



**Stratford  
St Mary**

**Higham**

**Holton  
St Mary**

**Raydon**

# Quartet

The Parish Magazine



**December 2017**

Issue 352

### Do you need help with your any odd jobs?

(Leaf blowing, lawn mowing, cars cleaned etc, I have my own leaf blower)  
I am also available for babysitting, with 3 siblings and 9 younger cousins I have plenty of experience....

Competitive rates of only **£5 per hour**

I am a strong, reliable 15 year old trying to raise money for a turtle conservation trip to Malaysia so please contact me:

**Sam Herbig** on  
[sam\\_herbig@me.com](mailto:sam_herbig@me.com) and let me know how I can **help!**

### Good quality seasoned logs for sale.

Call Rob at  
Stratford Hills Farm on  
**07979 237868**



## Local Organic Christmas Trees

Pick your own or choose one pre-cut

Open 09:00-19:00

Every Day in December before  
Christmas or when we run out

Orders taken now for  
local November delivery

W : raydonagricultural.co.uk  
E : christmas@raydonagricultural.co.uk  
M : 07456022934  
A : Blackstump Cottage, Woodlands Road,  
Raydon, IP7 5QD  
Near Raydon Railway Walk



You can place items for sale or wanted on the Small Ads Pin Board for free.  
Just email [quarteteditor@hotmail.co.uk](mailto:quarteteditor@hotmail.co.uk) with your advert.  
We will place it for one month space permitting.

# Small Ads pin board





# Welcome



Dear friends,

Firstly, a thank you to all who contributed to our poppy 'waterfall' at

Holton for this year's Remembrance Sunday - it was a very beautiful 'veil' of remembrance through which to enter the church. Those of you who know your Bibles will know that when Jesus died on the cross, the veil of the Temple in Jerusalem was said to have been torn in two, signifying the end of the old Law and the beginning of a new resurrection life in Jesus. In a sense, going through the poppy veil felt like leaving the pain and sorrow of the past behind to remember that all who die in the love of Christ will be with him for eternity. That is what we wish for all who have died in the pain and suffering of war and violence throughout the last century and beyond.

From remembrance we enter, in December, into that strange time of waiting known as Advent - waiting for the birth of Jesus at Christmas. And yet we also remember all the Christmases we have ever known, good or bad, and what those Christmases are going to lead to in just a few short months at Easter. Each year we live through this kind of compression of past and future as we trace all the events of Jesus' life and

how they relate to the experiences of our own lives over the years.

One sad experience that several of our Suffolk churches are going through at present is a renewed attempt on the part of lead thieves to strip our churches of any remaining lead. We have still not managed to replace what was stolen from the roof of SSM over 2 years ago - not because we haven't managed to raise the money, but because we now can't tie the roofers down to come and do the job!

If you spot any suspicious activity around our churches (other than our Churchwardens going in and out!), please report it to the police on either 101 or 999. Please do not approach anyone who seems to be doing anything illegal, but go and phone as soon as you can. If possible, keep a note of what they look like and any car that might be linked to them, along with its registration. Thank you for being good neighbours in this way.

I hope this Christmas will be a very good one for you. Come and join us if you can to celebrate our Saviour's birth.

Rosalind Paul  
Rector

# The Quartet Diary



## December

- 2 Nayland Hort Soc Christmas Fayre  
Celebratory Christmas Concert, Raydon
- 3 Holton Advent Service
- 5 Raydon Fair Trade Coffee Morning
- 6 Stour Valley Probus Club  
Stour Valley U3A Christmas Lunch
- 10 SSM Carol service  
Raydon Carol service  
HSM Social Club Christmas Drinks and Canapes
- 16 SSM Christmas light up
- 17 SSM Nativity  
Higham Carol service  
Holton Carol Service
- 18 HSM Carol Singers
- 19 Raydon Parish Council Meeting  
HSM Carol Singers
- 20 Stour Valley Probus Club
- 24 Higham Midnight Mass
- 25 Christmas Day!
- 29 HSM Social Club Whist

## 2018

## January

- 2 Raydon Fair Trade Coffee Morning
- 8 SSM Parish Council Meeting
- 10 U3A Meeting
- 17 Stour Valley Probus Club Lunch
- 30 Raydon Fair Trade Coffee Morning

## February

- 22 R&DGC Meeting
- 27 Raydon Fair Trade Coffee Morning

## March

- 12 SSM Parish Council Meeting
- 22 R&DGC Meeting
- 27 Raydon Fair Trade Coffee Morning

## April

- 7 R&DGC Spring Show

# Editors Corner



Well here we are in December and the Christmas edition of the Quartet. May we be among the first to wish you a very happy Christmas and a prosperous New Year!

I'm sure you will be busy thinking about all the preparations you have to make for Christmas, all the gifts, people to meet and write to, and special meals to go to. We hope you will find lots in the Quartet this month to help you prepare - there is a Christmas Shopping Morning in Holton, see page 16, as well as Christmas concerts and church services across the four parishes for the Christmas season.

Please don't forget, if you want to put anything into the January edition of the Quartet, we will need your submissions before 19<sup>th</sup> December, the earlier the better please, as we all have a lot to do around this time!

