

**Stratford  
St Mary**

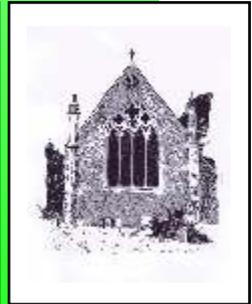
**Higham**

**Holton  
St Mary**

**Raydon**

# Quartet

The Parish Magazine



**November 2018**

Issue 363

## Could you help abc Preschool, Stratford St Mary?

We are currently in need of someone to take on book keeping duties. Do you have two or three hours a week that you can spare to help our village preschool? Please give us a call if you are interested, have any questions or would like to visit the preschool.

New committee members are always welcomed at abc, so if you would like to get involved in the running of the preschool and could give a few hours a month of your time please do get in touch.

As a charitable organisation our aim is to benefit our children, not to make money. All monies raised from fees and fundraising goes directly back into the preschool.

Contact – Evonne Bailey  
Telephone – 01206 322466  
Email –  
admin@abcpreschoolstratford.co.uk  
Website –  
www.abcpreschoolstratford.co.uk

Charity Number 1159203

## PLEASE NOTE AND PASS TO ALL YOUR CONTACTS

Christmas is fast approaching. Royal Mail & The Trading Standards Office are making people aware of the following scam:

A card is posted through your door from a company called PDS (Parcel Delivery Service) suggesting that they were unable to deliver a parcel and that you need to contact them on 0906 6611911 (a Premium rate number).

If you call the number and you start to hear a recorded message you will already have been billed £315 for the phone call.

If you do receive a card with these details, then please contact Royal Mail Fraud on 020 7239 6655.

For more information, see the Crime Stoppers website:  
<http://www.crimestoppers-uk.org/crime-prevention/helping-prevent-crime/scams/postal-delivery-scam>

Please be aware that the premium rate number may change but nevertheless please do not call any number stated on a card from PDS.

Can you please make all your family, friends and neighbours aware of the above.

## Babysitting Services

Responsible teenagers available for babysitting in Stratford St Mary area.

Contact 01206323604 for more details

You can place items for sale or wanted on the Small Ads Pin Board for free.  
Just email [quarteteditor@hotmail.co.uk](mailto:quarteteditor@hotmail.co.uk) with your advert.  
We will place it for one month space permitting.

# Small Ads pin board

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# Welcome



Dear friends,

The late Henri Nouwen's writings on the spiritual life have been an inspiration to

thousands all over the world, and continue to influence by means of a daily email sent out by his estate. As we come to this period of remembrance, with All Saints on 1 November and All Souls on 2nd, I was particularly struck by the following message:

'When we have been deeply hurt by another person, it is nearly impossible not to have hostile thoughts, feelings of anger or hatred, and even a desire to take revenge. All of this often happens spontaneously, without much inner control. We simply find ourselves brooding about what we are going to say or do to pay back the person who has hurt us. To choose blessings instead of curses in such a situation asks for an enormous leap of faith. It calls for a willingness to go beyond all our urges to get even and to choose a life-giving response. Sometimes this seems impossible. Still, whenever we move beyond our wounded selves and claim our God-given selves, we give life not just to ourselves but also to the ones who have offended us.'

This is a clear echo of a passage from the Old Testament book of Deuteronomy, where God says, 'I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live.' Quite often in our lives molehill feelings of resentment

are allowed to grow into giant mountains. This kind of holding on to resentments is an example of choosing death and curses. Choosing life and blessings would be to feel and say sorry and then move on into a different kind of future that doesn't continue to bear that terrible heavy weight of past hurts.

As we prepare across our Benefice for commemorations of the end of the Great War on 11 November 1918, we are all called to think about what causes violence of thoughts, words and actions in our own lives. Instead of taking out our grievances on others, how can we be the cause of bringing life into their lives and ours? How can we find a way of saying that things don't need to be like this, there is a way to find a middle ground, and that way is by seeking forgiveness from each other and from God? Let's use this season to remember in a positive way, to find the good in each other rather than the bad, and to extend the hand of friendship when people have the courage to say sorry.

As I leave you at the end of this month, I seek your forgiveness for anything that I haven't been able to do in our Benefice over the last 9 years - it's a tough ask to be all things to all people all of the time! The one message above all that I would like to leave with you is the Great Commandment that Jesus left for us - 'Love one another as I have loved you'. It is only love for one another that will ensure that our parishes continue to thrive in a future that is God-, rather than self-, directed.

May God bless you all.

Rosalind Paul

# The Quartet Diary



## November

- 2 HSM Social Club Fireworks
- 3 Raydon WW1 Lecture
- 5 Raydon Bonfire Night
- 6 Raydon Fair Trade Coffee Morning
- 9 Friday "Shilling" lunch Club, HSM  
Deadline HSM Xmas Greetings
- 11 Sunday Lunch SSM  
Remembrance Services in all  
villages
- 12 SSM Parish Council Meeting
- 14 Holton Parish Council Meeting
- 20 Raydon Parish Council Meeting
- 22 R&DGC meeting
- 24 Raydon Christmas Fair
- 25 Celebratory Service in SSM
- 30 HSM Social Club Whist

- 2 HSM Carol Service Rehearsal
- 4 Raydon Fair Trade Coffee  
Morning
- 6 HSM Carol Service Rehearsal
- 8 Christmas Concert, Raydon
- 9 HSM Carol Service Rehearsal  
HSM Social Club December Social
- 14 Christmas Tree Festival SSM
- 15 Afternoon Tea at Church, SSM
- 16 HSM Carol Service Rehearsal  
11.30am  
HSM Carol Service 6.30pm
- 28 HSM Social Club Whist

## January

- 9 Holton Parish Council Meeting

## February

- R&GDC Meetings restart

## December

- 1 Raydon Bric a Brac Sale

# Editors Corner

It feels like the headlong rush into Christmas has begun. This time of year the Quartet is full of Christmas events from Fayres to Carol services and this year is no exception. You will find the early birds already posting details of events that might interest you.

Before we succumb to all things Christmassy, this year we can take a break and think about the end of the first World War. I would doubt there is anyone alive who would remember the events first hand, but it is still important for us to all remember those who gave their lives for our freedom. Special events have been planned in all our villages and I know the organisers would be so pleased if you showed your appreciation by attending one of these.

