

**Stratford
St Mary**

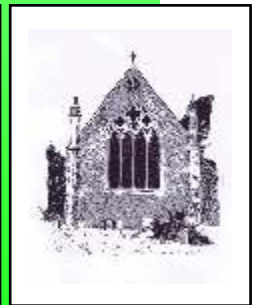
Higham

**Holton
St Mary**

Raydon

Quartet

The Parish Magazine



November 2019

Issue 375

For Sale

Silver Crest Dehumidifier,
German made, but surplus to
requirements and never used.
Instruction booklet included.
Bargain at £50 o.n.o. (cost
twice that figure).

Please phone 01206 298192

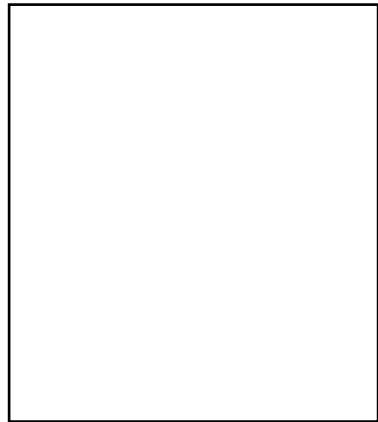
Black leather fashion boots - SIZE
5. Leather lined, medium 6 - 7cm
high heel. Very good condition -
should be seen!

£80 - NO OFFERS.

Retro leather/suede Morlands
winter boots. Fawn, fur lined,
rubber sole. Leg height 30cms,
(approx)

Good condition.
£25.

Telephone 07747 067553.



You can place items for sale or wanted on the Small Ads Pin Board for free.
Just email quarteteditor@hotmail.co.uk with your advert.
We will place it for one month space permitting.

Small Ads pin board



The Quartet Diary



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2020

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Editors Corner

Hold tight! There's going to be a lot of fireworks around our way soon. Although there have always been village bonfire nights for as long as I can remember, it feels as if we have more than usual to offer you this month. Stratford, Raydon and Holton all have their own shows and there is more further afield too. Perhaps they are becoming more popular - I'll leave you to guess and hopefully find one near you to attend!

With Christmas just around the corner you will find lots of special events with a Christmas flavour all around the four villages, so do have a look and start to get seasonal. It will all be upon us before we know where we are!

The next Quartet annual meeting is just around the corner too (we normally try to get together as a team in January) and one of our talking points is usually 'How can we improve the Quartet?' Well, now is your chance. Can you think of anything you would like to see in the magazine? Perhaps something you've seen somewhere else and thought 'that's a good idea' - well, please share it with us! Email Anne and Jane; quarteteditor@hotmail.co.uk, we really would like to hear from you!

Happy reading for another month.

Anne and Jane

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



Copy deadline for next edition:
19th November 2019

Contact details: Email:
quarteteditor@hotmail.co.uk

Editors:
Anne Priestley; 1 Corpus Christi
Cottages, Holton St Mary. CO7 6NN

Jane Lelliott; 5 Swan Meadow,
Stratford St Mary. CO7 6JQ

Distribution: Dave Leach
07930390517

Invoicing: Jenny Leach
quartet.advertising@gmail.com

Stratford St Mary

Maintenance Work in Village

Stratford St Mary Parish Council are looking for a contractor to carry out general maintenance work in the village. This will involve repairing of benches, clearing of footpaths and other jobs as and when required.

If you are interested, please email
Parish Clerk:
parishcouncil@stratfordstmary.org.uk

Parish Room Charity Stall

Sadly the stall ceased to exist on 4th October 2019 and our sincere thanks to all who provided items or purchased over the years.

Pat and Charlie Ablitt started the stall in 1995 with proceeds split 50/50 between the church and hospices. An amazing total of £61,847 was raised in 17 years. Barbara Sparrow then kindly took over when the stall was moved to the Parish Room and a further £11,250 was raised. Barbara, unfortunately, has suffered a very bad fall that has prevented her from carrying on. We wish her a speedy recovery and our sincere thanks for all that she has done.

The decision to close was due to any number of factors including theft of both goods and cash, recent vandalism and also the site being used as a dumping ground.

Nevertheless it has served a very useful purpose and again thank you to all who supported in any way.

Don Umfreville

STRATFORD ST MARY INSTITUTE HALL

Please note that requests for bookings should be made through the bookings email address: ssminstitute.bookings@gmail.com. Information supplied to book should include a name with contact details and the nature of the event.

This results in a natural queuing system which ensures that first come is first served. I check this address every day and will respond accordingly.

Steve Kite
42 Strickmere
Stratford St. Mary, CO7 6YG

STRATFORD ST MARY PARISH ROOM

Letting fees are as follows:

1 session - £17.00.

2 consecutive sessions - £30.00.
all day - £38.00.

A session is 5 hours i.e. morning -
afternoon- evening

Special rates for regular bookings.
Heating and lighting are included. To book the hall and for general enquiries, please phone John Taylor on 01206 323908

Stratford St. Mary Christian Fellowship
(known as Stratford Chapel)
Upper Street, Stratford St. Mary CO7 6JH

We are an evangelical free church serving the
Community and attended by all age groups.