A big thank you to all our advertisers and contributors over the past year. We have been very pleased to be able to offer a wide range of activities and events as well as interesting articles from a number of sources. Please keep them coming, we can't do it without you!

Have a good Christmas, and we'll look forward to seeing you again in the New Year!

Anne and Jane,

Articles for the Quartet are included if we have room, and if, in the opinion of the editors, they are of general interest to our readers. Please remember all articles will be subject to editing. We prefer you to contact us via email where possible.



Copy deadline for next edition:  
**19<sup>th</sup> December 2017**

**Contact details:** Email:  
quarteteditor@hotmail.co.uk

**Editors:**  
Anne Wicks; 1 Corpus Christi  
Cottages, Holton St Mary. CO7 6NN

Jane Lelliott; 5 Swan Meadow,  
Stratford St Mary. CO7 6JQ

**Distribution:** Dave Leach  
07930390517

**Invoicing:** Jenny Leach  
quartet.advertising@gmail.com

# Stratford St Mary



## POPPY DAY APPEAL – 2017

The 2017 Royal British Legion Poppy Appeal in Stratford St Mary has raised £1188.43 so far.

Thank you all very much for your generous donations to this worthy cause supporting injured servicemen and woman and their families.

David Isaac



## PARISH COUNCIL MEETING DATES

8<sup>th</sup> January

12<sup>th</sup> March

14<sup>th</sup> May

9<sup>th</sup> July

10<sup>th</sup> September

12<sup>th</sup> November

7.30pm until 10pm



## Stratford St Mary Primary School

The JRSO's have recruited two new members and joined the Community Speed Check Team on Friday 10<sup>th</sup> November 2017. The JRSO's have been busy organising events. At the moment the JRSO's are concentrating on **Road Safety Week** which takes place during the week of the 20<sup>th</sup> – 26<sup>th</sup> November 2017. The JRSO's have invited PCSO Denise Ford to speak to the children in assembly and to conduct a parking inspection before school. Martin Andrews from the Road Safety Team will be working with the JRSO's and providing the children with a road safety quiz around the village. The JRSO's have also organised a competition and a 'brightness day'. The children will also be encouraged to walk to school during this week.

Miss Jones





*Be part of it*



Saturday 16<sup>th</sup> December at 4.30pm  
Millennium Garden.

## ***Stratford Christmas Light-up***

Help decorate the village Christmas tree and  
see **Father Christmas** when he visits  
Stratford St Mary to light-up the tree.  
and after,  
Santa's Grotto, Carols, Christmas music and  
seasonal fare at the Swan

e-mail [villagelife@stratford-st-mary.org](mailto:villagelife@stratford-st-mary.org)





**SEASONS GREETINGS TO ALL  
OUR FRIENDS & NEIGHBOURS  
IN STRATFORD ST MARY AND  
THE BENEFICE FROM:**

Dave & Mary George  
Iris, Don & David Umfreville  
Margaret & Graham Kitson  
Jane & Barrie Cavendish  
Jenny & John Symons  
Celia & Chris Griffin  
Eddie & Verna Castle  
Diana & Graham Pearce  
Anna Marshall, Roy Miles  
Janet, Jonathan Dewey & Family  
Sue, Eddie, Ben & Beth Lawrence  
Sarah, Andy, Alice & Harriet Brass  
Chris, Christine Cousins & Family,  
Nancy Ablitt, Archie Carmichael  
Linda Kitchen, Pat & Charlie Ablitt  
Sarah, Andy, Alice & Harriet Brass

**Merry Christmas and a Happy New Year**

Donations have been made to Stratford St Mary Church in lieu of Christmas Cards





**Family Hour @ The Parish Room**

Every 4<sup>th</sup> Sunday families and friends come together for breakfast followed by a 30 minute interactive church service.

- Breakfast is from 9.30
- Includes coffee, tea, juice, bacon rolls
- Followed by a short modern service
- A relaxed cafe style
- Everyone welcome
- No charge

Come and join us!

## SSM Rambling Club

Main contact is the chairman, Don Umfreville on 01206 322626. Unless stated otherwise, we meet up at 09:45 at the Parish Room, Upper Street, Stratford St Mary.



**IGNITION Youth Club**  
**Stratford Chapel**  
**Every Friday night**  
**7.30 to 9.30**

Age 11 - 16  
 contact Beckie.w@live.com

## 100 Club winners

J. Elby	£40.00
M. Pyman	£10.00
J. Philpot	£ 5.00



## STRATFORD ST. MARY CHRISTIAN FELLOWSHIP

(also known as Stratford Chapel) Upper Street Stratford St. Mary CO7 6JH. We are an evangelical/charismatic free church, community based and attended by all age groups.

### Sunday Services:

10a.m. Morning Service and Junior Church followed by refreshments  
 6.30pm Prayer and Praise time

### Mid-week Groups:

Various House Groups meet at Stratford, Dedham and Capel St. Mary

**Men's Recreation Evening: Meeting 3<sup>rd</sup> Wednesday monthly.** All men welcome.  
**Friday 5pm to 6.30pm Sparks** for children aged 7-11 years  
**Friday 7.30pm to 9.30pm Ignition Youth Club** for ages 11- 16 years

**For further information:** Tel: Phil Wyncoll (01473) 310728 or email: philipwyncoll@btinternet.com

## STRATFORD St. MARY PARISH ROOM

Letting fees are as follows:

1 session - £17.00.