It's the month to say Goodbye to our rector, Rosalind Paul this month as well. She has been serving the four villages as rector for nine years and is now moving on to Wells Cathedral. There is a special benefice service in Stratford St Mary (see page 4) that you are all welcome to.

Happy reading and get those decorations down from the attic and brush off the Santa suit - we're nearly there!

Anne and Jane,

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



Copy deadline for next edition:  
**19<sup>th</sup> November 2018**

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# Stratford St Mary

## " Wanted in SSM "

We are looking for a person or persons to run the Parish Room at Stratford St Mary.

Don Umfreville is retiring after 32 years of loyal unpaid service to the community assisted by Doug Wright whose health has taken a downturn recently.

It involves overseeing and running of the Parish Room, taking bookings and general maintenance to keep the building inside and out in good order.

The Parish Rooms are in the heart of the village and it would be a great loss if it had to close.



## PARISH COUNCIL MEETING

12<sup>th</sup> November  
7.30pm until 10pm

**Need to email Stratford St Mary Parish Council?**

**You will need to use  
parishcouncil@stratfordstmary.org.uk**

**Everyone  
from our four villages are  
invited to a celebratory  
service**

in

Stratford St. Mary Church  
on  
**Sunday 25th November**  
at  
4pm

**as we say goodbye and  
thank  
Rev. Rosalind Paul**

for her time spent with us in this  
Benefice

and wish her well in her new post as  
Canon Pastor of Wells Cathedral



(the service will be followed by  
refreshments)

# SUFFOLK CHURCHES ANNUAL BIKE RIDE – SAT 8<sup>TH</sup> SEPTEMBER 2018

Money from sponsors has now been collected and the total achieved by bikers and donations this year was **£1290.00**. Half of that sum will go to St Mary's Church and the other half will be held in a central fund, from which churches/chapels can bid for help with projects and repairs.

Mr Bill D truly excelled himself this year, reaching 35 churches and achieving 11 miles in the allotted time, his best ever.

Once again, thank you to all the bikers, to the financial supporters, sponsors and to the marshals and helpers in the church.

David Isaac

## TREASURER REQUIRED FOR Stratford St Mary PCC

We urgently need a volunteer Treasurer for the Church's PCC with effect from January at the latest. You do not have to be a church-goer, but you need to have a good head for figures, to be able to do some basic banking online and in person, and to be able to attend 4 meetings a year to give reports on the state of the church accounts.

If you think you could take on this role, please email Revd Rosalind as soon as possible (rosalind.paul@yahoo.co.uk).

Thank you in advance.

## 100 Club winners Here are the winners for October

3 S. Brass £ 40.00  
30 S. Halsall £ 10.00  
12 S. Davies £ 5.00

## Stratford St Mary Church, There but not there!

To commemorate the end of World War One we are planning on purchasing nine of the 'There but not there' silhouettes for benches. They cost £42 each and the sale will benefit a selection of charities supporting service persons and will be used to remember each of the men from the village that lost their lives during the First World War. We will seat each of them in the pews of the church and can be seen the weekend of Remembrance Sunday. We are hoping to raise enough, through donations, to purchase all 9 as a memorial from our village. If you would like to make a donation to the cost of these please do so by posting it to Christine Cousins at 7 Tally Ho Corner, Stratford St Mary, CO7 6JJ. Although these will be representing the 9 lives lost in Stratford St Mary we would like to remember all of those family members lost and will have a memorial to those in the church at the same time, please clearly list your loved one's name with your donation and they will be displayed.

We will also be holding a Sunday lunch in the Parish Room on 11<sup>th</sup> November and there will be more details to follow.  
With many thanks,

Sarah Brass

## POPPY DAY APPEAL – 2018

British Legion Poppies will be available at the following locations in Stratford St Mary for 2 weeks prior to Remembrance Day.

Farm Shop/Restaurant  
Anchor Public House  
Garage/Village Shop/PO  
Swan Public House  
Black Horse Public House  
Primary School  
Rosebank, Lower Street

Hopefully you will support this worthy cause in respect of servicemen and woman who, at the behest of the Government in power, fight on our behalf to keep this country safe. The injured require ongoing care, help and support.

Thank you  
David Isaac



Stratford St Mary Primary School are collecting the 'Books for Schools' tokens which appear in the Ipswich Star and East Anglian Daily Times, from Monday 1<sup>st</sup> October 2018 to Saturday 8<sup>th</sup> December 2018. EVERY school that collects a minimum of 1,000 tokens will receive £100 worth of books whilst the top four (as an average to pupils) will win £2,500 worth each (there's over 700 titles to choose from).

If you have any tokens please drop them off at Stratford St Mary Primary School.

Thank you for your support.

Stratford St Mary Primary School continues to take part in the Junior Road Safety scheme. The JRSOs have recruited two new members and have taken part in a competition to STOP IDLING to protect our health and planet. The JRSOs will be asking parents to stop idling outside our school during drop off and pick up times. The JRSOs would also like to ask the community to think about stopping idling too.

Concerns are because an idling vehicle:

- **Contributes to air pollution**
- **Emits air toxins**
- **Elevates air toxins during school pick up times when many vehicles may be idling**
- **Increases risk of developing asthma and respiratory problems especially to children**

Some of the facts that people may not be aware of are:

- **10 seconds of idling uses more fuel than restarting**
- **2 minutes spent idling is equal to 1 mile of driving**
- **An idling engine can produce up to twice the emissions of a car that's in motion**
- **"Stationary idling is an offence under section 42 of the Road Traffic Act 1988," Doing this can incur a £20 fixed-penalty fine under the Road Traffic (Vehicle Emissions) Regulations 2002.**

Thank you  
The JRSOs



## INSECTS THIS SUMMER & AUTUMN

The autumn is the time when spiders emerge from their holes and are most in evident. There are 8 varieties of spiders that you may come across in your house from the large House spider, the Cardinal spider and the very small Money spider to name but a few. Let's be clear that in the UK, out of all the 650 species, there are none that are venomous so there is no need to be frightened. Some may give you a bite but that's all. They are more scared of you. A rather unusual feature is that they all have eight legs. Their intricate webs catch insects such as flies, mainly the responsibility of the larger female. When you see a spider running about, it is more likely a male looking for a female to mate.

There has been a small invasion of Harlequin ladybirds into sheds and outhouses this autumn, attributed to the hot summer. This ladybird is a migrant from the continent and a bit bigger than our 7 spotted variety and identified by prominent black spots. Ladybirds feed on aphids and do good in this respect.

