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July 2023
Issue 419

Quartet

The Parish Magazine

For Higham, Stratford St Mary, Raydon and Holton St Mary

Benefice Safeguarding Officer and admin help required

This is a part time paid position for the whole benefice of Stratford, Holton, Raydon and Higham.

If you would like further details, Please contact Rev'd Manette

Tel. 07947 737789 or
Email: revmcrossman@gmail.com

Power Cut? Call 105 | The New Free Way to Report Issues

www.powercut105.com

Experiencing a power cut? No matter who your provider is, **105** is the new number to call to get help and advice, free of charge on mobile and landlines. You can also call 105 with any welfare concerns related to a power cut, or if you are worried about the safety of over or underground electricity cables or substations.

Help us with our campaign!

If you know any merchant or service provider living in one of our four villages, please let us know by emailing quarteteditor@hotmail.co.uk. We will contact them and see if they would like a **free listing** in the Quartet



Small Ads Pin Board

No charge for non-commercial ads placed for one month only, space permitting. Email quarteteditor@hotmail.co.uk

Quartet Diary

Details of events can be found within the magazine. **It would be advisable to check with organisers if regular events are happening, we may not have been informed of last minute changes**

July

- 1 Holton Green Gym
- 2 Sunday Teas, Raydon
- 4 Raydon Parish Council Meeting
- 5 Raydon Social Club
SSM Mums and Tots
- 7 Holton Social Club
Holton Lunch Club
SSM Youth Clubs
- 10 SSM Parish Council Meeting
- 11 Fair Trade Coffee Morning, Raydon
- 12 HSM Parish Council Meeting
Raydon Social Club
SSM Mums and Tots
- 13 R&DGC Evening Visit
- 14 Holton Social Club
SSM Youth Clubs
- 15 SSM Summer Fair/Village Picnic
- 19 Raydon Social Club
SSM Mums and Tots
- 21 Holton Social Club
SSM Youth Clubs
- 26 Raydon Social Club
SSM Mums and Tots
SSM Coffee Morning
- 27 R&DGC Meeting

- 28 Holton Social Club
SSM Youth Clubs

August

- 2 Raydon Social Club
SSM Mums and Tots
- 4 Holton Social Club
Holton Lunch Club
SSM Youth Clubs
- 5 Holton Green Gym
- 6 Sunday Teas, Raydon
- 8 Fair Trade Coffee Morning, Raydon
- 9 Raydon Social Club
SSM Mums and Tots
- 11 Holton Social Club
SSM Youth Clubs
- 12 R&DGC Summer Flower Show
- 16 Raydon Social Club
SSM Mums and Tots
- 17 Holton Slow Sticth
- 18 Holton Social Club
SSM Youth Clubs
- 19 "Romeo & Juliet", Higham Lodge
- 23 Raydon Social Club
SSM Mums and Tots
- 25 Holton Social Club
SSM Youth Clubs
- 25-28 Higham At Exhibition
- 30 Raydon Social Club
SSM Mums and Tots

Editors Corner

I'm writing this as we approach the longest day of the year - the sun is shining and it's warm outside. It seems the spring took a long time to depart this year and I do hope that by the time you get to read these pages, the weather hasn't broken. It would be a shame for all those lovely outside events coming up!

Here's a heads up on a few that you'll find in the pages this month:

Higham Pet Service on 1st July, Art Exhibition and an outdoor staging or Twelfth Night in August (see pages 12 and 13).

Raydon Farmers Market on 16th July and Sunday tea on 2nd July

A Progressive Dinner in Holton on 22nd July (see page 20 for details)

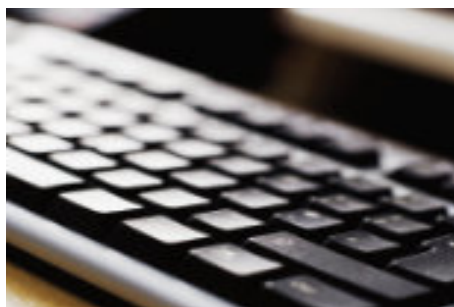
And of course, lots of regular events from our hardworking organisers.

We hope you have a happy and sunny July and find plenty to do in our local area, there's something going on where-ever you are!

Happy reading

Anne and Jane.

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



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19th July 2023

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Rev'd Manette Writes

Dear friends,
It's not long now until the end of term and I'm sure that children and their teachers are beginning to look forward to the summer holidays.

When we think about the beginning of summer we usually think about a specific date. We talk about it when the days are lengthening and it gets warmer, but this year we have been blessed with weeks of lovely sunny and warm (and even rather hot!) weather already. For the MET office summer began on 1st June. The astronomical calendar decides the seasons in relation to the earth's orbit around the sun and therefore the astronomical summer begins on the summer solstice on 21st June. Summer solstice has the longest period of daylight and therefore the shortest night, so weather permitting we can look forward to warm evenings and BBQs in the garden. And it's that time of the year again when we look forward to the summer weddings in our beautiful churches. Sadly, we are only having one wedding this year as several couples have had to cancel due to the economic circumstances and the cost-of-living crisis.

The church fees are usually insignificant compared to the other associated costs but couples obviously want to celebrate with their families and friends. For me, it has been an absolute joy to meet up with several lovely couples who are very organised and wanted to come and see me about their weddings next year. If one or both partners have a qualifying connection to one of our parishes, they can get married

in any of the churches in our benefice. If you have never lived in the parishes and don't have a family connection, then you may be able to create a connection by attending services at least once a month for six consecutive months. We currently have two couples who are creating such a connection and it is lovely for our congregations to get to know the couples. You can read up on the requirements for a church wedding on the Church of England website: www.churchofengland.org/life-events/your-church-wedding - or come and see me and I am happy to discuss your options with you.

On a different note, on 14th June, most of our churchwardens gathered for the Archdeacon's Visitation in the beautiful church of St. Mary the Virgin in Bildeston and we had a very small number of parishioners who came to support them. One of our wardens couldn't make the date and will be attending another Visitation at the end of the month.

I am very grateful for all that our churchwardens do for the church. They look after the fabric of the building, they assist with services and they are the Bishop's Officers who support the Parish Priest. Thank you for all that you do!

