Stratford St Mary

Higham

Holton St Mary

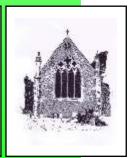
Raydon

Quartet The Parish Magazine









February 2018

Issue 354

Do you need help with your any odd jobs?

(Leaf blowing, lawn mowing, cars cleaned etc, I have my own leaf blower) I am also available for babysitting, with 3 siblings and 9 younger cousins I have plenty of experience....

Competitive rates of only £5 per hour

I am a strong, reliable 15 year old trying to raise money for a turtle conservation trip to Malaysia so please contact me:

Sam Herbig on

sam herbig@me.com and let me know how I can help!

FOR SALE: Small Double Sofa Bed

Not mechanical. Beige Faux Suede

56" Long X 29" Deep X 22" High (32" Inc Back Cushions)

Suitable for a small space, ideal emergency sleeping.

Good Condition. Buyer Collects.

£ 30.00 O.N.O.

Contact Dave 07930 390517

Softwood sleeper, brown, surplus to requirements, measures 2.4m x 225mm x 115mm

Original cost £23.47 from Nelson Potter

£10. Buyer collects, please.

Michael Wilson: telephone 01206 298192

CLEANER NEEDED

Stratford St Mary church needs a cleaner who is prepared to go in once a month at the beginning of the month to vacuum, dust and clean the brasses. We can pay up to £30 a month. If you are willing to help us in this way, please contact Jonathan Dewey on 01206 322148.



PALE GREEN OCCASIONAL CHAIR

VERY GOOD CONDITION - £40

CONTACT JOAN COOK 01473 311653

You can place items for sale or wanted on the Small Ads Pin Board for free.

Just email quarteteditor@hotmail.co.uk with your advert.

We will place it for one month space permitting.

Small Ads pin board

Welcome



Dear friends.

I hope none of you suffered damage to yourselves or your property in the

extraordinarily high winds in the night of 17/18 January. My cat came and curled up beside me at 4 in the morning, clearly not sure what was going on - it must have been even more fearsome than my snoring, as he stayed there till it was time to get up.

Please make sure you have a look at the centrefold this month, as the services in March will be in a different rotation from usual because of Mothering Sunday on 11th. We do hope as many families as possible from around the Benefice will come and join us at SSM that day for a special service to celebrate all the wonderful things that mothers do for their children. We shall have posies for children of all ages to give to their mothers of all ages to say thank you.

As mentioned last month's in introduction, Lent begins on 14 February, with Ash Wednesday. The tradition is that on Shrove Tuesday (the night before Ash Wednesday) you should use up all the good things in your house for a 'feast'; most people make pancakes that day. It's called Shrove Tuesday because on that day people used to go to church to be shriven, or forgiven their sins of the past vear. Nowadays we tend instead to have a service on Ash Wednesday where the priest will make the sign of a cross in ash on everyone's forehead, to show that we are all sorry for our sins, that we know that Jesus died for us on the cross, and that through his death and resurrection he will help us to do better in future. The ash is made from the palms of the palm crosses from the year before.

So Lent is a time for us to slow down and think deeply about how we behave and how God can help us to be better people. The hymn 'Be still and know that I am God' is very appropriate at this time of year. So many of us spend our time in busy-ness, unable to sit still and just be. One of the great benefits of silent prayer, which a group of us do once a month in the Rectory, is that we can just sit still for half an hour and listen for the voice of God speaking to us in the stillness. If you can, you could try to do that every day to give yourself more peace in your heart and in your life.

May God bless you, and may you feel his love very close to you this Lent.

Rosalind Paul Rector



The Quartet Diary

February

- 7 Men's Probus Club Meeting
- 14 U3A Meeting
- 21 Men's Probus Club Meeting
- 22 R&DGC Meeting
- 23 HSM Social Club Whist
- 24 Pimlott Foundation French Evening
- 27 Raydon Fair Trade Coffee Morning

March

- 4 HSM Annual Sunday Lunch
- 7 Men's Probus Club Meeting
- 10 SESAW Fair, Whatfield
- 12 SSM Parish Council Meeting
- 14 U3A Meeting
- 21 Men's Probus Club AGM
- 22 R&DGC Meeting
- 24 Hadleigh Choral Society, Snape
- 27 Raydon Fair Trade Coffee Morning

30 HSM Social Club Whist

April

- 7 R&DGC Spring Show
- 22 SESAW Fair, Long Melford
- 23 SSM Parish Council Meeting
- 24 Raydon Fair Trade Coffee Morning
- 25 HSM Annual Parish Meeting
- 26 R&DGC Meeting
- 27 HSM Social Club Whist

May

- 14 SSM Parish Council Meeting
- 22 Raydon Fair Trade Coffee Morning
- 24 R&DGC Meeting

June

- 19 Raydon Fair Trade Coffee Morning
- 24 R&DGC Coach Outing

July

9 SSM Parish Council Meeting

Editors Corner

Christmas is well and truly over it seems, as I write this, the skies are leaden, there is a fine drizzle in the air and it's feeling distinctly cold and damp - a very British winter!