I have had no ant excavations on my patio this summer and no flying ants took off at the end of July and start of August, probably succumbing to the extreme heat in July. I have neither seen any Daddy long legs (Craneflies) this autumn; they also have probably succumbed.

It has been a bonanza summer for the Cabbage White butterfly. At least 90% of all butterflies seen in my garden from late April to mid September were these. Strictly speaking, this butterfly consists of 2 varieties, the Large White and the Small White. The Small White was the most prominent variety. The larger females lay their eggs with preference for Brassicas and Nasturtiums which the caterpillars, when they emerge, readily devour and can

decimate these plants. Can anything be done? It is suggested that planting African Marigolds and Tagetes amongst them discourages the butterflies; this is known as so called companion gardening but the snag is that slugs and snails like these plants. Difficult to win!

Regrettably, some of the more colourful butterflies have only made rare appearances namely the Peacock and the Small tortoiseshell. The worrying thing is that they lay their eggs on nettles which dried up in the heat. On the other hand, the Small Holly blue butterflies were about in good numbers during April. They lay their eggs on Holly. The second brood was also about during August, this time their eggs are laid on ivy flowers. So not all bad news.

Like the last of the Summer Wine, the Red Admiral is the most likely butterfly you will see during October and sometimes early November. Some perish, others hibernate but don't usually survive the spring when they emerge

Please realise these observations have been in my garden but hopefully representative of the area as a whole.

Robin Jackson



### SSM Rambling Club

Main contact is the chairman, Don Umfreville on 01206 322626. Unless stated otherwise, we meet up at 09:45 at the Parish Room, Upper Street, Stratford St Mary.



# CHRISTMAS TREE FESTIVAL SSM CHURCH

## Launch Party

14<sup>th</sup> December 2018 @7.30pm

Tickets to include a drink and nibbles,  
(see posters for details)

Be the first to experience creative  
trees from all parts of our village



## Afternoon Tea in the Church

15<sup>th</sup> December 2018 @ 2.30pm

Enjoy our beautiful tree collection  
while sampling the best of  
SSM's bakers

We would like all our local clubs  
and societies as well as our pubs  
and businesses to provide  
or sponsor a Christmas Tree

So let your imaginations go wild  
and come up with some ideas for  
your tree!

Call or email Julie to register your interest  
(07989639583 or [julie@jj-associates.co.uk](mailto:julie@jj-associates.co.uk))

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**Family Hour @ The Parish Room**

Every 4<sup>th</sup> Sunday families and friends come together for breakfast followed by a 30 minute interactive church service.

- Breakfast is from 9.30
- Includes coffee, tea, juice, bacon rolls
- Followed by a short modern service
- A relaxed cafe style
- Everyone welcome
- No charge

Come and join us!



**IGNITION Youth Club  
Stratford Chapel  
Every Friday night**

**7.30 to 9.30**

Age 11 - 16

contact [Beckie.w@live.com](mailto:Beckie.w@live.com)

# Higham

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## DEDHAM FOOTPATH GROUP

Enjoy walking, meeting new people?

Then why not come along to walks organised by the Dedham Footpath Group

We walk 4-5 miles on the first Sunday morning of each month from various locations.

NOVEMBER Sunday 4th at 10.30am

Meet at Hadleigh town centre (behind Partridges and the Coop). The walk will be along footpaths and quiet roads to the popular village of Kersey where it is planned to stop for refreshments before returning by the same route.

Overall time approximately 3 1/2 hours.

The group welcomes all walkers and those with well behaved dogs, kept on leads at all times, are also welcome to join us.

For more information email  
[DedhamFG@outlook.com](mailto:DedhamFG@outlook.com)

## Remembrance Sunday 11<sup>th</sup> November 2018 Commemorating the ending of the First World War 1918 St. Mary's Higham

This year, the centenary of the ending of the First World War, we will be commemorating all who died in battle from the village of Higham with a special service of remembrance. Although we have discovered some facts of interest about the six men who gave their lives in that war we would very much welcome more information and possibly any mementos you may have on the following:

**L/Cpl Harold Ablitt**  
**Pte Arthur Borley**  
**Pte Roger Brooke**  
**Capt Hugh Squirrel Dawson**  
**Sgt Frank Stannard**  
**Pte Stanley Welham**

If you know anything about these soldiers or are a descendant of them, please contact Nicola Tindall tel. 01787 212340 or email [nicolajtindall@btinternet.com](mailto:nicolajtindall@btinternet.com)



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# Raydon



## Fair Trade Coffee Morning

Another lovely day for our September Fair Trade coffee morning, we had some "early birds" to start with then another 5 late comers after we had packed away! We were quite busy arranging the final details for our lecture and afternoon tea which takes place on November 3rd and also the Remembrance service on November 11th.

The last of the Harvest produce was bagged up for sale with the money raised going to the Salvation Army. All this while having a good catch up chat with each other and enjoying our great coffee and cookies, (all Fair Trade of course)

At our next Fair Trade coffee morning we hope to welcome back our Frinton friends and others who have been on holidays and perhaps a few new faces.

Several folk in the village live on their own and it's a chance for them to have some company for an hour or so. Perhaps we could offer a lift to those who are unable to come under their own steam, just let me know and we'll see what we can arrange. The date for your diary is November 6th so look forward to seeing everyone and thanks for your continued support

Wendy Mumford 01473 312123



**REMEMBER** those who served, as well as those who died in WW1, by adding your family message to our SALUTE in the Church porch at Raydon. Tie-on labels are provided but please make your own if you prefer.

At 10.50 am on 11th November 2018 the Salvation Army will play at the Act of Remembrance around the village War Memorial – at the eleventh hour of the eleventh day of the eleventh month 100 years since the end of WW1.

Individual tributes to each name on the War Memorial will be displayed in the Church.