I wish you all a lovely summer break, whether you are going away or spending the summer at home.

Yours in Christ, Rev'd Manette

Stratford St Mary

SHOP
LOCAL

In Stratford

Hall Farm Shop Cafe and Restaurant
www.hallfarmshop.com

Anchor Inn www.stratford.pub
01206 322143

The mobile pizza co - 07982 427483

ABC Preschool - 01206 322466

Kate Baines, Virtual Assistant - 07799 391343

Orwell Electrical - 01206 322969

Andy Smith Roofing - 01206 322882

Jackson Plumbing and Heating -
01206 322063

Nigel Bruce Electrician - 01206 322751

Penrose and Partners - Vets. 01206 323414

Finest Gardens - 07756 364560

John Burrell Bespoke Bedrooms -
07734700507

Nexus Creative Print Production -
gill@nexuscpp.co.uk

tim germain - furniture designer-
maker. www.germain.co.uk

Gary Moye, plasterer - 07807 314911

Baker Vet physio - 07905 657895

Katrina Wade, Physiotherapist
07968 964826

Dear Friends

We wanted to express our deep and heartfelt thanks for the support from you all since the beginning of the year. It has been so very thoughtful and kind.

Richard's diagnosis of a brain tumour was overwhelming for all of us to take in and the speed with which his illness progressed was truly dreadful. However, knowing we were in your prayers, and the many cards, letters, flowers, messages, and acts of kindness we received showing we were being held in your love helped us to endure the inevitable outcome. The support shown at his funeral was incredible; with a wry smile and a certain amount of understatement he too would have been 'quite surprised'.

Inevitably our lives have changed forever, but I know you will continue to hold us in your love and prayers as we learn to adapt to a future without Richard.

With our love to you all,

Revd Nicola, Eleanor and Francesca

STRATFORD ST MARY INSTITUTE HALL

The Institute Hall is available for hire by emailing Steve Kite at:

ssminstitute.bookings@gmail.com.

You can also visit our website, 'thestratfordinstitute.org' where detailed information about the hall can be found. You can also download a booking form with the Terms and Conditions of our hiring agreement.

If you're into social networking, we have a Facebook page at 'The Stratford Institute'.

When enquiring about a booking, it would be helpful to mention the nature of the event.

CONCERT BY THE

WATTISHAM MILITARY WIVES' CHOIR



WHEN: SATURDAY 24TH JUNE 2023

TIME: 7pm

WHERE: ST. MARY'S CHURCH
STRATFORD ST. MARY CO7 6LS

TICKET PRICE: £10

*Songs to include: - Home thoughts from Abroad - Eternal Father -
We Will Remember Them - WW2 Medley - Vera Lynn Medley -
Sing - Sister Act and more...*

Refreshments during the interval

*Parking in the field next to the church
by kind permission of Hall Farm*

*Tickets can be bought on the night or contact Rev'd Manette
on 07947 737789*



Winners of
SSM 100 Club

The winners of the 100 club draw are

£50 Emily Barrell (No 20)
£10 Steve Garthwaite (No 98)

For just £1 per month be in with a chance of winning £50.

All surplus funds go towards the upkeep of the Institute Hall. Each member can hire the hall once a year at a reduced rate.

Contact either Norman Woodard on Norman.woodard@fatbloaters.com or Phil Brown on philipbrown123@hotmail.co.uk for details

Stratford St Mary Parish Room

Our comfortable, well-equipped hall in the centre of the village is open and available for hire.

Please contact our new bookings clerk for more information or to make your booking by emailing

ssmparishroom.bookings@gmail.com

or contact Paul Ranson on 01206 322156
or
08780 388184



Keeping you up-to-date with a range of social and community activities in Stratford St Mary.

We hope you have enjoyed the recent events held in the village over the last few months, including the 'Joseph' sing-a-long and cream tea, The Coronation Celebrations, The May Ball and the Wattisham Military Wives choir. A great showing for a small village!

We are now starting to think about ideas for the Autumn / Winter, so please let us know if you have any thoughts or suggestions for future events. Ideas so far include

A village Quiz night / Race Night / Christmas Tree Festival and Advent 'Decorate a window' competition.

Date for your diary: **Sunday October 1st. Harvest Lunch** in the Parish Room. Join us for a traditional ploughman's lunch in the parish room when we are also encouraging a big push on donations for the local food bank - more details to follow.

Interested in getting involved? - We are a group of volunteers and help is always appreciated! :-)

email us at: villagelife@stratford-st-mary.org or phone Sandy on 0770 660 2749 or Julie on 07989 639583

SUFFOLK HISTORIC CHURCHES TRUST (SHCT) CYCLE RIDE/STRIDE/WALK SATURDAY 09 SEPTEMBER 2023

9 Sep - a date for your diaries.

SHCT, in its normal format, will take place 09:00-17:00 hours on 9 Sep 23. You can walk or ride, to raise money for the church/chapel of your choice.

I have passed sponsorship forms to those who have taken part in previous years. If you would like to take part, you can contact me on 322259 and I will deliver a sponsorship form to you or you can visit Rosebank, Lower Street, to collect a form.

David Isaac

Stratford St Mary Parish Council Meeting Dates 2023

10th July
11th September
13th November
8th January 2024
11th March 2024

The Parish Council would like to say a huge thank you to everyone involved for their efforts organising and helping at the King's Coronation events that took place in Stratford St Mary.

Stratford St Mary Parish Council currently have 3 vacancies for Councillors – If anyone is interested or would like more information then please contact the Clerk - email parishcouncil@stratfordstmary.org.uk address

Stratford St Mary Celebrates the Coronation of HM King Charles III



Well Done Stratford!

A huge thank you to everyone involved in making the Coronation weekend a special event, here in Stratford. Whether you decorated your house, entered any of the competitions or came along to any of the events arranged over the weekend, we hope you enjoyed yourselves.

Congratulations to our **'Design a Crown'** winners - Chris & Christine Cousins and to our **Royal Fancy Dress** competition winner Annabelle, for her re-creation of Anne Boleyn (complete with head in basket!) and to everyone who took part.