I'm sure like me, you are looking forward to warmer, sunnier days when things start happening again and you feel like getting out and about more. Well, it will happen, I'm sure, but you will be pleased to know that our good old regulars are still there for you, come rain or shine, the Garden Club, the Fair Trade Coffee morning, the Rambling Club and there's a few extra things happening too - look in the back pages to find out!

One more thing I would like to bring to your attention, as it didn't quite make the January edition - the consultation period for the creation of a single Council is nearly over. If you want to have your say, see page 17 and act quickly! Consultation finishes on 7th February.

Wishing you a warmer and drizzle free February,

Happy reading!

Anne and Jane,

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



Copy deadline for next edition:

19th February 2018

Contact details: Email: quarteteditor@hotmail.co.uk

Editors:

Anne Wicks; 1 Corpus Christi Cottages, Holton St Mary. CO7 6NN

Jane Lelliott; 5 Swan Meadow, Stratford St Mary. CO7 6JQ

Distribution: Dave Leach

07930390517

Invoicing: Jenny Leach quartet.advertising@gmail.com

Stratford St Mary

Stratford St Mary Parish Council Emergency Team

If an emergency does arise, please contact one of the following team members:

Hilary Cairns – Emergency Team Leader

6 Mors End 01206 323417 07712 591379 hilcairns@tiscali.co.uk

Norman Woodard

12 Swaynes 01206 323015 Norman.woodard@fatbloaters.com Chris Griffin

Brook Farm, School Lane 01206 337363/07885 807567 chrisbrookfarm@gmail.com

Steve Kite

42 Strickmere 01206 322482 07958 515573

Bill Davies

3 Spanbies 01206 322990 billdav@hotmail.com

Power Cuts

Support may be available free for those with medical needs, people of pensionable age or with children under 5.

Register on UK Power Networks website http://www.ukpowernetworks.co.uk/intern et/en/help-and-advice/priority-services-during-a-power-cut/

or contact Hilary Cairns on 01206 323417



PARKED CARS

If your car is going to be parked for any length of time, on the public highway, please ensure it is not blocking driveways, post boxes, notice boards etc, as this can make access extremely difficult.

Thank you!

PARISH COUNCIL MEETING DATES

12th March 14th May 9th July ^{0th} Septembe

10th September 12th November

7.30pm until 10pm

Stratford St Mary Parish
Council can now be followed on
FACEBOOK. "Stratford St Mary
Parish Council" is the page
name so please like it and follow
it for updates about all things
Parish Council related going on
in our village.

Stratford St Mary for Churchyard Clean Up Day.

Saturday March 17 2018.

9-30 to 12-30.



Bring your own tools.

Refreshments will be provided.



Stratford St Mary Speedwatch Figures for 2017

Vehicles caught speeding 358

Letters sent by police to
Offenders 162

Incidents of police discretion 176

No trace of vehicle registration details 20

Our speedwatch scheme has been in operation for 5 years now and the figures above demonstrate how serious a problem speeding vehicles are throughout our village.

We have a dedicated team of volunteers who give their time in order to make our village a safer place for all our residents but we would welcome a few more members. You only have to commit to one or two hours per month, so please give the matter consideration and contact me for further information.

Thank you.

Bill Davies, 3 Spanbies Road...Tel 322990...email billdav@hotmail.com



100 Club winners

S. Ablitt £40.00 L. Shead £10.00 G. Ablitt £5.00



SSM Rambling Club

Main contact is the chairman, Don Umfreville on 01206 322626. Unless stated otherwise, we meet up at 09:45 at the Parish Room, Upper Street, Stratford St Mary.



IGNITION Youth Club Stratford Chapel Every Friday night 7.30 to 9.30

Age 11 - 16 contact Beckie.w@live.com

STRATFORD ST. MARY CHRISTIAN FELLOWSHIP

(also known as Stratford Chapel) Upper Street Stratford St. Mary CO7 6JH. We are an evangelical/charismatic free church, community based and attended by all age groups.

Sunday Services:

10a.m. Morning Service and Junior Church followed by refreshments 6.30pm Prayer and Praise time

Mid-week Groups:

Various House Groups meet at Stratford, Dedham and Capel St. Mary

Men's Recreation Evening: Meeting 3rd Wednesday monthly. All men welcome. Friday 5pm to 6.30pm Sparks for children aged 7-11 years

Friday 7.30pm to 9.30pm Ignition Youth Club for ages 11- 16 years

For further information: Tel: Phil Wyncoll (01473) 310728 or email: philipwyncoll@btinternet.com

STRATFORD St. MARY PARISH ROOM

Letting fees are as follows:

1 session - £17.00.
2 consecutive sessions - £30.00.
all day - £38.00.
A session is 5 hours i.e. morning afternoon- evening

Special rates for regular bookings.
Heating and lighting are included
For booking please see or ring
Don Umfreville at Christmas Cottage,
Upper Street.
Tel: 322 626.