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Raydon Village Hall

## Christmas Fair

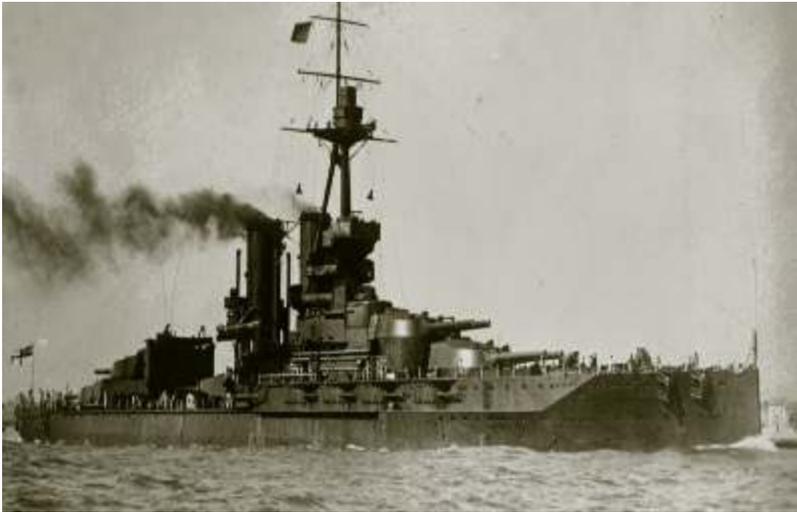
Saturday 24th November

10am - Noon.

Craft stalls, Cakes, Tombola, Raffle, Refreshments etc.

# **The Navy in World War 1**

A Lecture by Mark Mitchels  
commemorating the end of  
World War 1



Raydon Village Hall  
**Saturday 3rd November**  
at 3.00pm

Tickets £7.50, including Afternoon Tea,  
from 01473 310320

In aid of St Mary's Church

## Is It Me?

I have just started looking into primary schools for my daughter, who will be starting school in September 2019, it's a bit of a minefield!

In addition to everything else I need to consider, Suffolk County Council has changed its transport policy. Starting from next year they will only provide transport to your nearest primary school if it is over 2 miles away.

For residents of Raydon this means that if you live one end of the village they should provide transport to Hadleigh Community Primary School. For the other end of the village this means they should provide transport to East Bergholt Primary, and if both are full they should provide transport to Capel St Mary. (They have helpfully provided a postcode search function so you can check which three primary schools are closest to you...)

They will only be providing transport to our catchment primary school of Stratford St Mary for existing pupils as it is not our closest primary school.

Does that bother anyone else as well as me?

Raydon children have traditionally gone to Stratford St Mary, since our own school closed down. I appreciate Suffolk County Council needs to save money and as most schools are now academies they can set their own catchment areas, but bizarrely SCC could well end up supplying three school buses to Raydon rather than just one?

I'm sure all the schools I've mentioned here are lovely, but by splitting the primary school children up in Raydon it stops them developing local friendships and a sense of community spirit.

If you are in the same predicament and like me need to decide on a primary school before the 15th January deadline, it would be great to hear from you, my email address is pyall.family@gmail.com.

Good luck!

Amanda

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## RAYDON CENTURY CLUB WINNERS

**August** £25 M Bush, £15 R. Warvill, £10 A. Elford, £5 B. Cooper, £5 N. Banyard, £5 B. Cooper, £5 A. Aldous

**September** £25 E. Banyard, £15 G. Cook, £10 R. Warvill, £5 G. Nelson, £5 N. Gregory, £5 J. West, £5 P. Palfreman

**October** £25 V. Gostling, £15 K. Newby, £10 J. Anderson, £5 R. Gooch, £5 P. Cousins, £5 B. Banyard, £5 A. Cornell.

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# Sale

## Of Books Bric a Brac Collectables and other larger items

Raydon Church  
**Saturday 1st December**  
10 – 12noon

Refreshments available

In aid of fabric fund



Join us  
for a

# Christmas Concert

by Phoenix Brass

Saturday 8<sup>th</sup> December

at 7.30pm at St Mary's Church, Raydon  
in aid of Church Funds

Tickets including wine and light supper £10.00 available from 01473 310320

# Raydon and District Gardening Club

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November is the start of the New Gardening Year but shorter daylight means less time in which to tend your gardens and of course the weather is not always suitable, however there is still lots to do. Colder but dry days one can always plant new tulip bulbs, compost the last remaining leaves, and move shrubs and plants if necessary and ground not frosty. You may even need to make the final grass cut before cleaning and putting away the mower for winter. Don't forget to leave petrol tank empty as fuel goes stale if left for 3 or 4 months and then might be difficult to start again in Springtime.

Our last meeting for 2018 will be held as usual in the village hall on Thursday 22nd November at 7.30pm. The evening is a social members & invited guests event with the chance to talk to our President & Show Judges, as well as joining in fun table top quizzes, Last rose of summer competition, Short 1/2hour AGM, wine, cold buffet, and a grand raffle.

Don't forget to bring along a rose in a vase, display on a table, then everybody places a 20p coin against their choice as best rose. At the end of evening the rose with most money will go to winner and all other monies will go to the club funds.

Our quizzes are testing but always for fun with just a nominal prize to a table that scores the highest points.

If you know anybody who would join the club on the night please invite them along and members remember the subs (£13.00 pp) for 2019 are now due for renewal.

As it's our AGM, members need to vote for the formation of a committee for 2019. All the current committee members are willing to stand again if voted for however if you want a change now is the time.

Also note we have been one member short since Ken Quedley had to resign due to health problems therefore a volunteer is needed to fill this gap so if you would like to join please inform secretary by 10th November if possible but failing that join on the night. Look forward to meeting you all again for what will be the last meeting of 2018. Like the gardens we take a take a Short break for Dec & Jan, starting meetings again in February 2019 which will be our 39th year.

Geoff Horrex 01473 310422.



## Raydon Parish Council

### Your Parish Councillors are:

Nev Davenport 01473 311548  
Christine Hempstead 07891 236245  
Keith Lovering 07939 075143  
Sue Newton (Chair) 07808 818847  
Amanda Pyall 01473 310050  
Jayne Tann 01473 828283  
Jane Cryer - Parish Clerk 07920 713940

The PC would like to remind residents of the importance of keeping hedges under control to improve visibility and safety for neighbours and motorists.

### Parish Council meeting dates for the remainder of 2018:

Tuesday 20 November

All at 7.30pm in the Pavilion, KGF

## Bonfire Night at Raydon

Monday, November 5<sup>th</sup>

Bonfire lighting at 7pm approx.

The big night out -  
come & enjoy  
Fantastic fireworks



BBQ and Bar

Please give  
generously to the  
bucket collection.