2 consecutive sessions - £30.00.  
all day - £38.00.

A session is 5 hours i.e. morning -  
afternoon- evening

Special rates for regular bookings.

Heating and lighting are included

For booking please see or ring  
Don Umfreville at Christmas Cottage,  
Upper Street.  
Tel : 322 626.



## Transport to medical appointments.

If you live in Stratford St Mary and have difficulty in getting to and from medical appointments our friendly team are happy to help.

We can also help with transport to visit people in hospital.

Please give us as much notice as you can.

ring: **Charlie Ablitt on 01206 322684**  
**Jenny Symons on 01206 322626**



## The Institute hall

can be hired at reasonable rates for a wide range of social activities. For more information please contact our booking secretary, Norman Woodard on 01206

323015, his email is  
ssminstitute.bookings@gmail.com and  
his home address is 12  
Swaynes, Stratford St Mary.

Many thanks to all our 100 Club subscribers for your continued support in helping us to maintain your village hall.

Membership costs only £1 per month and you could win £40 first prize in our monthly draw. Contact Norman Woodward (address and phone number as above) if you wish to join.

Stratford St Mary Institute Committee



**Need to email Stratford St Mary Parish  
Council?**

**You will need to use**

**parishcouncil@stratfordstmary.org.uk**

## BOOK OF MEMORIES

Research continues into items for the book of memories which will document life in Stratford St Mary from quirky history to today's stories and characters. We still want to hear your stories because it will be your book! So dig out your old photographs or tales that you would like to share then send them to Julie@jj-associates.co.uk or call me on 07989639583.

We are also continuing to arrange a number of get-togethers in the Parish Room or the village pubs etc to get the old memory cogs working to help identify information for the book. These might be coffee mornings, cheese and wine evening and so on, where we can chat and perhaps get some of the old photographs out. They will be for everyone, all ages and old and new to the village so we can share stories and ensure they continue into our history so keep your eyes open for posters around the village and in the Quartet.



Stratford St Mary Parish Council website has now been updated. Please pop over to [www.stratfordstmary.onesuffolk.net](http://www.stratfordstmary.onesuffolk.net) and let us know what you think. If you would like your event advertised on the website as well as in the Quartet, whatever it may be, please let the parish clerk know on [parishcouncil@stratfordstmary.org.uk](mailto:parishcouncil@stratfordstmary.org.uk)



## COMMUNITY SPEEDWATCH SCHEME

This has been in operation since 2013 and is run by village residents giving their time in order to make our village safer for residents of all age groups by encouraging motorists to drive through our village at no more than the legal limit of 30mph.

We would, however, welcome a few more volunteers into the scheme so if you could spare just 1 or 2 hours per month please consider joining us.

Please contact  
Bill Davies, 3.Spanbies Road,  
tel 01206 322990 for more details.



Community  
First Responders

Interested in becoming a CFR?

Why not find out what it is about?

Look at the CFR link on the East of England Ambulance Services website.  
You can even apply on line!

If you watch the training video - do not be alarmed - you are never expected to do mouth to mouth.

For further information, please contact your local co-ordinator.

# Higham



## **A Mince Pie Christmas Tree?**



Come and find out more  
on Advent Sunday  
3<sup>rd</sup> December  
Higham Church 10am

Celebrate Christmas with a  
really special traditional event

## **Midnight Mass**



In the Church  
Starting at 11.30pm on  
December 24<sup>th</sup>





# Raydon



## Fair Trade Coffee Morning

Our November 7th Fair Trade coffee morning got off to a bright and very breezy start, it was hard work getting up the Church path but the lovely coffee and scrumptious cheese scones were the reward!

Several of our regulars were under the weather with this chesty cough and cold that seems to be around. If you were one of the victims I do hope you are feeling better and will make it to our "Festive" event on December 5th.

As usual we'll have our festive treats and there have even been whispers that we might have the fabulous Frinton sausage rolls!

Our theme was shoe boxes last month and we very kindly received 5 lovely boxes with another on the way. These will be sent via the "Samaritans purse" scheme and are treasured by the children who receive them. I'll let you know the destination when we meet again on Dec 5th.

Thanks again for another year of "Fair Trade" support and let's think of some other good causes to support in 2018.

Wendy Mumford 01473 312123



## Sketchers, Doodlers, Artists, Designers, Cartoonists

We would very much like to have a couple (more or less) of designs in black and white, to reproduce as post-cards to have for sale in the church. Must be of Raydon Church from any angle – inside or out.

Suggestions so far:

A wonky gravestone  
Mowing the churchyard  
Cleaning the Church  
The War Memorial  
The Vestry doors  
East window pinnacles .....

All designs will be displayed in the Church for choices to be made  
To express interest and for further details please contact  
Simon Tennent 01473 310320  
Geoff Horrex 01473 310422



**THANK YOU** for making Raydon Bonfire Night a success.

To all those who helped on the Bonfire, the Bar, the BBQ, and the Buckets it wouldn't have happened without you.

But mostly to yourselves for coming along and contributing generously.