Sunday Services: (every Sunday)
10 am: Morning Service and Junior Church followed
by refreshments
6.30 pm: Prayer and Praise

Midweek Activities:

House Groups at Stratford St. Mary, Dedham and
Capel St. Mary

"The Coffee Pot" for everyone
Tuesdays 9 am - 11 am: during term time

Men's Recreation Evening meeting monthly on
The 1st Wednesday of each month

Sparks Children's Club each Friday during
Term time from 5pm - 6.30pm for ages 7 - 11.

Ignition Youth Club each Friday from 7.30 pm - 9.30 pm
For ages 11 - 18

For further information: Contact Adrian Gates Tel 01473-311919
Or Beckie Wyncoll at beckie.w@liva.com



**Community
First Responders**

Interested in becoming a CFR?

Why not find out what it is about?

Look at the CFR link on the East of
England Ambulance Services website.
You can even apply on line!

If you watch the training video - do not be
alarmed - you are never expected to do
mouth to mouth.

For further information, please contact
your local co-ordinator.

100 Club Winners October

71	B.Gardiner	£40.00
40	K.Tatum	£10.00
31	T. Davies	£5.00

Stratford St Mary Parish Council Emergency Team

If an emergency does arise, please
contact one of the following team
members:

Norman Woodard

12 Swaynes 01206 323015
Norman.woodard@fatbloaters.com

Chris Griffin

Brook Farm, School Lane 01206
337363/07885 807567
chrisbrookfarm@gmail.com

Steve Kite

42 Strickmere 01206 322482
07958 515573

Bill Davies

3 Spanbies 01206 322990
billdav@hotmail.com

Stratford St Mary Parish Council website has
now been updated. Please pop over to
www.stratfordstmary.onesuffolk.net and let
us know what you think. If you would like
your event advertised on the website as well
as in the Quartet, whatever it may be, please
let the parish clerk know on
parishcouncil@stratfordstmary.org.uk



Family Hour @ The Parish Room

Every 4th Sunday families and friends come together for breakfast followed by a 30 minute interactive church service.

- Breakfast is from 9.30 includes coffee, tea, juice, bacon rolls
- Followed by a short modern service
- A relaxed cafe style
- Everyone welcome
- No charge

Come and join us!

Transport to Medical Appointments.

If you live in Stratford St Mary and have difficulty in getting to and from your doctor's surgery our friendly team are happy to help you.

Please give us as much notice as you can.

Graham/Diana Pearce 01206 321297

Jenny Symons 01206 322636

SSM Parish Council Meetings

11 November

The Village Emergency Telephone

The Stratford St Mary Village Emergency Telephone System (VETS) is now up and running.

If you are with a person who you suspect has had a cardiac arrest, immediately call 999 as normal. An ambulance will be dispatched as soon as possible, however due to the location of Stratford St Mary, this may take a while.

You will probably be alone with the patient and cannot leave them to go and get the village defibrillator, so we have a group of 10 volunteers who will respond to a telephone call from you. All the volunteers are on the same number and if a volunteer is available you give them your location, they will collect the defibrillator and come to your location, they will then assist in CPR and using the defibrillator until the ambulance or medics arrive.

The number to call these volunteers is :-

01206 700919

Stratford St Mary Parish Council

There are two vacancies on our parish council so if any village resident would like to apply to become a councillor please contact our clerk, Jane Rose, by email on parishcouncil@stratfordstmary.org.uk or you can contact our chairman, Bill Davies, on 322990 if you would like to discuss the matter before making a decision.

Millennium Garden - An explanation.

For the many residents who have been kind enough to express their pleasure at the restoration of the Millennium Garden over the past three years, we thought we should offer some explanation for the somewhat premature removal of the floral displays at the end of September.

This was prompted by an act of gratuitous vandalism which, one Sunday evening, saw one of the troughs of begonias removed from the garden and dumped in Lower Street, during which activity the wooden trough was seriously damaged.

As a result, we decided that it would be prudent to also remove the second trough, putting both into store to dry out, so as to permit their repair/ refurbishment during the Winter. They will then be replanted and returned to the garden in the Spring. We are much saddened by the realisation that there are some in our small community who are inclined to such senseless behaviour. It is to be hoped, however, that this will prove to be an isolated instance and that the garden will be permitted to go on providing pleasure to residents and visitors to our village alike, for many years to come.

Brenda and Brian Such



We are collecting leftover currency to raise funds for new play Equipment.



Do you have any foreign currency lurking at the back of a drawer? Please put it to good use by donating it to abc Preschool in Stratford St Mary. (Registered Charity No. 1159203)

We are collecting coins and notes both current and withdrawn.

Please bring it in to abc Preschool, in the grounds of Stratford St Mary Primary School,

Monday-Friday 9am-3pm.

Thank you!

abc Preschool CIO, Strickmere

Colchester, CO7 6YG

Telephone (01206) 322466

Email: admin@abcpreschoolstratford.co.uk

Registered Charity No. 1159203



SSM Rambling Club

Main contact is the chairman, Don Umfreville on 01206 322626. Unless stated otherwise, we meet up at 09:45 at the Parish Room, Upper Street, Stratford St Mary.

POPPY DAY APPEAL – 2019

British Legion Poppies will be available at the following locations in Stratford St Mary for 2 weeks prior to Remembrance Day.