*NB: if you would like to see copies of the minutes of any Raydon Parish Council meetings, please contact Jane Cryer, Parish Clerk*  
Sunnyside Cottage, Overbury Hall Road,  
Layham IP7 5NA  
07920 713940 / [raydonpc@gmail.com](mailto:raydonpc@gmail.com)

## Raydon Club

is open to residents of this parish and will in future be held on Wednesday evenings each week from 8.30 till 11 pm.

Licensed bar, pool, darts etc.  
Look forward to seeing you!



## Ideal for your special event

The Rayon Pavillion is for hire

Fully carpeted room for up to 80 people  
Kitchen and preparation room  
Easy parking

Available Morning, afternoon, and evening.

For Details Call Clive Duddridge  
Tel 01473 310162

# Holton St Mary

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## **Christmas is coming! Send your Greetings to your friends in the Villages.**

For a donation, the Holton St Mary Fund Raising Group will publish your good wishes to your friends in the Quartet area via Quartet and Church notice board, saving you time and expense of sending Christmas cards.

To let me know if you wish to use this service e-mail to [jean.styles@uwclub.net](mailto:jean.styles@uwclub.net) or put a note in the box in the church.

Closing date November 9th.

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## **HOLTON ST MARY CHRISTMAS CAROL SERVICE CHOIR**

The Holton St Mary Carol Service of Nine Lessons and Carols will take place on Sunday 16th December at 6.30p.m.

All singers of any voice are most welcome to join a choir to lead the congregation in familiar carols and to sing some choir only carols.

Rehearsals will take place on Sunday 2nd December at 11.30 a.m. and Thursday 6th December at 7.30p.m. both in Holton Church. Two further rehearsals will be held on Sunday 9th December at Higham Church and Sunday 16th December in Holton Church, both at 11.30a.m.

For contact: 01473 828532 or [jean.styles@uwclub.net](mailto:jean.styles@uwclub.net)

## **The First Friday of the Month Lunch Club**

On the first Friday of every month there is a Lunch Club in the Village Hall for residents of the village of Holton St Mary. All ages welcome!

A Light Lunch will be served between 12.30 - 2.00 pm at a cost of £3.50 per head. The lunches are a collaboration between some of the organised groups in the village and are non-profit making!

Any surplus funds will be reinvested.

If you would like to join us for lunch, please contact Frances Torrington: 312046/familytorrington@btinternet.com Or Sally Thurlow: 312080 [salthurlow@gmail.com](mailto:salthurlow@gmail.com)

We are also looking for volunteers to help run the lunches and help on the day.

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## **The Holton St Mary United Charities Trust**

has some funds available to those resident in the village of Holton St Mary who are in need.

If you feel you might want to make an application please contact:

Paul Torrington on [familytorrington@btinternet.com](mailto:familytorrington@btinternet.com) or 01473 312046.

## Holton St Mary Social Club

Please remember that WHIST is always last Friday of the Month at 8pm  
All are welcome, so please do come along  
Next Dates :-

Friday 30th November  
Friday 28th December

### Quiz Night.

#### Saturday 13th October

An enjoyable evening was had by all, with 14 teams taking part. Thanks to Paul and Janet Oliver for creating an excellent Quiz which was appreciated by everyone. The winners were Sally Thurlow's stars with Riet Howard's ladies coming second. The chocolate bar winners were Gil Mann's team. Thanks again for everyone involved.

### Holton Fireworks Night

#### Friday 2nd November

Fire will be lit at 7:15  
Fireworks to commence at 7:45

### December Social

The Club is once again holding a lunchtime Christmas Drinks & Canapes event; the date Sunday December 9th at the Village Hall. We will be delivering invites over the coming weeks. As well as an invite we will be enclosing a short questionnaire which we encourage you to complete and return.

### Committee & Bar

A big thank you to the Club members who have volunteered to join the Committee and the Bar Rota.

peter longmate  
quaywallslongmate1@btinternet.com  
mobile:- 07957 910608  
home:- 01473 314150



Holton St Mary will be joining in with the rest of the Nation to honour those who served in the First World War. You are warmly invited to attend some or all of the following events.

### Friday 9th November 2018.

The 'First Friday of the Month' lunch has been moved to the 2nd Friday and will be a 'shilling' lunch in recognition of the soldiers pay. The village hall will be decorated and the lunch will have a WW1 theme. Even if you don't normally come to these lunches you will be very welcome. Please let me know on 01473 311615.

### Sunday 11th November.

Service of Remembrance at the Church 10.50am includes 2 minutes silence around the War Memorial and dedication of a new Roll of Honour. Also including readings about the 5 men from Holton St Mary who lost their lives in the conflict.

### Later, after dark on the Millennium Green:

Please assemble 6.30pm.  
6.50pm Tribute to the Millions, a Nation-wide reading.  
7pm WW1 Beacons of Light, our Beacon will be lit along with all the other beacons in the country.

7.05pm Ringing out for Peace, the Church bell will be rung, also along with the rest of the country.

Light refreshments will then be served in the Church, including wine and soft drinks courtesy of the Social Club.

Marjorie Haste



## Holton St Mary Parish Council

Next meeting dates:

14<sup>th</sup> November

9<sup>th</sup> January

**8pm in the Village Hall**

### Holton St Mary Village Hall

can be hired at very reasonable rates!

Available during the day and most evenings (not Friday) from £17.00

Saturdays from £35.00

For further information and booking please contact Bookings secretary  
Tanya Kunz 01473 311570

### Holton St Mary Millennium Green Trust

Winners of the Century Club Draw are as follows:

**July:** £25 No 77 Ron Hood, £15 No 39 Michael Wilson, £10 No 78 Daphne Hood, £5 each to No 67 Chris Shirley and No 2 Keith Hyland.

**August:** £25 No 115 Martin Partridge, £15 No 71 Joan Cook, £10 No 21 Judith Morgan, £5 each to No 98 Sheila Morgans and No 85 Chris Clark.

**September:** £25 No 5 Sheila Gibson, £15 No 89 Jimmy Hammond, £10 No 53 Rob Clark, £5 each to No 76 Riet Howard and No 13 Shirley Suckling.

Marjorie Haste, Secretary

**Babergh District Council** invites residents to come along to their second

### Customer Access Point pop-up at Hadleigh library.

Council staff will be on hand once a week to offer local residents the opportunity to meet face to face. In coming weeks, there will also be a permanent iPad for customers to use anytime during the library's opening hours to access online council services.

The pop-up opens on Thursday 18 October and will run for a period of three months.