Transport to medical appointments.

If you live in Stratford St Mary and have difficulty in getting to and from medical appointments our friendly team are happy to help.

We can also help with transport to visit people in hospital.

Please give us as much notice as you can.

ring:. Charlie Ablitt on 01206 322684 Jenny Symons on 01206 322636

The Institute hall

can be hired at reasonable rates for a wide range of social activities. For more information please contact our booking secretary, Norman Woodard on 01206 323015, his email is ssminstitute.bookings@gmail.com and his home address is 12 Swaynes,Stratford St Mary.

Many thanks to all our 100 Club subscribers for your continued support in helping us to maintain your village hall. Membership costs only £1 per month and you could win £40 first prize in our monthly draw. Contact Norman Woodward (address and phone number as above) if you wish to join.

Stratford St Mary Institute Committee



Need to email Stratford St Mary Parish Council?

You will need to use

parishcouncil@stratfordstmary.org.uk

BOOK OF MEMORIES

Research continues into items for the book of memories which will document life in Stratford St Mary from quirky history to today's stories and characters. We still want to hear your stories because it will be your book! So dig out your old photographs or tales that you would like to share then send them to Julie@jj-associates.co.uk or call me on 07989639583.

We are also continuing to arrange a number of get-togethers in the Parish Room or the village pubs etc to get the old memory cogs working to help identify information for the book. These might be coffee mornings, cheese and wine evening and so on, where we can chat and perhaps get some of the old photographs out. They will be for everyone, all ages and old and new to the village so we can share stories and ensure they continue into our history so keep your eyes open for posters around the village and in the Quartet.



Stratford St Mary Parish Council website has now been updated. Please pop over to www.stratfordstmary.onesuffolk.net and let us know what you think. If you would like your event advertised on the website as well as in the Quartet, whatever it may be, please let the parish clerk know on parishcouncil@stratfordstmary.org.uk

Max 30

COMMUNITY SPEEDWATCH SCHEME

This has been in operation since 2013 and is run by village residents giving their time in order to make our village safer for residents of all age groups by encouraging motorists to drive through our village at no more than the legal limit of 30mph.

We would, however, welcome a few more volunteers into the scheme so if you could spare just 1 or 2 hours per month please consider joining us.

Please contact Bill Davies,3.Spanbies Road, tel 01206 322990 for more details.



Interested in becoming a CFR?

Why not find out what it is about?

Look at the CFR link on the East of England Ambulance Services website. You can even apply on line!

If you watch the training video - do not be alarmed - you are never expected to do mouth to mouth

For further information, please contact your local co-ordinator.

Higham

A Christmas Tree of Mince Pies



Many thanks to all who contributed to the Mince Pie Christmas Tree at Higham

Christian Aid will be delighted with £140 raised (doubled to £280 by UK Govt)



Tree Planting Volunteers Wanted!

Help support conservation in the Dedham Vale and Stour Valley Everyone welcome!

Time approx. 10am to 3pm

Free tea, coffee, biscuits!

The Dedham Vale AONB & Stour Valley team have got over a thousand trees to plant in early 2018, to increase biodiversity and improve the environment

If you could help we would be delighted.

Work-parties are usually on a week day between 10 am and 3 pm but any time you could spare is welcome.

No special skills required, just bring waterproofs and lunch.

Teas, coffees and biscuits are provided.

FOR A LIST OF DATES
please contact Alex Moore Da Luz,
River Stour Project Officer on
07734 967782 or email
Alex.mooredaluz@suffolk.gov.uk

Raydon



Fair Trade Coffee Morning

A grey old start for our first Fair Trade coffee morning of 2018, but at least the rain held off until the

afternoon. However, the Church was lovely and bright as we still had all the windowsill decorations, Crib and Christmas tree on display.

Our "Frinton friends" kindly brought along their famed cheese "Scoffins" today, so with the lovely Fair Trade coffee we were all set for catching up with news after the Christmas holiday. Seems like most of us had opted for a quiet Christmas after all the celebrations and events just prior to Christmas. Many of us have holidays and celebrations planned for the next few months though!

Most of our regulars remembered the new times of 10am-11.15am, the change is due to the library van adjusting their times for calling at the Church which is now 9.50am-10.30am. So take the opportunity to change your library books then join us for coffee before heading back home!

Our next gathering is on February 27th, for various reasons we've had to cancel the January 30th event but the library van will still be calling.

So thanks very much for your support and see you again on February 27th.

Wendy Mumford 01473 312123

Sketchers, Doodlers, Artists, Designers, Cartoonists

We would very much like to have a couple (more or less) of designs in black and white, to reproduce as postcards to have for sale in the church. Must be of Raydon Church from any angle – inside or out.