Farm Shop/Restaurant
Anchor Public House
Garage/Village Shop/PO
Swan Public House
Black Horse Public House
Primary School
Rosebank, Lower Street

Hopefully you will support this worthy cause in respect of servicemen and woman who, at the behest of the Government in power, fight on our behalf to keep this country safe. The injured require ongoing care, help and support.

Thank you

David Isaac



in the grounds of
Stratford St Mary
Primary School

It's beginning to look like Autumn inside abc Preschool. The children have been looking at their environment this term, we cleared the vegetable patch and now we are deciding what vegetables to grow next. We collected our runner beans cooked and ate them, they were delicious? We have made a giant hedgehog out of what we collected from the garden, his spikes are made of leaves and we enjoyed creating with paints a tree which is now hanging on the wall in our main room. If you would like your child to attend a preschool which inspires young minds, then get in touch on 01206 322466 and speak to Kirsty Robinson, Preschool Manager. We love visitors.



Stratford St Mary

Community Fireworks Display

Saturday 2nd November 2019

Stratford St Mary Primary School (Playing Field)

Gates open at 6pm

Online Tickets now available from www.ssmfireworks.co.uk
or Primary School Office, Vale Garage Shop & Hall Farm

(Please note that due to popularity and restriction on numbers this is a ticket only event so please purchase in advance to avoid disappointment)



The JRSOs would like your help; they would like you to save your old inner tubes.

Don't bin your old inner tubes, we're collecting them! We are collecting blown out inner tubes for Cycle of Good who send them to Malawi.

Cycle of Good create quality handcrafted goods using recycled materials (like your old bicycle inner tubes) by training tailors in the world's poorest places so they can earn a decent living.

All money made by Cycle of Good pays for childcare and non – profit social enterprise in Malawi.

Cycle of Goods mission is to save every single inner tube in the UK from going to landfill. They have collected 11363 inner tubes so far. Please bring your old inner tubes to the school office.

Thank you for your support,

Miss Jones and the JRSOs
Stratford St Mary Primary School

Your Church Needs You!!!!

Our beautiful old church is in constant need of repair so we are trying to raise funds through a series of events such as the quiz night, cheese and wine evenings, concerts in the church and so on. We have a superb team of volunteers that run the church but we'd like to establish a specific fund raising team to help protect this building and would welcome some new faces and ideas.

Please call Julie on 07989 639 583 if you would like to get involved.

**Need to email
Stratford St Mary Parish Council?**

**You will need to use
parishcouncil@stratfordstmary.org.uk**



"The Coffee Pot"

-at-

Stratford St Mary Chapel



Stratford St Mary Christian Fellowship welcome all to their community coffee morning. We are situated within the chapel lounge where there is a safe area for children to play whilst you catch up over freshly made coffee, tea and cake.

Every Tuesday morning
between 9am and 11am
during term time only.

At around 10.30 am each week there will be Story time and songs for any children and a brief 'thought for the day'

Further information

contact:beckie.w@live.com

Raydon



Fair Trade Coffee Morning

The weather for our Fair Trade coffee morning this month on October 8th was very nice, but change in the form of heavy rain and strong winds are on the way!

We were a select few again today, several of our regulars being on holiday or with various appointments.

We were, however, accompanied by the sounds of the builders who were working up on the roof. Well not all of the time as they joined us for some of our great coffee and to sample the "Frinton goodies" which this month were lovely cheese scones and Victoria sandwich.

Our book sale on November 16th was one of the topics discussed, with all sorts of donations needed including bric a brac, pots and pans etc as well as books, so please put items in the Church if you have anything to donate.

Our next Fair Trade coffee morning is on November 5th, when we will have tickets available for our Christmas brass band concert which is on December 7th. Do hope to see you then and thanks for your continued support

Wendy Mumford
01473 312123

There are currently two vacancies on Raydon Parish Council.

If any parishioner would like to apply to become a councillor, please contact Jane Cryer, Parish Clerk, at raydonpc@gmail.com. Alternatively, you can contact the Chairman, Sue Newton, on 07808 818847 if you would like to discuss the matter before deciding whether to put yourself forward for co-option.

Jane Cryer

Clerk to Raydon Parish Council



RAYDON PARISH COUNCIL SCHEDULE OF MEETINGS 2019 All at 7.30pm in the KGF Pavilion

Tuesday 12 November

NB: if you would like to see copies of the minutes of any Raydon Parish Council meetings, please visit www.raydonpc.org, or contact Jane Cryer, Parish Clerk: 07920 713940 / email raydonpc@gmail.com



SUFFOLK HISTORIC CHURCHES TRUST ANNUAL BIKE RIDE – SAT 14TH SEPTEMBER 2019

Money from sponsors has now been collected and the total achieved by bikers and donations this year was **£1385.00**. Half of that sum will go to St Mary's Church and the other half will be held in a central fund, from which churches/chapels can bid for help with projects and repairs.

William D excelled himself yet again this year, reaching 39 churches and achieving 94 miles in the allotted time.

Once again, thank you to all the bikers, to the financial supporters, sponsors and to the marshals and helpers in the church. Your assistance is very much appreciated.

David Isaac

Power Cuts

Support may be available free for those with medical needs, people of pensionable age or with children under 5.

Register on UK Power Networks website <http://www.ukpowernetworks.co.uk/internet/en/help-and-advice/priority-services-during-a-power-cut/> or contact Hilary Cairns on 01206 323417



Christmas Fair,

Saturday 30th November,

Raydon Village Hall.