See you next year



# Celebratory Christmas Concert

by  
**Phoenix Brass**

Saturday 2nd December  
at 7.30

St Mary's Church, Raydon

Tickets including wine & light supper £10.00

Available from 01473 310320 or 01473 312123





# Raydon and District Gardening Club



These will be the last notes for 2017 as another gardening club year comes to an end. I hope that you members and guests have been able to enjoy our varied programme mix of monthly meetings, local garden visits, all the different gardening subjects that our invited guest speakers have given us. Also of course we have had Spring & Summer shows plus a great coach outing to Leeds Castle in Kent, plus all the great raffles, plant stalls, and refreshments held at each monthly meeting. Our October meeting was our "Open Charity" night and this year we raised £200.00 towards The Ipswich Hospital Bereavement Group. Well done all those members & guests who gave monies towards yet another very worthy cause. On the night Matthew Tatton-Brown (Place for Plants, East Bergholt) gave us a lovely talk on Autumn colours. Instead of slides he actually brought along a varied range of plants showing all the different colours you can have in the garden. It can be a most colourful time of year either in gardens or the wider countryside.

November & early December are the beginning of the new gardening year and if, like me, you have been busy digging the veggie plot, planting new replacement plants, shrubs, trees etc, planting new bulbs (tulips etc) or just moving the odd plant to a new position, it's now time to give yourself a rest over Christmas and January ready to start again in mid February (only about 13/14 weeks) then we will start looking forward once again to "Spring".

Now it's time on behalf of your committee to say **THANK YOU** for all your support over 2017. Renewing membership, providing raffle prizes each month, helping with refreshments, selling tickets, washing up, sweeping the hall after events, and much more. **Thank you** also to members who support this club even though you might not be able to travel out during the darker nights. This funding helps us keep the Raydon & District Garden Club on a even keel for the benefit of other like minded gardeners.

**Note:-** our first meeting for 2018 ( our 38<sup>th</sup> year) will be on Thursday 22nd February. If you are reading this, perhaps new to gardening or the village and would like to join this great village community club that deserves your support, you are most welcome to join on the night, and together we "GROW". Look forward to meeting you all once again

Geoff Horrex (01473 310422)





## Raydon Parish Council

### Your Parish Councillors are:

Nev Davenport 01473 311548  
Christine Hempstead 07891 236245  
Kathy Herbig 01473 310024  
Keith Lovering 07939 075143  
Sue Newton (Chair) 07808 818847  
Amanda Pyall 01473 310050  
Jayne Tann 01473 828283  
Jane Cryer - Parish Clerk 07920 713940

### Raydon Century Club Draws:

#### NOVEMBER 2017

£25	134 Mrs J Meech
£15	111 Mrs M Burls
£10	117 Mrs M Hajaig
£5	27 Mrs Nelson
£5	82 Mrs I Brown
£5	21 Mrs J Hyland
£5	132 Andrew King



### Raydon Parish Council Schedule of Meetings All at 7.30pm in the KGF Pavilion

Tuesday 19 December

*NB: if you would like to see copies of the minutes of any Raydon Parish Council meetings, please contact*

*Jane Cryer, Parish Clerk*

Sunnyside Cottage, Overbury Hall Road,  
Layham IP7 5NA

07920 713940 / [raydonpc@gmail.com](mailto:raydonpc@gmail.com)

## Suffolk Historic Churches Bike Ride 2017

Thank you Raydon for supporting this annual event. One rider battled on through ill health so as not to let us down. We raised £486.50 which will help with urgently needed repairs. Half of the monies raised goes to our Church whilst the other half goes to help others less supported. So again I say on behalf of our Church thank you to the riders and anyone else who assisted in the bike ride.

Let us hope the weather will be better next year!

Jan Hyland



## Ideal for your special event

The Rayon Pavillion is for Hire

Fully carpeted room for up to 80 people

Kitchen and preparation room

Easy parking

Available Morning, afternoon, and evening.

For Details Call Clive Duddridge  
Tel 01473 310162



# Holton St Mary



Holton St Mary



## **Special Advent Service With the Marenzio Singers**

**Sunday December 3<sup>rd</sup>**

**At 5pm**

In the church

**All welcome**



## **Carol Singing**

**Will take place around the village of the evenings of Monday 18<sup>th</sup> and Tuesday 19<sup>th</sup> December.**

We shall be setting out at 6.30pm from Bacons Green on the 18<sup>th</sup> and from church Square on the 19<sup>th</sup>. All ages warmly welcome. Please bring a torch. Funds raised will be given to the Children's society

For further information, contact Rosalind Field tel; 01473 310796 or 07759 393026  
Email: [rosalindmfield@btinternet.com](mailto:rosalindmfield@btinternet.com)

## **The First Friday of the Month Lunch Club**



On the first Friday of every month (except August) there is a Lunch Club in the Village Hall for residents of the village of Holton St Mary. All ages welcome!

A Light Lunch will be served between 12.30 - 2.00 pm at a cost of £2.50 per head. The lunches are a collaboration between some of the organised groups in the village and are non-profit making!  
Any surplus funds will be reinvested.

If you would like to join us for lunch, please contact Frances Torrington:  
[312046/familytorrington@btinternet.com](mailto:312046/familytorrington@btinternet.com)  
Or Sally Thurlow:  
[312080/salthurlow@gmail.com](mailto:312080/salthurlow@gmail.com)

We are also looking for volunteers to help run the lunches and help on the day.