Suggestions so far:

A wonky gravestone
Mowing the churchyard
Cleaning the Church
The War Memorial
The Vestry doors
East window pinnacles

All designs will be displayed in the Church for choices to be made
To express interest and for further details please contact
Simon Tennent 01473 310320
Geoff Horrex 01473 310422



Raydon Century Club Draw

JANUARY 2018

£25 29 Rosemary Griggs

£15 17 Mr & Mrs Aldous

£10 111 Mrs M Burls

£5 37 Mrs V Gostling

£5 59 Chantel Gregory

£5 39 Mrs E Nunn

£5 100 Mr Gregson



Raydon Club

is open to residents of this parish and will in future be held on Wednesday evenings each week from 8.30 till 11 pm.

> Licenced bar, pool, darts etc. Look forward to seeing you!

Highways Issues in Raydon

The Parish Council has requested a site meeting with Suffolk County Council to discuss a number of issues, including lorries turning into Woodlands Road, speeding and extending the 30mph areas. In the meantime, please continue to report issues such as potholes and signage problems via the Suffolk County Council website.

Many thanks

Jane

Jane Cryer Clerk to Raydon Parish Council 01473 824287 / 07920 713940 raydonpc@gmail.com



If you would like to see copies of the minutes of any Raydon Parish Council meetings, please contact Jane Cryer, Parish Clerk on 07920 713940, or email her at raydonpc@gmail.com.

Raydon and District Gardening Club

We are half way through January as I write these notes and the nights are getting lighter. We have already gained at least a half hour already since shortest day 21st December, which if you're like me it means more time in the garden as the months progress. Have you noticed how the lawn grass has changed colour and started to grow. If you haven't already done so, now is the time to get the lawn mower out to be cleaned, serviced & I always like to start the engine (use fresh fuel) & leave running for about 15/20 minutes before putting it back in shed till required which is possibly only 4 - 5 weeks away depending on weather. Have a walk around your patch to see the snowdrops(now showing colour) along with aconites, hellebore and the earliest bred daffodils. Along with the wild bird song which is starting to increase, it's a wonderful time called "Spring" to look forward to.

I always get very enthusiastic this time of year but of course have to hold back till conditions improve to get in the garden and "get going" however you can't get too ahead or else you get behind !!!!! (old Suffolk saying) if the weather turns wet & cold after planting.

Our first meeting for 2018 will soon be here. It is on Thursday 22nd February @ 7.30pm in the village hall when we will enjoy the evening with our guest speaker Mr Ian Tinton whose subject is Quality garden products/composts etc to increase production, being user friendly, & also better for the environment. Hopefully the day will be kinder this time as we had to cancel last year's meeting due to stormy

weather and Ian had a wasted journey. Then on March 22nd we welcome back Jan Nichalak whose subject will be Viscountess Byng / Restoration of Thorpe Hall. This will be followed on 7th April for Spring Show. Then on 26th April our Club President will give us another interesting evening talk & slides.

Club coach outing will be on Sunday 24th June so make a note of the date in your diaries. Hopefully on the first meeting night I will be able to tell you the venue and costs so you can provisionally book your seats. Reminder:- Membership fees (£12.50 is due) if not already paid please, and Note:-Guest fees on the night will be £2.50. Looking forward to meeting you all once again on Thursday 22nd February as we start our 38th year of this garden club.

Geoff Horrex (01473 310422)



Raydon Parish Council

Your Parish Councillors are:

Nev Davenport 01473 311548 Christine Hempstead 07891 236245 Kathy Herbig 01473 310024 Keith Lovering 07939 075143 Sue Newton (Chair) 07808 818847 Amanda Pyall 01473 310050 Jayne Tann 01473 828283 Jane Cryer - Parish Clerk 07920 713940

The PC would like to remind residents of the importance of keeping hedges under control to improve visibility and safety for neighbours and motorists.

Raydon Parish Council Schedule of Meetings All at 7.30pm in the KGF Pavilion

Dates to be advised

NB: if you would like to see copies of the minutes of any Raydon Parish Council meetings, please contact Jane Cryer, Parish Clerk Sunnyside Cottage, Overbury Hall Road, Layham IP7 5NA 07920 713940 / raydonpc@gmail.com



A note for Everyone

Just a reminder for house names/numbers to be visible. If an emergency vehicle needs to find your house at night, will it find it easily?

Lots of names/numbers are hidden behind bushes - it would only take a few minutes to clear it but those few minutes might make a huge difference if the emergency vehicle finds your house first time.



Ideal for your special event

The Rayon Pavillion is for Hire Fully carpeted room for up to 80 people

Kitchen and preparation room

Easy parking

Available Morning, afternoon, and evening.