10 am -12.00.

Craft Stalls, Cakes, Gifts, Raffle and Refreshments



Giant Book Sale

Saturday 16th November

Raydon Church

10.00 – 12.00

Hardback, Paperback, Novels,
Childrens, Reference and
much more

inc Bric-a-Brac



AN EVENING OF MUSIC FROM

MOVIES & MUSICALS

AT CHRISTMAS

**MUSIC BY PHOENIX BRASS BAND
PERFORMING AT**

ST MARY'S CHURCH

RAYDON

SATURDAY 7 DECEMBER 2019

AT 7.30PM

**TICKETS £10 EACH WITH A LIGHT SUPPER AND WINE
INCLUDED**

AVAILABLE NOW FROM 01473 311548

Bonfire Night at Raydon

Tuesday, November 5th

Bonfire lighting at 7pm approx.

The big night out - come & enjoy Fantastic fireworks BBQ and Bar

Please give generously to the bucket collection.



Ideal for your special event

The Rayon Pavillion is for hire

Fully carpeted room for up to 80 people

Kitchen and preparation room
Easy parking

Available Morning, afternoon, and evening.

For Details Call Clive Duddridge
Tel 01473 310162

Your Raydon Parish Councillors

Sue Newton (Chair)
07808 818847

Christine Hempstead
01473 810171

Keith Lovering
07939 075143

Howard (Jim) Lowe
01473 313094

Amanda Pyall (Vice Chair)
01473 310050

Sigi Steer
07591 875267

Jayne Tann
01473 828283

Jane Cryer – Clerk
Sunnyside Cottage, Overbury Hall Road
Lower Layham IP7 5NA
01473 824287 / 07920 713940

Raydon Club

is open to residents of this parish and will in future be held on Wednesday evenings each week from 8.30 till 11 p.m.

Licensed bar, pool, darts etc.
Look forward to seeing you!

Raydon and District Gardening Club

Writing my notes early on 6th October (a very wet day if you recall outside) almost 2" collected in rain gauge so could not miss the opportunity, then when it becomes drier I can get out on the garden again instead of being indoors. We now have to think wet feet before marching into the house and also as the temperature drops, we need to put on a coat. All those lovely dry days of summer when we complained about how hot & dry it was in the garden, all the watering needed (especially flower pots) are fading into Autumn & eventually Winter once again. The garden birds & squirrels are fattening up, summer bird migration is in full swing with soon to see all the over wintering species coming in. The wonderful Autumn colours will gradually fade and then we can see the skeletal shape of trees (always fascinating) and distance views open up. So jobs to do in the garden, dahlia tubers will need to be dug up, dry off and stored until next springtime, clear the runner beans, weed the leeks, plant garlic bulbs if soil not too heavy if so leave till February or March. Clear away the straw and died off rhubarb leaves & stalks, continue to rake up leaves to rot down for free leaf mould ready to spread back onto garden next year. Finish moving plants if needed or plant trees and shrubs and of course cut roses down about half way to avoid wind rock, plant new tulip bulbs and many more things to do. Don't forget to enjoy country walks on the nicer drier days if possible.

Our Club meeting in September was a look at Rock gardens / Alpines over many years, how it all started in very large

gardens with huge rocks put in place by mechanical means, but gradually over many years much smaller gardens started to have a "Rock Garden" on much smaller scale. A interesting evening with slides to enhance the talk.

Hopefully by the time you read these notes members will also have enjoyed a night with Matthew Long from Monks Eleigh with subject called "Bulbs Galore". More on this in December copy.

November 28th will be our members social evening with a necessary short AGM included. All members are invited to attend (bring new possible members to join on the night) to enjoy a glass of wine, table top quizzes, cold buffet, more wine or soft drinks, grand raffle, And of course your chance to vote for your committee (or pick new) to carry on for 2020 as we head into our 40th year since we started in August 1980. Let's celebrate this achievement next year so members pass onto your committee ideas of what we can do, where we can go on outings etc, what special guest speakers would you like. Off course we could do something completely different IE:- How about a house/castle garden visit with a overnight stay to enable us to venture further afield !!!!!!!!! Now there's an idea ??

As all ways your committee looks forward to meeting you all at our next meeting

Geoff Horrex (Chairman)

01473 310422 **39th Year**



Higham

Many thanks to everyone who came to the Harvest Service and Lunch and heard John Gillett speak on his work with



Over £550 was raised which will be split between the charity and the church.

St Mary's Church, Higham



Remembrance Sunday

10th November

10.50am

followed by Holy Communion



8th December

10am

Join us as we launch our
Christian Aid Advert Appeal

Christmas at St Mary's, Higham



Sunday 22nd December

4.30pm

All age Carol Service
followed by
mulled wine and mince pies



Christmas Eve Midnight Mass (begins at 11.30pm)

Please join us for these and
other services around the
Benefice
over the next couple of months

Holton St Mary

The First Friday of the Month Lunch Club



First Friday of the Month Lunch Club -

On the first Friday of every month there is a Lunch Club in the Village Hall for residents of the village of Holton St Mary. All ages welcome!

A Light Lunch will be served between 12.30 - 2.00 p.m. at a cost of £3.50 per head. The lunches are a collaboration between some of the organised groups in the village and are non-profit making!

Any surplus funds will be reinvested.

