen to work with groups that are active in the countryside to collectively spot indicators of Modern Slavery, ensure areas of concern are highlighted and than investigated appropriately by the authorities to safeguard those who are at risk.

When out and about in the countryside be aware of the following visible indicators:

Individuals who may show signs of psychological or physical abuse. The might appear frightened, withdrawn or confused.

Workers may not have free movement and may always be accompanied. Are they being overly or aggressively supervised?

Individuals often lack protective equipment or suitable clothing. They may appear untrained and working unsafely such as being overly close to machinery moving parts.

Individuals could live on site – be aware of structures that are not out of place such as decrepit horse boxes, shipping containers, ramshackle buildings etc these are sometimes used for accommodating victims of Modern Slavery.

One or more of the above indicators would be of interest to the police.

Bin collections

Week Commencing			
	24th October	Refuse Week	
	31st October	Recycling Week	
	7th November	Refuse Week	
	14th November	Recycling Week	
	21 st November	Refuse Week	
	28th November	Recycling Week	
Waste Services 0300 www.recyclenow.com 1	1234 000 (option 4) to find your nearest	Email: recycling@babergh recycling banks	midsuffolk.gov.uk Visi
www.recyclenow.com	o lind your riearest	recycling banks	



Tell us your favourite local service - could be a pub or restaurant or takeaway, or other service you think would benefit getting a recommendation...If we agree, we'll print it here

The Layham Queen take out service on Fridays & Sunday Roasts - Steve and Tannith are very community minded and give a very good service

Simply Thai Manningtree - It was simply delicious! Freshly cooked, and arrived within the quoted time frame. 01206 396060. Delivers to Holton St Mary

Zaynab and **Mother Indian** at Capel. Really good and highly recommend. They don't deliver, but it's made quickly for pickup.

Brantham Bull 01473 328248

Lucca Enoteca Manningtree 01206 390044

Oranges & Lemons East Bergholt 01206 299000

the florist in East Bergholt does lovely flowers:- www.gayedrummond.com

Sam Pritchard sam@samselectrics.co.uk 07940031776 - Sam can certify safety for insurance and landlord work too. Anyway, he's great.

There's room for more...let us know...!

Local Services

Local Directory

The Constable Country **Medical Practice**

Heath Road, East Bergholt, Colchester **CO7 6RT**

Surgery opening hours 8.00am – 6.30pm Monday to Friday Telephone 01206 298272

36 The Street, Capel St Mary, Ipswich IP9 2EE

Surgery opening hours

8.00am - 6.30pm Monday to Friday

Dispensary 8.30am - 6.15pm (closed between 1-2pm) Telephone 01473 310203 Fax 01473 311722

Crime prevention

http://www.suffolk.police.uk/safetyadvice/ reportacrime/tellthepolice.aspx PC 1347 Gilkes Pcso 3041 Cooper babergheast@suffolk.pnn.police.uk Telephone...101

Your District and County Councillors

District Councillor: John Ward Leader, Babergh District Council

Phone: 07802 414981

Email: john.ward@babergh.gov.uk

County Councillor: Georgia Hall

Email: georgia.hall@suffolk.gov.uk

Phone: 07955 434445

Both have correspondence addresses at Endeavour House, 8 Russell Road

Ipswich IP1 2BX.

MOBILE LIBRARY

Stratford St Mary - Route 11

The bus stops every 4 weeks on Wednesdays, subject to current resrictions

26 October, 23 November, 21 December

Black Horse - 11.05am - 11.20am Tally Ho! Corner - 11.25am - 11.45am Strickmere (School Lane end) - 11.50am -12.10pm

Route 14

The bus stops every 4 weeks on Tuesdays

1 November, 29 November

Holton St Marv

Church Square - 9.30-9.45am

Ravdon

St Mary's Raydon - 9.50-10.30am

Lower Raydon

Sulleys Hill - 11.30 - 11.45am

Higham

The Green - 11.55am to 12.10pm

The customer service line 01473 283838 is staffed 9am to 5pm from Monday to Friday and can handle any library customer queries renewals reservations to any general library queries. An answer phone is available outside of operating hours and people can also email help@suffolklibraries.co.uk

OFFICE and WORKSHOP PREMISES TO RENT Central East Bergholt with excellent road and rail links Various sizes with tailored leasing arrangements Carpeted offices with own toilets and kitchenette Quiet rural location with plenty of parking www.gattinetts.co.uk Or ring 01206 393089 / 07941 781489 to check availability







Bespoke, handmade soft furnishings & upholstery





Home baking in Raydon; afternoon teas, cakes, brownies, cupcakes...
Find me on Instagram and facebook or contact: claire@tarbinsbakesandcakes.com











OWN A SHAREIN A RACEHORSE



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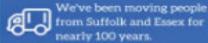
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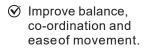


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Please contact Rev'd Manette if you would like to know more about being baptized or confirmed, if you would like to get married in one of our churches, or if you need to arranged a loved one's funeral.