A big 'Thank You!' to our resident band 'Infirmit', to Lorry & Steve for once again manning the Karaoke, to Hall Farm for the amazing BBQ and general support, to the organisers of the kids 'Wacky Races' and to the catering team for the delicious afternoon teas and not forgetting everyone who helped with the 'set up' and 'take down' over the weekend. We couldn't have done it without you!

None of this would have been possible without the financial support of The SSM Institute Committee, The Parish Council and Babergh & Mid Suffolk District Council (which provided the grant to cover the cost of the Coronation mugs, distributed at the Big Picnic. *Thank you!*



Stratford St Mary Community Trust



The Trust's function is to manage certain properties bequeathed to the Parish, with the objective that any surplus income be used to provide short term financial help to Parish residents who may find themselves in temporary financial difficulty for whatever reason. This remit includes a particular focus on situations where individuals might require assistance to get into paid employment or transition to new skills.

If you are resident in the Parish of Stratford St Mary and find yourself in such difficulty, or you become aware of someone else who is, remember the Trust and contact us on:

Telephone: 07850668064

E-mail: trust@stratford-st-mary.org

We may be able to help.

All such contact will be in strictest confidence.

Board of Trustees
Stratford St Mary Community Trust (SsMCT)

LITTLE SPARKS

**(Mums and Tots) at
Stratford St Mary Chapel
9am - 11am every Wednesday
(Term Time)
Donation Request: £1 per family**

Contact Beckie for more information at sparksandignition@gmail.com

After some discussion with Kate and Charlie Warburton, who are now managing the Langham Hall estate, a concession has been agreed over the tracks South from Broomhouse to the junction that then runs East to the village, on a Permissive Access basis.

Many residents say they have been free to use these paths for many years and the addition of a gate, forming a car park for fishing club members, has been a barrier, and they have assured us pedestrian access will be maintained.

Permissive Access gives the option to close the paths from time to time, for example when machinery activity was planned. We feel residents, especially those with dogs, would understand and accept this situation. It takes away the need to apply for formal application to amend the Definitive Map.

Of course, these paths being part of a working farm, could be affected by other operations. e.g., A driven shoot across the path.

The big concern is dogs running off the lead damaging crops and fouling, so please do keep dogs to the limits of the paths.

Other paths were discussed, for example, to the lock gate, but they were keen to dissuade crossing here, in case of accidents; around the field, where there is a diagonal path already, and did not want two separate paths, where diverting it would be expensive.

I'm sure the residents of Stratford St Mary will be very pleased with this arrangement.

We have worked together over the years to ensure the enjoyment of this beautiful part of the country area works for all of us and trust it will continue.

Charlie Warburton can be contacted: Church Farm, Dedham Road, Langham, Colchester. CO4 5PS

m: +44(0)7770 917 709
e: info@langhamhallestate.com
www.langhamhallestate.com



Coffee Morning

We have recommenced the monthly coffee mornings which take place on the fourth Wednesday of every month.

10.30 am in the Parish Room Do come along and socialise - £2.00pp. Money raised to date has contributed to the purchase of chairs and garden furniture for the Parish Room

DEFIBRILLATORS

For your information, there are now two defibrillators in Stratford St Mary. One is located at Hall Farm and the other on the side of The Chapel on Upper Street.

SSM May Ball

What a splendid evening we had at the recent SSM May Ball at the Talbooth. It was a wonderful way of bringing the village together and my, don't we all scrub up well!! A brilliant effort was made by everyone, the food and service was excellent and the dancing was just so much fun (not to mention the photo booth – I'm not sure too many of those photos should be shared!!) We all thoroughly enjoyed it and look forward to many more in the future.

Many thanks
Julie
Church Cottage 07989639583

Stratford Chapel

Upper Street, Stratford St. Mary

Leaders: Phil Wyncoll & Bill Richardson

Youth and Children's Pastors: Jamie & Beckie Wyncoll

We are an independent mainstream Evangelical Church of around 60 people encompassing and providing for all age groups. We particularly specialise in the areas of Children's and Youth work, Bible Teaching and Evangelism.

Services and Groups:

Every Sunday:

10.30am Morning Worship and Junior Church

6.30pm Church Prayer Meeting

8.00pm Bible Teaching Group (currently on Zoom)

Monday: 8.00pm House Group (on Zoom)

Tuesday: 7.30pm Discipleship Group (at the Chapel)

8.00pm House Group (on Zoom)

Wednesday 9-11am Mums and Tots

Friday: 5.00pm "Sparks" Children's Club for ages 7 – 11 (at the Chapel)

7.30pm "Ignition" Youth Club for ages 12 – 16 (at the Chapel) .

Web-site: stratfordstmarychapel.com

Enquiries: Children's & Youth: Jamie & Beckie (01206 323095) email: Beckie.w@live.com

General enquiries: Maggie Chapman (01473 311436)



JRSOs

The JRSOs are very aware of the parking issues during drop off and pick up times outside the school gates. The JRSOs have again reminded the parents and carers of parking safely. They have written to the parents and carers and included a guide to safer parking outside schools from Ipswich Borough Council. The JRSOs will conduct parking inspections and hopefully improve the parking outside the school gates.

Miss Jones and the JRSOs



Higham

SHOP
LOCAL

In Higham

Karl Chisnal - mower repairs.
07557771721

Brett Valley Installations 07896 054439

PCC Secretary needed in Higham

The PCC meets four times per year. The secretary is a voluntary post and involves preparing and sending out the agenda, taking the minutes at the meetings and distributing them to the members. There will be some additional admin during the year and extra preparation for the Annual Meetings.

Please contact Rev'd Manette if you can help:
Tel. 07947 737789 or
Email: revmcrossman@gmail.com

Higham Pet Service Saturday July 1st, 4pm.

Please join us at St. Mary's Higham for a special service, along with your lovely pets!

All pets are welcome, big or small! (Please can all pets have leads, harnesses or suitable crates.)

The service will begin at 4pm, hopefully meeting outside the church, weather permitting.

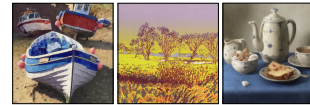
It will be followed by refreshments and snacks for both you and your pets!



If you have any questions regarding the service, please contact Hannah Lee on 07530 995807.

SAVE THE DATE!