If you would like to join us for lunch, please contact Frances Torrington: 312046/familytorrington@btinternet.com
Or Sally Thurlow: 312080 salthurlow@gmail.com

We are also looking for volunteers to help run the lunches and help on the day.

CAROL SERVICE HOLTON ST MARY

A Service of Nine Lessons and Carols will be held on Sunday, 15th December at 6.30p.m. in Holton St. Mary Church.

The first rehearsal for the choir will be held on Sunday 1st December at 11.30a.m. in Holton Church.

All previous choir members and anyone from across the benefice interested in joining the choir will be very welcome. Please contact me on 07949 391863 or jean.styles@uwclub.net



SATURDAY 2nd NOVEMBER IS CHURCHYARD AND CHURCH CLEAN UP DAY IN HOLTON ST MARY FROM 9.30 AM TO 12.00 NOON

Are you able to help?
(For as little or as long as you like.)
If yes please contact Frances Torrington
on
familytorrington@btinternet.com
Refreshments will be provided.
Please bring your own tools!

Holton St Mary Social Club

Please remember that WHIST is always last Friday of the Month at 8pm

All are welcome, so please do come along
Next Date :- **Friday 29th November**

Early Opening on Friday.
Please note that the next date for early opening is:-**Friday 15th November**

Bonfire Collection & Bonfire Night

Collection day is on the morning of Saturday **2nd November**. Please have your rubbish ready for collection to make it easy for our team of collectors. Donations are welcomed as the money goes towards making the display the great evening it is.

Display is on Friday **8th November**. Beer, Burgers & Bangers. The Bonfire will be lit at 7pm and the Fireworks will commence around 7:30. There will also be a prize for the best dressed Guy for the top of the bonfire. Donations on the gate

Quiz Night

Saturday 12th October. A great evening was had by all. A full house enjoyed superb food and entertainment provided by our quizmaster Bob Holmes. Well done to the winning team Hadleigh Ladies.

Thank you everybody!

Anne and Bill would like to thank everyone who kindly sent us cards and congratulations on our recent marriage.

Anne is still getting used to becoming Mrs Priestley!



Holton St Mary Carol Singing

Keeping alive a Christmas tradition, carols will be sung around the village on 18th and 19th December. Please join us.

We shall meet at 6.30pm in Church Square on the 18th at the same time at Bacons Green on 19th. For further details please contact Rosalind Field 01473 310796 or 07759 393026

rosalindfield@yahoo.com

Christmas Coffee and Shopping Morning Saturday 7th December 2019 Holton St Mary Village Hall 9.30 am to 12 noon

Stalls will include
Roger Shipley's Carved Wooden Products
African Crafts from Uganda
Tombola
Made in Holton Stall
And two stalls for children:
Decorating Christmas Biscuits & Making
Your Own Christmas Cards
plus
Coffee, Cakes and Chatter
Proceeds to St Mary's Church,
Holton St. Mary
For further information please contact
Frances Torrington
01473 312046 or
familytorrington@btinternet.com

Holton St Mary Social Club



Fireworks Display

Millennium Field
Friday 8th November
Bonfire lit @ 7pm
Fireworks from 7:30pm

Burgers, bangers & beer in the Village Hall after the display.
Donations on the gate

Do you fear the Beast from the East?

The Parish Council invites everyone to an Open Meeting to talk about concerns and co-ordinate responses to 'difficult' situations that arise from time to time such as road closures, power outages or severe weather. The Council would like to see all those who feel they may be at risk or vulnerable, and also those who feel they could be a gallant St Michael or St George and provide help and support in an emergency.

Holton St Mary Village Hall

Saturday, 9th November at 11.30
(after the Self Defence Class)

Suffolk Historic Churches Trust

Ride and Stride, 14th September 2019

A big thank you to all those in Holton St Mary who made the day such a success, the cyclists, walkers, their sponsors and the recorders who made our visiting cyclists so welcome.

We are very lucky to have so many supporters in Holton and I know that everyone involved with the Suffolk Historic Churches Trust is grateful for your help.

Please put Saturday 12th September 2020 in your next year's diary for the 39th Ride and Stride!

Caroline Favell, Area Organiser

CHRISTMAS TREE GREETINGS

It's that time of year again!

For a small donation, the Holton St Mary Fund Raising Group will publish your good wishes to your friends in the Quartet Area via Quartet and the Church Notice Board, saving you the time and expense of writing Christmas cards.

To let me know how you wish to sign for you and your family, e-mail me jen.styles@uwclub.net,

Phone 01473 828532 or put a note in the box on the Church bookcase.

Closing Date: November 8th

Holton St Mary Village Hall

can be hired at very reasonable rates!

Available during the day and most evenings (not Friday) from £17.00
Saturdays from £35.00

For further information and booking please contact Bookings secretary
Tanya Kunz 01473 311570

The Holton St Mary United Charities Trust

has some funds available to those residents in the village of Holton St Mary who are in need. If you feel you might want to make an application please contact:

Paul Torrington on
familytorrington@btinternet.com or 01473 312046.

Holton St Mary Parish Council

Next meeting is 13 November
8pm in the village hall.