If you would like to receive Home Communion, please contact Rev'd Manette or Rev'd Nicola.

f

Regular updates about what is going on in our parishes can be found on the Benefice Facebook page:

https://www.facebook.com/4-Marys-Benefice-111433503828636

Benefice website: www.4marys.org.uk

Churchwardens:

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Higham Hugo Parker 01206 337234

Holton Richard Noel 01206 298276

Paul Torrington 01473 312046

Raydon Geoff Horrex 01473 310422

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Benefice Safeguarding Officer:

We are happy to announce that Steph Middlebrook will be our new Benefice Safeguarding Officer and she will also help with some general parish administration. Until she has completed the necessary training, please contact Rev'd Manette with any questions or concerns.

Church Services for November

Please check our Facebook pages and the 4-Marys website for updates. If there are any significant changes, those who are on our regular email contacts list will be notified.

Sunday 6th. November 10am: Holy Communion Stratford St. Mary 3rd before Advent

5pm. All Souls Day service Holton St. Mary

The All Souls Day service offers a reflective time to remember those whom we have loved and lost, either recently or longer ago. There will be music, hymns, readings and prayers and we offer the opportunity to light a candle in memory of a loved one. Refreshments will be served afterwards Everyone is welcome!

Sunday 13th November 10. 50 am: Service of Remembrance Higham Remembrance Sunday

10. 50 am: Service of Remembrance Holton

10. 50 am: Service of Remembrance Raydon 10. 50 am: Service of Remembrance Stratford

4pm: Higham Hangout

Today's theme will be Remembrance

Sunday 20th November 10am: Holy Communion Holton St. Mary

Christ the King

Sunday 27th. November 10am: Holy Communion Raydon

Advent Sunday

10am: Family Hour in the Parish Room Stratford St Mary

Covid infection rates have been rising again in Suffolk and in other parts of the country. Being vaccinated does not offer full protection and you can still pass on the virus. Many other colds and viruses are also doing then rounds. When meeting in church or in other places, please observe social distancing and respect that many wish to avoid physical contact such as shaking hands. Whilst wearing masks in enclosed indoor spaces is not a legal requirement anymore, some people prefer to wear them and they offer a degree of protection.

If you feel in any way unwell, or you have a cough, a temperature, a sore throat or a runny nose, even if you don't test positive for Covid, please stay at home until you feel better.

Family Hour in Stratford St Mary at 10am

Everyone is welcome to come along to Family Hour in the Parish Room. Our next meeting is on Sunday, 27th. November, All are welcome to join us for this short family service with bible input and craft fun!

Leading on from our theme of 'Light' - this month we will asking the children to help us make the Advent wreath for the church. Breakfast (bacon rolls / juice / tea / coffee) served from 9.30 am. We look forward to welcoming you. The Family Hour Team.







Sunday Hangout in Higham on 13th November at 4pm

A Sunday church group, aimed primarily at children, but open to any age! The Sunday 'Hangout' is a time to reflect on our faith, to ask questions, to discuss and to learn in a fun way. We usually have some craft activities or we may go outside to explore. It's an opportunity to hang out with friends, whilst getting involved in fun activities which the whole family can enjoy. We meet for about an hour at 4pm and snacks and drinks will be provided.

This month the Higham Hangout will be meeting on Remembrance Sunday, 13th November and we will be thinking about the importance and meaning of Remembrance Day.

Chat, Prayer & Coffee every 3rd Wednesday of the month

Stratford St Mary Parish Room, on 16th November at 10am.

This is an informal time to chat, share news and pray together over a cup of coffee - there may even be cake and biscuits!

Benefice House Group

The House Group will meet this month on Thursday 3rd November at the home of Jonathan and Janet Dewey: 5 Veyses End, 2.30 - 4pm

Benefice Churches Open

All our churches in the benefice are open every day for private prayer and visiting.

God of holiness, your glory is proclaimed in every age: as we rejoice in the faith of your saints, inspire us to follow their example with boldness and joy; through Jesus Christ our Lord.

A Collect Prayer for All Saints Day

Heavenly Father,
in your Son Jesus Christ
you have given us a true faith and a sure hope.
Strengthen this faith and hope in us all our days,
that we may live as those who believe in
the communion of saints,
the forgiveness of sins,
and the resurrection to eternal life;
through your Son Jesus Christ our Lord. Amen.

A Collect Prayer for All Souls Day

We pray for those who are unwell and who have asked for our prayers, among them:

In Higham: Amanda Berry, Penny Watkins

In Stratford St. Mary: Laura Kerry In Holton St. Mary: Naomi Ellis

Outside our parishes: Helen Gregory

We remember all those who have died, among them Nicholas Maxwell Lawford. May they rest in peace and rise in glory, and may those who mourn them be comforted in their grief.

If you wish to be added to our email mailing list to receive updates about what is going on in our benefice, please contact Rev'd Manette at: revmcrossman@gmail.com