You can find the team at Hadleigh Library, 29 High St, Hadleigh, Ipswich, IP7 5AG on Thursday afternoons from 1:30-5pm.

## Pimlott Foundation Dates For Your Diary

All concerts to be held at Old House  
Barn, Oldhouse Rd, Great Horkesley,  
Colchester, CO64EQ

### Singing For Health 4.11.18. 11am-3pm With Amy Mallett

Enjoy a day of fun singing, relaxing ...and  
feeling better! Research shows that.....!  
No experience needed. Meet new people,  
sing new songs, do new things! All ages  
welcome.  
Suggested donation £5.00. Children and  
students free. Booking essential.

**Baroque Fest**  
**3.11.18 ; 6pm**  
**Christina Kobb**, (pianoforte)  
[www.fortepiano.no](http://www.fortepiano.no)  
Haydn, Mozart, Schubert, Beethoven

**All Baroque Fest concerts; £15.00.**

Students/ children free for all concerts.  
Refreshments always available.

Details and booking;  
[www.pimlottfoundation.org](http://www.pimlottfoundation.org)  
Or  
01206271291 / 07814506988

### **HOLY FAMILY ROMAN CATHOLIC CHURCH, BRANTHAM, CO11 1TB**

Sundays at 9am

Holy Days Anticipatory 7.30pm  
Tuesdays 10 am  
Father Christopher Smith,  
180 Hawthorn Drive, Ipswich IP2  
0QQ  
Telephone 01473 684963  
[office@stmarksparish.org.uk](mailto:office@stmarksparish.org.uk)

Saturday 24 November

### **HADLEIGH CHORAL SOCIETY**

St Mary"s Church Hadleigh Suffolk  
7.30

### **Haydn : The Creation**

Gemma Summerfield (soprano)  
John Porter (tenor)  
Owain Browne (bass)  
Colchester Symphony Orchestra  
conducted by Christopher Phelps

Tickets £14 (under 25 free)  
Available from:-The Idler Bookshop,  
37 High Street, Hadleigh,  
Choir members, from the website  
and on the door.

For further information, please  
telephone: 01473 823 791

[www.hadleighchoralsociety.org.uk](http://www.hadleighchoralsociety.org.uk)

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## **SESAW CHRISTMAS FAIR**

10-3pm, Sunday 18th November

The Old School, Long Melford, CO10 9DX

Seasonal gifts and decorations, crafts,  
jewellery, glass, games and lots more.

Big raffle and tombola. Snacks,  
refreshments, free parking. 50p adult  
entry.

All proceeds to Suffolk & Essex Small  
Animal Welfare, Reg.Charity No.1124029

Tables available, phone 01206 263269 to  
book

# Waste collection schedule

November 2018						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

 Recycling collected this week

 Rubbish collected this week

## Constable Singers

We welcome new members and have singers from 16 to 80 and have sessions at Lambe School East Bergholt 7 to 9.30pm each Thursday but meet at Congregational Church on the 2nd Thursday of each month. Choir recommences September 13th at Congregational Church. Words provided, no need to be able to read music. We sing to enjoy ourselves. £5 per session but first session free.

For further details contact Mel 01206298628, Yvonne 01206298428 or paulagraham716@btinternet.com



# Sport-Themed Quiz Night

Langham Community Centre (CO45PA)  
Featuring a licensed bar and bar snacks, but feel free to bring your own snacks and nibbles!

16th of November,  
doors open 7pm  
for a 7:30 start.

Prizes to be won!

£5 a head, and  
max teams of  
8, proceeds  
will go to  
Sports Aid

To book text/call 07851475533 or  
email [thomas.hewes@btinternet.com](mailto:thomas.hewes@btinternet.com)

East Bergholt High School  
Association  
Registered Charity No.1017476

## Pop Quiz

at East Bergholt High School

Friday 16th November 2018

Plus the winners of the Grand Prize  
Draw  
Bar opens 7pm  
Quiz starts at 7.30pm sharp!

Test your knowledge on sounds from the  
70s to the latest tunes!!  
Tickets cost £5 per person which includes  
nibbles on the table  
Teams of up to 6 people  
Over 18s only unless accompanied by an  
adult.

## SESAW NEWS

Thank you to everyone who helped or visited our Autumn Sale which raised £3,200. Our Volunteers put on a good display of sale items and baked some fantastic cakes. Our last fundraising event of 2018 is our Christmas Fair at the Old School, Long Melford, CO10 9DX. Lots of goodies on offer plus a raffle and tombola. Doors open 10am, Sunday 18th November, get there early before they sell out!

Back at the Sanctuary, last year's rescued blackbirds have reared their own broods and the kestrel is happily flying free above the garden, most frustrating for poor old Ollie (the Black) Cat! Mum is still busy with abandoned hedgehogs but we do have domestic animals too! Poor old Jack, the Westie cross, needs an understanding home. It will be difficult because he is a bit of a grump but he deserves a chance to be happy and loved.

Please take extra care of your pets during the firework season, it's a scary time for us. The evenings are drawing in and getting chilly so I'm off to my spot in front of the Rayburn. All this writing is hard work for a little dog like me, Kenny (the Boss) Chihuahua! Suffolk & Essex Small Animal Welfare. Reg.Charity No.1124029. Stoke Road, Leavenheath, CO6 4PP. 01787 210888. [www.sesaw.co.uk](http://www.sesaw.co.uk) Open 10-1pm Thurs-Sunday.



## Stour Valley Men's Probus Club

We don't meet in August and returned for the autumn season on Wednesday 5 September. At short notice the speaker wasn't able to join us so President Graeme Forsyth ran a Plant Quiz enjoyed by all present.

Norman Jacobs talked about "Pie 'n' Mash & Prefabs" on Wednesday 3 October and on 17 October Sally Chicken discussed the "The Regeneration of Shotley Pier", a plan very much in the news!

On 7th November Peter James will talk about "The Great Essex Earthquake" and two weeks later on 21 November Jo Harrison's talk is entitled "Going Underground".

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members are welcomed

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.



Richard Heap, Production Director of Stephen Walters & Sons Ltd talked on "Silk Weaving In Sudbury" on Wednesday 10 October. He covered the history of silk weaving and how it came to Sudbury; the Silk Road from China to Sudbury; how silk yarns are processed; the silk Trade; partnerships and relationships between supplier and customer and how the Company engages with the local community and the environment.