**The Holton St Mary United Charities Trust** has some funds available to those resident in the village of Holton St Mary who are in need.

If you feel you might want to make an application please contact: Paul Torrington on [familytorrington@btinternet.com](mailto:familytorrington@btinternet.com) or 01473 312046.

## HOLTON ST MARY CAROL SERVICE CHOIR

The Service of Nine Lessons and Carols will be on Sunday 17th December at 6.30p.m. A warm welcome to anyone who would like to sing in the choir. Rehearsals will be held in the church on:

Wed. 29th November  
Thurs. 7th December  
Thursday 14th Dec

All at 7.30p.m. in the church and Sunday 17th December at 11.30a.m.

Singers are asked to attend all rehearsals if possible. For further information please contact Jean Styles 01473 828532. E-mail [jean.styles@uwclub.net](mailto:jean.styles@uwclub.net).



## Suffolk Historic Churches Trust 'Ride and Stride'

I would like to thank all the enthusiastic and very generous support, not just in Holton St Mary but throughout our benefice, for my recent cycle ride on behalf of the Suffolk Historic Churches Trust. The day was glorious, and not only within a climactic context. I was able to visit 27 Churches, covering a distance of 55 miles in five hours and raising over £500 in the saddle. Consequently, over £250 will come to St Mary's (in Holton St Mary) and contribute to its current but more importantly, exciting future pivotal place in its continuing service to the village community. Thank you again.

God bless.

Richard Appleton

## Christmas Coffee and Shopping Morning



**Saturday 2nd December  
2017**

**Holton St Mary Village Hall  
10 am to 12 noon**

**Roger Shipley's Carved Wooden  
Products**

**Crazy Chicken Ceramics  
Forever Living**

**Tiny Caps and Anassa Jewellery  
Tombola and Made in Holton Stall  
'Holton-bay' Stall – donate a new or  
nearly new item to sell.**

**60% of sale price returned to seller, 40%  
to go to the Church (min fee of £5).**

**plus  
Coffee, Cakes and Chatter and Bacon  
Butties**

**Proceeds to Holton St. Mary Church**

**For further information please  
contact Frances Torrington  
01473 312046 or  
[familytorrington@btinternet.com](mailto:familytorrington@btinternet.com)**

## Christmas Greetings 2017



Claire

Jean & Flora

Erik & Naomi

Chris & Marjorie

Sheila and David

Ron and Daphne

Eileen and Peter

Anne, Bill and Taz

John, Paula and Seb

Chris, Bid and Archie

Reverend Rosalind Paul

Richard & Jeanette Appleton

Ernest, Rachel and the Eagle family

Keith, Karen, Tazmin and Isobel Jeffreys

Sally, Ian, Sarah, Nicola, Justin & Matilda

The Thurlow-White family - Sally, Geoff and Sam

Paul, Frances, Dominic, Martha and Lydia Torrington

Merry Christmas  
and a  
Happy New Year  
to all our  
friends in  
the 4 Parishes

Donations have been made to Holton St Mary Church

in lieu of Christmas cards

## Holton St Mary Social Club

Please remember that WHIST is always last Friday of the Month  
All are welcome, so please do come along

**Next Date :-** Friday 29th December

October Quiz Night including Supper  
Thanks to Tony for setting the questions, and the 11 teams taking part. Great evening, great food. Congratulations to Erik and his winning team.

### HSMSC Annual Fireworks

A big thank you to all who helped in making this a successful night. From all who assisted in the collection and preparation of the bonfire, to those letting off the fireworks and cooking the bbq.

### Christmas Drinks & Canapés on Sunday 10th December at 13:00.

We look forward to seeing you.  
(RSVP by 01/12/17 as per the details on the invitation)

**Christmas opening** at the Social Club  
Please note the following:-

Friday 22nd December	as per normal
Sunday 24th December	CLOSED
Friday 29th December	as per normal
+	Whist as usual
Sunday 31st December	as per normal

### Membership Renewal.

As from the 1st January, subscriptions for 2018 will be due. Charges as below.

Senior( 60+)	£2.00
Adult	£4.00
Junior(under 18's)	£ 1.00

The Chairman and the Committee would like to take this opportunity to wish all members and their families, and resident of the Village a Happy Christmas and a prosperous New Year.



## Holton St Mary Village Hall

can be hired at very reasonable rates!

Available during the day and most evenings (not Friday) from £17.00  
Saturdays from £35.00

For further information and booking please contact Rachel Eagle on  
01473 310550



## NAYLAND HORTICULTURAL SOCIETY

We will have a stall at the Naylnad Christmas Fayre Saturday 2<sup>nd</sup> December 2<sup>nd</sup> 10.30-1pm.