HIGHAM ART EXHIBITION August 25-28 2023



Special Preview: FRI 25th AUG 7.30pm - 9.30pm ~ Official Opening 8pm
SAT 26th AUG 10am - 6pm
SUN 27th AUG 10am - 6pm
MON 28th AUG 10am - 4pm

HELP REQUIRED WITH SETTING UP AND STEWARDING. PLEASE EMAIL NATHAN: highamart@gmail.com WITH AVAILABILITY



Romeo & Juliet at Higham Lodge

19th August June, 6pm

After the success of Twelfth Night last year, Troubadour Stageworks are excited to be coming back to Higham Lodge.

Full of music, fun, and romance, the troupe is back with Romeo & Juliet, suitable for all the family, re-telling Shakespeare's classic with all the life and energy it deserves.

This is Troubadour's sixth Shakespeare production, bringing their characteristic music, energy, and fast-paced approach to the bard to his most famous tragedy. With their in-depth understanding of the play and accessible approach, this is the perfect Shakespeare for all the family - life-long fans and first-timers alike. Bring a picnic and enjoy Shakespeare's classic on 19th August!

Early entry tickets available and there'll be tea and cake available in the afternoon. Higham Lodge are pleased to run a bar for your convenience and Simply Ice Cream are available to pre-order or buy on the day.

Early entry from 4pm: £5.00 for adults, children go free! Tea and cake available to buy.

Romeo & Juliet: earliest access at 5pm, show starts 6pm

Tickets: £18.00 adults, £14.00 children

Please pre-book online here <https://troubadourstageworks.com/pages/whats-on>



Raydon



In Raydon

Blackwell Barn Holiday Let -
www.cottages.com

Phil Avery Electrician 01473 311261

Ashley Short Carpentry 01473 311226

Gordon Short Decorator 01473 313053

SW Stiff Builders - 07811 005241

Earth&Turf Garden Services -
07922078241

DIY Livery - 07710 540926

Infusion Grill - 07584 573474

Swift Garden Services - 07947 322429

Rheal Coatings - 07539 377740

Franklyn Nevard - Architect 07515
351894

Fresh Eggs - Roadside stall Fox Farm

Katie's Little Beauty Box - 07802
847628

Tarbins Bakes and Cakes - 07922
129825



Fair Trade coffee morning

June 13th and a picnic in the park! Well, not quite but a lovely Fair Trade coffee morning under the trees in the Churchyard. Just the right amount of gentle breeze, dappled shade and lots of folk to share it with. Holidays kept some of our regulars entertained in foreign parts, and others with various appointments, but we did have an 84th birthday to celebrate, so happy birthday to the person concerned.

We were also giving a send off to our intrepid team undertaking the Three Peak Challenge in aid of MS and CMT, they have raised a huge amount for these charities so we hope all goes well for them. When they return they will be seeking sponsorship again, this time for our part in the Suffolk Historic Churches annual ride/stride and vintage car event. The Trust has been offered a substantial donation by an anonymous donor if they can increase the funds raised last year. Please help us to take up this challenge for the 50th year of the event. September 9th is the date and our advertising is hotting up so keep an eye out for more information.

Our mobile library van still comes to each coffee morning so let's see if we can increase the number of people who use it, this is a super free service and Rachel will order you any books that you want, so give her a look.

Our next Fair Trade coffee morning is on July 11th when we hope to have our "Frinton friends" back with us as well as our many regulars. Another warm and

sunny day would be perfect, so hope to see you then.

Many thanks for your support.
Wendy Mumford 01473 312123

SUNDAY TEAS in ST MARY'S CHURCHYARD RAYDON

3.00pm to
5.00pm



2nd July
6th August
3rd September 2023

Hope to see you there!

In aid of St Mary's Church Fabric Fund

RAYDON PARISH COUNCIL

Parish Clerk - Stacey Lowe 07944 968011
raydonpc@gmail.com
Chairman Councillor Keith Lovering 07939
075143
Councillor Jayne Tann 01473 828283 or 07887
767478
Councillor Jo Brothers 07875 329901
Councillor Faith Backhouse 07999 018049
Councillor Lorraine May

RAYDON PARISH COUNCIL

SCHEDULE OF MEETINGS 2023
(all at 7.30pm in the KGF Pavilion)

Tuesday 4th July

Tuesday 5th September
Tuesday 3rd October
Tuesday 7th November

NB: if you would like to see copies of the minutes of any Raydon Parish Council meetings, please visit www.raydonpc.org, or contact the Parish Clerk.

Road Safety ApplicationDC/23/01345

recent application to build a house in the proximity of St Mary's Church will unfortunately require further access from the road. I speak from my experience as the leader of Raydon Community Speed Watch in stating that such a necessity would make a horrendous situation worse. We clocked in more speeding traffic than any other Community team in Suffolk and one of our neighbours came very near to losing his life. Unfortunately there came the time when our Community Speed Watch was cancelled and the speeding traffic situation was reintroduced with the extreme danger to our community. My aim is to reintroduce the Community Speed Watch to preserve the lives of our community. I would politely request my fellow respected residents to appreciate the danger we live in and I would appreciate to learn of your opinions.

I can confidently inform you that the traffic situation will get worse with the introduction of a further access and the danger from speeding traffic will become more apparent. The danger will prevail throughout the village and you have obviously learned about the head on crash last Saturday morning adjacent to Country Covers. Say no further access keep safe.

Jim Lowe (h.lowe19@outlook.com)

Raydon and District Garden Club

It's almost unbelievable but we are just past the half year mark, how time seems to fly past when we are all enjoying our gardens. So far this year Spring arrived after a very wet month of March, followed by a dry April and May with plenty of cold north to north easterly winds which didn't help the growing season at all. Early June and still quite cold especially at night. The old Suffolk saying of "A dripping June keeps things in tune" didn't materialise this year and with many hot days of 23 degrees and over, the gardens once again are starting to struggle and we, of course, need to keep the watering going once again. I was hopeful that we might not follow 2022's pattern of drought conditions but looks as if it will. We had several plants and shrubs look as if dead but after a very slow start several have started to show signs of life after all. A wise move not to have dug them up straight away. On a positive note it means not quite so much money needs spending at garden centres. I think we must reconsider what plants to replace any lost ones with very carefully and of course it might mean saying goodbye to some of our favorites as we will have possibly less water for them as well as less energies to keep up the rigid schedule of constant watering possibly twice a day.