All parishioners welcome to attend

November Larks! Fun-filled Charity Concert in St Mary's Church, Stoke-by- Nayland

Saturday 23rd November at 6.30 pm

Light a beautiful church with candles, fill it with wonderful voices and raise funds for a great cause – what more could you ask for? Local singers Lyn Davis (soprano) and Malcolm Boulter (tenor) will join forces in the marvellous parish church in Stoke-by-Nayland to perform a selection of well-known favourites from the twentieth century.

Lyn, who sang professionally with English National Opera (ENO) as Lyn Cook, enthuses about the evening, "This is a great opportunity for us to forget our work-based genres and to select songs simply because we enjoy singing them - we're sure the audience will enjoy them too. I'm really looking forward to the evening which, especially with Malcolm's humour and with our guest performers, promises to be great fun."

It's also an important event for the Farming Community Network (FCN), a charity that provides pastoral and practical help to farmers who have no-one else to support them when things go horribly wrong.

Tickets are £12.50, including light refreshments during the interval, and are available from the Theatre Royal Box Office
Tel: 01284 769505 or e-mail:
booking@theatreroyal.org

East Bergholt High School Association

Registered Charity No.1017476



Movie Quiz

at East Bergholt High School

Come dressed as your favourite film character! **Best outfit wins an Oscar**

Friday, 15th November 2019

Bar opens 7pm

Quiz starts at 7.30pm sharp!

Test your knowledge on movies over the years...

Tickets cost £5 per person which includes a plate of nibbles

Teams of up to 6 people
Over 18s only unless accompanied by an adult.

To book ☎ 07776 291445 or
pta@ebhigh.org.uk

Mendelssohn's much-loved masterpiece **Elijah**,

one of the greatest oratorios in choral repertoire, will be performed by Hadleigh Choral Society on **23rd November at 7pm, at St Mary's Church in Hadleigh (IP7 5DT)**. The choruses, arias and recitatives dramatically tell the story of Elijah, the Old Testament prophet, through various Biblical episodes which feature terrible drought and famine, miraculous rain, mortal resurrection, a contest between gods, a fiery chariot and horses, and ultimately ascension to heaven.

Joining the choir will be professional soloists Elinor Rolfe Johnson (soprano), Siân Cameron (mezzo-soprano), Huw Ynyr (tenor), and Owain Browne (bass) as well as the Colchester Symphony Orchestra, all conducted by Christopher Phelps.

Tickets are £15 (under 25s free) and are available from the Hadleigh Choral Society
www.hadleighchoralsociety.org.uk,
The Idler bookshop in Hadleigh (37 High Street), choir members, or on the door. For more information phone 01473 823 791.

A note for Everyone

Just a reminder for house names/numbers to be visible. If an emergency vehicle needs to find your house at night, will it find it easily?

Lots of names/numbers are hidden behind bushes - it would only take a few minutes to clear it but those few minutes might make a huge difference if the emergency vehicle finds your house first time.

PARKED CARS

If your car is going to be parked for any length of time, on the public highway, please ensure it is not blocking driveways, post boxes, notice boards etc, as this can make access extremely difficult.

Thank you!

Jenny Gibbs talked to us on "An Englishwoman's Life in Rural Turkey" on Wednesday 9 October. Her stories captured a simple, serene, pastoral way of life in a Turkish mountain village unchanged for centuries, from the day she first arrived there 25 years ago to today.

On 13 November Magistrate Graham Higgins will talk of "Tales From The Bench". He will look at our legal heritage, particularly the part played by Suffolk. He will relate how the role of magistrates and local events have played a part in this history and will bring us up to date with an opportunity to decide how a defendant should be sentenced by briefly outlining a case. He will also include some of his unusual experiences on the bench.

We don't hold a speaker meeting in December but instead a Christmas lunch and this year it is being held on Wednesday 11 December at the Ipswich Best Western Hotel, Copdock IP8 3JD. This is always a very popular event so an early reservation is advised.

On 8 January Chris Parfitt, a retired teacher, will enlighten us on "The Mysteries Of Easter Island." He will present an illustrated talk in which he will look at life on this remote island today and he will explore its unique history revolving mainly around the famous statues and some of the theories surrounding them.

Each month, the Coffee Grinders meet at The Lambe School, Gaston Street, East Bergholt, CO7 6SD from 10-12 noon. This meeting especially welcomes new

members but gives all members the opportunity of meeting the activity Group Leaders and the Committee whilst enjoying a cup of coffee. The next meeting is on Friday 30 August.

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 370 members and 35 active groups. For further information please visit www.stourvalleyu3a.org.uk where our membership secretary Val Pretty may be contacted.

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 and this entitles members to attend the meetings that take place on the second Wednesday of each month, except December. Whilst Visitors are welcome to join us on a limited number of occasions, paying a donation each time, Members are given priority, for safety reasons, due the halls limited capacity.

Remember

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!



Stour Valley Men's Probud Club

Jenny Gibbs talked to us on "An Englishwoman's Life in Rural Turkey" on Wednesday 9 October. Her stories captured a simple, serene, pastoral way of life in a Turkish mountain village unchanged for centuries, from the day she first arrived there 25 years ago to today.

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We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members are welcomed. Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. New Members are always very welcome at meetings of the Stour Valley Men's Probud Club, just join us at 10am on a meeting date. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the

opportunity for development of acquaintances. We meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am.

Please contact Chairman Dave Carman on 01255 880202 for further details.



Constable Singers

We meet on Thursdays [apart from the 2nd Thurs. of the month when we meet at E.B Congregational church] at The Lamb School East Bergholt at 7pm.