*Fun for all the family: Father Christmas, musical entertainment by Nayland Primary School, traditional stalls, festive goodies, mulled wine, fabulous food, raffle, Tombola etc. Great atmosphere. Free entry.*

Nayland Village Hall CO6 4JH



# Waste collection schedule

December 2017						
Mo	Tu	We	Th	Fr	Sa	Su
						1
						2
						3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Recycling collected this week



Rubbish collected this week

For Christmas please see  
separate schedule on Internet



## EAST BERGHOLT CONGREGATIONAL CHURCH

Cemetery Lane, East Bergholt,  
CO7 6RZ

Pastor -Mrs Maralyn Bambridge

**Services** - Each Sunday morning at  
10.30 led by the pastor unless otherwise  
stated

**Coffee Mornings** - Each Thursday 9.30  
to 11.30 am

Church Secretary – John Jeffreys  
Tel 01206 298737  
Email [j.jeffreys.eb@btinternet.com](mailto:j.jeffreys.eb@btinternet.com)

## HOLY FAMILY ROMAN CATHOLIC CHURCH, BRANTHAM, CO11 1TB

Sundays at 9am

Holy Days Anticipatory 7.30pm

Tuesdays 10 am

Father Christopher Smith,  
180 Hawthorn Drive, Ipswich IP2  
0QQ

Telephone 01473 684963  
[office@stmarksparish.org.uk](mailto:office@stmarksparish.org.uk)



## CONSTABLE SINGERS CHRISTMAS SONGS PROGRAMME

Fri.1st Dec at Charity event at Capel  
Bypass Nurseries 5.15pm

Sat 9<sup>th</sup> Dec at Congregational Church East  
Bergholt 7pm

Thu 21st Dec at Hare and Hounds East  
Bergholt 7pm

We will also be singing at Days Road  
Capel on 24th Nov and Brantham Leisure  
Club on 14th Dec and at a Charity event  
at Constable Hall on 3rd Dec.

We rehearse each Thursday at Lambe  
School East Bergholt and 2nd Thurs. of  
month at The Congregational Church E.  
Bergholt 7pm . No Audition , no need to  
read music, words provided and first  
session free just come along and enjoy.  
For more details to join the choir Contact  
Mel 01206298628 or Yvonne  
01206298428



On Wednesday 8th November Event Organiser Eve Regelous, who worked closely with Harrods, gave a glimpse of behind the scenes of day to day life in this world famous company including its history.

We don't have a speaker meeting in December but have our popular Christmas lunch at the Constable Hall on Wednesday 6 December. This is always a popular event and so early booking is advised.

On Wednesday 10 January we will be entertained by Ancestral Voices who will take us back to the festive season under Henry VIII & Elizabeth1 using words, music and images, including instruments from the period. Many of today's carols & Christmas traditions originated in the Medieval & Tudor eras. You will hear Carols as you may not have heard them before!

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 300 members and 30 groups. For further information please visit

[www.stourvalleyu3a.org.uk](http://www.stourvalleyu3a.org.uk) where membership secretary Gillian Gibbs may be contacted.

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!



## **Stour Valley Men's Probus Club**

Our two November meetings took place on 1st & 15th when Ted Wheatley & Dennis & Ann Kell presented "Overland to India" & "Wildlife in the Falklands" respectively. Both presentations were much appreciated by our Members.

On 6 December Paul Oliver presents his popular Christmas Quiz and at the final meeting of the year on Wednesday 20 December Barbara Faulkner will tell us about "The Man in Red".

We don't have a speaker meeting in January but instead have our New Year Lunch for Members, their Spouses and Probus Widows. This will take place on Wednesday 17 January at The Haywain, Bentley Road, Little Bromley, Essex, CO112PL

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

Our Club endeavours to be simple in structure, be free of the constraints and



obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am.

Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.



## Steps you can take to 'Be Winter Ready':

- Know your free emergency numbers: In a power cut dial 105 or, for a gas emergency, dial 0800 111999.
- Prepare your home: Keep a torch handy and get your appliances serviced by a Gas Safe registered engineer to prevent carbon monoxide poisoning.
- Register as a vulnerable customer: Vulnerable households can get extra support by signing up to the Priority Services Register. Click here to find out more about the Priority Services Register in London, the South and East of England or to sign up.
- Keep your eyes open: Keep an eye on the weather forecast and, if you have a power cut or a gas emergency, check on your neighbours.

## Kenny's SESAW news

I'm glad you found time to read the Quartet this month because I want to send a great big THANK YOU to all our local friends. We really appreciate your support and enjoyed meeting you throughout the year.

Just a few lines about our animals needing homes. Ten month old German Shepherd cross Lola loves jumping in pools, playing ball, frolicking with other dogs and cuddling up on the children's bed at night. On the other paw is Romany, a Bull Terrier, a big strong lady who loves fuss and cuddles, but needs to be the only pet. We still have teenage kittens, all spayed and neutered, and eight year old sisters, Chloe and Izzy. We will not rehome over the festive season but prospective owners are welcome to view the animals, 10-1pm, Thurs-Sunday. Please check before visiting in January in case of bad weather. We wish you all a healthy and peaceful Christmas and the New Year. I'm off to my bed by the Rayburn because it's much too cold out there for me, Kenny (the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Reg.Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888.