Nature also has to work harder to adapt to all this changing year on year but seems to cope pretty well, all things considered. Unfortunately due to lack of support for our members "FREE" visit to RHS Hyde Hall gardens your committee decided to cancel. We could not justify or expect the staff to give up their time for such a small number (8). We could have taken up to a max of 55. Was it because people had to drive themselves? I appreciate a friendly day out together on a coach is preferable but our coach fees were just too high to consider at this moment in time, perhaps things will improve next year and we may be able to resume with our summer coach annual outings once again.

Therefore to replace this cancelled June outing we have been kindly invited to go to Gt

Wenham, and so an **evening visit** on **Thursday 13th July at 7.30pm** has been quickly arranged. Should be a good show of roses amongst many other things and refreshments will be available afterwards. Please Note: No Raffle. Your committee are looking forward to this so come and support our members Sallie & John Oakley on the night in their wonderful garden. **** Just a thought:** How about we pay a very modest donation of £1.00 on the night and perhaps we could donate it to a charity. We did this for many years until about 2012 and it would be so nice to restart it once again. As a certain supermarket slogan says, every little helps, and there are so many deserving charities out there.

Another meeting **on Thursday 27th July** back in KFG pavilion starting at 7.30pm with returning guest speaker **Jan Mickalac** once again on his subject **"Gardening between the Wars"**. This should once again be a most interesting subject and bring back a few memories for some of you perhaps!!!. Raffle and refreshments on the night as usual.

Remember **Saturday 12th August** is our **Summer Flower Show day** to be held at the KFG pavilion & playing field. All members should have already received by email show schedules. For anybody who does not have an email address, then hard copy schedules are available, just



ask any committee member for yours. By doing it this way, it has saved a considerable sum of money for the club, and also not wasting masses of paper. As a garden club we must look to go "Green" and do our bit. By the way we need two additional members to pass the 50 mark which we haven't achieved for a few years. Let's do it in 2023. Along with your committee I am looking forward as always to meeting you all at these club meetings. Enjoy the Summer.

Geoff Horrex. 01473 310422 / 07810086143



Ideal for your special event

The Raydon Pavilion is for hire

Fully carpeted room for up to 80 people
Kitchen and preparation room
Easy parking

Available morning, afternoon and evening

For details, contact Mark Smout
Tel 07748 842750 or email
marksmout@gmail.com

Raydon Sport & Social Club

We are pleased to note that not only will the bar again be open for the annual Farmers Market, we will also have the big screen showing the Wimbledon Final and the Rugby World Cup in the Autumn



50th Anniversary Ride and Stride, September 9th 2023.

Another reminder to book the date for this most important event which raises money for the Suffolk Historic Churches Trust. In turn the Trust gives grants towards maintenance of our Church buildings, and here in Raydon we have been grateful for the help they have given us. Now it's time to help them Celebrate their 50th anniversary by raising a huge amount for them!! There are many ways you can help and ask for sponsorship: Cycling, walking, driving your vintage car, making refreshments, and manning the Church to sign in visiting riders and offer them refreshments.

There must be some cyclists or walkers in our new houses, come and join in and make some friends. Just contact me and I will explain more details, looking forward to hearing from you.

Many thanks
Wendy Mumford 01473 312123

RAYDON FARMERS MARKET

**FREE
ENTRY**

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10AM - 2PM

Holton St Mary



In Holton

Ann Mason Care - 01206 233372
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07448 152693
Love refills - at Church square every
fourth Tuesday



Slow Stitch

Our group has grown over the last year which has also enabled us to be more ambitious with a community projects. As ever we meet on the third Thursday of the month from 2 – 4 pm as a drop-in group. We are a drop-in group so nobody is late arriving. As well as stitching we enjoy chatting and sharing stories. It is amazing what past events we discover through reminiscing.

Holton St Mary Village Hall

The Hall is back in use and taking bookings again. Please contact Tanya Kunz on 01473 311570



First Friday of the Month Lunch Club

The First Friday of the Month Lunch Club resumes on Friday 2nd June with a two course lunch for £4 from 12.30pm. Please do book via Sal or Frances (salthurlov@gmail.com or familytorrington@btinternet.com) so our wonderful volunteers don't over or under-cater.

A quick reminder to people also, that we will take our customary break for August.



Since the pandemic, a small group meets regularly on the Millenium Green from 5pm on warm, dry Thursday evenings, just for an hour or so, bringing our own drinks and occasionally nibbles, to natter and pass the time in a pleasant place, in pleasant company. Please feel free to join us.



The Holton St Mary Progressive Dinner (Safari Supper)

What's that? - It's a great social evening and a good way to get to know your neighbours.

It's a supper where each pair eats at three different houses, providing one course for 6 people at their own house. You know in advance which course you are preparing but not who your guests are and where you are going for your other two courses. You provide the drinks to accompany your course

When? - on Saturday 22nd July From 6.30pm

We will meet for an aperitif and you will receive your information of where you are going, then off you go on Safari, meeting at the Village Hall for coffee, Port and Cheese at the end of the evening

How much? £15 if you provide a main course or £20 for a starter or dessert course

Contact Sal Thurlow - 01473 312080 salthurlow@gmail.com and I am on WhatsApp 07721 625 313 (or Messenger, via Facebook) - please say if you have any allergies or intolerances, or anything else we should know (eg I will only come if I can do x, y or z).

We have put plenty of singles into a pair for the evening too, so you don't have to be a couple.

You don't even have to live here; one or two people have had two courses served from their houses, their own and a guest couple.

Suffolk Historic Churches Trust

Annual Ride and Stride

**Saturday 9th Sept 2023,
9am – 5pm**

If you enjoy cycling or walking in our beautiful Suffolk countryside, why not take part in our Annual Ride and Stride and raise money for the maintenance of our church in Holton St Mary?

There will be almost 500 churches in Suffolk open throughout the day and you will be able to raise money for your local church by inviting your friends to sponsor you to visit as many churches as possible.

All are welcome to take part in the event – riders and striders, volunteers to welcome riders and striders on the day – there is no age limit, toddlers to OAPs!