We would like to have some new members so if you like singing (no audition, no need to read music as we sing along to backing tracks once we've mastered the tune). 1st session is free and words are provided .

Contact Yvonne 01206298428 or Mel 01206298628 or Paula Mob.07799248747

If you would like for us to come and sing to your group/club/society Please Contact Paula tel Number above



Bin Collection Schedule

	Week Commencing
Refuse Week	28 th October
Recycling Week	4 th November
Refuse Week	11 th November
Recycling Week	18 th November
Refuse Week	25 th November

Waste Services 0300 1234 000 (option 4) Email: recycling@baberghmidsuffolk.gov.uk
Visit www.recyclenow.com to find your nearest recycling banks

EAST BERGHOLT CONGREGATIONAL CHURCH

Cemetery Lane, East Bergholt,
CO7 6RZ

Pastor -Mrs Maralyn Bambridge

Services - Each Sunday morning at
10.30 led by the pastor unless
otherwise stated

Coffee Mornings - Each Thursday
9.30 to 11.30 am

Church Secretary – John Jeffreys

Tel 01206 298737

Email j.jeffreys.eb@btinternet.com

Craft & Food Fair 2019

– This popular fair, organised by
Hadleigh Market Feoffment Charity,
will take place in the

Town Hall/Guildhall complex,
Hadleigh, Suffolk on

Sunday 3rd November
10am-4pm.

There will be various stalls selling food,
drinks, crafts and Christmas items.
Refreshments will be available in the
Dining Room.

Entry is £1 adult, under 13's free and
disabled access 50p due to limited
access.

For further details please see
www.hadleightownhall.co.uk
or ring Sue on 01473 823884.





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Memberships for 2019 are now available, giving free access to the courts.

Juniors £5; Adult Weekday £30;
Individual £50; Family £80.

Coaching for juniors & adults available or just come along & give tennis a try. Our subscription year is now nearly half way through but we do continue playing throughout the autumn & winter.

More details at
www.clubspark.lta.org.uk/dedhamlta

or email: dedham-tennis-committee@googlegroups.co.uk

SESAW News

Kenneth has been out and about again, this time he met his public at our £1 Sale in Newton Green last month. He was pleased to have a photo with the cute little granddaughter belonging to one of our local volunteers. Thank you to everyone who helped raise £685 which will go towards caring for the rescued animals this winter. Our last fundraising event of the year is our Christmas Fair, 10-3pm on 17th November at the Old School, Long Melford, CO10 9DX. There will be gifts, cards decorations, clothes and accessories, pet items, books, CDs, DVDs, a big tombola and raffle. Refreshments and snacks available including lots of homemade cake.

Meanwhile, please remember to keep your pets safe during the firework season, there are lots of ways to help your animals, ask your Vet for advice. Don't forget about wildlife either. Check for hedgehogs before lighting the bonfire, they love nesting in the leaves and twigs.

Whilst thinking about the garden, this may be a good time to install a bird feeding station if you don't already have one. Of course this will be a great temptation to me and my kind so position it where cats cannot reach it. Despite the recent rain, the Environment Agency says water levels are low, creating a small pond would help birds and amphibians. Your county Wildlife Trust can advise you. Thinking about tasty snacks, it's time for dinner before finding a cosy bed for me,

Ollie (the Black) Cat.

Suffolk & Essex Small Animal Welfare,
Reg.Charity No.1124029, Stoke Road,
Leavenheath, CO6 4PP. Tel: 01787
210888, www.sesaw.co.uk. Check
opening times before visiting in November.

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The Constable Country Medical Practice

The Medical Centre,
Heath Road, East Bergholt, Colchester
CO7 6RT

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8.00am – 6.30pm Monday to Friday
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Fax 01206 299010

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(closed between 1-2pm)
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Fax 01473 311722

Crime prevention

<http://www.suffolk.police.uk/safetyadvice/reports/tacrine/tellthepolice.aspx>

PC 1347 Gilkes Pcs0 3041 Cooper
babergeast@suffolk.pnn.police.uk
Telephone...101

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Stratford St Mary - Route 11

The bus stops every 4 weeks on
Wednesdays

30 October, 27 November, no visit in
December

Black Horse - 11.05am - 11.20am
Tally Ho! Corner - 11.25am - 11.45am
Strickmere (School Lane end) - 11.50am
- 12.10pm

Route 14

The bus stops every 4 weeks on
Tuesdays

5 November, 31 December

Holton St Mary

Church Square - 9.30-9.45am

Raydon

St Mary's Raydon - 9.50-10.30am

Lower Raydon

Sulleys Hill - 11.30 - 11.45am

Higham

The Green - 11.55am to 12.10pm

The **customer service line 01473 283838**
is staffed 9am to 5pm from Monday to
Friday and can handle any library
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www.field-studies-council.org/flatfordmill. You can also contact us by phone on **0845 330 7368** (local rate), or by email at enquiries_fm@field-studies-council.org

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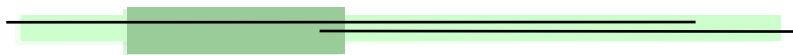
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The Quartet benefice Newsletter and events schedule

Dear Friends

As I sit down to write this month's benefice newsletter, I am very conscious that Autumn is well and truly with us. The remnants of Hurricane Lorenzo have been battering the UK with gale force winds and torrential rain. We are definitely leaving the season of mists and mellow fruitfulness well and truly behind.