# Local Services

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The Medical Centre,  
Heath Road, East Bergholt, Colchester  
CO7 6RT

### Surgery opening hours

8.00am – 6.30pm Monday to Friday  
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Fax 01206 299010

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of Church Hill in Stratford every  
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### Stratford St Mary - Route 11

The bus stops every 4 weeks on  
Wednesdays  
29 November, 27 December

Black Horse - 11.05am - 11.20am  
Tally Ho! Corner - 11.25am - 11.45am  
Strickmere (School Lane end) - 11.50am  
- 12.10pm

### Route 14

The bus stops every 4 weeks on  
Tuesdays,  
5 December

### Holton St Mary

Church Square - 10.00 - 10.15am

### Raydon

St Mary's Raydon - 10.20am - 11.05am

### Lower Raydon

Sulleys Hill - 11.10 - 11.25am

### Higham

The Green - 11.35 am to 11.50 am

The **customer service line 01473 283838**  
is staffed 9am to 5pm from Monday to  
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customer queries renewals and  
reservations to any general library queries.  
An answer phone is available outside of  
operating hours and people can also email  
[help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk) .

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<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>  
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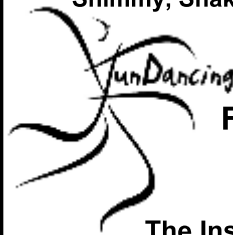
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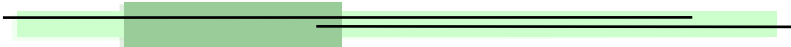
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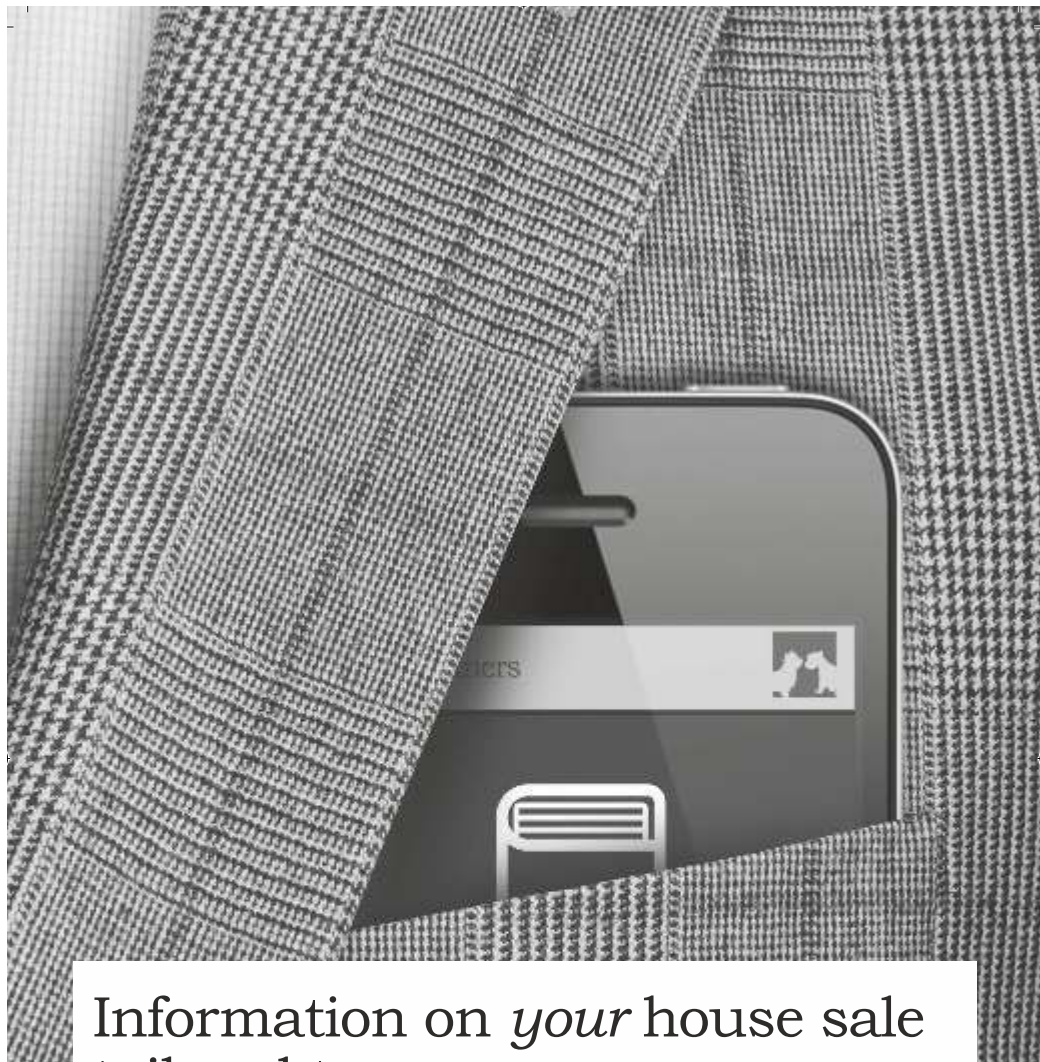
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### Contact details

*Rector:* Revd Rosalind Paul: The Rectory, Raydon, IP7 5LH. Tel.: 01473 310677.