For Details Call Clive Duddridge Tel 01473 310162

Holton St Mary

The ever popular Holton St Mary



Annual Sunday Lunch

run by the Church Fundraising Group, and supported by the HSM Social Club

will take place on

Sunday 4th March 2018 In the Village Hall

Price £15 adults £10 children

If you would be willing to help, please contact Sally Thurlow 01473 312080 or salthurlow@gmail.com

There will be several serving times to stagger the serving queue, between 12.30 and 13.30. If you email or leave a message, please say if you prefer an early or later serving (we will try to accommodate this), how many in your party (and any children) and any special requirements (especially vegetarians and non-pork/beef eaters please)

This popular event is always fully subscribed so book early to avoid disappointment.

To book your place, please Frances Torrington 01473 312046 or familytorrington@btinternet.com

The First Friday of the Month Lunch Club



On the first Friday of every month (except August) there is a Lunch Club in the Village Hall for residents of the village of Holton St Mary. All ages welcome!

A Light Lunch will be served between 12.30 - 2.00 pm at a cost of £2.50 per head. The lunches are a collaboration between some of the organised groups in the village and are non-profit making! Any surplus funds will be reinvested.

If you would like to join us for lunch, please contact Frances Torrington: 312046/familytorrington@btinternet.com Or Sally Thurlow: 312080/salthurlow@gmail.com

We are also looking for volunteers to help run the lunches and help on the day.

Holton St Mary Social Club

Please remember that WHIST is always last Friday of the Month All are welcome, so please do come along Next Dates:-

Friday 23rd February Friday 30th March Friday 27th April

And for those who have not already done so:-

Membership Renewal.

As from the 1st January, subscriptions for 2018 are now due. Charges are as below.

 Senior(60+)
 £2.00

 Adult
 £4.00

 Junior(under 18's)
 £ 1.00

thanks

Peter

Peter Longmate quaywallslongmate1@btinternet.com

Home :- 01473 314150 Mobile :- 07957 910608

HOLTON ST MARY ANNUAL PARISH MEETING

Will take place on 25th April 2018 at 8pm in the Village Hall

All residents are welcome to attend



is looking to appoint a new Parish Clerk.

For further information, job description and person specification please contact parish clerk on hsmparishclerk@yahoo.co.uk

The Parish Council is looking to consider applications mid Feb.

Holton St Mary Village Hall

can be hired at very reasonable rates!

Available during the day and most evenings (not Friday) from £17.00 Saturdays from £35.00

For further information and booking please contact Rachel Eagle on 01473 310550

The Holton St Mary United Charities Trust has some funds available to those resident in the village of Holton St Mary who are in need.

If you feel you might want to make an application please contact: Paul Torrington on familytorrington@btinternet.com or 01473 312046.

December Carol singing

Many thanks to all those, young and older, who joined in carol singing round the village on 17th and 18th December. A special thanks also to Jacqueline Unwin and Martin and Caroline Favell for their splendid hospitality.

The weather was kind to us on both evenings and it was particularly good to have the opportunity of singing by lantern light 'Under the Greenwood tree' on Bacons Green.

The sum of £211.88 has been given to the Children's Society. A big thanks to all those who contributed.

Rosalind Field



Power Cut? Call 105 | The New Free Way to Report Issues

www.powercut105.com

Experiencing a power cut? No matter who your provider is, **105** is the new number to call to get help and advice, free of charge on mobile and landlines. You can also call 105 with any welfare concerns related to a power cut, or if you are worried about the safety of over or underground electricity cables or substations.



Riding for the Disabled Association Incorporating Carriage Driving

CAN YOU HELP?

Do you have some spare time to help with leading the ponies or sidewalking the riders for Ipswich RDA?

Our sessions are as follows: Adults on Tuesdays 10 - 11.30 a.m. Children on Thursdays 1 - 2.30 p.m. term time only.

You do not need to do a session every week - just as often as you like!

If you would like to know more or come along to visit during a session at Bentley Riding School please contact

Frances Torrington on 01473 312046/07711080658

You will receive a very warm welcome, make new friends and be involved in something that is very rewarding!

Previous experience with horses helpful but most certainly not essential.

One form to fill in and an Advanced DBS check requiredunless you have had an

Nayland Horticultural Society

Notes for your diary!

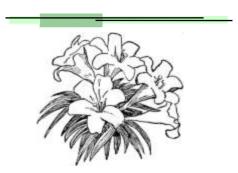
The Spring Show is on the morning of Saturday 24th March 2018 at the Church Hall, Bear Street, Nayland.

Come along for coffee, cake, raffle and a friendly chat! Everyone is welcome to have a go at exhibiting daffodils and other Spring flowers. The schedule is available from Trevor Smy at 28 Harper's Estate, Nayland, CO6 4LB, telephone: 01206 262022 or e-mail him at trevor.smy@gmail.com or via the website.

Our Spring Speaker is Ian Seager who will be talking about Wildlife Gardens and Conservation on 27th March. This is held in the Church Hall, Bear Street, Nayland, 7.30pm for 8 o'clock start and it is Free! All welcome but get there early as the hall fills quickly!

Our AGM is due to take place in the Church Hall, Bear Street, Nayland on 17th April. There is usually coffee, a raffle and a Fun Quiz with a horticultural twist to test your gardening knowledge and win a prize! Come along and meet other like-minded, green-fingered folks!