Our November 14th meeting will feature Davis Simmonds, a National Trust speaker and volunteer, introducing "The Coast Of East Anglia". The East Anglian coast is full of contrasts and has much beauty, history and wildlife. His presentation will focus on National Trust coastal properties in Essex & Suffolk. NEW - each month the Coffee Grinders will meet at The Lambe School, Gaston Street, East Bergholt, CO7 6SD from 10-12 noon. This meeting especially welcomes new members but gives all members the opportunity of meeting the activity Group Leaders and the Committee whilst enjoying a cup of coffee. The next meeting is on Friday 23 November.

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership

is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 340 members and 35 active groups. For further information please visit [www.stourvalleyu3a.org.uk](http://www.stourvalleyu3a.org.uk) where membership secretary Gillian Gibbs may be contacted.

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except December. Whilst Visitors are welcome to join us on a limited number of occasions, paying a donation each time, Members are given priority to speaker meetings due to the halls capacity limit for safety reasons.

Remember it's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!



## Craft & Food Fair 2018

This popular fair, organised by Hadleigh Market Feoffment Charity, will take place in the Town Hall/Guildhall complex, Hadleigh, Suffolk on Sunday 4th November 10am-4pm. There will be various stalls selling food, drinks, crafts and Christmas items. Refreshments will be available in the Dining Room. Entry is £1 adult, under 13's free and disabled access 50p due to limited access. For further details please see [www.hadleightownhall.co.uk](http://www.hadleightownhall.co.uk)

## EAST BERGHOLT CONGREGATIONAL CHURCH

Cemetery Lane, East Bergholt,  
CO7 6RZ

Pastor -Mrs Maralyn Bambridge

**Services** - Each Sunday morning at 10.30 led by the pastor unless otherwise stated

**Coffee Mornings** - Each Thursday 9.30 to 11.30 am

Church Secretary – John Jeffreys

Tel 01206 298737

Email [j.jeffreys.eb@btinternet.com](mailto:j.jeffreys.eb@btinternet.com)

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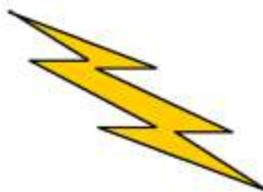
## Headway Suffolk

has launched ambitious and exciting plans to build a new rehabilitation hub and housing for clients in Ipswich – with the centre to be named after renowned physicist Professor Stephen Hawking.

The Stephen Hawking Neuro Centre will be built on the edge of Ipswich, on Ravenswood Estate, and will include facilities for rehabilitation and support for clients with brain injuries and other neurological conditions.

It will replace the current hub at Epsilon House on Ransomes Europark, which will be sold to support the new project.

The new centre will also include 24 homes where Headway Suffolk clients will have the opportunity to live as independently as they are able to. Helen Fairweather, Chief Executive of Headway Suffolk, explained its essential need: "Life after brain injury is difficult for the person and their family. The change of personality and loss of function means many partnerships end. "It is usually Headway clients who have to move out of the family home and become homeless, or end up in inappropriate provision, such as mental health or older people's services. This leads to depression and prevents rehab. Headway has, for some time, been looking at how to solve this problem, and now we have a very exciting solution."



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# Local Services

## The Constable Country Medical Practice

The Medical Centre,  
Heath Road, East Bergholt, Colchester  
CO7 6RT

### Surgery opening hours

8.00am – 6.30pm Monday to Friday  
Telephone 01206 298272  
Fax 01206 299010

36 The Street, Capel St Mary, Ipswich  
IP9 2EE

### Surgery opening hours

8.00am – 6.30pm Monday to Friday

Dispensary 8.30am – 6.15pm  
(closed between 1-2pm)  
Telephone 01473 310203  
Fax 01473 311722



Colin the fishmonger has his fresh fish van in the lay-by at the bottom of Church Hill in Stratford every Thursday morning from 10.30am to 1.30pm

## MOBILE LIBRARY

### Stratford St Mary - Route 11

The bus stops every 4 weeks on Wednesdays

31 October, 28 November, 23 January

Black Horse - 11.05am - 11.20am  
Tally Ho! Corner - 11.25am - 11.45am  
Strickmere (School Lane end) - 11.50am - 12.10pm

### Route 14

The bus stops every 4 weeks on Tuesdays

6 November, 4 December, 29 January

### Holton St Mary

Church Square - 9.30-9.45am

### Raydon

St Mary's Raydon - 9.50-10.30am

### Lower Raydon

Sulleys Hill - 11.30 - 11.45am

### Higham

The Green - 11.55am to 12.10pm

The **customer service line 01473 283838** is staffed 9am to 5pm from Monday to Friday and can handle any library customer queries renewals and reservations to any general library queries. An answer phone is available outside of operating hours and people can also email [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk)

## Crime prevention

<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>

PC 1347 Gilkes Pcs0 3041 Cooper [babergheast@suffolk.pnn.police.uk](mailto:babergheast@suffolk.pnn.police.uk)

Telephone...101

# Local Directory

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MOBILE 07500 488667  
Email:lesley.artscene@gmail.com



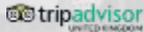
# Old Bakery Café

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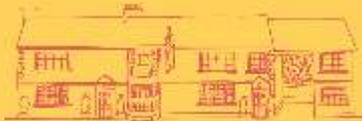
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## Flatford Mill Field Studies Centre

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[www.field-studies-council.org/flatfordmill](http://www.field-studies-council.org/flatfordmill). You can also contact us by phone on **0845 330 7368** (local rate), or by email at [enquiries\\_fm@field-studies-council.org](mailto:enquiries_fm@field-studies-council.org)

A dark, atmospheric poster for a Halloween event. The background is a misty, dark forest with bare trees and several glowing jack-o'-lanterns. The text is in a stylized, yellow, hand-drawn font. At the top, it says 'Hall Farm Shop & Cafe Restaurant'. Below that, in a larger font, is 'Spooky Wooky Trail'. Underneath that, it says 'Monday 29th and Tuesday 30th October'. Further down, it lists the time as '5.00pm - 7.00pm' and the cost as '£3.00 per person or £10.00 for 2 adults and 2 children'. It also mentions that the trail is aimed at children under 12 years, that hot and cold drinks, ice creams, and snacks will be available at a snack shack, and that toilet facilities are on site. At the bottom, it provides contact information for the shop and restaurant, including phone numbers, email addresses, and the website URL.