Email: [rosalind.paul@yahoo.co.uk](mailto:rosalind.paul@yahoo.co.uk) Benefice website: [www.4marys.org.uk](http://www.4marys.org.uk)

Please contact the Rector direct to talk about baptisms, confirmations, weddings, funerals, or for home visits. **Please note that her normal day off is Friday.**

### *Churchwardens*

**Higham** Martyn Carr 01206 337325 (Elder)  
Hugo Parker 01206 337234

**Holton** Paul Torrington 01473 312046  
Jeanette Appleton 01473 311487

**Raydon** Geoff Horrex 01473 310422  
Simon Tennent 01473 310320

**Stratford** Christine Cousins 01206 322530 (Elder)  
Jonathan and Janet Dewey (Elder) (01206 322148)

### *Readers*

Richard Appleton 01473 311487

Nicola Tindall 01787 212340

### Midweek Communion

This month's short service of Holy Communion in the Parish Room at Stratford St Mary will be at 10 a.m. on **20 December**.

### Home Group

Our final meeting for the year will be at 5 Veyses End in SSM from 2.30-4 p.m. on 14 December. As this has been a time of such good fellowship, we are hoping to continue to meet in the new year, so do come and join us. Watch this space for future dates.

### Silent Prayer Group

We have decided to resurrect this group, to meet whenever we can for 30 minutes of silent prayer/meditation followed by catching up with each other. In December, we shall meet at 11.30 a.m. on 11th, and 10.30 a.m. on 18th. All are welcome.

### Services in December and January

		10.00 a.m.	NB. 5 p.m.
3 <sup>rd</sup> Dec		Higham	Holton <b>Advent Carol Service</b>
10 <sup>th</sup> Dec		Holton	<b>4.30 SSM Carols</b> <b>6.30 Raydon Carols</b>
17 <sup>th</sup> Dec		SSM Parish Room Nativity	<b>4.30 Higham Carols</b> <b>6.30 Holton Carols</b>
24 <sup>th</sup> Dec		Raydon Crib Service	<b>11.30 Higham Midnight Mass</b>
25 <sup>th</sup> Dec		SSM (Revd Rosalind), Raydon (Christine Cousins)	
31 <sup>st</sup> Dec		SSM <b>Deanery Eucharist</b>	
7 <sup>th</sup> Jan		SSM	Holton
14 <sup>th</sup> Jan		Higham	Raydon
21 <sup>st</sup> Jan		Holton	SSM
28 <sup>th</sup> Jan		Raydon	Higham



### New Testament Readings and Collects for weekdays in December

3 December: *Advent Sunday*. Almighty God, as your kingdom dawns, turn us from the darkness of sin to the light of holiness, that we may be ready to meet you in our Lord and Saviour Jesus Christ. Amen.

4th Matthew 12.1-21. John of Damascus, Monk, c. 749

5th Matthew 12.22-37

6th Matthew 12.38-end. Nicolas, Bishop of Myra, c. 326

7th Matthew 13.1-23. Ambrose, Bishop of Milan, 397

8th Matthew 13.24-43. The Conception of the Blessed Virgin Mary

9th Matthew 13.44-end



10 December: *Advent 2*. Almighty God, purify our hearts and minds, that when your Son Jesus Christ comes again as judge and saviour we may be ready to receive him who is our Lord and our God. Amen.

11th Matthew 14.1-12

12th Matthew 14.13-end

13th Matthew 15.1-20. Lucy, Martyr at Syracuse, 304

14th Matthew 15.21-28. John of the Cross, Teacher, Poet, 1591

15th Matthew 15.29-end

16th Matthew 16.1-12

17 December: *Advent 3*. God for whom we watch and wait, you sent John the Baptist to prepare the way of your Son; give us courage to speak the truth, to hunger for justice and to suffer for the cause of right, with Jesus Christ our Lord. Amen.

18th Matthew 16.13-end

19th Matthew 17.1-13

20th Matthew 17.14-21

21st Matthew 17.22-end

22nd Matthew 18.1-20

23rd Matthew 18.21-end

24 December: *Advent 4, Christmas Eve*. Eternal God, as Mary waited for the birth of your Son, so we wait for his coming in glory; bring us through the birth pangs of this present age to see, with her, our great salvation in Jesus Christ our Lord. Amen.

25th Matthew 1.18-end. **CHRISTMAS DAY**

26th Acts ch. 6. **Stephen, Deacon, First Martyr**

27th 1 John 2.1-11. **John, Apostle, Evangelist**

28th Matthew 18.1-10. *The Holy Innocents*

29th Colossians 1.1-14

30th Colossians 1.15-23

31 December: *1st Sunday of Christmas*. God our Father, in love you sent your Son that the world may have life; lead us to seek him among the outcast and to find him in those in need, for Jesus Christ's sake. Amen.



### For your diaries

- |             |  |
|-------------|--|
| 2 December  | 10 a.m. Holton Village Hall Christmas Shopping<br>7.30 p.m. Raydon, Phoenix Brass Annual Concert |
| 3 December  | 5 p.m. Holton Advent Carol Service led by Marenzio Singers                                       |
| 5 December  | 7.30 p.m. SSM PCC, the Old Kennels   |
| 13 December | 1.30 p.m. SSM School Christingle in church   |
| 14 December | 2.30 p.m. Home Group at 5 Veyes End, SSM   |



### For your prayers

For those who are ill or in need, in our parishes and beyond:

**Holton:** Ron Stedman

**Raydon:** Margaret Hammond, Stella Hyland, David King

**SSM:** Nancy Ablitt, Laura Kerry, Trina

**Others:** Sophie Rose Armour, Tory Cook, Franke, Helen Gregory,  
Steve Kupfer, Gail O'Dell