Why not join us? Single membership is £3 per annum, joint £5. Contact Trevor or Margaret Smy, details on the website.



We are listening - the creation of a new single Council

There will be an engagement period for members of the public running for eight weeks, until **Monday 5 February 2018**, and we welcome all responses, via the email addresses below, from residents, from community groups, from businesses and of course from our town and parish councils.

This engagement will help shape a detailed business case for the creation of a new single council in the heart of Suffolk. When it is complete it is this business case that will be considered by our councillors in the New Year.

Of course we want to do more to discuss this with you. We took the opportunity to discuss the proposals with you at the recent Liaison Meetings, but if you missed those you can also contact us directly to ask any questions you may have, via our dedicated email address one.council@baberghmidsuffolk.gov.uk

You can give us your opinions on the proposals directly at www.smartsurvey.co.uk/s/OneCouncil and find more information, including various FAQs, at www.babergh.gov.uk/OneCouncil and www.midsuffolk.gov.uk/OneCouncil

You can also share these links with your residents, with businesses in your areas and with anyone you feel could help shape the business case for the creation of a new single council.

We are listening: visit our website, have your say, and help shape the future of local government right here in the heart of Suffolk.

Jennie Jenkins Babergh District Council Nick Gowrley Leader, Mid Suffolk District Council

East Bergholt High School Association

Registered charity no. 1017476

Table Top Sale

East Bergholt High School Sunday 25th February 10am – 12noon

Admission 50p Indoor 'car boot' sale Refreshments and free car park available

For sellers: Tables in advance - £5 or
On the day - £7.50
Doors open 9am to set up

7802 810080

Pimlott Foundation invite you to a 'French Evening at Old House Barn'

Old House Rd, Great Horkesley, CO64EQ 7.30pm on Sat 24th Feb 2018

Join us for an evening of food, wine and music.

Enjoy a 3 Course French Meal, with French Music for voice and piano performed by Daniela Bechly, Christiane Behn and Friends.

Tickets £25.00 Available from;

Daniela Bechly;01206271291

Helen Thorne;07814506988 hthorne57@gmail.com

Details of meal, music- and future events; www.pimlottfoundation.org

Hadleigh Choral Society

Saturday March 24th at 7.30pm

Snape Maltings Concert Hall

Elgar: The Music Makers

Elgar: The Spirit of England

With Colchester Symphony Orchestra

Rachmaninoff : Piano Concerto No.2 in C minor

John I ill – Piano

Ticket prices: £15, £18, £22 available from choir members or phone 01473 670140

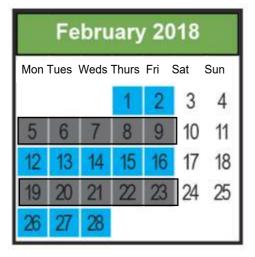
Coaches will be going from Hadleigh and will cost £6.50 return. Please phone the above number to book.

Constable Singers

This would be a good time to come and join our choir as we start on new songs for the coming season. We sing each Thursday at The Lambe School East Bergholt and on the second Thursday of each month at The Congregational Church E.B. starting at 7pm. No audition and words provided and the first session is free after that £5 per session so come along and enjoy.

For further details contact Mel [01206298628] or Yvonne[01206298428]

Waste collection schedule



Recycling collected this week

Rubbish collected this week

SESAW EVENTS

SESAW Easter Gift and Craft Fair, 11-2pm 10th March, Whatfield Village Hall, IP7 6QU. Exquisite items handmade by skilled crafters plus other stalls, refreshments, snacks, raffle. 50p entry, free parking.

Tables available at SESAW Spring Fair in Long Melford on 22nd April. Please phone 01206 263269 to book your space. These are both fundraising events for Suffolk & Essex Small Animal Welfare, reg.charity no.1124029



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<u>Coffee Mornings</u> - Each Thursday 9.30 to 11.30 am

Church Secretary – John Jeffreys Tel 01206 298737 Email j.jeffreys.eb@btinternet.com



Recent Meetings

On Wednesday 10 January we were entertained by Ancestral Voices took us back to the festive season under Henry VIII & Elizabeth 1 using words, music, images and instruments from the period. Many of today's carols & Christmas traditions originated in the Medieval & Tudor eras. We heard Carols as we hadn't heard them before!

Future Meetings & Diary Dates

At our meeting on 14 February Robert Burridge will speak on "Scott, Amundsen & The Race To The South Pole". He will concentrate on the personalities of both men, their leadership styles and the equipment they used to show their characters & their epic achievements in the face of huge difficulties.

"The Life And Times Of Sir Alfred Munnings" is the subject for the 14 March meeting. Marcia Whiting, Curatorial Associate at The Munnings Museum will give an illustrated presentation exploring his life & wide ranging subject matter, including portraits, landscapes & rural scenes as well as the horse paintings for which he is so well known.

Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, chess, mahjong, science, singing, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook,

Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have nearly 286 members and over 35 groups. For further information please visit www.stourvalleyu3a.org.uk where membership secretary Gillian Gibbs may be contacted.

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

Remember

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Stour Valley Men's Probus Club

Recent Meetings

We didn't have a speaker meeting in January but instead held our New Year Lunch for Members, their Spouses and Probus Widows. This took place on Wednesday 17 January at The Haywain, Bentley Road, Little Bromley, Essex, CO112PL. Everyone much enjoyed the company and very good food and drink!

Future Meetings Diary Dates

Our two meetings in February are on the 7th and 21st when Dudley Chignall talks on "Journey to paradise" and David Whitltle on "How the Victorians developed Dovercourt" respectively. On Wednesday 7th March Grant Elliot returns again and this time his subject is "The Life of Chic Murray" We hold our Annual General Meeting on Wednesday 21 March.

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.

It is now possible to set up an alert for any planned roadworks in your area.

www.roadworks.org is a national web portal hosting a complete and up to date copy of the Council's Street Works Register data. Suffolk County Council subscribes to the site in order that it can broadcast information of works and events on our highways to anyone with access to the internet. It enables anyone to see what is going on, in any area, nearly everywhere in the UK. This website also provides for a notification service which can be tailored according to user. Below is a step by step guide to setting up email alerts from this website:

- 1. Browse to www.roadworks.org
- Open the map area for which you would like to receive alerts
- Click on the envelope icon at the top left of the website
- 4. Choose your options
- Click 'Set Alert'

Kenny's SESAW news

Well I've seen it all now. Mum lets Rupert the pig out around 5am, (he sleeps in a crate in the office like all well mannered porkers), deals with her emails then gives him his breakfast. The other morning he was strangely quiet and no wonder. There he was, IN the feed bin, helping himself to MY biscuits with only his loin chops showing!

Ollie says we have some lovely cats waiting for new homes including Lunar and Jensen, a friendly family pair who are used to dogs. There are also another four who came in together when their owner died. Geordie, one of the four, looks just like Ollie to me-but don't tell him I said so!

The fundraising events start in March with an Easter Gift and Craft Fair on 10th at Whatfield Village Hall and a Book Sale on 24th at Hintlesham & Chattisham Community Centre. If you want to make some holiday money and have nice things to sell, phone 01206 263269 to book a table at our Spring Fair on 22nd April at Long Melford.

Although Christmas seems long ago, we are still enjoying goodies from the parcels kind people dropped off over the festive season. Mum didn't get to see all of you and specially asked me to thank you. Which reminds me, that not-so-small pig is heading back indoors so it's time to check there are still some dog biscuits for me, Kenny (the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Stoke Road, Leavenheath, CO6 4PP. Reg.Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Open 10-1pm Thurs-Sun. Tel: 01787 210888.





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Holton St Mary

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Raydon

St Mary's Raydon - 9.50-10.30am

Lower Raydon

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The Green - 11.55am to 12.10pm

The customer service line 01473 283838 is staffed 9am to 5pm from Monday to Friday and can handle any library customer queries renewals and reservations to any general library queries. An answer phone is available outside of operating hours and people can also email help@suffolklibraries.co.uk

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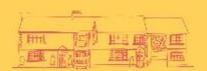
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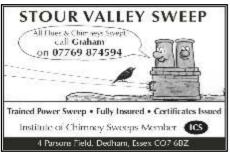
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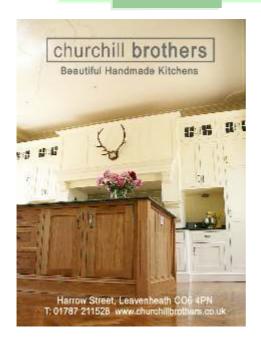
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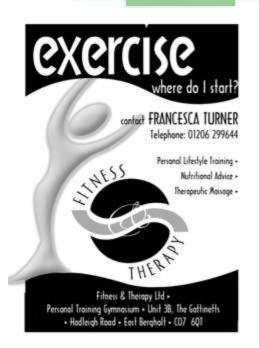


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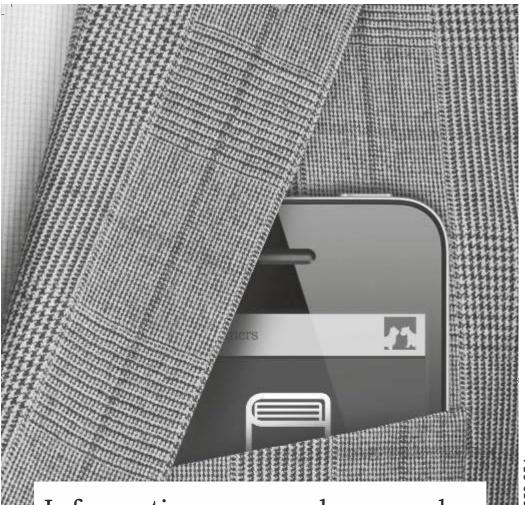
For enquiries please contact

Mr C Dunn, BSc Hon's Podiatry. MChS. HPCP

Registered
Chiropodist/Podiatrist.