If you would like to take part in this year's Ride and Stride, please contact

Caroline Favell
Email: martinfavell99@gmail.com
Tel: 01473 310268

Holton St Mary Parish Council

Scheduled meeting dates:

July 12th 2023
September 13th 2023
November 8th 2023
January 10th 2024
March 13th 2024
April 10th 2024 Annual Parish Meeting
May 8th 2024 Annual General Meeting

Holton St Mary Millennium Green Trust

Century Club Winners for the last 3 months:

April: £35 No 54 Bill Priestley, £20 No 121 Chris Gentry, £10 No 83 John Partridge, £10 No 85 James Holmes

May: £35 No 77 Ron Hood, £20 No 13 Vaughan Vannierker, £10 No 20 Peter & Sally Longmate, £10 No 69 Amber Bates

June: £35 No 48 Carol Blaxland, £20 No 26 Bob Holmes, £10 No 41 James Lancaster, £10 No 35 Tony Ryan



Green Gym

The Green Gym was blest with fantastic weather for our June session and we hope for the same on 1 July. The tasks will be a general 'spruce-up' of verge edges and footways to manage the predictable overgrowth in vegetation and flowers at this time of year. We meet, as usual, at 10:30 in Church Square. Newcomers are very welcome.

Holton St Mary Social Club (HSMSC) Update

Live music from Lee Rose of Bacons Green

On behalf of the HSMSC, we would like to express our heartfelt gratitude to Lee Rose of Bacons Green for his captivating live music performance at the village hall on 28 May. His talent and passion for music brought immense joy and entertainment to everyone in attendance.

Lee created a lively and engaging atmosphere which truly made the afternoon a memorable one. We are incredibly grateful for Lee's willingness to share his immense talent with our village.

Sunday bar opening

I am afraid it is with a heavy heart that we have decided that the trial of the bar opening on the last Sunday of the month will come to an end. These haven't been as well attended as we hoped and so instead, we have decided to arrange some pop-up events in the village hall or on the Millennium Green during the remainder of the year.

Future events

- Progressive dinner 22 July

We will be working with the Church fund raising committee for the progressive dinner, please contact Sally Thurlow for further details

- Free bacon rolls and coffee 12 August

James will be cooking up a huge batch of bacon rolls and coffee (and tea) for people on 12 August on the Millennium Green between 8-10am, there is no cost for these and we look forward to seeing everyone be they walking their dog, baby or just enjoying a stroll

- Quiz night 7 October

Details of the next quiz night will be available shortly, if you would like to register for a team, please contact one of the committee members. We were over subscribed for the last one, so get in quick as we have limited places

- Bonfire night 3 November

Further details will be available in the coming months

- New Year's Eve Saturday 31 December 2023

Further details will be available in the coming months, but please let a committee member know if you would like to book places for this

Free membership

If you aren't a current member of the HSMSC and would like to be, it is free to join, just contact Bob Holmes on 07966 266293 / bobholmes55@icloud.com to sign up.

Keeping in touch

We try to keep everyone up to date on events through the Quartet and on the village Facebook group, but it has been suggested that a HSMSC WhatsApp group be started, and we will be doing that shortly.

As always we welcome suggestions for what HSMSC members would like us to arrange in terms of events, so please feel free to get in touch.

The Holton St Mary Social Committee

Bob Holmes, Lee Barton, Kevin O'Connor, Suzie O'Connor, James Lancaster, Steve Sleight, Sally Longmate, Vaughan Vannierker and Louise Dolan.

180km of 50 metre-high pylons cutting through the Four Mary's

Did you know that National Grid still wants to put 50-metre high pylons through our benefice?

The pylons are planned between Norwich and Tilbury, across Norfolk, Suffolk and Essex. They call the project 'East Anglia GREEN'. It is not green! Birds die in

strikes with power lines and trees, hedges and woodlands will have to be torn up to make way for the metal monstrosities.

Our campaign is for an integrated offshore grid instead of pylons. A study by National Grid ESO has shown that an offshore grid for the East of England would save £2bn.

It would reduce overall infrastructure by 50%, thus being better for the environment. And it would save communities and countryside like ours, while also preventing bird deaths from power line strikes and huge habitat loss along the route.

What can YOU do about it?

- Keep up to date with the campaign against the pylons by visiting www.pylonseastanglia.co.uk. Go to CONTACT and sign-up to receive emails about this fast-moving campaign
- Please sign the petition while you are there!
- Email your MP and say we need an offshore grid

Help us to save East Anglia's countryside, big skies and heritage. Go to www.pylonseastanglia.co.uk NOW! Email pylons@mail.com with questions.

BERGHOLT BRIDGE CLUB

We are a friendly relaxed club and are looking for new members.

No need to bring a playing partner we can provide you with one!

We meet at
THE LAMBE SCHOOL
Gaston Street
EAST BERGHOLT.

Monday evening at 7pm.

Want to know more?
Call Jayne : 07887767478.

THE DEDHAM EDUCATIONAL FOUNDATION

The Trustees invite applications from residents in the Parishes of Ardleigh, Bradfield, Dedham, Great Bromley and Stratford St. Mary for financial grants that are available in the following categories:

Secondary Schools & Sixth Form Colleges

Applicants must be at least 12 years old on the 1st August in the year of application.

Universities & Colleges of Further Education

Applicants must have lived in one, or more, of the five Parishes for at least 2 years prior to the application date.

For an application form, or further details, please contact the Clerk to the Foundation, Mrs. Claire Arculus, at dedhamefclerk@gmail.com or 07752201441.

Closing date for applications:- **31st October 2023.**



Manningtree & District Photographic Society

We are looking forward to the start of our new season in September but, meantime, we have enjoyed several field trips. We had a trip to Brick Lane in London, where there were plenty of interesting sights to capture and we spent an enjoyable day at the Mid-Suffolk Light Railway in Stowmarket for their 'Middy in the 40's' event. We also had a pleasant trip to Hollesley Common in Woodbridge and we took some lovely pictures of bluebells at Dodnash Wood in Suffolk. As well as our field trips producing some great photographs, it is also a good opportunity for club members to meet socially and discuss their hobby.