**Hall Farm  
Shop & Cafe Restaurant**

**Spooky Wooky Trail**  
**Monday 29<sup>th</sup> and Tuesday 30<sup>th</sup> October**

Time: 5.00pm – 7.00pm  
Cost: **£3.00** per person or **£10.00** for 2 adults and 2 children  
The Spooky Wooky Trail is aimed at children under 12 years.  
Hot and cold drinks, ice creams and snacks  
will be available to purchase at The Snack Shack.  
Toilet facilities on site.

Shop: 01206 322572 / [shop@hallfarmshop.co.uk](mailto:shop@hallfarmshop.co.uk)  
Restaurant: 01206 323600 / [cafe@hallfarmshop.co.uk](mailto:cafe@hallfarmshop.co.uk)  
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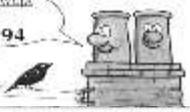
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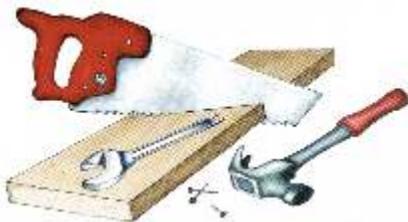
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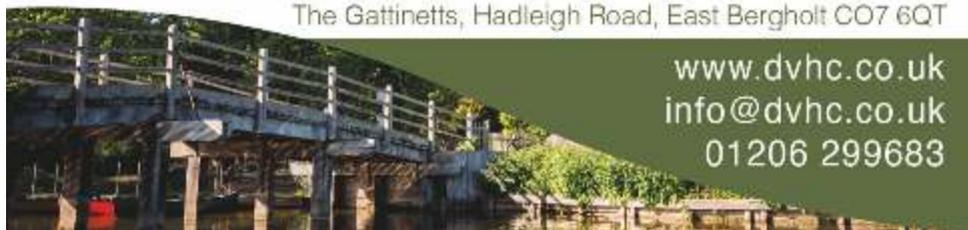
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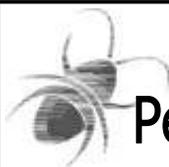
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### *Reader*

Nicola Tindall 01787 212340

## Midweek Communion

This month's short service of Holy Communion in the Parish Room at Stratford St Mary will be at 10 a.m. on **21 November**.

## Home Group

Our Home Group will meet again on 15 November 2.30-4 p.m. at 5 Veyses End. We are using Rowan Williams' book 'God with us' to explore the meaning of the Resurrection. All are welcome.

## Services in November and December

	<b>8.00 a.m.</b>	<b>10.00 a.m.</b>	<b>NB. 5 p.m.</b>
4 <sup>th</sup> Nov		SSM	Holton
11 <sup>th</sup> Nov		<b>10.50 All parishes for Remembrance Sunday</b>	
18 <sup>th</sup> Nov		Holton	SSM
25 <sup>th</sup> Nov		Raydon (said HC) + SSM Parish Room	<b>4 p.m. SSM Farewell service for Revd Rosalind - all welcome</b>
2 <sup>nd</sup> Dec		Holton	SSM Advent Carol Service
9 <sup>th</sup> Dec		Higham	Raydon
16 <sup>th</sup> Dec		Raydon	<b>6.30 Holton Carol Service</b>
23 <sup>rd</sup> Dec		SSM	<b>5.30 pm Higham Carol service</b>
24 <sup>th</sup> Dec		Raydon Crib Service	<b>11.30pm Holton Midnight Mass</b>
25 <sup>th</sup> Dec		Higham	

## New Testament Readings and Collects for weekdays in November

4 November: *4th Sunday before Advent*. God of glory, touch our lips with the fire of your Spirit that we, with all creation, may rejoice to sing your praise, through Jesus Christ our Lord. Amen.

5th Revelation 1

6th Revelation 2.1-11

7th Revelation 2.12-end. Willibrord of York, Bishop, Apostle of Frisia, 739

8th Revelation 3.1-13. The Saints and Martyrs of England

9th Revelation 3.14-end. Margery Kempe, Mystic, 1440

10th Revelation 4. Leo the Great, Bishop of Rome, 461

11 November: *Third Sunday before Advent, Remembrance Sunday*. O God, our refuge and strength, bring near that day when wars shall cease and poverty and pain shall end, that earth may know the peace of heaven through Jesus Christ our Lord. Amen.

12th Revelation 5

13th Revelation 6. Charles Simeon, Priest, Evangelical Divine, 1836

14th Revelation 7.1-4, 9-end. Samuel Seabury, First Anglican Bishop of North America, 1796

15th Revelation 8

16th Revelation 9.1-12. Margaret, Queen of Scotland, Philanthropist, Reformer of the Church, 1093

17th Revelation 9.13-end. Hugh, Bishop of Lincoln, 1200

18 November: *Second Sunday before Advent*. Heavenly Lord, you long for the world's salvation; stir us from apathy, restrain us from excess and revive in us new hope, that all creation will one day be healed in Jesus Christ our Lord. Amen.

19th Revelation 10. Hilda, Abbess of Whitby, 680

20th Revelation 11.1-14. Edmund, King of the East Angles, Martyr, 870

21st Revelation 11.15-end

22nd Revelation 12

23rd Revelation 13.1-10. Clement, Bishop of Rome, Martyr, c. 100

24th Revelation 13.11-end

25 November: *Christ the King*. God the Father, help us to hear the call of Christ the King and to follow in his service whose kingdom has no end, for he reigns with you and the Holy Spirit, one God, one glory. Amen.

26th Revelation 14.1-13

27th Revelation 14.14-end of 15

28th Revelation 16.1-11

29th Revelation 16.12-end

30th John 12.20-32. **Andrew the Apostle**

1st Revelation 18



### For your diaries

3 November 3 p.m., Raydon Village Hall, Mark Mitchels on The Role of the Navy in World War 1

### PCC meetings

12 November 7.30 p.m. Higham at Tunmer's Farm

19 November 7.30 p.m. Raydon at the Rectory



### For your prayers

For healing for those who are ill or in need, in our parishes and beyond:

**Higham:** Margaret Snelling

**Holton:** Ron Stedman

**Raydon:** David King, Michael Mumford, May Peacock

**SSM:** Nancy Ablitt, Laura Kerry, Trina

**Others:** Serena Benson, Tory Cook, Philip Dean, Helen Gregory, Steve Kupfer, Gail O'Dell. Ann Stone, Ian Toombs