01473 211217 07803601085

charliedunnpodiatrist@gmail.com



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BENEFICE CONTACTS, SERVICES AND EVENTS



Contact details

Rector: Revd Rosalind Paul: The Rectory, Raydon, IP7 5LH. Tel.: 01473 310677. Email: rosalind.paul@yahoo.co.uk Benefice website: www.4marys.org.uk Please contact the Rector direct to talk about baptisms, confirmations, weddings, funerals, or for home visits. Please note that her normal day off is Friday.

Churchwardens

Higham Martyn Carr 01206 337325 (Elder)

Hugo Parker 01206 337234

Holton Paul Torrington 01473 312046

Raydon Geoff Horrex 01473 310422

Simon Tennent 01473 310320

Stratford Christine Cousins 01206 322530 (Elder)

Jonathan and Janet Dewey (Elder) (01206 322148)

Readers

Richard Appleton 01473 311487 Nicola Tindall 01787 212340

Midweek Communion

This month's short service of Holy Communion in the Parish Room at Stratford St Mary will be at 10 a.m. on **21 February.**

Lent Group

A new Lent group on the Resurrection will meet weekly at 5 Veyses End from 2.30 to 4 p.m. on the following dates: 15 February, 22 February, 1 March, 8 March and 15 March. Do come and join us to talk about what the resurrection means to us as Easter people.

Silent Prayer Group

We have decided to resurrect this group, to meet at the Rectory on the first Monday of each month from 11.30 a.m. for an hour on the following dates: 5 February, 5 March, 9 April, 7 May, 4 June, 2 July. All are welcome.

Services in February and March

	10.00 a.m.	NB. 5 p.m.
4 th Feb	SSM	Holton
11 th Feb	Higham	Raydon
18 th Feb	Holton + Baptism	SSM
25 th Feb	Raydon+SSM Family Hour	Higham
4 th March	Higham	Holton
11 th March	SSM Mothering Sunday	Raydon
18 th March	Holton + Baptism	SSM
25 th March	Raydon + SSM Family Hour	Higham

Ash Wednesday

On Ash Wednesday, 14 February, at 6.30 p.m., SSM will host the Liturgy for Ash Wednesday with the imposition of ashes.



New Testament Readings and Collects for weekdays in February

4 February: 2nd Sunday before Lent. Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord. Amen.

5th 2 Timothy 4.1-8

6th 2 Timothy 4.9-end. The Martyrs of Japan, 1597

7th Titus 1 8th Titus 2 9th Titus 3

10th Philemon. Scholastica, sister of Benedict, Abbess of Plombariola, c. 543

11 February: Sunday next before Lent. Holy God, you know the disorder of our sinful lives; set straight our crooked hearts and bend our wills to love your goodness and your glory in Jesus Christ our Lord. Amen.

12th Galatians 1

13th Galatians 2.1-10. Shrove Tuesday

14th 1 Timothy 6.6-19. **ASH WEDNESDAY**

15th Galatians 2.11-end. Sigfrid, Bishop, Apostle of Sweden, 1045

16th Galatians 3.1-14

17th Galatians 3.15-22. Janani Luwum, Archbishop of Uganda, Martyr, 1977

18 February: *Lent 1*. Heavenly Father, your Son battled with the powers of darkness and grew closer to you in the desert; help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord. Amen.

19th Galatians 3.23-4.7 20th Galatians 4.8-20 21st Galatians 4.21-5.1 22nd Galatians 5.2-15

23rd Galatians 5.16-end. Polycarp, Bishop of Smyrna, Martyr, c. 155

24th Galatians 6

25 February: Lent 2. Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way may we come to share in his glory, through Jesus Christ our Lord. Amen.

26th Hebrews 1

27th Hebrews 2.1-9. George Herbert, Poet, Priest, 1633

28th Hebrews 2.10-end

1st Hebrews 3.1-6. David, Bishop of Menevia, Patron of Wales, c.601

2nd Hebrews 3.7-end. Chad, Bishop of Lichfield, Missionary, 672

3rd Hebrews 4.1-13

PCC Meetings

15 February SSM, 7.30 p.m., The Old Kennels

19 February Holton, 7.45 p.m., Oaks Farm House

21 February Higham, 7.30 p.m., Kingfisher Cottage

26 February Raydon, 7.30 p.m., The Rectory



For your prayers

For those who are ill or in need, in our parishes and beyond:

Holton: Ron Stedman, Ralphia Noel

Raydon: Margaret Hammond, David King, May Peacock

SSM: Nancy Ablitt, Barrie Cavendish-Tribe, Laura Kerry, Trina Others: Tory Cook, Helen Gregory, Steve Kupfer, Gail O'Dell