To add to an already successful year, we hosted and won a recent interclub competition with Harwich & Dovercourt Camera Club. We came first in the PDI section of the competition with 'Cloud 9' by Amanda Bancroft, which is this month's feature image. The competition was judged by Tony Bramley FRPS. Images of club competition entries and winners are available to view on our website.

We continue to have fun with our Facebook Challenge and our public Manningtree Photographic Club Facebook page features various club news and activities.

We are a small group of photography enthusiasts with a wide range of photographic experience and knowledge.

The club aims to provide a friendly environment for members to enjoy the development of their photographic skills through a variety of activities in the company of like-minded individuals

If you are interested in photography, at whatever level, you would be very welcome at M&DPS. We meet at Mistley Village Hall, on the 2nd, 4th and 5th Thursdays of the month between September and May at 7.30pm.

For further information please contact our Secretary, Viv Scurrall, on 01206 393751/ Email: madps@post.com

Website: <https://e-voice.org.uk/manningtreeanddistrictphotographicsociety/>



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We have over 40 interest groups including walking – from strollers to 5+ milers – theatre, garden visits, art appreciation, curry club, science group, keep fit, pickleball there's something for everyone.

Monthly coffee mornings are held on the first Friday of the month 10am – 12pm at the Lambe School, East Bergholt. Our monthly lectures are held on the second Wednesday at 2pm in the Constable Hall, East Bergholt. Guests are welcome for a charge of £4. Please take a look at our website www.u3asites.org.uk/stourvalley for more information and contact details.

SESAW NEWS

We had perfect weather for lazing in the sun last month but a chap can't relax with all that tweeting going on. Not the volunteers, they don't have time to look at their mobile phones! I was worried about a little bird constantly calling until Mum told me to leave it alone.

Apparently, it is normal for a fledgling to spend time on the ground whilst learning to fly. If you see one, observe it discreetly, return it to the nest or place it on a branch away from predators. If it is injured, call the nearest wild life rescue otherwise wait for the parents who may be nearby waiting to feed it.

I also saw bees in the garden which prompted one of the girls to say: a swarm in May is worth a load of hay, in June it's worth a silver spoon but July is not worth a fly!

Hay was on the menu for the many rabbits we have, including two and a half year old sisters, Millie and Billie. They have been with us for a long time because they had territorial issues on arrival. Since moving

into larger accommodation they have become more sociable and like to 'help' on cleaning out days! They are very fond of each other and sit together, watching the world go by.

If you are looking for a new pet please visit us, 10am-1pm, Thursday to Sunday. Animals bring so much joy to families and those living alone. Some even rule the roost like me, Kenny (the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888, email: info@sesaw.co.uk website: www.sesaw.co.uk

Holy Family Roman Catholic Church

Ipswich Road, Brantham CO11 1TB
Parish Priest: Rev Fr Luke Goymour, St Mark's Parish House, 180 Hawthorn Drive Ipswich IP2 0QQ. Tel: 01473 684963 revgoymour@googlegmail.com

For other Mass times please refer to the weekly Newsletter that is always displayed in the cabinet alongside the Church's front door, they may also be read on the regularly update website www.stmarksparish.org.uk together with other Parish news.

All are very welcome to attend Holy Family services; it is not necessary to be a Catholic. Services for July 2023.

Sunday 2 13th SUNDAY IN
ORDINARY TIME
9am Mass

Tuesday 4
9.20am Eucharistic Adoration

10am Mass

Sunday 9 14th SUNDAY IN
ORDINARY TIME
9am Mass

Tuesday 11
9.20am Eucharistic Adoration
10am Mass

Sunday 16 15th SUNDAY IN
ORDINARY TIME
9am Mass

Tuesday 18
9.20am Eucharistic Adoration
10am Mass

Sunday 23 16th SUNDAY IN
ORDINARY TIME
9am Mass

Tuesday 25
9.20am Eucharistic Adoration
10am Mass

Sunday 30 17th SUNDAY IN
ORDINARY TIME
9am Mass

PRAYER GROUPS at St Marks - 1st & 3rd Mondays
6-6.15 : Intercessory Prayer Group
6.25 : Living Stones Prayer Group - praise, worship, scripture, reflection

CONFESSIONS by appointment

Supporting our Local Hospice
All Parishioners are asked to collect used postage stamps, ALL YEAR, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice.

The Sick & Homebound
Please let Fr Luke know of anyone who is ill at home or housebound, so that they may receive appropriate pastoral care, he may be contacted at The Presbytery, 180 Hawthorn Drive, Ipswich IP2 0QQ on 01473 684963.

Bin collections

Week Commencing			
	3 rd July	Refuse Week	
	10 th July	Recycling Week	
	17 th July	Refuse Week	
	24 th July	Recycling Week	
	31 st July	Refuse Week	
Waste Services 0300 1234 000 (option 4) Email: recycling@babberghmidsuffolk.gov.uk Visit www.recyclenow.com to find your nearest recycling banks			



Do you want a recommendation?

Tell us your favourite local service - could be a pub or restaurant or takeaway, or other service you think would benefit getting a recommendation...If we agree, we'll print it here

The Layham Queen take out service on Fridays & Sunday Roasts - Steve and Tannith are very community minded and give a very good service

Simply Thai Manningtree - It was simply delicious! Freshly cooked, and arrived within the quoted time frame. 01206 396060. Delivers to Holton St Mary

Zaynab and **Mother Indian** at Capel. Really good and highly recommend. They don't deliver, but it's made quickly for pick-up.

Brantham Bull 01473 328248

Lucca Enoteca Manningtree 01206 390044

Oranges & Lemons East Bergholt 01206 299000

the florist in East Bergholt does lovely flowers:- www.gayedrummond.com

Sam Pritchard sam@samselectrics.co.uk 07940031776 - Sam can certify safety for insurance and landlord work too. Anyway, he's great.

There's room for more - and don't forget to keep us updated...let us know...!