Last month in her newsletter, Janet talked about the origins of Halloween and mentioned All Souls Day. By the time this edition of Quartet reaches your door, many people may still be thinking of Halloween night, with its pumpkins and fancy dress, but as we start the month of November, we truly move to a time of reflection and remembrance.

All Souls Day is commemorated annually on November 2nd. In the Church it is also known as the Commemoration of the Faithful Departed, The **day** is dedicated to remembering those who have died and in particular our own relatives and close ones, who are no longer with us.

Although the memories of those we have loved and lost are always with us, perhaps we can draw comfort from this day of collective remembrance, knowing that we share feelings of loss and sadness with Christians across the world as we also remember God's sacrifice for us, of His son Jesus Christ. Our churches are always open and provide a peaceful place for those who wish to take a little time away from the hubbub of everyday life, to reflect and remember in a calm place of quietness.

All Souls Day is closely followed by Remembrance Day, a memorial day observed in Commonwealth member states since the end of the First World War to remember the members of their armed forces who have died in the line of duty. Last year to commemorate the 100th anniversary of the WW1 armistice, the four villages of our Benefice held unique and special services, where silhouettes were displayed as part of the Royal British Legion's 'There but not There' initiative; this served as a moving tribute to the fallen.

This year saw the 75th anniversary commemorating the D day Landings and many will have been moved by the reports and stories of veterans and the descendants of the service men and women who lost their lives, who made the special journey to attend. Our benefice Remembrance Day services will be held in each of our four village churches on Sunday 10th November at 10.50 am.

As we remember those who have gone, we may also take time to give thanks for the blessings we currently have and the friendships and fellowship we share within our communities - remembering that there is much to be grateful for.

Sandy Ranson
Elder

BENEFICE CONTACTS, SERVICES AND EVENTS



Curate:

Martyn Carr: 01206 337325 martyn.kingfisher@btinternet.com

Reader:

Nicola Tindall: 01787 212340 nicolajtindall@btinternet.com

Please contact either Martyn or Nicola to discuss any aspect of faith and services in the Benefice including home visits.

Benefice Administrator:

Frances Torrington: 01473 312046 familytorrington@btinternet.com

Please contact Frances to talk about baptisms, confirmations, weddings and funerals.

Benefice website:

www.4marys.org.uk

Churchwardens

Higham	Hugo Parker 01206 337234
Holton	Richard Noel 01206 298276 Paul Torrington 01473 312046
Raydon	Geoff Horrex 01473 310422 Simon Tennent 01473 310320
Stratford	Jonathan Dewey 01206 322148

Services in November and December

	10.00 a.m.	5.00pm
3rd Nov	Holton St Mary (with The Very Reverend Joe Hawes, Dean of St Edmundsbury)	SSM
10 th Nov	10.50 am Services in all the churches in the benefice. CW Eucharist in Higham	
17 th Nov	SSM	Holton
24 th Nov	Raydon Family Hour SSM	Higham
1 st Dec	SSM	Advent Carol Service Holton
8 th Dec	Higham	Raydon
15 th Dec	Raydon	4.30pm Carol Service SSM 6.30pm Carol Service Holton
22 nd Dec	Holton Family Hour SSM	4.30pm Carol Service SSM 5.00pm Carol Service Raydon
24 th Dec	4.00pm Christingle Crib service Raydon	11.30 pm Midnight Mass Higham
25 th Dec	Family Communion for Christmas Morning SSM	

The Advent Carol Service will take place in Holton St Mary on 1st December. This service will be led by the Acting Rural Dean, The Reverend Mark Woodrow, with music by The Marenzio Singers. All welcome.

Midweek Communion: A short service of Holy Communion will be held in the Parish Room at Stratford St Mary at 10am on Wednesday 20th November.

Morning Prayer: A service of Morning Prayer will take place on Thursday 21st November at Higham Church at 10–10.30am, followed by coffee. All are welcome or do just come for the coffee.

House Group: at 5 Veyses End, SSM on two dates: 7 Nov & 28 Nov. 2.30pm-4 pm, following St Peter ' Learning to be like Jesus '.

Elders

Our four church Benefice is fortunate to have four lay elders who are appointed locally and licensed to help and assist with certain aspects of church ministry. For example, they may undertake pastoral work e.g. visiting people in their homes or in hospital, work with young people in running family and children's services and assist with general church services. The lay elders work as part of our local ministry team and may be contacted about local church matters if churchwardens are unavailable.

Christine Cousins 01206 322530	Janet Dewey 01206 322148
Sandy Ranson 01206 322156	Peter Snelling 01206 337590

Church and Churchyard Clean-Ups:

Holton St Mary on Saturday 2nd November from 9.30 am to 12 noon.



For your prayers:

For healing, for those who are ill or in need, in our parishes & beyond:

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Holton: Ron Stedman

Raydon: Michael Mumford, May Peacock, Janie O'Brien

SSM: Nancy Ablitt, Laura Kerry, Pat Ablitt & Family

Others: Tory Cook, Helen Gregory, Steve Kupfer, Phil Wyncoll and family.

We pray for our Benefice during the interregnum and for any candidates thinking of applying to be our new incumbent.