Local Services

The Constable Country Medical Practice

Heath Road, East Bergholt, Colchester CO7 6RT

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8.00am – 6.30pm Monday to Friday
Telephone 01206 298272

36 The Street, Capel St Mary, Ipswich IP9 2EE

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8.00am – 6.30pm Monday to Friday

Dispensary 8.30am – 6.15pm

(closed between 1-2pm)

Telephone 01473 310203

Fax 01473 311722

Crime prevention

<http://www.suffolk.police.uk/safetyadvice/reportacrimetellthepolice.aspx>

PC 1347 Gilkes Pcs0 3041 Cooper

babergheast@suffolk.pnn.police.uk

Telephone...101

Your District and County Councillors

District Councillor: John Ward

Leader, Babergh District Council

Phone: 07802 414981

Email: john.ward@babbergh.gov.uk

County Councillor: Georgia Hall

Email: georgia.hall@suffolk.gov.uk

Phone: 07955 434445

Both have correspondence addresses at Endeavour House, 8 Russell Road Ipswich IP1 2BX.

MOBILE LIBRARY

Stratford St Mary - Route 11

The bus stops every 4 weeks on Wednesdays, subject to current restrictions

5 July, 2 August, 30 August, 27 September, 25 October

Black Horse - 11.05am - 11.20am

Tally Ho! Corner - 11.25am - 11.45am

Strickmere (School Lane end) - 11.50am - 12.10pm

Route 14

The bus stops every 4 weeks on Tuesdays

11 July, 8 August, 5 September, 3 October, 31 October

Holton St Mary

Church Square - 9.30-9.45am

Raydon

St Mary's Raydon - 9.50-10.30am

Lower Raydon

Sulleys Hill - 11.30 - 11.45am

Higham

The Green - 11.55am to 12.10pm

The **customer service line 01473 283838** is staffed 9am to 5pm from Monday to Friday and can handle any library customer queries renewals and reservations to any general library queries. An answer phone is available outside of operating hours and people can also email help@suffolklibraries.co.uk

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BENEFICE CONTACTS, SERVICES AND EVENTS

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Email: revmcrossman@gmail.com

Curate: Rev'd Nicola Tindall: Tel 01787 212340 Email: revnictv@outlook.com

*Rev'd Nicola is currently on compassionate leave,
please contact Rev'd Manette*

Lay Elder: Sandy Ranson 01206 322156

Email: sandyranson29@gmail.com

Please contact Rev'd Manette if you or your children would like to be baptized, if you would like to get married in one of our churches, or if you need to arrange a loved one's funeral.

Home Communion for the housebound can also be arranged.

If you would like to know more about Confirmation, please let Rev'd Manette know. She is happy to answer any questions you may have.



Regular updates about what is going on in our parishes can be found on the Benefice Facebook page:

<https://www.facebook.com/4-Marys-Benefice-111433503828636>

Benefice website: www.4marys.org.uk

Churchwardens:

Higham Hugo Parker 01206 337234

Holton Richard Noel 01206 298276
Paul Torrington 01473 312046

Raydon Geoff Horrex 01473 310422

Stratford Sandy Ranson 01206 322156

Benefice Safeguarding Officer:

Steph Middlebrook: Tel. 07747 095942

Email: steph.middlebrook@outlook.com

Church Services for July

Saturday, 1st July **4pm Higham Pet Service**
See advert elsewhere in the Quartet!

Sunday, 2nd July **10am: Morning Praise Stratford St. Mary**
4th Sunday after Trinity

Sunday 9th July **8.30am: Holy Communion (BCP) Higham**
5th Sunday after Trinity *(Book of Common Prayer)*

Sunday 16th July **10am: Holy Communion Holton St. Mary**
6th Sunday after Trinity

Sunday 23rd July **10am: Holy Communion Raydon**
7th Sunday after Trinity

Sunday 30th July **10am: Benefice Family Communion Raydon**
8th Sunday after Trinity *Join us for coffee (or tea) and croissants from 10am followed by a shorter and more informal communion service.*

Singers needed to support the music in our churches

Do you enjoy singing and would you like to support the choral tradition in our benefice? We sing traditional hymns and modern worship songs and we have a range of services from informal Songs of Praise and Family Communion to traditional Choral Evensong.

We are hoping to have occasional choir rehearsals where we practice in a fun way!

We can only continue to sustain our choral tradition if we have more singers joining in.

Please get in touch with Rev'd Manette if you would like to know more.
Tel. 07947 737789 or revmcrossman@gmail.com

Family Hour in Stratford St Mary at 10am

Just a reminder that the Family Hour takes its usual break over the summer and we will not therefore be meeting in July or August. We will be back, raring to go in September - details will be the August edition. Have a good summer everyone!

The Family Hour Team.



5th Sundays in the Benefice

On 5th Sundays we meet for an **informal Family Communion**.

This is a shorter service which begins with a Café Church style breakfast at 10am. Children are very welcome to be involved.

Come and join us for fellowship and a more contemporary type of worship.

The remaining dates for 2023 are as follows:

30th July – Raydon
29th October – Holton

Chat, Prayer & Coffee every 3rd Wednesday

Stratford St Mary Parish Room, on 19th July at 10am

This is an informal time to chat, share news and pray together over a cup of coffee – there may even be cake or biscuits.

We look forward to seeing you!

Benefice House Group

The House Group is taking a break for the summer and we are hoping to meet again in September. More information to follow.

Benefice Churches Open

All the churches in our benefice are open every day for private prayer and visiting. Everyone is welcome to visit and enjoy some quiet time for reflection or to enjoy the beautiful church buildings.

Prayer

In a world filled with violence and conflict, we pray for peace.

We pray for those lives, made in your image, are damaged by violence.

We pray for those in authority
that they may use their power
to bind wounds, heal relationships and find common ground.

We pray for a transforming peace,
turning fear into trust, pain into hope
and doubt into confidence for a better future.

We pray for world leaders
that they may establish structures for justice,
protecting human dignity,
enabling reconciliation and building God's kingdom.
Comfort, o comfort, your people.

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Prayer pointers

We pray for all those who are ill, in pain or in any way unwell:

Steve and Jane Meech, Betty Dunningham (Raydon)

Amanda Berry and Penny Watkins (Higham)

Annie Marshall (Stratford St. Mary)

Ann O'Connell, Andrew Camp and Josie Wakelin

(from outside our parishes)

We remember all those who have died, among them Angela Carr, Sheila Morgans, Denis O'Brien, Glenys Philp, and those whose anniversaries fall at this time. May they rest in peace and rise in glory, and may those who mourn be comforted in their grief.